

Champagne High Tea

Afternoon Tea Savories

Traditional Cucumber Sandwich
Tomato Mozzarella Sandwich
Smoked Salmon Sandwich
Chicken Sun-Dried Tomato
Egg Sandwich
Roast Beef Sandwich

Afternoon Tea Pastries & Scones

Sablé Breton Pistache Fraise Freshly Baked Crispy Sablé topped with Pistachio Paste and Fresh Strawberry

English Fruit Cake
Pound Cake with Dried Fruits Soaked in Dark Rum

Salambo Grand Marnier Profiterole Filled with Diplomat Cream

Dulce de Leche Napoleon Layers of Caramelized Puff Pastry filled with Dulce de Leche Cream

Chocolate Florentine
Crunchy Bar with Sliced Almonds, covered with Chocolate

Raspberry Chocolate Tartlet Chocolate Tart topped with Raspberries

Assorted Macaroons

Pistachio Vanilla Chocolate

Honey Raisin Scones
Served with Strawberry Jam and Clotted Cream

Truffle & Pâte de Fruit

Truffle Cognac

Truffle Hazelnut

Pâte de Fruit





Champagne High Tea

A Glass of Perrier Jouët, Epernay, France*

Accompanied by Fresh Strawberry



Selection of Loose Tea from "Tea Forte"

Bombay Chai · Black Tea

A Lively, Exotic Blend of Indian Black Tea and Rare Spices Including Cardamon, Cinnamon and Ginger

Earl Grey · Organic Black Tea

Our Elegant Classic Blend of the Most Flavorful Indian Black Tea Scented with Oils of the Bergamot Orange

English Breakfast · Black Tea

A Perfectly Balanced Blend of Black Indian Teas; Rich & Smooth

Lapsang Souchong · Black Tea
Features a Famously Smoky Aroma and Flavor
from the Fujian Province of China

Orchid Vanilla · Black Tea

Extravagant in its Simplicity; Madagascar Vanilla and Coconut Slivers

Green Tango · Green Tea

Sweet and Satisfying; Mango and Green Tea blended into a Seductive Infusion

Chamomile Tisane • Organic Herbal Tea Calming Egyptian Chamomile, with its Apple-Like Taste;

Blended with a Medley of Fruits and Herbs

Lavazza Café



*25.00 cover charge for the Champagne High Tea



FEATUREDTODAY



Saturday, October 22nd, 2011

Explore the Ports

By booking Shore Excursions onboard you'll enjoy the peace of mind that comes with knowing we've handled every detail, so you can relax and enjoy. Also, take advantage of our Celebrity Guarantee: we ensure that you will never miss the ship.

Shore Excursions, Deck 3

Incredible Beverage Packages

The most convenient and affordable way to enjoy your cruise is with a beverage package. Beer, wine, soda, bottled water, and spirits packages are available. Savings up to 35%

See any of your friendly bar staff for details.

Casino Royale

Join your Cruise Director, Rich, and our Fortunes Casino team for our classic Casino Royale: tournaments and loads of fun. Fabulous prizes and \$200 in cash to be won.

10:15pm

Fortunes Casino, Deck 4

Spa Tours

Join us for a personal Spa tour and enter our raffle for a chance to win up to \$500 worth in treatments. Come visit us and take advantage of our Embarkation special offers.

11:00am - 10:00pm

AquaSpa, Deck 10

Wrinkle Remedies

Return home looking and feeling refreshed and rejuvenated. Find out how you can benefit from Dysport®, Restylane® or Perlane® with Dr. Aury Melo

2:00pm - 8:00pm Medi-Spa by AquaSpa, Deck 10

FEATURED TODAY Saturday, October 22nd, 2011

Liquor Tasting
We've got the best selection and unbeatable prices on all our liquor with savings of up to 50%. Complimentary liquor tasting plus a chance to win your purchase.

5:00pm - 11:00pm Emporium Shops, Deck 5

Great Wine Packages

A worry-free way of choosing wines. Orders may be placed today either in the Ocean Café, Deck 10 or through your Sommelier during dinner in the Metropolitan Restaurant.

Ext. 6479

Cellar Master

Boutique C Grand Opening

Chocolate Diamonds, Yellow Emeralds, One-ofa-kind Tanzanite, Pearls, Australian Black Opal. Celebrity Watches, and Signature Diamond Collections to name but a few. Discounts of up to 50% below land based prices.

4:30pm

Boutique C, Deck 5

No More Sea Sickness

Are you feeling nauseous, light headed, and dizzy? Acupuncture is an effective treatment for sea sickness. Book a treatment today.

Ext. 4701

Acupuncture Clinic, Deck 7

Get the Picture

Your voyage photographs captured on disc plus your prints for only \$249.95. Ask your Professional photographers for details.

5:00pm - 11:00pm

Photo Gallery, Deck 4

Specialty Dining Packages

Save up to 35% as you experience our highly acclaimed Olympic Restaurant.

Ext. 4707

Olympic Restaurant, Deck 3

FEATUREDTODAY



Sunday, October 23rd, 2011

Iberostar Beach Excursion

Falmouth Jamaica: Iberostar Rose Hall Beach is an all inclusive hotel with an all your can eat buffet, complimentary beverages, the fabulous stretch of sandy beach, spectacular grounds and waterfalls.

Shore Excursions, Deck 3

Tournament Day

Don't miss your chance to win big with our, Blackjack, Slot and Texas Hold'em Tournaments running throughout the day. Check your Celebrity Today for details.

Starts at 12 Noon

Fortunes Casino, Deck 4

Sabering At Sea

Napoleon said, "Champagne! In victory one deserves it; in defeat one needs it." Join your Sommeliers to learn how to saber a Champagne bottle like the experts. Nominal fee applies.

4:30pm

Champagne Bar, Deck 5

Huge \$10 Sale

Yes, everything will be \$10. Watches, Jewelry sets, handbags, scarfs, ties and more. Not to be missed. One Day Only

9:00am - 6:00pm

Emporium shops, Deck 5

Connoisseur Wine & Cheese

Join our Cellar Master for a select wine tasting complimented by unique cheeses to enhance your experience. Nominal fee applies.

10:30pm

Michael's Club, Deck 4

FEATURED TODAY

Sunday, October 23rd, 2011

Add-Ons

Book and receive your signature treament today and receive a complimentary add-on. For more information visit the AquaSpa.

Ext. 4751

AquaSpa, Deck 10

Chocolate Diamond Sale

Le Vian Chocolate Diamonds are the hotest red carpet accessory. Come see the full collection at up to 50% off US Retail pricing.

Boutique C, Deck 5

DigITal Classes

Digital Classes + Rosetta Stone®. Pay only \$79.95/ person and you can attend all Digital classes, use Rosetta Stone for unlimited time plus 60 minutes complimentary internet. Sign up at Online@Celebrity.

9:00am - 9:00pm Online@Celebrity Deck 4

Restore Facial Contours

Find out why Restylane® and BOTOX® Cosmetic are the most popular FDA-approved non-surgical cosmetic procedures. Learn more with Dr. Aury Melo.

Ext. 4751

Medi-Spa by AquaSpa, Deck 10

Canvas Portrait

Turn your portrait into an elegant canvas, perfectly sized to enhance your home. Ask your friendly photographers for more information.

9:00am - 11:00pm Photo Gallery, Deck 4

Diamond & Gemstone Seminar

Bring this certificate to Kaits Seminar to triple your chances of winning a rare Ammolite pendant.

3:00pm

Emporium Stage, Deck 5

FEATURED TODA



Monday, October 24th, 2011

Chukka ATV Safari

Dare to be adventurous, dare to experience a different level of excitement and dare to be young at heart. Experience adventure as you drive an easyto-operate ATV exploring the countryside and Good Hope Estate.

Shore Excursions, Deck 3

Ready, Steady, Spin

Guests and Officers unite in this fast paced Slot tournament. New interactive Slot machines make this tournament high energy and exciting. Watch your screens and pop the balloons for extra points.

10:15pm

Fortunes Casino, Deck 4

Cigars Under the Stars

How do you like your Scotch? Learn how Macallan Master Blenders intend for you to drink their beverage. Outside, in the open air under the stars, with cigars. Nominal fee applies. 10:15pm | Ocean Café Bar, Deck 10

10:15pm

Ocean Café Bar, Deck 10

Watch Extravaganza

Citizen, Anne Klein, Guess, Fossil and much more up to 40% off us retail prices - One Night Only

6:30pm - 11:00pm Emporium Shops, Deck 5

Voyage in Review DVD

A memory of your cruise you can watch time and again. Reserve your copy today and receive a 5x7 picture of the Millennium. (bring coupon to redeem)

6:30pm - 11:00pm

Photo Gallery, Deck 4

FEATURED TODAY

Monday, October 24th, 2011

Making the Cut

David will unveil his full collection of DCI Diamonds all at up to 35% off US retail prices.

6:30pm

Boutique C, Deck 5

20-20-20 Only \$129

Enjoy 60 minutes of pampering at the AguaSpa. Choose between 3 breathtaking options for only \$129

Ext. 4751

AquaSpa, Deck 10

Suffering With Pain?

Acupuncture relieves joint, muscle & nerve pain, sciatica, back pain, arthritis, headaches & fibromyalgia. Learn more at our seminar today.

Ext. 4701

Acupuncture, Deck 7

Spend Less, Look Ageless

Experience the instant and amazing results of Restylane®. Save \$100 on Restylane® today. Complimentary consultations with Dr. Aury Melo.

Ext. 4751

Medi-Spa by AquaSpa, Deck 10

Captain's Club Member?

Use your Captain's Club coupon and get discounted or complimentary minutes on the Internet. Ask your friendly Online@Celebrity staff for details.

8:00am - 10:00am

4:00pm - 10:00pm Online@Celebrity, Deck 4

Open Passage

Need Flexiblity? Want to cruise on Celebrity again? Not sure when or where? No problem. An Open Passage is the answer.

Future Cruise Sales, Deck 3

FEATUREDTODAY



Tuesday, October 25th, 2011

Atlantis Beach Day

Enjoy fun filled hours at Atlantis Resort on Paradise Island as you bask in the sun in the comfort of your own reserved area on the beach.

Shore Excursions, Deck 3

Tournament Day

Don't miss your chance to win big with our, Blackjack, Slot and Texas Hold'em Tournaments running throughout the day. Check your Celebrity Today for details.

Starts at 11:30am

Fortunes Casino, Deck 4

Champagne High Tea

A traditional high tea served at sea. With a selection of finger sandwiches the finest homemade cakes and scones with jams and clotted cream served with a splendid selection of teas. (Fee applies).

3:00pm - 4:00pm

Olympic Restaurant, Deck 3

Jewelry Sale

Diamonds, Shimmering Topaz, 14kt gold jewelry and much more. Amazing prices - 4 hours only - Do not miss out

9:00am - 2:00pm

Emporium Shops, Deck 5

Reveal Your Inner Youth

Find out why Restylane® and DYSPORT® are the most popular FDA-approved non-surgical cosmetic procedures. Learn more with Dr. Aury Melo.

Ext. 4751

Medi-Spa by AquaSpa, Deck 10

FEATURED TODAY

Tuesday, October 25th, 2011

Spa Topia

The ultimate level of relaxation. Feel refreshed & renewed after a full body scrub, foot massage, scalp massage, back massage with hot stones and a mini facial. 75 min for only \$159.

Ext. 4751

AquaSpa, Deck 10

Win a Diamond

Purchase anything in the Gift Shops, AguaSpa or Photo Gallery and receive a complimentary coupon to enter the draw to win a diamond.

4:00pm

Emporium Shops, Deck 5

Get The Picture

All your cruise pictures for only \$199.95. Add the disc of your images for an extra \$50. Terms & conditions apply. Ask your Professional photographers for details.

9:00am - 11:00pm Photo Gallery, Deck 4

Win Fine Jewelry

Guess the Birthdate of this beautiful Gemstone that is as golden as the sun. Yellow Emerald Competition.

12:30pm

Boutique C, Deck 5

Nassau Shopping Highlights

Join Kait your shopping guide as she introduces you to Nassau and the shopping highlights of this exciting port of call.

2:45pm

Emporium Stage, Deck 5

Future Cruises

Learn about exotic and unique itineraries. Speak to your Cruise Sales Manager, Wes today for information on the upcoming cruises.

Future Cruise Sales, Deck 3

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Future Cruise Sales, Deck 3

FEATUREDTODAY



Wednesday, October 26th, 2011

Atlantis Dolphin Cay

NS71-Atlantis Dolphin Cay - Deep water swim. This wide open dolphin playground is yours to explore. Hand held water scooters let you race alongside, cruise to the surface or dive to the depths. Spaces are limited!

Shore Excursions, Deck 3

So You Think You Can Bluff?

Then put on your best Poker Face and join us this evening for our cash game*

*1/2 no-limit-\$50 Min - \$200 Max.

10:00pm

Fortunes Casino, Deck 4

Sail Away Daiquiri Tasting

Join us on the back deck for the sail away from Key West. Bring your friends and take part in the Daiquiri Tasting. Nominal fee applies.

5:00pm - 7:00pm

Ocean Café Bar, Deck 10

Watch Sale

Citizen, Guess, Fossel, Anne Klein & much more. All up to 40% off US Retail prices. Last chance to buy.

5:30pm - 11:00pm Emporium Shops, Deck 5

Get The Picture

All your cruise pictures for \$199.95. Add the disc of your images for an extra \$50. Terms & conditions apply. Ask you photographers for details

5:30pm - 11:00pm

Photo Gallery, Deck 4

FEATURED TODAY

Wednesday, October 26th, 2011

Last Day Clearance Sale

Selected previously unseen designer jewelry collections now have up to 75% off US Retail prices. Must be seen to be believed. Dont miss out on these once in a life time deals

Sale Starts 5:30pm

Boutique C, Deck 5

"The \$109 Menu"

This is your chance to receive one of your favorite treatments for only \$109. Choose from a Swedish massage, LaTherapy Hydralift Facial, Deep Tissue Massage, Fire&lce Manicure+Pedicure and more.

Ext. 4751

AquaSpa, Deck 10

Trouble Losing Weight?

Eating correctly, exercising, but can't lose weight? Acupuncture boosts your metabolism naturally for lasting results. Book today & lose extra pounds.

Ext. 4701

Acupuncture, Deck 7

Leave Your Worries Behind

Including your worry lines. BOTOX® Cosmetic is a safe, effective way to reduce the appearance of facial wrinkles. Learn more with Dr. Aury Melo.

Ext. 4751

Medi-Spa by AquaSpa, Deck 10

Digital Classes

Pay only \$79.95/person and you can attend all Digital classes and use Rosetta Stone for unlimited time plus 60 minutes complimentary internet. Sign up today.

8:00am - 10:00am

4:00pm - 10:00pm

Online@Celebrity Deck 6

Plan Your Next Cruise Today

Stop by the Future Cruise Sales Desk and learn about onboard credits, upgrades and reduced deposits.

Future Cruise Sales, Deck 3

Captain's Club Celebration

Celebrity Vintages Sparkling Wine

Chardonnay, Tormaresca, Antinori, Italy

Red Diva Bordeaux A.C., Haut-Médoc

Red Sangria

Cosmopolitan

Cuba Libre

Heineken, Bud Light and O'Doul's

Soda Drinks

(38)

CAPTAIN'S CLUB



Health & Wellness Fair

Falmouth, Jamaica from 8:00pm – 9:30pm
Emporium Stage, Deck 5
Complimentary Treatments & Consultations
Mini Teaser treatments | Skin Consultations| Puffy Eye Treatments
Foot and Ankle Massage | Inch Loss Demo | Fitness Consultation
MediSpa and Acupuncture Consultations.

Bring this card to enter the AquaSpa raffle and receive a complimentary teaser massage.

	Name:
() MEN.	Stateroom #:









Dear Select and Elite Captain's Club Member,

Due to a change in itinerary the following events will take place below.

Wine Tasting Event

Date: Tuesday October 25th
At 2:30pm
Metropolitan Restaurant
Deck 5 Mid Ship Port Side
PLEASE CALL 4317 to reserve.

Back Stage Tour

Tuesday October 25th At 3:30pm Celebrity Theater Deck 4 Fwd Portside

I look forward to seeing you there! Please present this invitation or Sea Pass card at the entrance of the Restaurant.

Mellissa Snow
Captain's Club Hostess
Celebrity Cruises®



Smile with confidence!

AquaSpa is proud to be offering a GO Smile teeth whitening treatment where in just 30 minutes we can whiten your teeth up to 6 shades without any sensitivity or irritation. This treatment is suitable for any kind of artificial dental work. We will teach you how to maintain your perfect shade and enjoy smiling with confidence.

Visit the AquaSpa for a complimentary consultation with Satish, our International Certified teeth whitening specialist.

Please visit the AquaSpa on Deck 10 for any details, or dial 4751.



Schedule of Featured Medi-Spa Seminars

At Sea #1
3:00pm
Wrinkles Remedies
Michael's Club, Deck 4

Falmouth, Jamaica 5:00pm Look Ten Years Younger in just 15 minutes Emporium Stage, Deck 5



Medi-Spa by AquaSpa Dr. Aury Melo, M.D.



Dr. Aury Melo is our Doctor onboard specializing in the treatment of fine lines, wrinkles, eye brow lift and lips enhancement with the lastest non surgical cosmetic treatments Restylane®, Perlane® and Dysport®.

Dr. Aury Melo is experienced in aesthetic medicine and has advanced training in Non-Surgical Facial

Rejuvenation and Aesthetic Medical Procedures under renowned plastic surgeon Dr. Brad Herman in Miami, Florida.

Find out more about facial rejuvenation and the treatments offered onboard the Celebrity Millennium.

Contact the AquaSpa at extension 4751 today and book your complimentary facial consultation with Dr. Aury Melo.



Celebrity Beverage Packages

Celebrity Cruises is proud to offer you the ultimate in value and convenience. Whether cooling off with unlimited soda refills by the pool, or sipping a new varietal from our wine selection, Celebrity's Beverage Packages offer a host of options.



Premium Package

Includes unlimited fountain and can soda, juices, premium teas and coffee, all specialty coffees, smoothies, Evian®, Perrier® and Pellegrino®, Red Bull®, Vitamin Water® and all non-alcoholic cocktails. Also beers, wine by the glass, cocktails, frozen drinks and spirits up to \$12.

\$54 per day plus 15% gratuity



Classic Package

Includes unlimited fountain and can soda, juices, premium teas and coffee, all specialty coffees, smoothies, frozen drinks, non-premium bottled water and beers up to \$5. Also wine by the glass, cocktails and spirits up to \$8.

\$44 per day plus 15% gratuity



Premium Non-Alcoholic Package

Includes unlimited fountain and can soda, juices, premium teas and coffee, non-alcoholic specialty coffees, Evian®, Panna®, Perrier® and Pellegrino®, Red Bull®, Vitamin Water®, all non-alcoholic cocktails and non-alcoholic frozen drinks.

\$18 per day plus 15% gratuity



Classic Non-Alcoholic Package

Includes unlimited fountain and can soda, juices, premium teas and coffee and non-premium bottled water.

\$14 per day plus 15% gratuity



Soda Package

Enjoy Coca-Cola® fountain and can soda products for the duration of your cruise.

\$7 per day plus 15% gratuity



Bottled Water Package

Refresh your thirst from our selection of both still and sparkling bottled water, including Evian®, Perrier® and Pellegrino®. \$12 per day plus 15% gratuity



Wine Package

Choice of 3, 5 or 7 bottles from the Sommelier's or the Captain's package. Starting from \$99 plus 15% gratuity. Or try our Build Your Own Wine Package starting from \$191.25 plus 15% gratuity for 3 bottles or more of any wine from our list at \$75.00 or more.

The packages are available for purchase throughout the day in all Bars and Lounges. Packages must be utilized one drink at a time. Cancellation deadline is on the first day of embarkation.

Abuse of beverage packages may result in the loss of package privileges.



Celebrity Beverage Packages Terms and Conditions

- Prices subject to change without notice.
- Packages cannot be shared, are non-transferable, are valid only for the voyage for which it was purchased, cannot be used in conjunction with any other promotional programs and cannot be used as credit towards any other purchases, including selections that are not included in the package.
- · Packages do not include beverages sold in gift shops.
- No refunds will be issued after the date of embarkation. When ordering a selection onboard, you must present your Seapass card bearing the package code or sticker to your server.
- Not all beverage selections are available on all sailings. Alternate selections of equal value may be substituted in Celebrity's discretion.
- Beverage selections are offered for consumption in the dining room, specialty
 restaurants, the buffet and casual dining restaurants, bars and lounges. Beverage
 Package selections are not available for consumption from the in-stateroom Mini Bar
 or through Room Service.
- Violation of these terms and conditions will result in loss of package privileges and a refund will not be issued.

Don't miss out on one of the best kept secrets on board...

THE PERSIAN GARDENS



Cruise Pass \$69

Couple Cruise Pass \$129

(Add on amenities pack for extra \$25)

Ultimate Cruise Pass \$189





This tranquil environment is located in the AquaSpa. Come and relax. Use the two amazing exotic jet showers, and relax on the heated seats. The Persian Gardens consist of three very different steam chambers to help relax your mind and improve the body's strength.

You will exit this area floating on air. Only 30 Passes available per cruise



Celebrity Life™

Heartbeat of the Operation

Join our chefs in a Behind The Scenes Look into Our Culinary Playground

Celebrity
Millennium®

Culinary and Taste

r all our guests who appreciate good food and beverage pairings also prepare the following events that will take place during this cruise as part of your Celebrity Life Taste Experience:

> Global Flavors Cooking Demonstration Heartbeat of the Operation Star Chefs Cooking Competition Taste of Millennium

> > Jameson Whiskey Tasting**
> > Master of Malts Tasting**
> > Small Batch Bourbon Tasting**

Riedel® Crystal Comparative Wine Workshop**
Premium Wine Tasting**
Wine Appreciation & Sabering at Sea**
World Wine Tour and Silent Auction**

ease check your Celebrity Today Program for schedule of above events.

**Indicates a fee is applicable for this activity.

quire with our friendly staff for more details. Terms and conditions apply.

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Heartbeat of the Operation

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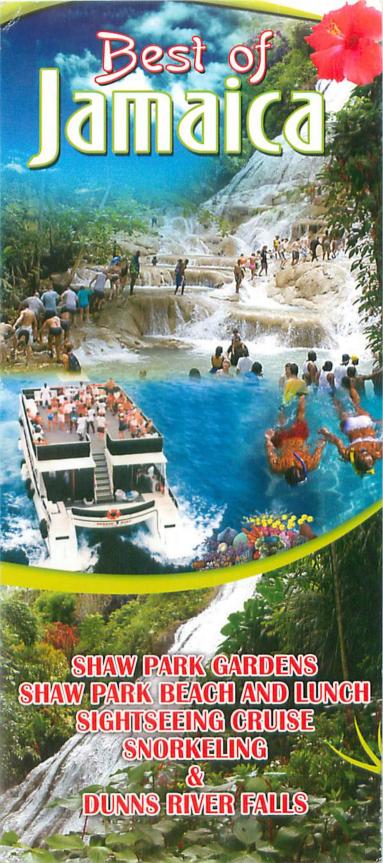
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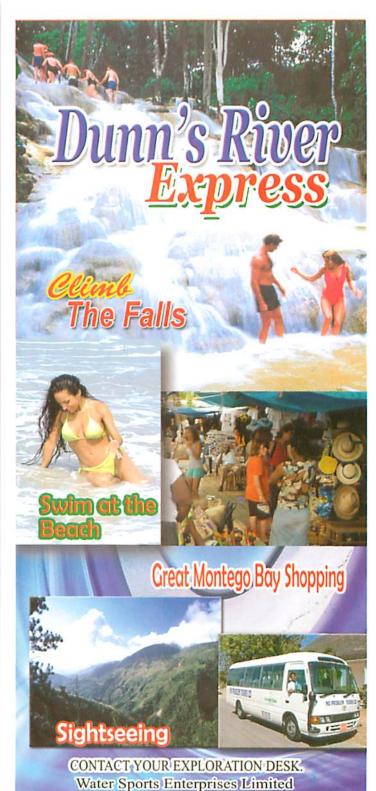
Best of Jamaica

Depart by motor coach. While on route enjoy sightseeing along the north coast passing through island villages arrive at Ocho Rios visit the famous Shaw Park Botanical Gardens & Falls located high on mountains overlooking the crescent beach and cruise ship port. Your escorted tour will take you through these exotic gardens and waterfalls. You will be introduced to the beautiful array of tropical plants, 200 year old Banyan Trees and natural pools. On conclusion of the gardens stop mega shopping next approximately 1 hour, then on the Shaw Park Beach Hotel for a wonderful buffet lunch on 3000 feet of private pristine beach.

EAT, SWIM & COOL OUT. Then board our well appointed cruiser, sightsee the Ocho Rios Rivera to a great snorkeling reef (guides and equipment provided) all aboard to the world famous Dunn's River Falls. At the end of this action packed incredible Jamaican experience, return by coach to your origin.



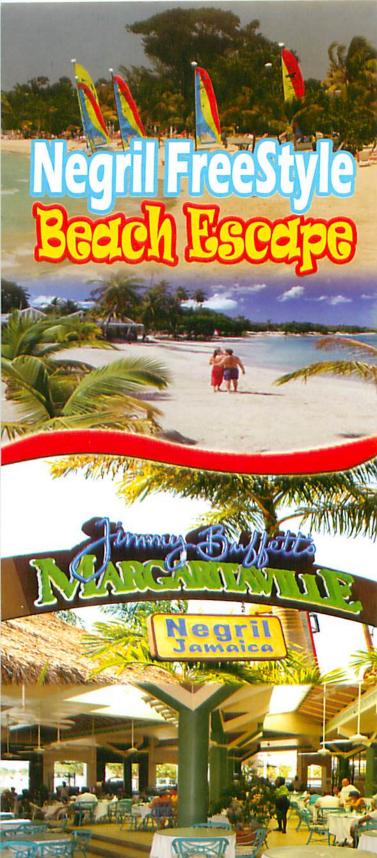




Dunn's River Express

Falmouth the chief town and capital of the parish of Trelawny in Jamaica. Founded in 1769, Falmouth flourished as a sugar cane belt and port for 40 years at a time when Jamaica was the world's leading sugar producer. Falmouth was named after Falmouth in the United Kingdom, birthplace of Sir William Trelawny the Governor of Jamaica who was instrumental in its establishment.

Departing from historic Falmouth in air-conditioned coaches. The history continues as you pass Discovery Bay where Christopher Columbus landed in 1494, then drive through Runaway Bay where it is reputed that Spanish escaped the British soldiers in their flight to Cuba. Arriving at thundering Dunn's River Falls for a climb and swim. Re-board your bus for the return to Falmouth Pier old town and shopping.



NEGRIL FREESTYLE BEACH ESCAPE

The fun journey begins heading westward, enjoy the scenic drive through ancient villages, working plantations, endless white sandy beaches.

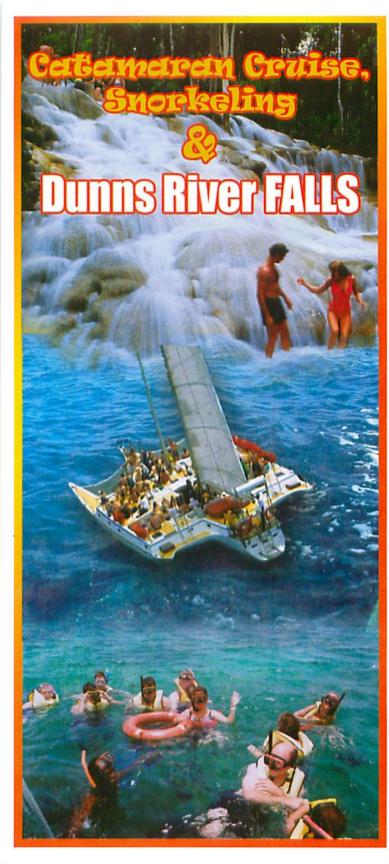
The barefoot escape begins when you arrive at Jimmy Buffets Margaritaville where a refreshing concoction is served on arrival.

Optional food and exotic drinks captivates the taste buds as you lay on the beach.......
Relax in the tropical sun and sea.

Swim in the ocean, explore along the white sandy beaches....Visit the bars and cafes' and much more....enjoy nature on your own.

On the return trip capture the sights missed on the way there. Memories of unforgettable pleasures!

Browsing and shopping at the pier,



Catamaran Cruise, Snorkeling & Dunns River Falls

On arrival sail away see the beauty of the Ocho Rios Riviera, cruise into the spectacular Dunn's River Falls, climb the 600-ft waterfalls if you like, or walk along the river bank. Have a swim in the ocean or laze on the beach.

Re-board and cruise on to the Marine Gardens and snorkel: enjoy pirates brew and fruit punch to the sound of the Island and reggae music, return to Ocho Rios pier.

Guest under 16 years must be accompanied by a participating parent or guardian.

Yellow 🚺 Emerald

"Rarer than Diamonds, Emeralds kissed by the sun"

Never heard of a



We're introducing this new and Exciting Gemstone on this cruise.

Exclusive to the Shops Onboard

Join us at the

Yellow Emerald^{IM}

Unveiling

and learn all about this Exquisite Gemstone
Ask your Friendly Sales Associates for more details

YELLOW DEMERALD

Learn everything there is to know from our GIA Certified Boutique C Manager,
David Wall

Today – 2:30pm

Boutique C, Deck 5

Attend the unveiling and enter the draw to win a

piece of Jewelry

Name	me		
Stateroom #			

Le Vian Natural Chocolate Diamond Sale

Save up to 50% off US retail prices



Boutique C Unveiling 12 Noon

Would you like to win a piece of Fine Jewelry?

Where do Le Vian Chocolate Diamonds originate?

A) BRAZILB) AUSTRALIA

Name	Stateroom

You must be present at our live draw to win!

1:00pm First Sea Day Boutique C, Deck 5

Celebrity Life:

Culinary Taste

Champagne High Tea



An exquisite event featuring premium teas, petit fours, finger sandwiches, fine pastries and fresh baked scones.

Wednesday, October 26th - At Sea 3:00pm – 4:00pm Olympic Restaurant, Deck 3

\$25.00 per person
Reservations based on availability
Ext. 4707







Formal Hair Affair

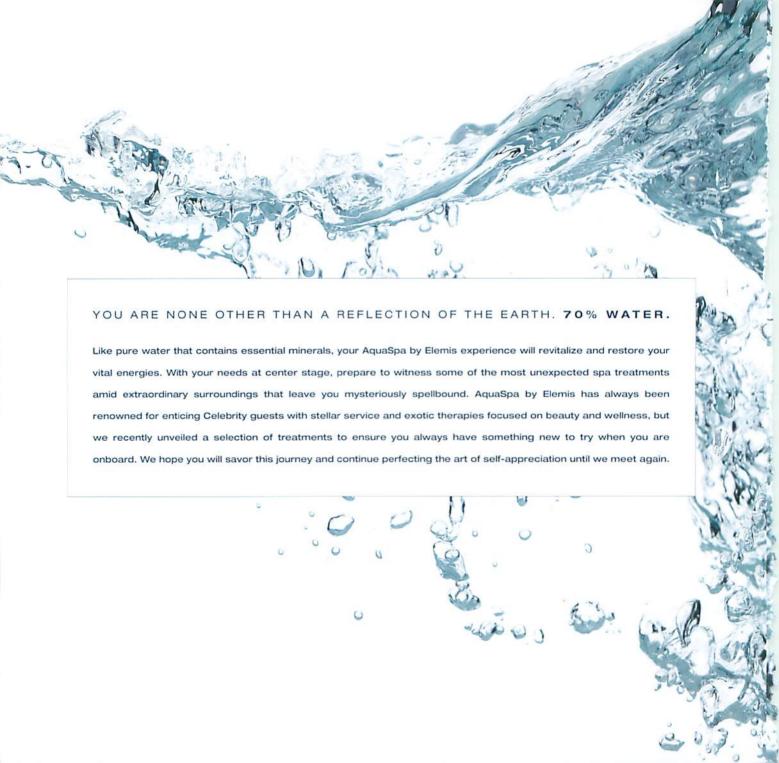
Want to have amazing memories with your Formal Evening Portrait?

The Glamour starts at the AquaSpa Salon today.

- Wash & Blow Dry or Up Style
- Pro Collagen Eye Renewal Treatment
- California SunGlow Application

Short Hair - \$49 Medium Hair - \$59 Long Hair - \$69





Our Favorites

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Your Experience

Enhance your AquaSpa retreat by visiting the Persian Garden or Thalassotherapy Pool.

Persian Garden

To make the most of your spa experience, we recommend that you visit the Persian Garden before or after your treatment. Surrounded by beauty, you will instantly drift away as different grottos and chambers release a variety of dry heat, steam and mists into the air with aromatherapy-filled vapors. Relax on a heated ceramic lounger while your body is purified and the pressures of life are rinsed away. Daily and weekly passes available.

Thalassotherapy Pool'

The bubbling therapeutic water is rich with trace elements and vitamins, helping to remineralize the body. Gently heated to body temperature, the nourishment of this bubbling spring helps to alleviate arthritic pain, soothe sore muscles and offer relief for sports injuries.

^{*} Please check for availability of this service.



Miracle Micro-Therapy

Soften fine lines, skin discoloration, enlarged pores, sun and age spots, scars and other blemishes. This revolutionary face therapy takes the technology of Micro-Dermabrasion to another level by using a gentler approach to beautiful skin that will not cause irritation. Our miracle therapy is so gentle that we can work on sensitive areas, including the eye lids and mouth. The combined use of suction and a deep exfoliating apparatus promotes enhanced collagen production, resulting in a more youthful, vibrant skin tone. See the difference after one treatment. This treatment includes the La Therapie HydraLift Facial 50 minutes

La Thérapie HydraLift Facial

This youth-enhancing facial has fast and dramatic results. The appearance of fine lines and wrinkles are reduced, skin tone and texture are restored and the complexion becomes smoother and more radiantly youthful after just one treatment _______50 minutes

Elemis Pro-Collagen Marine Facial

The precious ingredients in this exceptional facial will help to lift the skin and restore your youthful glow. Specialized lifting techniques are combined with our anti-aging Japanese Silk Mask impregnated with Pro-Collagen Booster Serum to

Elemis Skin Specific Facial

Prescribed to your needs, the power of nature and specialized Eastern massage techniques oxygenate your skin and balance the mind and body. Choose from: Fruit Active Glow to make dull skin perky, Herbal Lavender Repair to heal and soothe acne prone skin, Exotic Cream Moisture Dew to give a hydrating boost to the skin or Absolute Lift to revitalize

Your Indulgence

Elemis Aroma Stone Therapy

Uses heated stones to melt away tension with the healing powers of massage. Therapeutic heat is slowly released into the belly of the muscle for a completely new body experience. Small stones are placed on key energy points, while luxuriously warmed oils are massaged deeply into the body for maximum relaxation. The combination of deep penetrating heat and traditional massage techniques will balance the spirit and transport you to the ultimate state of

Elemis Deep Tissue Muscle Massage

Using muscle-melting warmed oils and deep pressure massage movements, we massage deep into the belly of the

Swedish Massage

This classical European technique of manipulating muscles with aromatic massage oils is both relaxing and invigorating. While providing tonic for the soul, this massage can help improve the function of the circulatory, lymphatic, muscular and nervous systems 50 minutes

Reflexology Massage'

Reflexology works on the principle that all body organs are connected to reflex points in the feet. Massaging these reflex points can help restore your natural energy flow and improve health by sending waves of deep relaxation throughout your body 50 minutes

Couples Massage

In the privacy of our exclusive suite reserved for couples, you and your favorite person can enjoy a gorgeously relaxing full body Elemis Deep Tissue Muscle Massage or Swedish Massage as you lie side by side. We also offer package options in our Couples Suite, so please contact the Spa Concierge if you wish to customize your spa retreat 50 minutes



^{*} Please check for availability of this service.

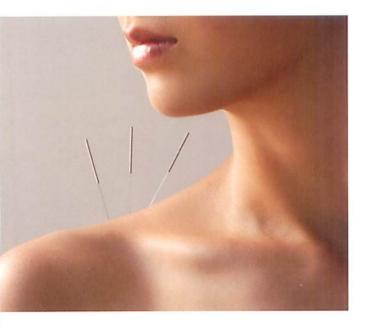
Your Beauty & Wellness

ACUPUNCTURE the Point of Well-Being®

Practiced for thousands of years, acupuncture is quickly becoming one of the fastest growing alternative therapies used to treat a variety of symptoms and health conditions. All of our acupuncture treatments are safely administered in the Acupuncture Clinic by our licensed acupuncturist. Contact the Acupuncture Clinic for more information on these services.

Restylane® and Perlane® Treatments

Restvlane® and Perlane® are FDA approved cosmetic dermal fillers that provide volume and fullness to the lower face and lips. Made of hyaluronic acid, a naturally occurring substance in the body, Restylane® and Perlane® restore youthful contours to the skin and reduce the signs of aging. Results are instantaneous and typically last up to six months. Treatments are administered by our Medi-Spa Physician, a licensed Medical Doctor 30 minute sessions



BOTOX® Cosmetic Treatments

Made of a purified protein, BOTOX® Cosmetic is a safe, FDA approved, non-surgical treatment that focuses on the upper face. Treatments soften fine lines and wrinkles, resulting in a refreshed and youthful appearance. Results are visible within days and typically last up to four months. Treatments are administered by our Medi-Spa Physician, a licensed

GoSMILE Tooth Whitening Treatment

Your smile is the outward expression of your inner beauty. A beaming smile makes you look younger, more radiant and confident. Are you ready to smile? Then try our GoSMILE Tooth Whitening Treatment available at the spa onboard. It's a safe and effective way to take your smile from dull to dazzling. Couples treatments available 30 minutes



Ionithermie Cellulite Reduction Program

The toning and firming effects of this treatment are ideal for both women and men looking for body corrective therapy. This detoxification treatment will reduce the appearance of cellulite, firm and tone the skin, cleanse the body, and promote inch loss (up to 8 inches) in just one session. Your therapist will focus on problem areas such as the stomach, thighs and buttocks. By propelling marine rich elements into affected areas, this treatment can drain fluid, smooth the skin and give the body more definition. For ultimate benefits, we recommend a course of three treatments during your cruise 50 minutes

Ionithermie Cheek Lift Treatment

This acclaimed treatment will help to give your buttocks a lift while firming and toning the skin. Active ingredients are applied to the area before we apply a soothing clay algae and pine mask. Gentle stimuli are then placed on the

Elemis Aroma Spa Seaweed Massage

The power of aromatherapy is combined with the riches of the ocean in this deeply warming and detoxifying therapy. A heated seaweed mask containing a blend of essential oils is applied to your body before you are cocooned in a comforting wrap. Relax while the active ingredients work to ease arthritis, fatigue and promote internal cleansing. Choose from Cellutox to detoxify or Musclease to soothe sore muscles. Your treatment includes a half or full body massage.

Elemis Exotic Lime & Ginger Salt Glow with Massage

An exotic exfoliation ritual to invigorate and bring vitality to your face and body. Warm oil is dripped luxuriously over your body before our Lime and Ginger Salt Glow is applied. We then apply our Elemis Exotic Island Flower Body Lotion, leaving skin replenished and vibrant. After rinsing away the salts, your treatment is completed with either a half or full

Elemis Absolute Spa Ritual

This wonderfully relaxing ritual will delight you from the soles of your feet to the tingling top of your scalp! Combining the Elemis Pro-Collagen Marine Facial for skin vitality with our sublime Elemis Deep Tissue Muscle Massage or Swedish Massage, this ritual will refresh your spirit and strengthen your vital energies100 minutes

Arabian Cleansing Ritual'

The most fun you can have alone or with a guest. Organic muds are applied to the body to bring specific results, while the effects of a gentle steam, infused by herbs, soothes the skin and detoxifies the body. To complete the ritual, a warm tropical rain pours down from the dome of the rasul and as the muds are washed away, so is every last drop of

^{*} Please check for availability of this service.

Your Fitness

In addition to our complimentary array of classes and seminars offered each cruise, we also provide the following services.

Individualized Personal Training

After conducting a Body Composition Analysis, our fitness professionals will design a nutrition and exercise plan that will help you achieve the results you've always wanted. Based on your body's particular needs, this personalized session will expose you to the wellness program that works best with your body, your lifestyle, and your terms 60 minutes

Nutritional Consultation

Metabolism Test

By using our Body Composition Analysis device, our fitness professionals will determine your body fat percentage, rate of metabolism and water retention level and then compare the results to the percentage recommended for you



45 MINUTE SPECIALIZED CLASSES

Indoor Cycling If you love to cycle outdoors, then you are going to love our indoor cycling program. Coast downhill or climb your personal mountain with this low-impact class that will burn calories and help to reshape your body.

Tai Chi This self-paced system of gentle physical exercise will reduce stress, improve balance, flexibility, muscle strength and agility.

Pathway to Yoga Excellent for increasing levels of concentration and focus. This class will benefit the beginner and the experienced yogi.

Pilates This exercise system combines posture and controlled moves. Our class is mat-based and good for all levels of students.



Your Grooming

Elemis Express Shave

Treatment includes a deep cleansing exfoliation and double close shave to leave your skin super smooth 30 minutes

Elemis Deep Cleanse Grooming Treatment with Shave

Enjoy the Express Shave with the added benefit of a soothing face and scalp massage and deep pore cleansing mask. 45 minutes

Elemis Pro-Collagen Grooming Treatment with Shave

This premium treatment includes the Express Shave, an anti-aging mini facial and luxurious face, scalp, hand and arm

Elemis Skin IQ for Men Facial

Helping to calm irritation and minimize the signs of aging, this facial is the ultimate overhaul for male skin. Incorporating the NEW Time Defence Wrinkle Delay and Time Defence Eye Reviver, this anti-aging treatment protects against the

Elemis Urban Cleanse for Men Facial

A deep complexion cleanse and complete skin detox. This super-grooming, deep cleansing facial decongests the skin, working overtime to help eliminate blocked pores, rapidly accelerate skin repair and neutralize impurities. Fast-acting ingredients reduce sensitivity and provide long-lasting defense against the damaging effects of daily pollutants, leaving the skin visibly clear and squeaky clean 50 minutes

Beard Trim

Men's Trim or Restyle and Style Dry

Men, you too can turn heads by treating yourselves to a nice hair cut and style with our experienced stylists ... 15 minutes

Men's Wet Trim

^{*} Please check for availability of these services.

Your Hair & Mails



Hair Styling Color Touch Glazing Style Dry or Roller Setting Trim or Restyle and Style Dry Cleanse, Style Dry & Hair Up Hair Up (without cleanse and dry)

SALON FAVORITES

Elemis Frangipani Conditioning Hair and Scalp Ritual

Monoi Oil has been used for centuries in Tahiti to soften the skin and hair. After cleansing your hair, enjoy a deep scalp massage for fifteen minutes using this precious ingredient

Fire and Ice Manicure

Your nails are one of your most important accessories, so keep them beautiful with this invigorating manicure that will warm your spirit and cool your stress. Using a combination of therapeutic cooling gels and the warmth of massage using a heated stone, your skin will be smoother and your nails will be nourished and polished to perfection ... 50 minutes

Fire and Ice Pedicure

This super rejuvenating pedicure will warm your senses and cool your tension. Sayor the sublime as your feet and lower legs are soothed with our cooling gels and then warmed with a heated stone massage. This combination of hot and cold, plus aroma-

Elemis Sole Delight Foot Treatment with Pedicure

This is the most rejuvenating foot therapy. Indulge your feet in warmed aromatherapy oils combined with the decadence of milk protein, followed by a full pedicure. You will

Hair Color

Semi Permanent Color Full Head Color Change Regrowth Tinting Hi-Lights / Lo-Lights Partial Hi-Lights

Nails

Elemis Exotic Hand Ritual with Manicure Traditional Manicure / Pedicure Brisa Gel Forever French Enhancements Brisa Gel Overlays Brisa Gel Refills Acrylic Nails Full Set / Refills Paraffin Wax



not meet your service expectations during your treatment we will offer an alternative service, or if preferred, we will issue a refund.

Value Price

During your cruise the spa will offer value prices for certain services at specified times, allowing you to experience luxury therapies at a valued price. Check your daily program for details.

Nurture Your Experience

We recommend that you arrive 30 minutes prior to your treatment so you can focus your mind on relaxation. To ensure you don't forget any personal items of value, we suggest leaving them in the safety deposit box in your stateroom.

Cancellation Policy

Please give us 24 hours notice before canceling your appointments or your onboard account may be charged with 50% of your treatment cost.

Minimum Age

Guests must be at least 18 years of age to receive treatments or utilize spa facilities unless participating in the YSpa program. Salon services are available to guests of all ages. Fitness facilities are available to minor guests when accompanied by an adult. Please see restrictions posted outside the Fitness Center.

Product Return Policy

Refunds are offered for all unopened products when accompanied by a receipt and returned by the end of the cruise. Unopened products without receipts can be exchanged for either services or products.

Relaxation is achieved through daily practice. Your therapist will be happy to recommend a home care regimen to continue your treatment at home. For more information on our services or products visit www.timetospa.com or call 1-800-423-5293 to order.

*Occasionally, for reasons beyond our control, your treatment selection may not be available.

