

Mr. & Mrs. Brooks Stateroom C212

Dear Mr. & Mrs. Brooks.

As the Consummate Host, we'd like to congratulate you on being one of a select group of passengers chosen for the Ultimate Ship Tour – a fascinating behind-the-scenes look at the inner workings of Island Princess.

During this tour, you'll venture beyond public areas to the ship's engine control room, medical center, print shop, laundry facilities, photo lab, bridge and other spaces reserved solely for the ship's crew. You will be amazed by the vast network of "CREW ONLY" spaces where you'll witness our dedicated staff in action, doing their part to help you escape completely and make your cruise an unforgettable experience.

Please plan on meeting outside the Wheelhouse Bar (Portside – Deck 7 forward) at 08:40 am Monday 7th May 2012. The Ultimate Ship Tour lasts approximately 2 hours and 15 minutes.

To ensure a seamless and enjoyable experience on this tour, we kindly ask that you familiarize yourself with the following:

- Bring your completed/signed tour waiver form (copy enclosed)
- Wear sturdy, sensible footwear and comfortable clothing. Trousers are required (no shorts or skirts, please). Due to safety reasons, sandals, high heels and open-toed shoes are not permitted.
- You may be required to climb stairs in some areas of the ship. If you are unable to do so, please inform the Cruise Staff at the beginning of the tour.
- As the tour must follow a strict timeline, there may not be time available for restroom/toilet breaks, so please plan accordingly.
- Due to safety and security concerns, you will not be permitted to take personal photos
 during the tour, so we kindly ask that you leave both still cameras and video cameras in
 your stateroom. Our ship's photographers will take group photos at select stops, which are
 included in the price of the tour for your convenience.

We are thrilled that you'll be joining us for the Ultimate Ship Tour and look forward to sharing this exclusive experience with you. Until then, we hope you continue to enjoy your time aboard Island Princess, your relaxed, rejuvenating retreat at sea!

Kindest regards,

Nigel Stewart Hotel General Manager

Island Princess







Panama Canal Transit

Completed in 1914, the Panama Canal was the culmination of a dream shared by many that began in 1513 with the Spanish conquistador Balboa. He was the first European to trek across the 43-miles-wide isthmus. The

French Canal Company began construction of the Panama Canal in 1880 but, plagued by diseases, financial burdens and engineering problems, sold its rights and properties to the United States for \$40 million. France's investment in the canal project was \$287 million, a loss of \$240 million. This is to certify that:

was onboard m/v Island
Princess when she transited
the Panama Canal during her
14-Day Panama Canal Voyage
2213, Wednesday, 2nd May
2012.

3--Oc

Nicoló Bommarco Captain Gavin Chandler

Cruise Director



Mr Brooks Stateroom C212

Welcome Aboard!

As an Elite Member of the Princess Cruises Captain's Circle, we would like to welcome you back onboard! We are thrilled that you have chosen to *escape completely* once again with Princess Cruises.

For your convenience, below is an overview of some of the many Captain's Circle benefits you'll experience during your cruise onboard Island Princess.

Simply present your cruise card in any of our Boutiques and 10% will automatically be deducted from the purchase price.

Complimentary Internet
Package

You are eligible to receive 250 complimentary Internet minutes during this cruise. At the time of your first log-in only, you will have the option to purchase additional Internet time for a nominal charge to your onboard account.

Complimentary Grapevine We're delighted to offer a complimentary Grapevine wine Wine Tasting to our Elite passengers. Simply present the enclosed invitation along with your Elite cruise card to the event.

Priority Ship to Shore Tender
Embarkation

Just proceed to the tender embarkation area and present your Elite Cruise Card to the cruise staff. You will be directed to join any remaining passengers and board the next available tender once it is clear to embark, If you are booked on a shore excursion, it is imperative that you meet your tour group in the designated area.

Complimentary Shoe
Polishing, Professional
Cleaning and Laundry

Please inform your stateroom steward if you wish to make use of these complimentary services.

Services Note: Same-day service not included.

Complimentary Mini-Bar

Please enjoy the mini-bar, courtesy of the Princess Captain's

Circle. Beverages can be refilled upon request and you will

only be charged for the additionally requested drinks

consumed.

Note: One mini-bar setup is provided per Elite stateroom.



Deluxe Canapés Selection On formal nights a selection of canapés specially created

by our Chef, are available on request (one order per Elite stateroom). This can be ordered by completing the card provided in your stateroom and hanging it outside your stateroom door by 10:00 pm the night prior to the formal

night.

Traditional Afternoon Tea Complimentary afternoon tea will be delivered to your

stateroom on request. Please place your order with room service at least six hours prior to the desired delivery time.

Priority Disembarkation If you have independent onward travel, contact the Circle

Hostess at least two days prior to the end of your voyage to

state your request to disembark with your preferred

disembarkation group.

At Princess, we value your loyalty and hope you'll view these benefits as sincere expressions of our gratitude.

Please do not hesitate to contact me if you have any further questions regarding the program or if I can be of any additional assistance. My Desk Hours are published in the *Princess Patter* each day, or you can contact me at extension 5410. I look forward to meeting you very soon.

Kindest Regards,

Barbara Cristina Zanetti Princess Cruises Captain's Circle Hostess Island Princess





PrincessPatter

escape completely.

Embark Fri. Apr. 27, 2012 · Island Princess · Tonight's dress: smart casual

Weather: Today's Forecast: Partly cloudy – High: 26°C (79°F) Low: 23°C (73°F) – Sunrise 6:46am/Sunset 7:51pm
Tomorrow's Forecast: Partly cloudy – High: 26°C (79°F) Low: 24°C (75°F)

Welcome aboard Island Princess®

Ship's officers

Nicoló Bommarco Captain

Michele Tuvo Staff Captain

Vito Allegretta Chief Engineer

Nigel Stewart Hotel General Manager

Gavin Chandler
Cruise Director

Liesl Kohlmeyer Senior Doctor

Giancarlo Cappa

Customer Services Director

Andrea Magrin
Food & Beverage Director

Antonio Distefano Staff Engineer Officer

Vito Rosso Staff Electro-Technical Officer

Armando Pagcaliwangan Executive Housekeeper

Michael Tocchetto
Executive Chef

Ignazio D'Agostino Maitre d'Hotel



Welcome aboard the spectacular Island Princess®, where comfortable elegance and an incredible variety of activities, dining

and entertainment options await. Stop by La Pâtisserie for a latte or specialty coffee drink, browse the masterpieces on display in the Art Gallery and stop by the Internet Café to stay in touch with home.

If you're in the mood for tranquility, you may choose to spend your day at The Sanctuary, our relaxing retreat exclusively for adults. Or perhaps you'd enjoy some pampering at the Lotus Spa®, or a chance to unwind poolside. These refreshing experiences can be the prelude to the delicious temptations of fine Italian cuisine at Sabatini'sSM. Or perhaps you'd like the unique experience of listening to live jazz as you taste the flavorful Cajun and Creole dishes served inside the Bayou Café & Steakhouse. After dessert, the excitement continues. An array of activities including our thrilling Princess Casino, captivating Broadway-style shows and the big-screen action of Movies Under the Stars® offer you dazzling options for entertainment throughout the ship.

With so much to discover and enjoy, Island Princess has everything you need to escape completely!

From the Navigator

A very warm welcome on board Island Princess from all of us here on the bridge. Once all passengers and crew are confirmed on board this evening, we will strike the gangways, let go our mooring lines and proceed out of the harbour. Once clear of the buoyed channel we will set a Southerly course across the Florida Straits and the morning after start our transit through the Old Bahama Channel.

Smoking Policy

For the enjoyment of the public lounges and facilities, indoor areas onboard Island Princess are non-smoking. Smoking is only permitted in designated sections of the Casino. For those passengers who would like to enjoy a cigar or pipe, Churchill's Cigar and Spirits lounge is located on Promenade deck 7. Smoking cigars or pipes outside of this lounge is not permitted. Outdoor smoking areas are clearly posted throughout the vessel. Smoking is not permitted in staterooms and balconies. Violations to this non-smoking policy will result in a \$250 fine for each occurrence, which will be charged to the passenger's stateroom account.

Employee of the Month

Antonino Sessa, Bosun



I was born in Sorrento, Italy, a beautiful place where I still live with my family. I left school at the age of 15 and joined my first ship as a Deck Boy in 1990. In 2009 I applied for Princess Cruises, joining the Grand Princess as

Second Bosun and consequently promoted to Bosun one year after. Meeting people from all corners of the globe has been a great experience for me.

I am very proud and grateful to have been chosen as Employee of the Month and will continue to perform my job to the best of my abilities.

Complete list of today's happenings are inside.

Look for Crew's Choice events.

Security Information:

For local law enforcement call 911 from any cellular or public telephone ashore.

Mark How will you escape completely?







Itinerary Highliq	ghts			t = Tender Service
Day	Port	Dress	Arrival	All Aboard
Friday, April 27	Port Everglades	Smart Casual		3:30pm
Saturday, April 28	At Sea	Formal		
Sunday, April 29	At Sea	Smart Casual		
Monday, April 30	Aruba	Smart Casual	7:00am	12:00pm
Tuesday, May 1	Cartagena	Smart Casual	9:00am	2:30pm
Wednesday, May 2	Panama Canal Transit (5:00am-4:30pm)	Smart Casual		
Wednesday, May 2	Fuerto Amador ‡	Smart Casual	4:30pm	
Thursday, May 3	Fuerto Amador ‡	Smart Casual	•	5:30pm
Friday, May 4	At Sea	Formal		
Saturday, May 5	Puntarenas	Smart Casual	7:00am	6:30pm
Sunday, May 6	At Sea	Smart Casual		
Monday, May 7	At Sea	Smart Casual	(1901	(#1
Tuesday, May 8	At Sea	Smart Casual		THE SHEET WAS
Wednesday, May 9	At Sea	Formal	•	
Thursday, May 10	At Sea	Smart Casual		
Friday, May 11	Los Angeles	Smart Casual	7:00am	

Entertainment Highlights (Check your daily Patter for times.)

Princess Theater & Universe Lounge

Production Shows:

Piano Man Motor City Do You Wanna Dance On The Bayou

Duncan Tuck

Matt Henry

Comedy Music Comedy Magician Comedian Hypnotist

Lorenzo Clark Billy Vader Michael John Aaron Shaw Vocalist Stephen Kane Kevin Jordan Doug Funk

Piano Entertainer Comedian Comedian Comedy Juggler

Explorers Lounge

Party Band Magnitude Pop Star Karaoke

So You Wanna Be a Rock Star

Theme Nights: Country Western Night

50's & 60's Sock Hop

Gameshows: Sing It To Win It Gameshow

Passenger Feud Jeopardized Trivia Fill in the Blank Weakest One Majority Rules



The Help

In Time

Moneyball

New Years Eve

Memories

Captain America The Iron Lady I Don't Know How She Does It

Crazy, Stupid, Love We Brought A Zoo Johnny English reborn

Mission Impossible: Ghost Protocol Sherlock Holmes: Game of Shadows

Relaxing Afternoon

11:30am-

Play a game of mini golf. Deck 15 Midship 9:00pm Welcome Aboard with our Ship's Musicians

Atrium, Deck 5 Midship 3:00pm

Noon

10:00pm



Concert: Beyonce Live from Wembley Lido Pool, Deck 14

Lotus Gym & Aerobics Studio Noon-

Meet Fitness Directors, sign up for classes. Deck 14 Aft 10:00pm Noon-Lotus Spa & Salon Open House

View a wide range of rituals from around the world including Hot Stones, Seaweed Massage, Facials, Men's

Barbering, Teeth Whitening and much more. Lotus Spa, Deck 14 Aft

3:00pm

12:30pm- The \$1,000 Treasure Hunt Take a tour of the ship & collect all 9 stamps, then bring your card to the Sail-Away Party to qualify to win one of many prizes! Kiosks located on Decks 5, 6, 7, 8 & 14. You must bring your stamped card to the Sailaway Party and drop it in the draw box before the raffle at 4:00pm (approximately) on Deck 14 Midship.

12:30pm-3:00pm

Meet your Casino Host Airguard

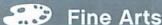
Get a Free Jackpot Bingo ticket. Casino, Deck 6 Midship



Concert: Paul McCartney Good Evening New York City (58mins.) Lido Pool, Deck 14



Go behind the scenes of the Island Princess. Cost of the tour is \$150 per person. Space is limited. Sign up at the Passenger Services Desk by Saturday, 5th May.



Visit the gallery tonight to learn more about our spectacular art collection.

Chloe will be available

to answer your questions.

6:00pm-7:00pm · Art Gallery, Deck 7

Photo & Video Gallery

Tax-free savings plus, save up to 20% off MSRP

Check out the latest models from Nikon, Olympus, Panasonic and more. Stop by the photo gallery for a product demonstration today!

Photo/Video Gallery · Deck 6







Let Princess be your Consummate Host®

2:15pm



Concert: Bon Jovi Live in Chicago (54mins.) Lido Pool, Deck 14

3:30pm

All Aboard! Island Princess Sails for Aruba shortly thereafter

3:30pm

GENERAL EMERGENCY STATIONS



Passenger Muster Drills will be carried out before sailing and ALL PASSENGERS will be exercised at their General Emergency Stations. This exercise is a requirement of law, and you must attend. At the start of the exercise, alarms will sound and broadcasts will be made, calling you to your Muster Stations as indicated on the notice on the back of your stateroom door. Please carry your life jacket with you. Do not wear it, and for safety's sake, do not allow the ties to trail on the deck. The correct method of wearing a life jacket will be demonstrated at the end of muster. Please ensure that all cell phones are switched off before entering the Muster Stations. All PASSENGERS are required to carry their cruise card for the duration of the drill.

Movie: Moneyball 4:00pm

Starring: Brad Pitt, Jonah Hill Onwards

(Rated PG-13 • 2hrs. 13mins). Channel 21, Stateroom TV

Reflections Video Team 4:00pm

Look for the Reflections Video Team filming today at the onwards

Sail Away Party on the open decks.

Free Consultations (Valued at \$150)

8:00pm With your onboard Medi Spa Physician Dr Burgos.

Lotus Spa, Deck 14 Aft

4:30pm

(Approx)



Sailaway Live Lido Pool, Deck 14

4:30pm

"Sailaway Celebration"

Start your vacation with a signature cocktail, live

music and some fun & games. Treasure Hunters will win one of the featured prizes! Must

be present to win. Open Decks 14 & 15



Enchanting Evening

2 Days Only! Save an Extra 10% off your Tax and 5:00pm-Duty free purchases over \$100 (Designer Watches 11:30pm are not included). Boutiques, Deck 6 Midship.



GLBT Get-Together 5:00pm

Grill Bar, Deck 15 Fwd

Free Lotus Spa Raffle Today! 5:00pm

\$500 of FREE Spa Credit to be won!

Must be present to win! Lotus Spa, Deck 14 Aft

Dr. Bob & Bill W. Meeting 5:00pm

Wheelhouse Museum, Deck 7 Fwd

Evening Melodies with Lady Hit Trio and Magdalena 5:00pm-

Atrium, Deck 5 Midship 8:45pm

Jewish Sabbath Service 5:15pm

We invite passenger to conduct the service. All amenities

will be provided. Wedding Chapel, Deck 7

Art Gallery Open House 6:00pm-

7:00pm Join Art Director Chloe for an exclusive preview of

the Island Princess Art Collection. Art Gallery, Deck 7

6:00pm under graces Concert: U2 Vertigo (54mins.)

Lido Pool, Deck 14

Perry Phillips Trio 7:00pm-

Play for your listening and dancing pleasure. Close

Bayou Cafe, Deck 7 Aft

7:00pm mevies under greens

Captain America: The First Avenger Starring: Chris Evans, Hugo Weaving (PG-13 · 2hrs. 4mins.) Lido Pool, Deck 14

Evening Movie: Three Muskeeters 7:00pm

Starring: Logan Lerman, Matthew MacFadyen

(Rated PG-13 · 1hr. 50mins). Universe Lounge, Deck 6 Aft

7:15pm-Music and Dancing

Dance the night away to the sounds of The De Rissio 9:30pm

Quartet. Wheelhouse Bar, Deck 7 Fwd

Texas Hold'Em School 7:30pm

Learn everything you ever wanted to know about this popular game. Be the best student and win a Casino gift. Slot machines and Texas Hold'Em table are open all

night. Deck 6 Midship

7:30pm-Non Stop Dance Night 8:15pm

With Magnitude. Explorers Lounge, Deck 6 Aft

Jeopardized Trivia 8:30pm

Join the Cruise Directors Team for a chance to win a Princess prize! Explorers Lounge, Deck 6 Aft

Pianist Brad Stevens Entertains 9:00pm

An evening with all your favorite tunes. Onwards

Crooners Bar, Deck 7 Midship

Singles & Solos Ice Breaker 9:00pm

Join the Cruise Staff and meet fellow passengers traveling solo. Explorers Lounge, Deck 6 Aft

9:30pm møvies धार्मिक निर्माण

Captain America: The First Avenger Starring: Chris Evans, Hugo Weaving (PG-13 · 2hrs. 4mins.) Lido Pool, Deck 14

Welcome Aboard Show 9:30pm SHOWTIME:

Featuring: The Island Princess Singers

and Dancers, and Comedy Magician Lorenzo Clark.

MC: Cruise Director Gavin Chandler Princess Theater, Deck 7 Fwd

Evening Movie: Three Muskeeters

Starring: Logan Lerman, Matthew MacFadyen (Rated PG-13 • 1hr. 50mins). Universe Lounge, Deck 6 Aft

Music and Dancing

10:15pm-Close

Dance the night away to the sounds of The De Rissio

Quartet. Wheelhouse Bar, Deck 7 Fwd

10:15pm-Welcome Aboard Dance Party

With Magnitude. Explorers Lounge, Deck 6 Aft 11:00pm

Dance, Dance, Dance 11:00pm

To the music of DJ Love. Explorers Lounge, Deck 6 Aft

Slot Machines and Poker Table are open all night. Midnight Casino Cashier opens at 10:00am. Casino, Deck 6

Internet Café

Embarkation Special

Purchase an Internet Time Plan today and receive up to 40 additional minutes FREE!* Plus, enter Internet Café raffle for your chance to win up to 500 free minutes! *Not valid in conjunction with other promotions or benefits.

Atrium · Deck 8 Midship





Thermal Suite

Limited availability — reserve today! Lay on heated stone loungers, relax in mild aromatic steam & saunas.

Single Unlimited Pass \$139.00 Couples Unlimited Pass \$199.00

Lotus Spa · Deck 14 Aft - Ext. #14626



Art Gallery - Deck 7, Midship 6:00pm-7:00pm • Art Director: Chloe

Boutiques - Decks 6 Midship

Sailing-11:30pm · Boutiques Manager: Johnny IIL

Facets Jewelry & Watches - Decks 6 Midship Salling-11:30pm • Princess Shopping Host: Bea Kessler

Captain's Circle Membership Desk - Atrium Plaza, Deck 5

5:00pm-8:00pm · Captain's Circle Host: Barbara Cristina Zanetti

Casino - Deck 6 Fwd

1 hour after sailing · Casino Manager: Milena Jimenez

Future Cruise Sales - Atrium Lobby, Deck 5

5:00pm-7:00pm • Future Cruise Consultant: Natalie Zeppieri

Internet Café – Deck 8, Midship 1:00pm-3:30pm & 7:00pm-10:00pm • Internet Cafe Manager: Nikolay Nikolaev

Library - Deck 8 Midship 5:00pm-6:00pm

Lotus Health & Fitness - Lido Deck 14 Aft

Noon-10:00pm

Lotus Spa & Beauty Salon - Lido Deck 14 Aft

Noon-10:00pm · Spa Manager: Aretha Hunter

Medical Center - Deck 4 Midship

8:00am-9:00am & 5:00pm-6:00pm, For urgent medical attention, dial 911

Photography & Video Gallery - Deck 6 Midship

5:00pm-11:00pm · Photo-Video Manager: Cassie Swart

Sanctuary - Deck 14 Aft, Portside

1:00pm-5:30pm

This "Pocket of Tranquility" has limited space available and is on a first come first serve basis. A nominal charge of \$10 for a half day or \$20 for a full day pass.

Shore Excursions Tour Desk – Atrium Lobby, Deck 5 Midship

2:00pm-7:00pm · Shorex Manager: Michele Bosco

Youth & Teen Centers - Deck 12 Aft

1pm-3pm - Youth/Teen Open House and Registration

6pm-10pm - Youth/Teen Activities

10pm-1am - Late Night Kidsitting (Pre-bookings Requested)

(For safety and security of your children, please present a

government issued photo ID when signing out children ages 3-12)

Dining Guide - For details & reservations, dial 3463 between 8:00am and 5:00pm.

For reservation questions & concerns, Maitre d'Hotel Ignazio

D'Agostino will assist - 2pm-3:15pm, Provence Dining Room, Deck 6

Bayou Cafe and Sabatini Reservation - 11:30am- 4:15pm, outside Horizon Court, Deck 14 Fwd

	Location	Hours
Bordeaux Dining Room (Anytime)	Deck 5 Midship	7:30am-9:30am (Breakfast); Noon-1:30pm (Lunch) 5:15pm-10:00pm (Dinner)
Provence Dining Room (Traditional)	Deck 6 Midship	Early Seating 5:30pm; Late Seating 7:45pm
Sabatini's*	Deck 7 Midship	5:30pm-10:30pm
Bayou Cafe & Steakhouse*	Deck 7 Midship	5:30pm-10:30pm
Pizzeria	Deck 14 Midship	Noon-Midnight
Ice Cream Bar	Deck 14 Midship	Noon-11:00pm
The Grill	Deck 15 Midship	Noon-11:00pm
Horizon Court	Deck 14 Forward	6:00am-11:30am (Breakfast) 11:30am-3:30pm (Lunch); 3:30pm-5:30pm (Light Snack) 5:30pm-Midnight (Dinner)

Bars, Clubs & Lounges - Signature Cocktail: Mucho Mango

	Location	Hours
La Patisserie	Deck 5 Midship	6:00am till 11.00pm
Explorers Lounge	Deck 6 Aft	5:00pm onwards
Crooners	Deck 7 Midship	10:00am onwards
Wheelhouse Bar	Deck 7 Forward	4:00pm onwards
Lido Bar	Deck 14 Midship	10:00am till Midnight
Horizon Bar	Deck 14 Forward	6:00am till Midnight

*Additional charges apply. Actual meal times are subject to change. Once onboard and subject to availability, you may switch from Traditional Dining to Anytime Dining with 24 hours notice to the Maitre D'. The legal drinking age of 21 years is observed onboard and photo ID may be required. A 15% service charge is automatically added to all bar and wine bills.

Ship's Security Notice

In order to prevent unauthorized persons boarding the ship, you are required to carry your "Cruise Card" with you when going ashore. You will be asked to produce this at the gangway when you leave and return to the ship. Please ensure that you also have a Government-issued picture ID with you before leaving the ship as you may be required to show this at security checkpoints upon your return. Do not accept or bring onboard any parcels or packages from strangers. Before boarding, you may also be asked by our Security Staff to open parcels or handbags which you are carrying.

Princess Captain's Circle

Welcome back

to all Princess Cruises Captain's Circle Gold, Platinum and Elite Members! Barbara, your Princess Captain's Circle Hostess is onboard to assist you. Atrium, Deck 5

Ultimate Kids Package

Only \$7.00 per day + 15% gratuity.

Drink in the fun all day long, whether you are 2 to 102 years old! Ask your server.

Shore Excursions: Tour office hours: 2:00pm-7:00pm - Deck 5 Midship

(Please note the tour office will be closed during the General Emergency Stations Drill)

Pre-Reserved Tickets: If you pre-reserved your tours prior to your cruise, the tour tickets can be found in your stateroom upon your arrival, please check them to ensure they are correct.

To Book A Tour: There is no need to stand in line to book a tour! Simply complete the booking form and place it in the 24-hour drop box located in front of the Tour Office and the tickets will

be automatically sent to your stateroom. Please check our Tour Availability' Board outside the tour office prior to booking to avoid any

Tour Cancellation & Exchange Deadlines: Please consult the Tour Booking Form for cancellation and exchange deadlines for all ports of call. Should you wish to cancel a tour, please write "cancel" on the ticket and place in the 24hr drop box.





PrincessPatter

escape completely.

At Sea Sat. Apr. 28, 2012 · Island Princess · Tonight's dress: Formal

Weather: Today's Forecast: Partly cloudy – High: 25°C (77°F) Low: 22°C (72°F) – Sunrise 7:07am/Sunset 7:11pm
Tomorrow's Forecast: Partly cloudy – High: 26°C (79°F) Low: 24°C (75°F)

The Officer's Daily Log

Meet The Captain of Island Princess



Captain Nicoló Bommarco was born in Venice, Italy, where he graduated from nautical college.

He began his seagoing career as a Cadet Officer onboard tanker ships before joining his first passenger ship in 1984. Since 1988, Captain Bommarco has served on nearly every ship in the Princess fleet and has called at numerous ports around the world.

When he's not "driving the boat,"
Captain Bommarco enjoys
spending time with his wife
Natasha and exploring his new
home Cape Town on a Harley
Davidson.

by Captain Nicoló Bommarco

Having sailed this region many times, I'm convinced it offers some of the most enjoyable voyages you'll find anywhere. Like so many of the places Princess Cruises® visits, the Panama Canal captivates visitors with an unforgettable combination of fascinating culture and colorful history.

Atlantic Oceans were joined by a unique passageway that took nearly ten years, several nations, thousands of people and millions of dollars to construct: the Panama Canal. Today, over 13,000 ships pass through this modern marvel each year, taking a short cut that's had a lasting impact on international trade and has harmoniously brought together cultures and nations across the world.

From impressive canal locks that fill and empty with the force of gravity alone, to the distinctive history and culture of the Caribbean, South America and Central America, you'll see it all with us on Island Princess.

As Captain of the Island Princess, I'm honored to be your host and look forward to seeing you tonight dressed to the nines at the Champagne Waterfall Reception in the Atrium.

From the Navigator

Today at sea we shall parallel the Cuban coast transiting the Old Bahama Channel, the strait that separates the Great Bahama Bank and the Bahama Islands from Cuba. The Spanish colonial trade routes originally favored the Old Bahama Channel then shifted to the Straits of Florida as a safer alternative because ship captains had to pick their way through the low lying cays and shoals of the southern Bahamas.

Dress Code

During the day, sportswear and casual clothes are suggested. Guidelines from 5:30pm and throughout the evening are:

Formal: A Dinner Jacket or dark business suit for gentlemen and a full length evening gown, cocktail dress or trouser suit for ladies.

Smart Casual: An open-neck shirt and slacks for gentlemen and a dress, skirt and blouse, or trouser suit outfit for ladies.

Please be reminded that shorts, tank tops & baseball caps are not permitted in the Dining Rooms, Bayou Café and Sabatini's during dining hours.

Planet Princess

Any environmental concern you may have that cannot be addressed by the ship can be directed to our Environmental Operations Department via the Environmental Hotline or by e-mail. ENVIRONMENTAL COMPLIANCE HOTLINE, Dial CLEAN or 25326, 1-888-290-5105. https://www.carnivalcompliance.com.

Did You Know?

Princess Cruises came from the name of the first vessel first chartered from Canada in 1965 — the Princess Patricia owned by the Canadian Pacific Railroad.

Romantic Quote of the Day

"That love is all there is, is all we know of love."

- Emily Dickinson

Mark How will you escape completely?







Refreshing Morning

The Wake Show with Cruise Director Gavin & Neil 6:00am-

Channel 21, Stateroom TV 11:00am

7:00am Fabulous Abs

Aerobics Studio, Deck 14 Aft

7:30am Long & Lean Stretch

Aerobics Studio, Deck 14 Aft

8:00am Spinning Class

Aerobics Studio, Deck 14 Aft (\$12 fee applies)

Brain Waves Quiz 8:00am

Pick up your daily teasers. Library, Deck 8 Midship Onwards

9:00am

Aerobics Studio, Deck 14 Aft (\$12 fee applies)

9:00am mavies The Wake Show Lido Pool, Deck 14

under geteers **Table Tennis Tournament** 9:00am

Go for gold with the Cruise Staff. Above Lotus Pool, Deck 15

Creativity@Sea: Travel Journals (Small fee of \$5 only) 9:15am

Join the Cruise Staff for today's project.

Crooners Bar, Deck 7 Midship Panama With Love Sign-Making Contest

9:30am-Join the Video team to make a poster for the Panama Canal. Noon

Atrium, Deck 5 Midship

Introducing: Zumba™ 9:30am

It's new, fun and easy for all ages. Please wear proper

footwear & bring water. Universe Lounge, Deck 6 Aft

Introduction to Bridge Lecture 9:30am

Lecturer Dolores. Bayou Café, Deck 7 Aft

9:30am Cruise-Long Scavenger Hunt

Join the Cruise Staff for all the details. Available all day.

Library, Deck 8

Nikon Basics Photo Seminar 9:30am

Wedding Chapel, Deck 7 Midship

Art History@Sea 10:00am

500 years of art history comes to life! Botticelli to Warhol.

Explorers Lounge, Deck 6 Aft

10:00am-Sun Essentials Outpost!

1:00pm Sunscreen, sun hats, sarongs, etc. Lido Deck 14 Midship

Free Seminar: Introduction to Acupuncture with 10:00am

Licensed Acupuncturist Dean Baetzhold.

Wheelhouse Bar, Deck 7 Fwd

10:00am Go Smile - Dentist developed and clinically proven, free

consult and Shade Analysis. Salon, Deck 14 Aft

10:00am Body Sculpt Boot Camp #1

Aerobics Studio, Deck 14 Aft (nominal fee) Shuffleboard Tournament

10:00am

movies

Join the Cruise Staff for this classic cruise ship game.

Sports Deck 16 Aft, Deck 14 Aft

erece where Complimentary Gaming Lesson

Documentary: Hydrotech,

Panama Canal Lido Pool, Deck 14

10:00am

Learn how to play Roulette, Blackjack and Poker. All participants will receive a \$5 Match Play coupon.

Casino, Deck 6 Midship

10:00am- Elizabeth Arden Event:

9:00pm Join Mireille, Elizabeth Arden Consultant and enter to win

a free gift with purchase of Elizabeth Arden products.

Essence, Deck 6

International Service Clubs 10:15am

See the Cruise Staff for attendance cards. Library, Deck 8

Morning Trivia 10:30am

Test your general Knowledge with the Cruise Staff.

Explorers Lounge, Deck 6 Aft

Shopping Spotlight Show

Join Princess Shopping Host Bea for Port Maps, VIP cards, and insider shopping tips. Win a Tanzanite

Pendant Necklace! Princess Theater, Deck 7 Fwd

movies

View From the Bridge Lido Pool, Deck 14 under greens

Ancient Mysteries: Lost City of Pirates 11:00am

Channel 21, Stateroom TV

Princess Olympic Registration 11:00am

Find out all about this cruise-long sports challenge with

Walter. Sports Deck 16 Aft

11:00am Free Seminar: Look 10yrs Younger

Find Out How With Dr Burgos. Wheelhouse, Deck 7 Midship

Princess Olympics Round One - Basketball Shootout 11:15am

Sports Court, Deck 16 Aft

Free Seminar: Detox for Health & Weight Loss 11:30am

Aerobics Studio, Deck 14 Aft Sushi & Oriental Buffet 11:30am-Horizon Court, Deck 14 Fwd 2:00pm

British-Style Pub Lunch 11:30am-2:30pm Bayou Café, Deck 7 Aft

\$1000 Snowball Jackpot Bingo 11:30am

Could go in 49 numbers, plus 3 other cash prizes. Cards available from 10:30am. Universe Lounge, Deck 6 Aft

11:50am

The Transformation of Golden Princess Channel 21, Stateroom TV

Relaxing Afternoon

Bat Women of Panama 12:15pm

Channel 21, Stateroom TV

Martini Cocktail Demonstration 12:15pm

Our bartenders "Shake It Up". Atrium, Deck 5 Midship

Documentary: Modern Marvels the Panama Canal 12:15pm

(44mins). Princess Theater, Deck 7

\$60 Texas Hold'em Tournament 12:30pm

Followed by a \$1/2 no limit cash game. Casino, Deck 6

The Fads and Culture of the '50s -12:45pm

The Decade of Elvis, Hula Hoops, and 3-D Movies The Entertainment and Technology of the decade. A

delightful ride for all ages. Universe Lounge, Deck 6 Aft

Atrium Melodies with Lady Hit Trio 12:45pm-

1:30pm Atrium, Deck 5 Midship 1:00pm-Poolside with Magnitude 2:30pm Lido Deck 14 Midship

1:00pm Dolphin and Whales: Tribes of the Ocean

Channel 21, Stateroom TV

1:30pm Destination Lecture: Aruba:

Desert Island of the Caribbean - This presentation examines some of the historical as well as the

modern buildings in the city of Oranjestad.

Princess Theater, Deck 7 Fwd

(Will be recorded and aired on Channel 21 and 40)



10:00am

Chef's Table

An Evening at the Chef's Table

Join the chef for an exclusive "behind-thescenes" look at the galley and enjoy a lavish dinner, specially prepared for you. \$95 per person including wine pairing. For inquiries please call the Dine Line at 3463.



Tuxedo Rentals

It's formal night tonight!

If you have forgotten your tuxedo and want to dress up tonight, don't despair. For details contact 5000

7am-5pm · Passenger Services Desk · Deck 5



Cosmetic Facial Treatments

Volumizing skin treatments, instant lip enhancement and non-surgical brow lift. All treatments FDA-approved. Free consultation with Dr. Alejandra Burgos, Spa Physician.

Lotus Spa · Deck 14 - Ext. #14626







5:00pm

Let Princess be your Consummate Host®

Concert: Lionel Richie: Live in Paris

(52mins) Lido Pool, Deck 14

1:30pm 3:30pm 1:30pm	Bridge Play Lecturer Dolores. Sabatini's, Deck 7 Aft Cruise Long Event - The Longest Drive Competition Golf Simulator, Deck 15 Midship
1:45pm	Gavin Macleod Biography Channel 21, Stateroom TV
2:00pm	Gemstones Around the World Event Enter to Win a Free Tanzanite Pendant. Explorers Lounge, Deck 6 Aft Crew's Choice
2:00pm	Free Seminar: Relieving Back Pain & Walking In Comfort Free Footprint Analysis for all who attend. Aerobics Studio, Deck 14 aft
2:00pm	Free Seminar: Introduction to Acupuncture With Licensed Acupuncturist Dean Baetzhold. Wheelhouse Bar, Deck 7 Fwd
2:00pm	Texas Hold'Em Players Meet for a \$1/\$2 no limit cash game. Casino, Deck 6
2:30pm	Ballroom Blitz: Merengue Callie teaches this fun and easy dance to learn. Universe Lounge, Deck 6 Aft
2:30pm	Veterans Get-Together Crooners Bar, Deck 7 Midship
2:30pm	Golf Chipping in the Pool With the Cruise Staff, Lido Deck 14 Midship
2:40pm	Panama Canal (Telly Awards Winner) Channel 21, Stateroom TV
3:00pm	Movie: Dolphin Tale Starring: Morgan Freeman (PG-13 • 1hr. 52mins) Lido Pool, Deck 14
3:00pm- 5:00pm	On Deck for the Cure Susan G. Komen (Sign up only) Join us in the fight against Breast Cancer with a 5k at the end of the cruise. Donations receive a souvenir baseball cap! Library, Deck 8
3:00pm	Special: True Caribbean Pirates (1hr. 15mins.) Channel 21, Stateroom TV
3:30pm	Special Interest Lecture: Crossing The Atlantic Series from Columbus to Ocean Liners - How Did They Do It? Princess Theater, Deck 7 Fwd
3:30pm	Jacqueline Kennedy Event! Learn all about the exquisite jewelry worn by Jacqueline Kennedy. Wedding Chapel, Deck 7
3:30pm- 4:30pm 4:00pm	Afternoon Tea Bordeaux Dining Room, Deck 5 Midship Pilates
4:15pm	Aerobics Studio, Deck 14 Aft (\$12 fee applies) Modern Marvels: Panama Canal
4:15pm	(44mins.) Channel 21, Stateroom TV Afternoon Trivia Fun with the Cruise Staff. Explorers Lounge, Deck 6 Aft
Ench	anting Evening

	anda Megala
5:15pm	GLBT Get-Together
6:00pm	Crooner's Bar, Deck 7 Midship Chillax Relaxation Class
25/45/20	Aerobics Studio, Deck 14 Aft
6:00pm	No Smoking Night The Casino is a no smoking area tonight. Casino, Deck 6
6:45pm	XBOX Kinnect Dance Join the Cruise Staff. Explorers Lounge, Deck 6 Aft
7:00pm	Movie: New Year's Eve Starring: Robert De Niro, Ashton Kutcher (PG-13 • 1hr. 58mins.) Lido Deck 14
7:00pm- 7:45pm	Captain's Welcome Aboard Party Atrium Plaza, Decks 5, 6, 7 & 8 Midship
7:00pm- Close	Enjoy the Jazz Sounds of Perry Phillips Trio Bayou & Bar Café, Deck 7 Aft Crew's Choice
7:00pm & 11:00pm 7:30pm- 8:15pm 8:00pm	Texas Hold'em Players Meet for a \$1/\$2 no limit cash game. Casino, Deck 6 Dance the Night Away with The De Rissio Quartet Wheelhouse Bar, Deck 7 Fwd XBOX Kinnect Dance Join the Cruise Staff. Explorers Lounge, Deck 6 Aft
8:00pm	SHOWTIME: Comedy Juggler: Matt Henry Universe Lounge, Deck 6 Aft (Repeated tomorrow at 8:00pm & 10:00pm)
8:15pm	SHOWTIME: Production Show: Piano Man (Tonight Only) Princess Theater, Deck 7
8:15pm- 9:15pm	Enjoy Ballroom Dance Music Explorers Lounge, Deck 6 Aft
9:00pm- Onwards	Brad Stevens Entertains at the Piano Crooners Bar, Deck 7 Midship Crew's Choice
9:00pm- Close 9:30pm	Dance the Night Away with The De Rissio Quartet Wheelhouse Bar, Deck 7 Fwd Princess Popstar Karaoke Join the Cruise Staff. (Sign-up at 10:15pm) 18+ Explorers Lounge, Deck 6 Aft
9:30pm	NBA Playoff Dallas Mavericks vs. Oklahoma City Thunder (Satelite Permitting) Lido Deck 14
9:45pm	The Marriage Game Show How well do you know your spouse? Join us for this hilarious gameshow and find out. Sign up at 9:30pm. (PG-13) Universe Lounge, Deck 6 Aft
10:00pm	SHOWTIME: Production Show: Piano Man (Tonight Only) Princess Theater, Deck 7

Enchanting Evening

Evening Melodies with our Ship's Musicians Atrium, Deck 5 Midship 5:00pm-

8:00pm Formal Portraits Night 5:00pm-

Photographers will be there for this once in a lifetime 10:30pm

event! Atrium, Decks 5, 6 & 7 Midship

Dr. Bob & Bill W. Meeting Wedding Chapel, Deck 7 Midship 5:00pm

Destination Lecture: Aruba 5:00pm Onwards Channel 21, Stateroom TV

Captain's Welcome Aboard Party

Meet Captain Nicoló Bommarco and his Senior Officers. Pose for a picture with the Champagne Waterfall. Enjoy complimentary champagne, mimosas and orange juice.

Atrium, Decks 5, 6, 7 & 8 · 7:00pm-7:45pm



The Island Princess Singers & Dancers 8:15pm & 10:00pm · Princess Theater, Deck 7 (Repeated tomorrow at 9:30pm) (No reservation of seats please)

Formal Portraits Tonight

Wild Bunch Party with Magnitude & The Cruise Staff

Six specialty backgrounds to choose from!

Midnight Slot Machines & Texas Hold'Em Are Open All Night

10:15pm- Dancing With Magnitude

Midnight

11:15pm

Midnight Onward

Explorers Lounge, Deck 6 Aft

Explorers Lounge, Deck 6 Aft

Explorers Lounge, Deck 6 Aft

Dance the Night Away with DJ Love

Throughout the Atrium Decks 5, 6, 7 Open from 5pm - 10:30pm





Art Gallery - Deck 7, Midship

7:30pm-8:30pm · Art Director: Chloe Mahtani

Boutiques - Decks 6 Midship

9:00am to 11:30pm · Boutiques Manager: Johnny IIL

Facets Jewelry & Watches - Deck 6 Midship

9:00am to 11:30pm

Princess Shopping Host: Bea Kessler • 11:30am-12:30pm & 3:00pm-5:00pm

Casino - Deck 6

Cash Desk 10:00am, Tables Noon · Casino Manager: Milena Jimenez

Captain's Circle Membership Desk - Atrium Plaza, Deck 5

9:00am-11:00am & 4:00pm-6:00pm · Captain's Circle Host: Barbara Zanetti

Cyber Golf Simulator - Deck 15 Midship

To book an appointment call 8403 during library hours - all sea days. (24 hrs notice required & Fees Apply)

Fresh Flowers - Deck 6 Midship

10:00am-Noon & 4:00pm-6:00pm (Deck 6 Midship) • Florist: Neil Sagum

Future Cruise Sales - Atrium Lobby, Deck 5 Midship

9:00am-12:30pm & 3:00pm-7:00pm • Future Cruise Consultant: Natalie Zeppieri

Internet Café - Deck 8, Midship

9am-Noon, 1pm-4pm & 7:30pm-10:30pm

Internet Manager: Nikolay Nikolaev

Library - Deck 8 Midship

9:00am-Noon & 3:00pm-5:00pm

Lotus Spa Health & Fitness Center - Lido Deck 14, Aft 6:00am-10:00pm

Lotus Spa & Beauty Salon - Lido Deck 14, Aft

8:00am-8:00pm · Spa Manager: Aretha Hunter

Medical Center - Deck 4 Midship

9:00am-11:00am & 4:30pm-6:30pm, For urgent medical attention, dial 911

Photography & Video Gallery - Deck 6 Midship

9:00am-3:00pm · Photo-Video Manager: Cassie Swart

Sanctuary - Deck 14 Aft, Portside

8:00am-6:00pm

This "Pocket of Tranquility" has limited space available and is on a first come first serve basis. A nominal charge of \$10 for a half day or \$20 for a full day pass.

Shore Excursions Tour Desk - Atrium Lobby, Deck 5 Midship

8:30am-Noon & 2:00pm-5:00pm · Shorex Manager: Michele Bosco

Youth & Teen Centers - Deck 12 Aft

9am-Noon, 1pm-5pm & 6pm-10pm - Youth/Teen Activities 10pm-1am - Late Night Kidsitting (Pre-bookings Requested)

Dining Guide

	Location	Hours
Bordeaux Dining Room (Anytime)	Deck 5 Midship	7:30am-9:30am (Breakfast); Noon-1:30pm (Lunch) 3:30pm-4:30pm (Tea) 5:30pm-10pm (Anytime Dinner)
Provence Dining Room (Traditional)	Deck 6 Midship	Early Seating 5:30pm; Late Seating 7:45pm
Sabatini's*	Deck 7 Midship	5:30pm-10:30pm
Bayou Cafe & Steakhouse*	Deck 7 Midship	5:30pm-10:30pm
Pizzeria	Deck 14 Midship	11:00am-Midnight
Ice Cream Bar	Deck 14 Midship	11:00am-11:00pm
The Grill	Deck 15 Midship	11:00am-11:00pm
Horizon Court	Deck 14 Forward	5:00am-11:30am (Breakfast) 11:30am-3:30pm (Lunch) 3:30pm-5:30pm (Light Snack) 5:30pm-Midnight (Dinner)

Bars, Clubs & Lounges - Signature Cocktail: Ultimate Cooler

	Location	Hours
La Patisserie	Deck 5 Midship	7:00am till 11:00pm
Explorers Lounge	Deck 6 Aft	5:00pm onwards
Crooners	Deck 7 Midship	10:00am onwards
Wheelhouse Bar	Deck 7 Forward	4:00pm onwards
Bayou Cafe	Deck 7 Aft	6:00pm onwards
Horizon Bar	Deck 14 Forward	6:00am till Midnight

"Additional charges apply. Actual meal times are subject to change. Once onboard and subject to availability, you may switch from Traditional Dining to Anytime Dining with 24 hours notice to the Maitre D'. The legal drinking age of 21 years is observed onboard and photo ID may be required. A 15% service charge is automatically added to all bar and wine bills.

Internet Café

Need to check your email?

Stay in touch with family and friends, or check in on your favorite interests with 24-hour Internet access.

Atrium · Deck 8 Midship

Future Cruise Sales

Get an up to \$300 per stateroom onboard credit on your next cruise — even if you haven't decided where to go next. Stop by the Future Cruise Sales office for details.

Atrium • Deck 5

Coffee Card Package

Save 20% when you purchase a card from any of our bar locations. \$29 + 15% gratuity for 15 cappuccinos, espressos, lattes and mochas. Ask your server.

Shore Excursions: Tour office hours: 8:30am-Noon & 2:00pm-5:00pm - Atrium Lobby, Deck 5

Tickets are selling fast! Get priority when booking your tours through the 24-hour drop box. Simply complete a Tour Order Form with your name, stateroom number and signature. Before placing your form in the 24-hour Drop Box, check the Availability notice board — requests for sold out tours will be waitlisted in the order requests are received. Tickets will be delivered directly to your stateroom. No need to wait in line!

Tours for Aruba, Cartagena, Fuerte Amador, Puntarenas and Los Angeles are available on a first-come, first-served basis. Soak on beautiful Palm Beach in Aruba or visit the the Spanish Inquisition Museum in the Old City of Cartagena. Walk the streets of Old Panama City or take a rafting trip down the Corobici River in Puntarenas.

Perhaps top your cruise with the stroll along the Walk of Fame in the City of Angels.





PrincessPatter

escape completely.

At Sea Sun. Apr. 29, 2012 · Island Princess · Tonight's dress: smart casual

Weather: Today's Forecast: Partly cloudy – High: 26°C (79°F) Low: 24°C (75°F) – Sunrise 6:41am/Sunset 7:21pm Tomorrow's Forecast: Partly cloudy – High: 26°C (79°F) Low: 24°C (75°F)

The Officer's Daily Log

Meet Cruise Director Gavin Chandler



Born in London, England, Gavin Chandler has always had a passion for travel. At just 19, he worked in hotels throughout France and Spain. Seeking to explore more of the world, Gavin began his shipboard career in 1995, joining Princess Cruises as an Assistant Cruise Director soon after.

During vacations, Gavin enjoys trying to complete his wife's "Honey Do List" alongside his German Shepherds, Harley and Peace, and his son, Chayce. He also plays the occasional game of golf at his home course in California.

by Cruise Director Gavin Chandler

I like to think I've got one of the greatest jobs on board Island Princess®. Fun is my personal responsibility. And helping you have more of it is what I do all day.

As we continue sailing southeast through the Pacific Ocean on our way to Aruba, I urge you to spend some time on deck. Take in the fresh ocean breeze and allow the calming waves to lull you into a peaceful state of relaxation. When you're ready to dive into our onboard activities, you'll find a variety of enriching and entertaining options to suit your every mood.

Never get enough time to read for pleasure? Then visit our extensive on board library to check out books on topics ranging from natural history to sports to biographies. Indulge in an exquisite spa treatment or treat yourself to a massage in the Lotus Spa®. You can even gaze at the incredible works of art in our Art Gallery, and take note of any pieces you might like to bid on at our onboard auctions!

I'd also like to call your attention to the activities that make our ship one of the most entertaining spots on the water. Throughout our voyage, the Atrium is alive with the excitement of music and other attractions. Cinema fans can thrill to Movies Under the Stars®, including tonight's feature, Mission Impossible. If you love the stage, our production of Piano Man is appearing in the Princess Theater, and our Princess Pop Star competition can put you in the spotlight yourself. Be sure to check the Patter or tune into Channel 21 for The Wake Show in the morning to get the latest on all our planned activities.

From the Navigator

After having rounded Punta Maisi, the most easterly point of Cuba last night we entered the Windward Passage, which is the strait dividing Cuba from Hispaniola Island. We then altered to Southeast early this morning and will maintain the same Southeasterly course across the Caribbean Sea, parts of which are more than 15000 feet deep.

Public Health Reminder

To help maintain a healthy environment, please wash your hands frequently and thoroughly with soap for at least 20 seconds, and rinse them well. We strongly recommend that you follow this procedure each time you use the restroom, after coughing or sneezing and before eating, drinking or smoking. Avoid touching your mouth. We also encourage you to use your private toilet facilities and not the public toilet unless absolutely necessary.

Swimming Pool Safety Notice

Please do not use glasses around the pool area. In the event that an accident occurs, the swimming pool will have to be closed for 24 hours in order to clean and refill. Plastic glasses are available at the bar.

Did You Know?

The Princess Cruises seawitch logo first debuted in 1967. Prior to that, the Princess logo was a character with a sombrero painted on the stack due to Mexicofocused itineraries.

Romantic Quote of the Day

"To be in love is to surpass oneself."

- Oscar Wilde

Mark How will you escape completely°?



11:00am





Refreshing Morning

The Wake Show with Cruise Director Gavin and Neil

11:00am Channel 21, Stateroom TV

Fabulous Abs 7:00am

Aerobics Studio, Deck 14 Aft

Long & Lean Stretch 7:30am Aerobics Studio, Deck 14 Aft

Brain Waves Quiz 8:00am

Pick up your daily teasers. Library, Deck 8 Midship Onwards

Spinning Class 8:00am

Aerobics Studio, Deck 14 Aft (\$12 fee applies) Interdenominational Church Service

Conducted by Marcus and Callie. Universe Lounge, Deck 6

Holiday Store at Sea! Gifts for Only \$10.00 9:00am-Noon

Watches, Jewelry, Evening Bags, Ties & More, 3 Hours Only. Provence Dining Room Deck 6

9:00am

8:45am

Aerobics Studio, Deck 14 Aft (\$12 fee applies)

9-00am-10:00am साराज्य क्रिकार

The Wake Show Lido Pool, Deck 14

9:30am-

"Panama With Love" Sign Making Contest Join the Video team to make a poster for the Panama Canal. Noon

Atrium, Deck 5 Midship

9:30am

Bridge Lecture
With Lecturer Dolores. Bayou Café, Deck 7 Aft

Shuffleboard Tournament 9:30am

Join the Cruise Staff for this classic cruise ship game

Sports Deck 16 Aft

Zumba™ - Join Laura for this fun and exciting 9:30am

dance class. Please wear proper footwear. Universe Lounge, Deck 6 Aft

Free Seminar: No More Bad Hair Days Lotus Spa, Deck 14 Aft 10:00am

Body Sculpt Boot Camp #2 10:00am

Aerobics Studio, Deck 14 Aft (nominal fee)

Free Seminar: Arthritis and Back Pain Solutions 10:00am

Wheelhouse Bar, Deck 7 Fwd

Modern Marvels: Panama Canal 10:00am movies

Lido Pool, Deck 14

Makeover Event: 5 Minutes to Smokey Eyes 10:00am

Learn some tips to get a quick and fabulous look. Meridian Bay, Boutiques, Deck 6

Doubles Table Tennis 10:00am

Join the Cruise Staff and go for gold.

Above Lotus Pool, Deck 15

10:30am

Destination Lecture: Cartagena: Fortress City of the Spanish Main -This presentation looks at the Spanish legacy entrenched in this great city from the walled enclaves of Old Town and lits architecture to the control of the control massive Fortress of San Felipe de Barajas. With

Lecturer Ken Williams.Princess Theater, Deck 7 Fwd

(will be recorded and aired on channel 40 and 21)

Texas Hold'Em Tournament 10:30am

Followed by \$1/\$2 no limit cash game. Casino, Deck 6

Fruit & Vegetable Carving and Floral Demonstration 10:30am

Atrium, Deck 5 Midship Trivia Challenge

10:30am Join the Cruise Staff. Universe Lounge, Deck 6 Aft

10:45am



View From the Bridge Lido Pool, Deck 14

Canasta Play 11:00am

Join your fellow passengers. Bayou Cafe, Deck 7 aft

Princess Olympics: Table Tennis 11:00am

Above Lotus Pool, Deck 15

Free Seminar: How to Increase Your Metabolism 11:00am

Aerobics Studio, Deck 14 aft

11:00am Hydrotech, Panama Canal Channel 21, Stateroom TV

Nikon Advance Photo Seminar 11:00am

Wedding Chapel, Deck 7 Midship Provenance Emeralds Seminar Event

Meet James Hopkins from Provenance and learn about

the rich history of Emeralds. Wheelhouse Bar, Deck 7 Fwd

11:15am

Creativity@Sea: Origami With the Cruise Staff, Crooners Bar, Deck 7 Midship

11:30am \$1100 Snowball Jackpot Bingo Could go in 50 numbers, plus 3 other cash prizes. Cards available from 10:30am. Universe Lounge, Deck 6 Aft

11:30am-Pasta Trolley

2:00pm Horizon Court, Deck 14 Fwd

The Transformation of Golden Princess 11:50am

Channel 21, Stateroom TV

Relaxing Afternoon

Singles & Solos Luncheon Noon

Would you like company for lunch? Crooners Bar, Deck 7

Cruise Long - Longest Drive Competition Noon Join Cruise Staff Adam for the challenge.

Golf Simulator, Deck 15

Bat Women of Panama 12:15pm Channel 21, Stateroom TV

\$20 Slot Tournament - Champion Wins \$500 12:30pm-

3:00pm Only \$20 to enter. Purchase your tickets from Cashier.

Casino, Deck 6 Midship

Bar Wars - Battle of the Sexes 12:30pm

Who makes the best cocktails... Men or Women?

Poolside, Lido Pool, Deck 14

Movie: War Horse 12:30pm

Starring: Jeremy Irvine, Peter Mullan (PG-13 • 2hrs. 27mins.) Princess Theater, Deck 7 Fwd

12:45pm-Piano Melodies with Magdalena

1:30pm Atrium, Deck 5 Midship

Ladies of the P.E.O. 1:00pm

Come and meet women helping women reach for the stars.

Crooners, Deck 7 Midship

Uka Play 1:00pm

Join your fellow passengers. Bayou Cafe, Deck 7 aft

Sharks 1:00pm

2:00pm-

Channel 21, Stateroom TV Special Interest Lecture:

1:00pm

Americas Journey to the Moon With lecturer Michael Raick. Universe Lounge, Deck 6 Aft

Poolside Melodies With Magnitude 1:00pm-

2:00pm Poolside, Lido Pool, Deck 14 1:30pm

Champagne Art Auction Extravaganza Enter Free Early Bird Raffle to win!

12:30pm Preview, Explorers Lounge, Deck 6 Aft

The Real Pirates of The Caribbean 1:45pm

(45mins.) Channel 21, Stateroom TV

Bridge Play

4:00pm Lecturer Dolores. Sabatini's, Deck 7 Aft

Sabatini's™

Enjoy authentic Italian specialties, now featuring a new à la carte menu with delectable additions. A \$20 cover charge applies.

Buon Appetito!

5:30pm to 10:30pm · Deck 7 Midship





Ionithermie Super Detox

Lose up to 1-8 inches in just one session with Europe's leading detoxification treatment. Suitable for both men & women. Get the body you have always wanted! Only \$129

Lotus Spa • Deck 14 - Ext. #14626







Let Princess be your Consummate Host®

2:00pm	Time Piece Event The history of watches including trends and tips that will help you find the right watch. Facets, Deck 6 Midship	5:00pm- 8:45pm 5:00pm	Evening Melodies with Lady Hit Trio and Magdalena Atrium, Deck 5 Midship Friends of Dr. Bob & Bill W. Meeting
2:00pm	Free Seminar: Secret to a Flatter Stomach Aerobics Studio, Deck 14 Aft	5:00pm-	Wedding Chapel, Deck 7 Fwd Destination Lecture: Cartagena
2:00pm	Line Dance Mania With your Cruise Staff, Universe Lounge, Deck 6 Aft	10:00pm 6:00pm	Chillax Relaxation Class
2:00pm	Water Volleyball: Fun in the Sun Join the Cruise Staff. Lido Pool, Deck 14	6:00pm-	
2:00pm	Texas Hold'Em Players Meet for a \$1/\$2 no limit cash game. Casino, Deck 6	10:00pm	A fun and contemporary alternative to traditional portraits. Deck 6 Midship
2:00pm	Dominos Join your fellow passengers. Card Room, Deck 8 Midship	6:30pm	Movie: The Descendants Starring: George Clooney, Shailene Woodley (Rated R• 1hr. 55mins.) Princess Theater, Deck 7 Fwd
2:15pm	Goofy Golf Putting With your Cruise Staff. Atrium, Deck 5 Midship	6:45pm	Name That 60's Song Trivia With DJ Love. Explorers Lounge, Deck 6 Aft
2:30pm	Showtime (33mins.) Channel 21, Stateroom TV	7:00pm- Close	Classic Standards with Perry Phillips Trio Bayou & Bar Café, Deck 7 Aft
3:00pm	Princess Pop Choir - The Rehearsal Join "Princess Pop Choir" - the Island's version of "Glee" and "The Choir". Bring your voices and get ready to sing	7:00pm	Movie: Mission Impossible Starring: Tom Cruise, Jeremy Renner (PG-13 · 2hrs. 13mins.) Lido Deck 14
	in a performance at the end of the cruise. Bayou Café, Deck 7 Aft Crews Choice	7:00pm	Texas Hold'Em Players Meet for a \$1/\$2 no limit cash game. Casino, Deck 6
3:00pm	Pilots and Aviators Get-Together Crooners Bar, Deck 7 Midship	7:30pm- 8:15pm	Dancing With Luciana De Rissio Wheelhouse Bar, Deck 7
3:00pm	Basketball Shootout 3 on 3 Go for gold with the Cruise Staff. Center Court, Deck 16 Aft	8:00pm	SHOWTIME: Comedy Magician: Lorenzo Clark Universe Lounge, Deck 6 Aft (Final Repeat Performance)
3:00pm	Free Seminar: Facelift In 45 minutes with Dr. Burgos Wheelhouse Bar, Deck 7 Fwd	8:00pm	Name That 60's Song Trivia With DJ Love, Explorers Lounge, Deck 6 Aft Crev
3:00pm	Sommelier's Wine Club A unique wine seminar & tasting, presented by your	0.20	
	Sommelier. Featuring premium wines from our cellar. \$25 per person. Provence Dining Room, Deck 6	8:30pm- 9:15pm 9:00pm-	Explorers Lounge, Deck 6 Aft Hot Seat Winner - Random players receive a
3:00pm	Movie: RIO Jesse Eisenberg, Anne Hathaway (Rated G • 1hr. 36mins.) Lido Deck 14	11:00pm 9:00pm	
3:00pm	Special Interest Lecture: Crossing The Atlantic Series From Hurricanes To Planes: From Katrina to the Concorde	9:00pm-	Late Dancing With Luciana De Rissio Wheelhouse Bar, Deck 7 Fwd
	A continuation of the story. With Lecturer Gary Shahan. Universe Lounge, Deck 6 Aft	9:30pm	SHOWTIME: Production Show: Piano Man (Final Repeat Performance)
3:05pm	Deep Sea Detectives (45mins.) Channel 21, Stateroom TV	0.00	Princess Theater, Deck 7 Fwd
3:30pm- 4:30pm	Afternoon Tea Bordeaux Dining Room, Deck 5	9:30pm	Majority Rules Game Show Join the Cruise Staff for this fun challenge where no answer is wrong! Explorers Lounge, Deck 6 Aft
3:50pm	Charlie Chan in Panama (Ihr. 18mins.) Channel 21, Stateroom TV	9:45pm	Movie: Mission Impossible
4:00pm	Aerobics Studio, Deck 14 Aft (\$12 fee applies)		Starring: Tom Cruise, Jeremy Renner (PG-13 · 2hrs. 13mins.) Lido Deck 14
4:15pm	\$1200 Snowball Jackpot Bingo Could go in 50 numbers, plus 3 other cash prizes. Cards available from 3:15pm. Universe Lounge, Deck 6 Aft	10:00pm	SHOWTIME: Comedy Magician: Lorenzo Clark Universe Lounge, Deck 6 Aft (Final Repeat Performance)
4:30pm	Book Club: "The Confession" by John Grisham Pick up a copy from the library and share in a discussion at the end of the cruise over tea. (limited copies available)	Onwards 10:15pm-	The Wake Show Channel 21, Stateroom TV Dancing With Magnitude Explorers Lounge, Deck 6 Aft
4:30pm	Library, Deck 8 Midship Afternoon Trivia	11:00pm	
	With the Cruise Staff. Explorers Lounge, Deck 6 Aft nanting Evening	11:00pm	Movie: The Descendants Starring: George Clooney, Shailene Woodley
4:45pm	Concert: Paul McCartney (58mins.) Lido Deck 14	Midnight- Close	(Rated R • 1hr. 55mins.) Princess Theater, Deck 7 Fwd Dancing Continues with DJ Love Explorers Lounge, Deck 6 Aft

\$\$\$ Princess Casino

Slot Tournament Today

You just have to hit that button for your chance to win cash and prizes! Tickets available now at the Casino Cashier.

Casino · Deck 6 Midship



The Island Princess Singers & Dancers 9:30pm · Princess Theater, Deck 7 Fwd (Final Repeat Performance) (No reservation of seats please)



Fine Arts

Champagne Art Auction Today!

Free art raffle and complimentary champagne! Don't miss tomorrow's fun, informal and informative auction. Art Director - Chloe Mahtani Auction (1:30pm) Preview (12:30pm) Explorers Lounge, Deck 6



Art Gallery - Deck 7, Midship

7:30pm-8:30pm · Art Director: Chloe Mahtani

Boutiques - Decks 6 Midship

9:00am-11:30pm · Boutiques Manager: Johnny IIL

Facets Jewelry & Watches - Deck 6 Midship

9:00am-11:30pm

Princess Shopping Host: Bea Kessler • 3:00pm - 4:30pm & 7:30pm - 8:30pm

Casino - Deck 6

Cash Desk 10:00am, Tables Noon · Casino Manager: Milena Jimenez

Captain's Circle Membership Desk - Atrium Plaza, Deck 5

3:00pm-6:00pm · Captain's Circle Host: Barbara Zanetti

Cyber Golf Simulator - Deck 15 Midship

To book an appointment call 8403 during library hours - all sea days. (24 hrs notice required & Fees Apply)

Fresh Flowers - Deck 6 Midship

10:00am-Noon & 4:00pm-6:00pm (Deck 6 Midship) • Florist: Neil Sagum

Future Cruise Sales - Atrium Lobby, Deck 5 Midship

9:00am-11:00am & 3:00pm-7:00pm · Future Cruise Consultant: Natalie Zeppieri Internet Café — Deck 8, Midship

9am-Noon, 1pm-4pm & 7:30pm-10:30pm • Internet Manager: Nikolay Nikolaev

Library - Deck 8 Midship

9:00am-Noon & 3:00pm-5:00pm

Lotus Spa Health & Fitness Center - Lido Deck 14, Aft 6:00am-10:00pm

Lotus Spa & Beauty Salon - Lido Deck 14, Aft

8:00am-8:00pm · Spa Manager: Aretha Hunter

Medical Center - Deck 4 Midship

9:00am-11:00am & 4:30pm-6:30pm, For urgent medical attention, dial 911

Photography & Video Gallery - Deck 6 Midship

9:00am-11:00pm · Photo-Video Manager: Cassie Swart

Sanctuary - Deck 14 Aft, Portside

8:00am-6:00pm

This "Pocket of Tranquility" has limited space available and is on a first come first serve basis. A nominal charge of \$10 for a half day or \$20 for a full day pass.

Shore Excursions Tour Desk - Atrium Lobby, Deck 5 Midship

8:30am-Noon & 3:00pm-6:00pm · Shorex Manager: Michele Bosco

Youth & Teen Centers - Deck 12 Aft

9am-Noon, 1pm-5pm & 6pm-10pm - Youth/Teen Activities 10pm-1am - Late Night Kidsitting (Pre-bookings Requested)

Dining Guide

	Location	Hours
Bordeaux Dining Room (Anytime)	Deck 5 Midship	7:30am-9:30am (Breakfast); Noon-1:30pm (Lunch) 3:30pm-4:30pm (Tea) 5:30pm-10pm (Anytime Dinner)
Provence Dining Room (Traditional)	Deck 6 Midship	Early Seating 5:30pm; Late Seating 7:45pm
Sabatini's*	Deck 7 Midship	5:30pm-10:30pm
Bayou Cafe & Steakhouse*	Deck 7 Midship	5:30pm-10:30pm
Pizzeria	Deck 14 Midship	11:00am-Midnight
Ice Cream Bar	Deck 14 Midship	11:00am-11:00pm
The Grill	Deck 15 Midship	11:00am-11:00pm
Horizon Court	Deck 14 Forward	5:00am-11:30am (Breakfast) 11:30am-3:30pm (Lunch) 3:30pm-5:30pm (Light Snack) 5:30pm-Midnight (Dinner)

Bars, Clubs & Lounges - Signature Cocktail: West Indies Yellow Bird

	Location	Hours
La Patisserie	Deck 5 Midship	7:00am till 11:00pm
Explorers Lounge	Deck 6 Aft	5:00pm onwards
Crooners	Deck 7 Midship	10:00am onwards
Wheelhouse Bar	Deck 7 Forward	4:00pm onwards
Bayou Cafe	Deck 7 Aft	6:00pm onwards
Horizon Bar	Deck 14 Forward	6:00am till Midnight

*Additional charges apply. Actual meal times are subject to change. Once onboard and subject to availability, you may switch from Traditional Dining to Anytime Dining with 24 hours notice to the Maitre D'. The legal drinking age of 21 years is observed onboard and photo ID may be required. A 15% service charge is automatically added to all bar and wine bills.

Internet Café

Wi-Fi Available

Enjoy wireless Internet access right from your laptop or ours. See the Internet Café Manager for details and important instructions. Atrium • Deck 8 Midship

Photo & Video Gallery

Special Wall Print Offer

Great selection of size and framing options available.
Great for Portraits!

Photo & Video Gallery · Deck 6

Fresh Flowers

Send something special this cruise from our onboard florist.

Look for the fresh flower display today.

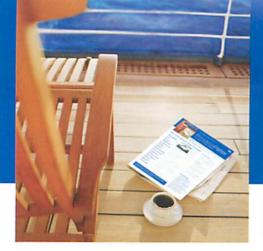
, 10am-Noon & 4pm-6pm Deck 6 Midship

Shore Excursions: Tour office hours: 8:30am-Noon & 3:00pm-6:00pm - Atrium Lobby, Deck 5

Tickets are selling fast! Get priority when booking your tours through the 24-hour drop box. Simply complete a Tour Order Form with your name, stateroom number and signature. Before placing your form in the 24-hour Drop Box, check the Availability Board, which is located outside of the Tour Office — requests for sold out tours will be waitlisted in the order requests are received. Tickets will be delivered directly to your stateroom. No need to wait in line!

Cancellations & exchanges for Aruba close at 11:00am today, Sunday 29th April.

Additional bookings can be made after this time, however are subject to availability.





PrincessPatter

escape completely.

Aruba Mon. Apr. 30, 2012 · Island Princess · Tonight's dress: smart casual

Weather: Today's Forecast: Cloudy, chances of rain – High: 27°C (81° F) Low: 26°C (79° F) – Sunrise 6:20am/Sunset 6:55pm Tomorrow's Forecast: Weather: Cloudy, rain – High: 28°C (82° F) Low: 25°C (77°F)

The Officer's Daily Log

Meet Shorex Manager Michele Bosco



Michele Bosco was born in Lecco, Italy, where he often dreamed of traveling the world.

After spending time in the hotel business, Michele pursued his dreams by joining the Princess Cruises family as a Junior Assistant Purser in 1997. Since then he has worked on 15 Princess ships and has sailed around the globe, from Alaska to French Polynesia to Russia.

When Michele is on vacation, he likes to revisit many of the destinations he's seen by ship and catches up on reading.

by Shorex Manager Michele Bosco

Arranging adventures onshore at our many ports of call means I've had lots of opportunity to learn about the things people find most fascinating during their visits. My office near the Passenger Services Desk is an excellent place to get advice on possible sightseeing destinations and activities—and of course to arrange any shore excursions that can still be booked at a port we're visiting, or those remaining on our cruise. Whether you're looking for a vigorous hiking adventure or a comfortable motorcoach tour, I am here to help.

Calling at Aruba, you'll find there's a lot more to see and do besides stretch out on the beach. Get up close and personal with the world's largest birds at the Aruba Ostrich Farm, a truly unique experience! Arikok National Park features a desert-like environment that's home to wild donkeys, iguanas and several types of cacti, just waiting for you to snap their pictures. Or, you can have the underwater adventure of your lifetime by boarding a submarine or snorkeling in the Caribbean Sea, teeming with brilliantly-colored tropical fish.

For information on shore excursions that may still be available in Aruba, please check with my staff at the Princess Theater this morning. I also can help you plan your day at our other ports of call on this voyage, Cartagena, Fuerte Amador and Puntarenas. I look forward to helping make your time ashore as memorable as your experience at sea on Island Princess.

From the Navigator

The coastline was just visible early this morning when we approached Oranjestad, capital and largest city of Aruba. The harbor area is defined by a reef just 200 meters off the shore line and this forms a natural narrow entrance to the bay. In the early afternoon we will thrust off the berth and take a sharp turn to starboard to clear the reef. Soon after we will set a westerly heading towards the Colombian coasts.

Ship's Security Notice

In order to prevent unauthorized persons boarding the ship, you are required to carry your "Cruise Card" with you when going ashore. You will be asked to produce this at the gangway when you leave and return to the ship. Please ensure that you also have a Government-issued picture ID with you before leaving the ship as you may be required to show this at security checkpoints upon your return. Do not accept or bring onboard any parcels or packages from strangers. Before boarding, you may also be asked by our Security Staff to open parcels or handbags which you are carrying.

Illegal Substance Warning

We wish to caution passengers that when ashore, drugs are available and frequently offered for sale. Please do not be coerced into purchasing these substances as in most cases you will be caught. Princess Cruises has a zero tolerance policy with regard to the unlawful possession of drugs and any passenger violating this policy will be immediately disembarked from the vessel. Local law enforcement agencies have become especially vigilant in their efforts to eradicate both drug abuse and trafficking and these have included subjecting passengers to a physical search on return to the ship. Should a passenger be disembarked for illegally possessing drugs, Princess is unable to offer any assistance in dealing with the local authorities or making homeward travel arrangements.

Time Change – Ship's clock will be set one hour back at 2:00am between Monday night, April 30th and Tuesday morning, May 1st.

For assistance shoreside, Armada Port Agency J E Yrausquin Blvd 14 Oranjestad, Aruba, Dutch Caribbean Tel. 297 582 5447 Security Information: Embassy U.S. Consulate in Aruba is in General Curacao PO Box 158, J.B. Gorsiraweg 1. Tel. 599-9-461-3066 Emergency Number: 911

Mark How will you escape completely°?



1:45pm





Refreshing Morning

The Wake Show with Gavin and Neil 6:00am-11:00am

Tune in to find out about the port of Aruba and tonight's entertainment. Channel 21, Stateroom TV

Island Princess is scheduled to arrive in Oranjestad, Aruba (approx.)

Last-Minute Essentials For Aruba 7:00am-Sunscreen, insect repellent, rainjackets, etc. 9:00am

Atrium, Deck 5 Midship Fabulous Abs 7:00am

Aerobics Studio, Deck 14 Aft

Long & Lean Stretch 7:30am Aerobics Studio, Deck 14 Aft

Brain Waves Quiz 8:00am

Pick up your daily teasers. Library, Deck 8 Midship Onwards

møvles 9:00am-10:00am under de steins The Wake Show Lido Pool, Deck 14

Table Tennis 9:30am

Go for gold with the Cruise Staff. Sport Court, Deck 16 Aft

10:00am

Morning Trivia
With the Cruise Staff. Wheelhouse Bar, Deck 7 Fwd

Hydrotech, Panama Canal Documentary 10:00am Lido Pool, Deck 14

Shuffleboard Tournament 10:45am

With the Cruise Staff. Sports Deck 16 Aft

mevies View from the Bridge 10:50am Lido Pool, Deck 14 याचित्र क्षेत्रकाड

Ancient Mysteries: Lost City of Pirates Channel 21, Stateroom TV 11:00am

American BBQ is Served 11:30am-Horizon Court, Deck 14 Fwd 2:30pm

The Transformation of Golden Princess 11:50am

Channel 21, Stateroom TV

Relaxing Afternoon

All Passengers Aboard! Island Princess sails for Cartagena shortly thereafter Noon

Sailaway Music with Magnitude 12:00pm-Lido Deck 14 1:00pm

Batwomen of Panama 12:15pm Channel 21, Stateroom TV

A Man, A Plan, A Canal Panama (Documentary) 12:30pm (57mins.) Princess Theater, Deck 7 Fwd

Dolphins and Whales - Tribes of the Ocean 1:00pm

Channel 21, Stateroom TV

Special Interest Lecture: Movin' And Shakin' All Over: 1:00pm

Earthquakes And Tsunamis

A look at two of mother nature's ways of reminding us who is in charge. With Guest Lecturer Gary Shahan. Universe Lounge, Deck 6 Aft

Blackiack Tournament 1:00pm-3:30pm

Champion wins \$500. Only \$20 to enter. Purchase your tickets from cashiers. Casino, Deck 6 Midship

Tropical Rum Tasting & Raffle! 1:30pm

Enjoy the taste of Tropical Rum flavors. Enter to Win a bottle of Cruzan Coconut Rum. Wheelhouse Bar, Deck 7

Pool Games: The Wettest One - Trivia with a sneaky 1:30pm

twist with your Cruise Staff. Lido Deck 14 Midship Gavin Macleod Biography

Channel 21, Stateroom TV

Egg Drop Challenge (Sign Up) 2:00pm Join The Cruise Staff for information regarding this Eggciting event. Crooners Bar, Deck 7 Midship

Bridge Players Get-Together 2:00pm-Games supervised by Phyllis. Sabatinis, Deck 7 Aft "Panama With Love" Sign-Making Contest 4:00pm 2:00pm-

Join the Video team to make a poster for the 6:00pm Panama Canal. Atrium, Deck 5 Midship

2:00pm Couples Massage Lesson Learn the Art of Massage How to massage your Partner! FOR Just \$60 Please wear comfortable clothing!

Aerobics Studio, Deck 14 Aft

Free Seminar: Stress Relief, Longevity & Chinese Medicine. Wedding Chapel, Deck 7 Midship 2:00pm

Texas Hold'Em Players 2:00pm Meet for a \$1/\$2 no limit cash game. Casino, Deck 6

2:00pm-Nikon Digital Camera Demonstration 3:00pm

Come and see what camera models we have available onboard, and get geared up for Panama Canal! Explorers Lounge, Deck 6 Aft

Destination Lecture: Panama: The Canal, The City, 2:00pm The Country: This program offers a look at the history, mechanics and future of the famous canal, a virtual photographic tour of Panama City and a glimpse of the country's emerging eco-tourism industry and other economic developments. With Guest Lecturer

Kenneth Williams. Princess Theater, Deck 7

Special Interest Lecture: Space Probes 2:15pm

A fascinating look at where we have gone, and what we are learning about our solar neighborhood, and beyond. With Guest Lecturer Michael Raick.

Universe Lounge, Deck 6 Aft

Fragrance & Cosmetics

Buy More & Save!

Save an Extra 15% off your tax- and duty-free purchase of \$250 or more with your Passport to Value coupon.

Sailing-11:30pm · Essence Deck 6



Princess Casino

Blackjack Tournament Today

Join us for your chance to become a champion this cruise. Tickets are now available at the Casino Cashier. Casino · Deck 6 Midship

Future Cruise Sales

Crew's

Place a \$100 per person deposit to receive FREE shipboard credits for your next Princess voyage — even if you haven't decided where to cruise next!

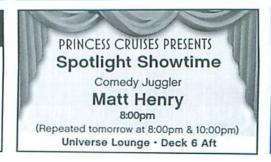
Atrium • Deck 5 Midship

Fine Arts

Visit the gallery tonight to learn more about our spectacular art collection.

Chloe will be available to answer your questions.

6:30pm-8:30pm · Art Gallery, Deck 7





GoSmile Tooth Whitening

Safe & Effective. Up to 6 shades whiter in only 30 minutes! Safe on caps, crowns, veneers.

Special \$149 • Couples Special \$259

Lotus Spa · Deck 14 Aft - Ext. #14626







Let Princess be your Consummate Host®

2;30pm	Cartagena Highlights, Emeralds & Diopside Event! Join Bea to learn everything you need to know about shopping in Cartagena for emeralds, coffee, crafts and more. Everyone who attends will be entered to win a gold and emerald pendant. Wheelhouse Bar, Deck 7 Fwd
	Choice

Scrapheap Challenge 2:30pm

Can you build a boat that will sink or float? Meet the

Cruise Staff for this cruise long challenge.

Crooners Bar, Deck 7 Midship

Panama Canal (Telly Awards Winner) 2:40pm

Channel 21, Stateroom TV

Special: True Caribbean Pirates 3:00pm

(1hr. 15mins.) Channel 21, Stateroom TV

Free Seminar: Cosmetic Facial Enhancements With 3:00pm

Dr Burgos. Wedding Chapel, Deck 7 Midship

Eat More to weigh less 3:00pm

Aerobics Studio, Deck 14 Aft

Musical Afternoon Tea 3:30pm-

4:30pm Bordeaux Dining Room, Deck 5 Midship

Line Dancing 3:30pm

With your Cruise Staff. Universe Lounge, Deck 6 Aft

Afternoon Gameshow: Movie Poster Trivia 3:45pm

Join the Cruise Staff for this fun Multi Media Trivia!

Explorers Lounge, Deck 6 Aft

Friends of Dr. Bob & Bill W. Meeting 4:00pm Wedding Chapel, Deck 7 Midship

Concert: Bon Jovi Live in Chicago 4:00pm

(54mins.) Lido Deck 14 ender greens

Spinning Class 4:00pm

Aerobics Studio, Deck 14 Aft (\$12 fee applies)

4:15pm \$1300 Snowball Jackpot Bingo

Could go in 51 numbers, plus 3 other cash prizes. Cards available from 3:15pm. Universe Lounge, Deck 6 Aft

Modern Marvels: Panama Canal Documentary 4:15pm

(44mins.) Channel 21, Stateroom TV Afternoon Trivia 4:30pm

Explorers Lounge, Deck 6 Aft

Enchanting Evening

Destination Lecture: Panama Canal 5:00pm-

10:00pm Channel 21, Stateroom TV

Cocktail Melodies with The Lady Hit Trio 5:00pm-

8:45pm Atrium, Deck 5 Midship

GLBT Get-Together (Unhosted) 5:00pm Lido Bar, Deck 14 Midship

6:00pm-Fine Jewelry Silent Auction!

11:30pm Learn how to bid on our private collection of Fine

Jewelry, Facets, Deck 6 Midship

6:00pm Chillax Relaxation Class Aerobics Studio, Deck 14 Aft

6:45pm **XBOX Kinnect Dance**

Join the Cruise Staff. Explorers Lounge, Deck 6 Aft

Classic Standards with Perry Phillips Trio 7:00pm-

Close Bayou & Bar Café, Deck 7 Aft

Texas Hold'Em Players 7:00pm &

11:00pm Meet for a \$1/\$2 no limit cash game. Casino, Deck 6 Dance the Night Away with The De Rissio Quartet Wheelhouse Bar, Deck 7 Fwd 7:30pm-

8:15pm

Concert: Barry Manilow 7:30pm

Music and Passion (1hr.) Lido Deck 14

Complimentary Gaming Lesson - Craps 8:00pm

All Participants will receive a \$5 Match Play Coupon. Casino, Deck 6 Midship

8:00pm **XBOX Kinnect Dance**

Join the Cruise Staff. Explorers Lounge, Deck 6 Aft 8:00pm

Piano Entertainer: Brad Stevens SHOWTIME: (Tonight Only) Princess Theater, Deck 7

Comedy Juggler: 8:00pm

Matt Henry

(Repeated Tomorrow at 8:00pm & 10:00pm)

Universe Lounge, Deck 6 Aft

mevies Concert: Stevie Wonder: Live at Last 8:30pm

(54mins.) Lido Deck 14

9:00pm Enjoy Cocktails with Pianist Magdalena

Crooners Bar Deck 7 Midship onwards

energy return

Dance the Night Away with The De Rissio Quartet Wheelhouse Bar, Deck 7 Fwd 9:00pm-

Midnight

Relaxing Melodies - Time To Chill 9:00pm

Explorers Lounge, Deck 6 Aft

9:30pm Onwards

The Ultimate Deck Party
Join the Cruise Staff and Magnitude for a Night under the Caribbean Stars! Dancing, Surprises, Conga and more! Music by Magnitude and DJ Love. Lido Pool, Deck 14

9:45pm Evening Movie: The Rum Diary

Starring: Johnny Depp, Aaron Eckhart (Rated R • 2hrs.) Universe Lounge, Deck 6 Aft

Piano Entertainer: Brad Stevens 10:00pm

(Tonight Only) Princess Theater, Deck 7

10:00pm-The Wake Show with Gavin and Neil

Channel 21, Stateroom TV Onwards

DJ Love Keeps the Party Moving & Grooving 11:15pm

Onwards Lido Pool, Deck 14

Photo & Video Gallery

Digital Cameras & Binoculars Tax-free savings plus, save up to 20% off MSRP

Check out the latest models from Nikon, Olympus, Panasonic and more. Stock up before Panama Canal!.

Photo & Video Gallery · Deck 6

Internet Café

Check your local & national news online!

Internet Café is open 24 hours a day. Wireless access also available.

Atrium · Deck 8 Midship



Crew's Choice

Featuring:

Piano Entertainer

Brad Stevens

8:00pm & 10:00pm

(Tonight Only)

Princess Theater, Deck 7 Fwd



9:30pm - Music by Magnitude and DJ Love 10:15pm - Fun, dancing & surprises with the Cruise Staff.

Lido Deck 14

Bayou Cafe & Steakhouse™

Spice up your day with a little jazz and some delicious Cajun & Creole cuisine.

\$20 per person cover charge applies. Reservations recommended.

5:30pm-10:30pm · Deck 7 Midship



Art Gallery - Deck 7, Midship

6:30pm-8:30pm · Art Director: Chloe Mahtani

Boutiques - Decks 6 Midship

Sailing-11:30pm · Boutiques Manager: Jonathan Turner

Facets Jewelry & Watches - Deck 6 Midship

Sailing-11:30pm ·

Princess Shopping Host: Bea Kessler • 3:30pm-4:30pm & 7:30pm - 8:30pm

Casino - Deck 6

Full Casino Open at 1:00pm · Casino Manager: Milena Jimenez

Captain's Circle Membership Desk - Atrium Plaza, Deck 5

4:00pm-7:00pm · Captain's Circle Host: Barbara Zanetti

Cyber Golf Simulator - Deck 15 Midship

To book an appointment call 8403 during library hours. Fees Apply

Fresh Flowers - Deck 6 Midship

4:00pm-6:00pm · Florist: Neil Sagum

Future Cruise Sales - Atrium Lobby, Deck 5

2:00pm-7:00pm · Future Cruise Consultant: Natalie Zeppieri

Internet Café - Deck 8, Midship

8am-9am, 2pm-5pm & 7:30pm-10:30pm · Internet Manager: Nikolay Nikolaev

Library - Deck 8 Midship

10:00am-11:00am & 4:00pm-6:00pm

Lotus Spa Health & Fitness Center - Lido Deck 14, Aft 6:00am-10:00pm

Lotus Spa & Beauty Salon - Lido Deck 14, Aft

8:00am-10:00pm · Spa Manager: Aretha Hunter

Medical Center - Deck 4 Midship

8:00am-10:00am & 4:30pm-6:30pm, For urgent medical attention, dial 911

Photography & Video Gallery - Deck 6 Midship

1:00pm-11:00pm · Photo-Video Manager: Cassie Swart

Sanctuary - Deck 14 Aft, Portside

8:00am-6:00pm

This "Pocket of Tranquility" has limited space available and is on a first come first serve basis. A nominal charge of \$10 for a half day or \$20 for a full day pass.

Shore Excursions Tour Desk – Atrium Lobby, Deck 5 Midship

2:00pm-6:00pm · Shorex Manager: Michele Bosco

Youth & Teen Centers - Deck 12 Aft

8am-Noon – Port Day Supervision; 1pm-5pm & 6pm-10pm – Youth/Remix Activities 10pm-1am – Late Night Kidsitting (Pre-bookings Requested)

Dining Guide

	Location	Hours
Bordeaux Dining Room (Anytime)	Deck 5 Midship	7:00am-9:00am (Breakfast); Noon-1:30pm (Lunch) 3:30pm-4:30pm (Tea) 5:30pm-10pm (Anytime Dinner)
Provence Dining Room (Traditional)	Deck 6 Midship	Early Seating 5:30pm; Late Seating 7:45pm
Sabatini's*	Deck 7 Midship	5:30pm-10:30pm
Bayou Cafe & Steakhouse*	Deck 7 Midship	5:30pm-10:30pm
Pizzeria	Deck 14 Midship	11:00am-Midnight
Ice Cream Bar	Deck 14 Midship	11:00am-11:00pm
The Grill	Deck 15 Midship	11:00am-11:00pm
Horizon Court	Deck 14 Forward	5:00am-11:30am (Breakfast) 11:30am-3:30pm (Lunch) 3:30pm-5:30pm (Light Snack) 5:30pm-Midnight (Dinner)

Bars, Clubs & Lounges Signature Cocktail: Ultimate Maitai

	Location	Hours
La Patisserie	Deck 5 Midship	6:00am till 11:00pm
Explorers Lounge	Deck 6 Aft	5:00pm onwards
Crooners	Deck 7 Midship	10:00am onwards
Wheelhouse Bar	Deck 7 Forward	4:00pm onwards
Bayou Cafe	Deck 7 Aft	6:00pm onwards
Horizon Bar	Deck 14 Forward	6:00am till Midnight

*Additional charges apply. Actual meal times are subject to change. Once onboard and subject to availability, you may switch from Traditional Dining to Anytime Dining with 24 hours notice to the Maitre D'. The legal drinking age of 21 years is observed onboard and photo ID may be required. A 15% service charge is automatically added to all bar and wine bills.

Alcohol Policy

We kindly request that you do not bring alcoholic beverages onboard for consumption. All alcoholic beverages that are brought onboard will be collected for safekeeping and delivered to your stateroom on the last day of the voyage.

Water and Energy Conservation

A growing number of our environmentally conscious passengers are choosing to conserve water and energy by refraining from unnecessarily leaving water running in their stateroom as well as refraining from leaving balcony and ship's side doors open. Join them and help Princess Cruises protect our environment. Thank you for your assistance.

7

Water Stations

Before going ashore, chilled water and sodas will be available for purchase.

Enjoy your day in Aruba!

Princess Theater, Universe Lounge & Gangway Area

Shore Excursions: Tour office hours: 2:00pm to 6:00pm - Atrium Lobby, Deck 5

Tour Meeting Information - All passengers on an organized shore excursion today please refer to the Tour Ticket for meeting time and location. Please remember to bring your cruise card, photo ID and your tour ticket

Tour Office staff will be available in the Princess Theatre & Universe Lounge from 7:00am until 8:00am for any last minute bookings or enquiries for Aruba.

SHOREX EXCURSIONS IN CARTAGENA

We have still plenty of space for the majority of the tours.

Come and book your tour to the charming Old City of Cartagena this afternoon!





PrincessPatter

escape completely.

Cartagena Tue. May 1, 2012 · Island Princess · Tonight's dress: smart casual

Weather: Today's Forecast: Cloudy, rain – High: 28°C (82°F) Low: 25°C (77°F) – Sunrise 5:44am/Sunset 6:14pm Tomorrow's Forecast: Cloudy, rain – High: 27°C (81°F) Low 24°C (75°F)

The Officer's Daily Log

Meet Maitre d'Hotel Ignazio D'Agostino



Ignazio D'Agostino hails from the small village of Molfetta, along Italy's Adriatic coast.

After graduating from a renowned catering school, he gained experience at a five-star hotel on Elba Island. In 1984, Ignazio put his skills to use at sea and has since worked onboard several ships in the Princess fleet.

When he's not fishing or daydreaming of sailing his favorite Alaskan itineraries, Ignazio spends time at home in Italy with his wife, Raffaella, his children, Rossana and Alessio, and his little dog, Bella.

by Maitre d'Hotel Ignazio D'Agostino

Although visits to our exciting ports of call offer the chance to sample new and interesting local cuisine, we're always ready onboard to provide you with plenty of fresh and flavorful options throughout the day.

For an early start, consider using your breakfast card for in-room service. For a quick snack on sea days, look for our soft, freshbaked cookies and ice-cold milk on deck. Later in the day, you can always recharge with Neapolitan-style pizza at our Pizzeria or burgers and fries at our Grill.

One of the most visited sites in Cartagena, Colombia, is the giant San Felipe de Barajas Fortress, built by the Spanish during the 17th century. Together with Cartagena's walled city, these Colombian treasures have been named a UNESCO World Heritage Site. The most daring visitors in port today may also choose to test out the purported healing powers of the region's mud volcano, a unique activity you're sure to never forget!

I'd also like to leave you with one more suggestion to enrich your experience during this cruise. Whether you're celebrating a birthday, anniversary or just a change of scenery, our Ultimate Balcony Dining provides a memorable breakfast or a four-course dinner with dedicated wait staff in your stateroom. In addition, I highly recommend Sabatini'sSM, which offers Italian fine dining or our New Orleans-style restaurant, the Bayou Café & Steakhouse. All three options are available for an additional charge. Please dial 3463 for a reservation.

From the Navigator

This morning Island Princess will once again embark a local Pilot to guide us through the Bocachica Channel, the narrow buoyed channel leading to the Bahia de Cartagena. This afternoon, we will manoeuvre the ship off the pier and retrace our passage across the Bay transiting back through Bocachica Channel. Once clear from the channel we will head Southwest towards the Panama Canal.

General Safety and Security Guidelines While Ashore:

- Stay in the normal tourist areas and don't travel to out of the way places without a reputable guided tour.
- · Always travel with a companion.
- Do not leave any of your belongings unattended in public areas.
- Be generally aware of people and activities around you.
- Do not accept packages from anyone you don't know personally.
- Keep a low profile dress and behave conservatively.
- Be careful in choosing places to eat and. drink ashore.

Ship's Security Notice

In order to prevent unauthorized persons boarding the ship, you are required to carry your "Cruise Card" with you when going ashore. You will be asked to produce this at the gangway when you leave and return to the ship. Please ensure that you also have a Government-issued picture ID with you before leaving the ship as you may be required to show this at security checkpoints upon your return. Do not accept or bring onboard any parcels or packages from strangers. Before boarding, you may also be asked by our Security Staff to open parcels or handbags which you are carrying.

Mark How will you escape completely??







Refreshing Morning

The Wake Show with Cruise Director Gavin & Neil 6:00am-

11:00am Channel 21, Stateroom TV

7:00am Fabulous Abs

Aerobics Studio, Deck 14 Aft

Long & Lean Stretch 7:30am

Aerobics Studio, Deck 14 Aft

Brain Waves Quiz 8:00am

Pick up your daily teasers. Library, Deck 8 Midship Onwards

Last Minute Essentials for Cartagena 8:30am-Sunscreen, insect repellent, rainjackets, etc. 10:30am

Atrium, Deck 5 Midship

Island Princess is scheduled to arrive 9:00am

in Cartagena, Colombia (Approx)

9:00am-10:00am ender weens The Wake Show Lido Pool, Deck 14

Shuffleboard Competition 9:00am

Join the Cruise Staff for this classic cruise ship game.

Sports Deck 16 Aft

10:00am **Table Tennis Tournament**

Go for gold with the Cruise Staff. Above Lotus Pool, Deck 15

10:00am movies

Modern Marvels: Panama Canal

Lido Pool, Deck 14 energy repur

Brunchtime Trivia 10:30am

More trivia with the Cruise Staff. Wheelhouse Bar, Deck 7 Fwd

10:45am

movies धारोधा ल्लाडाडाड

View from the Bridge

Lido Pool, Deck 14

A Man, A Plan A Canal, Panama 11:00am

Channel 21, Stateroom TV

Relaxing Afternoon

Noon



Eye Candy: Coastline

Lido Deck 14

Batwomen of Panama Noon

Channel 21, Stateroom TV

Basketball Shootout Noon

With the Cruise Staff. Sports Court, Deck 16 Aft

Movie: The Three Musketeers 1:00pm

Starring: Logan Lerman, Matthew MacFadyen

(PG-13 · 1hr. 57mins.) Princess Theater, Deck 7 Fwd

Ocean Wonderland 1:00pm Channel 21, Stateroom TV Fresh Fruit Buffet 1:30pm-Pool Side, Deck 14 Fwd 4:00pm

Panama Canal (Telly Awards Winner) 1:40pm

Channel 21, Stateroom TV

Scattergories 2:00pm

A fun game with the Cruise Staff. Crooner's Bar, Deck 7

Movie: Cayman Went 2:00pm

(1hr. 32mins) Channel 21, Stateroom TV

All Aboard Please! 2:30pm

Island Princess Sails for the Panama Canal

Enjoy the Latin Sail Away Sounds 2:30pmof Luciana De Rissio Lido, Deck 14 3:30pm

3:00pm Cruise Long - Longest Drive Competition

Join the Cruise Staff for another round. Golf Simulator, Deck 15 Midship

Video Games@Sea - XBox Kinect 2:45pm

It's the latest and we have it! Explorers Lounge, Deck 6 Aft

Special Interest Lecture: Panama City: The Dubai 3:30pm of Central America - From Fuerto Amador to the

skyscraper canyons of downtown Panama City this program examines the history, attractions and recent meteoric rise of Central America's "shining star" and offers a look at some of the excursions into the

countryside that are offered from this incredible port-of call. With Guest Lecturer Kenneth Williams.

Princess Theater, Deck 7 Fwd

Musical Afternoon Tea

Bordeaux Dining Room, Deck 5 Midship 4:30pm

3:30pm Free Seminar: Facial Rejuvenation Secret to a smoother skin by Dr. Alejandra Burgos.

Wheelhouse Bar, Deck 7 Fwd

3:30pm Golf Chipping

With the Cruise Staff. Lido, Deck 14 Midship

3:35pm Conquest: Pirate Weapons

(22mins.) Channel 21, Stateroom TV

Runway@Sea Fashion Show 3:45pm

Join us to get a sneak peek of our latest collection!

Enter to win a featured item! Explorers Lounge, Deck 6 Aft.

Gavin MacLeod: A Biography 4:00pm

(55mins) Channel 21, Stateroom TV

Free Consultation

4:00pm-

With Medi Spa Physician Dr Burgos. Lotus Spa, Deck 14 Aft

Princess Captain's Circle

For our first time Princess passengers, loyalty membership is automatic after you complete this cruise.

Your New Member Welcome Pack will be delivered to your stateroom!

\$\$\$ Princess Casino

Use Your Cruise Card

Now use your Cruise Card to purchase casino slot credits and table chips up to \$1,500 per day — no extra fees apply.

Casino · Deck 6 Midship

PRINCESS CRUISES PRESENTS Spotlight Showtime Featuring:

The Music & Comedy of

Duncan Tuck

"Country to Classical via Comedy"

6:45pm (For those dining late) 8:30pm (For those dining early)

(This artist will perform again tomorrow at 6:45pm & 8:30pm)

Princess Theater, Deck 7 Fwd



Spa Taster Special

Crew's Choice

Enjoy a 25 minute aromatherapy facial combined with a 25 minute back, neck & shoulder massage. Today only \$119

Lotus Spa · Deck 14 Aft - Ext. #14626

Jewelry Silent Auction

Place your Fine Jewelry Bid!

Fine Jewelry Silent Auction

See the Jewelers in Facets for more details.

4:30pm-11:30pm · Facets · Deck 6







Let Princess be your Consummate Host®

Poker Giveaway 4:00pm

Highest hand on Let it Ride and Caribbean Stud Poker

win a prize. Casino, Deck 6 Midship

Welcome to Princess Cruises Presentation with Barbara 4:00pm

All first-time passengers are invited to learn about the benefits and rewards of continued cruising with Princess. Universe Lounge, Deck 6 Aft

Last Chance to Enter the "Panama With Love" Sign 4:00pm-7:00pm Making Contest - Join the Photo/Video team to make a

poster for the Panama Canal. Photo Video Gallery, Deck 6

Champagne Golf Putting 4:15pm-

"If you sink it, you drink it". Atrium, Deck 5 Midship 5:00pm

Fine Jewelry Silent Auction! 4:30pm-

11:30pm Learn how to bid on our private collection of Fine

Jewelry. Facets, Deck 6 Midship

Afternoon Trivia 4:30pm

Explorers Lounge, Deck 6 Aft

Future Cruise Presentation - Alaska 2013 4:45pm

Join Natalie and learn all about Alaska with Princess.

Universe Lounge, Deck 6 Aft

Enchanting Evening

Friends of Dr. Bob & Bill W. Meeting 5:00pm

Wedding Chapel, Deck 7 Midship

5:00pm-Destination Lecture: The Panama Canal

Channel 21, Stateroom TV 10:00pm

5:30pm-Mongolian Buffet

Horizon Court, Deck 14 11:00pm

Chillax Relaxation Class 6:00pm Aerobics Studio, Deck 14 Aft

Cocktail Melodies with Lady Hit Trio 6:00pm-

Atrium, Deck 5 Midship 8:45pm

Featured Artist Evening: Martiros 6:30pm-

Visit the Art Gallery this evening to view all of the 8:30pm available onboard original and limited editions from this

Russian Modern Master. Art Gallery, Deck 7 Midship

Name That Disco Song Trivia

With DJ Love. Explorers Lounge, Deck 6 Aft



6:45pm

SHOWTIME: Musical Comedy: Duncan Tuck (For those dinning late)

Princess Theater, Deck 7 Fwd

7:00pm



The Artist

Starring: Jean Dujardin, Bérénice Bejo (PG-13 · 1hr. 41mins.) Lido Deck 14

Classic Standards with Perry Phillips Trio

Bayou Bar & Café, Deck 7 Aft Close

Columbian Emerald Event 7:30pm

Enter to Win A Pair Of Emerald Earrings Complements of James of Provenance Gems, and View the entire Exclusive Collection of fine Emeralds. Facets, Deck 6

Cocktail Melodies with Pianist Magdalena 7:30pm-

Wheelhouse Bar, Deck 7 Fwd 8:15pm

7:00pm Texas Hold'Em Players

Meet for a \$1/\$2 no limit cash game. Casino, Deck 6

Name That Disco Song Trivia 8:00pm

With DJ Love. Explorers Lounge, Deck 6 Aft

Comedy Juggler: Matt Henry

Universe Lounge, Deck 6 Aft

SHOWTIME: Musical Comedy: Duncan Tuck (For those dinning early) 8:30pm

Princess Theater, Deck 7 Fwd Dancing with Magnitude 8:30pm-Explorers Lounge, Deck 6 Aft

9:15pm 9:00pm & Texas Hold'Em Players

11:00pm Meet for a \$1/\$2 no limit cash game. Casino, Deck 6

Dancing with The De Rissio Quartet 9:00pm-

Midnight Wheelhouse Bar, Deck 7 Fwd

9:00pm Cocktail Melodies with Pianist Magdalena

Onwards Crooners Bar, Deck 7 Midship

Team Trivia Challenge 9:30pm

Join the Cruise Staff and test your grey matter.

Explorers Lounge, Deck 6 Aft

9:45pm



The Artist

Starring: Jean Dujardin, Bérénice Bejo (PG-13 · 1hr. 41mins.) Lido Deck 14

10:00pm Comedy Juggler: Matt Henry

(Final Repeat Performance)

Universe Lounge, Deck 6 Aft

The Wake Show with Cruise Director Gavin & Neil 10:00pm Onwards

Channel 21, Stateroom TV

10:15pm-The Dancing Continues with Magnitude

Midnight Explorers Lounge, Deck 6 Aft Midnight- Music and Dancing With DJ Love

Onwards Explorers Lounge, Deck 6 Aft

Midnight Slot Machines and Texas Hold'Em Table

Open all night. Casino, Deck 6 Aft

Scenic Photography on Sale!

10 4x6 for just \$14.99! 10 6x8 for just \$29.99 or 1 8x10 for \$9.99!

Scenic Panama Canal photography captured exclusively for you by our onboard professionals!

Photo & Video Gallery · Deck 6

PRINCESS CRUISES PRESENTS Spotlight Showtime

Featuring: Comedy Juggler Matt Henry

(Final Repeat Performances) 8:00pm & 10:00pm

Universe Lounge, Deck 6 Aft

Sabatini's™

Enjoy authentic Italian specialties, now featuring a new à la carte menu with delectable additions. A \$20 cover charge applies.

Buon Appetito!

5:30pm to 10:30pm · Deck 7 Midship

Internet Café

Need to check your email?

Stay in touch with family and friends, or check in on your favorite interests with 24-hour Internet access.

Atrium · Deck 8 Midship

Future Cruise Sales

Escape to Alaska 2013

The leader in Alaska! Glorious ships, land & sea packages and 5 magnificent riverside lodges to choose from! View wildlife as you visit stunning glaciers & National Parks! Atrium • Deck 5 Midship

The Sanctuary

Enjoy complete relaxation at our adults-only retreat. A nominal fee applies. Check with your Serenity Stewards at The Sanctuary.

8:00am-6:00pm · Deck 14 Portside Aft



Art Gallery - Deck 7, Midship

6:30pm-8:30pm · Art Director: Chloe Mahtani

Boutiques - Decks 6 Midship

4:30pm-11:30pm · Boutiques Manager: Jonathan Turner

Fine Jewelry & Watches - Deck 6 Midship

4:30pm-9:45pm · Princess Shopping Host: Bea Kessler · 7:30pm-8:30pm

Casino - Deck 6

Full Casino Opens One Hour after Sailing

Casino Manager: Milena Jimenez

Captain's Circle Membership Desk - Atrium Plaza, Deck 5

5:00pm-7:00pm · Captain's Circle Host: Barbara Zanetti

Cyber Golf Simulator - Deck 15 Midship

To book an appointment call 8403 during library hours. Fees Apply

Fresh Flowers - Deck 6 Midship

4:00pm-6:00pm (Deck 6 Midship) • Florist: Neil Sagum

Future Cruise Sales - Atrium Lobby, Deck 5

6:00pm-9:00pm • Future Cruise Consultant: Natalie Zeppieri

Internet Café - Deck 8, Midship

8am-10am, 4pm-6pm & 7:30pm-10:30pm

Internet Manager: Nikolay Nikolaev

Library - Deck 8 Midship

3:00pm-5:00pm

Lotus Spa Health & Fitness Center - Lido Deck 14, Aft 6:00am-10:00pm

Lotus Spa & Beauty Salon - Lido Deck 14, Aft

8:00am-10:00pm · Spa Manager: Aretha Hunter

Medical Center - Deck 4 Midship

8:00am-10:00am & 4:30pm-6:30pm, For urgent medical attention, dial 911

Photography & Video Gallery - Deck 6 Midship

3:00pm-11:00pm · Photo-Video Manager: Jason Michael Kiefer

Sanctuary - Deck 14 Aft, Portside 8:00am-6:00pm

This "Pocket of Tranquility" has limited space available and is on a first come first serve basis. A nominal charge of \$10 for a half day or \$20 for a full day pass.

Shore Excursions Tour Desk - Atrium Lobby, Deck 5 Midship

2:00pm-6:00pm · Shorex Manager: Michele Bosco

Youth & Teen Centers - Deck 12 Aft

9am-2pm - Port Day Supervision; 2pm-5pm & 6pm-10pm - Youth/Teen Activities 10pm-1am - Late Night Kidsitting (Pre-bookings Requested)

Dining Guide

	Location	Hours
Bordeaux Dining Room (Anytime)	Deck 5 Midship	7:00am-9:00am (Breakfast) 3:30pm-4:30pm (Tea) 5:30pm-10pm (Anytime Dinner)
Provence Dining Room (Traditional)	Deck 6 Midship	Early Seating 5:30pm; Late Seating 7:45pm
Sabatini's*	Deck 7-Midship	5:30pm-10:30pm
Bayou Cafe & Steakhouse*	Deck 7 Midship	5:30pm-10:30pm
Pizzeria	Deck 14 Midship	11:00am-Midnight
Ice Cream Bar	Deck 14 Midship	11:00am-11:00pm
The Grill	Deck 15 Midship	11:00am-11:00pm
Herizon Court	Deck 14 Forward	5:00am-11:30am (Breakfast) 11:30am-3:30pm (Lunch) 3:30pm-5:30pm (Light Snack) 5:30pm-Midnight (Dinner)

Bars, Clubs & Lounges - Signature Cocktail: 24K Gold Margarita

	Location	Hours
La Patisserie	Deck 5 Midship	7:00am till 11:00pm
Explorers Lounge	Deck 6 Aft	5:00pm onwards
Crooners	Deck 7 Midship	10:00am onwards
Wheelhouse Bar	Deck 7 Forward	4:00pm onwards
Bayou Cafe	Deck 7 Aft	6:00pm onwards
Horizon Bar	Deck 14 Forward	6:00am till Midnight

*Additional charges apply. Actual meal times are subject to change. Once onboard and subject to availability, you may switch from Traditional Dining to Anytime Dining with 24 hours notice to the Maitre D'. The legal drinking age of 21 years is observed onboard and photo ID may be required. A 15% service charge is automatically added to all bar and wine bills.

Illegal Substance Warning

We wish to caution passengers that when ashore, drugs are available and frequently offered for sale. Please do not be coerced into purchasing these substances as in most cases you will be caught. Princess Cruises has a zero tolerance policy with regard to the unlawful possession of drugs and any passenger violating this policy will be immediately disembarked from the vessel. Local law enforcement agencies have become especially vigilant in their efforts to eradicate both drug abuse and trafficking and these have included subjecting passengers to a physical search on return to the ship. Should a passenger be disembarked for illegally possessing drugs, Princess is unable to offer any assistance in dealing with the local authorities or making homeward travel arrangements.

Eating and Drinking Ashore

As a precaution, we advise that if you decide to eat or to drink ashore, you should only use reputable hotels or establishments, drink bottled water and ensure that ice is from a purified source. These simple precautions are a great contribution for maintaining a healthy shipboard community.

Shore Excursions: Tour office hours: 2:00pm to 6:00pm – Atrium Lobby, Deck 5

Tour Meeting Information - All passengers on an organized shore excursion today please refer to the Tour Ticket for the meeting time and location. We kindly ask that you do not arrive prior to the times stated on your ticket as we will not be able to accommodate you in the lounge. If your tour is meeting on the pier we kindly ask that you do not proceed ashore before the time indicated on your ticket as there is very limited shade on the pier.

In addition please remember to bring your cruise card, photo ID and your tour ticket.

Tour Office staff will be available in the Universe Lounge & the Princess Theater from 8:30am until 9:30am for any last minute bookings or enquiries for Cartagena. Cancellations & exchanges for Fuerte Amador close at 11:00am tomorrow, Wednesday 2nd May. Additional bookings can be made after this time, however are subject to availability.

We still have space on several tours in Fuerte Amador.

Explore the narrow streets of Casco Antiguo in Panama, take a close-up view to the Miraflores Locks or interact with the Embera Indians in the Panamanian Rainforest.





PrincessPatter

escape completely.

Panama Canal/Fuerte Amador Wed. May 2, 2012 · Island Princess · Tonight's dress: smart casual

Weather: Today's Forecast: Cloudy, rain – High: 26°C (79°F) Low 25°C (77°F) – Sunrise 6:03am/Sunset 6:28pm Tomorrow's Forecast: Cloudy, rain – High: 27°C (81°F) Low: 24°C (75°F)

The Officer's Daily Log

Meet The Hotel General Manager Nigel Stewart



Nigel Stewart was born in Scotland and currently resides on the Black Isle just north of Inverness, where a large pod of bottlenose dolphins lingers – just a few steps from his house!

He began working on cruise ships in 1968 and has since visited over 100 different countries across the globe. His first Princess ship was the original Island Princess.

We invite you to get to know Nigel better by reading one of his favorite travel memories on the Princess Travel Bucket List at www.50EssentialExperiences.com.

by Hotel General Manager Nigel Stewart

Helping you escape completely® is the role I'm privileged to play here on board. If you're seeking a comfortable place to unwind, I recommend reclining in the padded lounge chairs and allowing yourself to be pampered by attentive Serenity Stewards at The Sanctuary. That's our on-deck oasis, exclusively for adults. Or you may prefer a relaxing massage or invigorating workout at the Lotus Spa and Fitness Center. Or, perhaps you'd enjoy a dip in one of our freshwater pools.

During our transit of the Panama Canal, be sure to pop out on deck for informative commentary provided by a guest lecturer. You'll hear a wealth of information about Panama Canal history, as well as an explanation of the exciting transit process as it occurs.

When you're not peeking out at the Canal, there are plenty of entertaining things to do on board Island Princess. Some passengers can't resist grabbing a club and practicing their putt at the Princess Links. Others are drawn to the great deals you can find at our art auctions as well as our taxand duty-free boutiques. Many stop by the Internet Café to keep in touch with friends and family back home, or to read inspiring stories from real passengers about why they've chosen to escape completely with Princess – easily accessible on our weekly blog at www.inspiredtoCruise.com.

Whether it's livening the afternoon with a friendly trivia contest or keeping the excitement rolling in our casino, we're all here to make your voyage unforgettable. And each of us on is proud of our role as the Consummate Host.

From the Navigator

Before sunrise early in the morning, we entered Cristobal's breakwaters to embark the Canal Pilot and left the city of Cristobal on our port side. The ship then continued to navigate towards the first group of locks to enter the Gatun Lake, an artificial lake 26 metres or 85 feet higher than the Caribbean Sea level. After passing the locks, Island Princess will transit the canal, passing Gamboa, the Gaillard Cut and under the Centennial bridge before returning to sea level through the Pedro Miguel locks and Miraflores Locks. Island Princess will then proceed to her overnight anchorage off Fuerte Amador.

Ship's Security Notice

In order to prevent unauthorized persons boarding the ship, you are required to carry your "Cruise Card" with you when going ashore. You will be asked to produce this at the gangway when you leave and return to the ship. Please ensure that you also have a Government-issued picture ID with you before leaving the ship as you may be required to show this at security checkpoints upon your return. Do not accept or bring onboard any parcels or packages from strangers. Before boarding, you may also be asked by our Security Staff to open parcels or handbags which you are carrying.

Did You Know?

The draft (or draught) of a ship's hull is the vertical distance between the waterline and the bottom of the hull (keel). In the Princess fleet, the draft ranges from 19 to 28 feet!

Romantic Quote of the Day

At the touch of love, everyone becomes a poet.

Mark How will you escape completely??







Refreshing Morning

5:15am Panama Canal Pilot On Board (The above timing is approximate and is subject to change.)

The Wake Show with Gavin and Neil

Channel 21, Stateroom TV 11:00am

movies View From the Bridge 6:00am-Lido Pool, Deck 14 5:00pm धारीश शहरताड Panama Canal Transit Commentary 6:00am

Onwards Kenneth Williams will be on the bridge giving

commentary and describing the many points of interest along the way. May be heard on the open decks, in the Horizon Court and on Channel 42 of your stateroom TV.

Entering Gatun Lock 7:00am

(The above timing is approximate and is subject to change.)

Be on your stateroom balcony or outside on the deck 7 7:00ampromenade deck during our transitioning of the locks for 8:30am

your Photographers & Videographers to capture the moment.

Panama Marketplace Event! 7:00am-T-shirts, Caps, Souvenirs and More. 1:00pm Poolside, Lido Pool Deck 14 Midship

Abs Workshop 7:00am

Aerobics Studio, Deck 14 Aft

Long & Lean Stretch 7:30am

Aerobics Studio, Deck 14 Aft Free Consultation

8:00am-10:00am With your on board Medi Spa Physician Dr Burgos.

Lotus Spa, Deck 14 Aft

Brain Waves Quiz 8:00am

Onwards Pick up your daily teasers. Library, Deck 8 Midship

Leaving Gatun Lock

(The above timing is approximate and is subject to change.)

Shuffleboard Open for Play 9-00am-8:00pm Sports Court, Deck 16

Last Chance Fine Jewelry Silent Auction 9:00am-

5:30pm Last chance to bid on our private collection of Fine

Jewelry, Facets, Deck 6 Midship

The 30-minute Challenge: Scavenger Hunt 9:30am

Library, Deck 8 Midship 9:30am Allcomers Table Tennis

Go for the gold. Lotus Pool, Deck 15 Midship

10:00am Free Foot Analysis: Your feet are your foundation! Learn how you can improve postural pain and problems with this

simple affordable solution. Aerobics Studio, Deck 14 Aft

Early Morning Trivia

With the Cruise Staff. Explorers Lounge, Deck 6 Aft

Champagne Ring Toss 10:15am

Try this challenge for a chance to win some bubbly!

Lido Deck 14

Goofy Golf 10:30am

With the Cruise Staff. Atrium, Deck 5 Midship

Ancient Mysteries - Lost City of Pirates 11:00am

Channel 21, Stateroom TV

Giant Chess Game 11:30am

Come and meet fellow passengers for a super size game.

Center Court, Deck 16 Aft

The Transformation of Golden Princess 11:50am

Channel 21, Stateroom TV

Relaxing Afternoon

Passing Gamboa

(The above timing is approximate and is subject to change.)

Batwomen of Panama 12:15pm

Channel 21, Stateroom TV

1:00pm Dolphins and Whales: Tribes of the Ocean

Channel 21, Stateroom TV

Hydrotech Panama Canal (Documentary) 1:00pm

Princess Theater, Deck 7 Fwd

1:15pm **Entering Pedro Miguel Lock**

(The above timing is approximate and is subject to change.)

1:15pm-Be on your stateroom balcony or outside on the deck 7 2:00pm

promenade deck during our transitioning of the locks for your Photographers & Videographers to capture the moment.

1:45pm

Gavin Macleod Biography Channel 21, Stateroom TV

1:55pm Clearing Pedro Miguel Lock (The above timing is approximate and is subject to change.)

Entering Miraflores Lock

2:20pm

(The above timing is approximate and is subject to change.)

Coffee Card Package

Save 20% when you purchase a card from any of our bar locations. \$29 + 15% gratuity for 15 cappuccinos, espressos, lattes and mochas. Ask your server.



6:00am onwards Panama Canal Transit Live 7:00pm & 9:45pm

In Time (Rated PG-13 · 1hr. 50mins.) Lido Pool · Deck 14

\$\$\$ Princess Casino

\$1/\$2 No-limit Texas Hold'em

Your chance to fold, bluff and raise your way to winning on our state-of-the-art PokerPro table.

Casino · Deck 6 Midship

Fine Arts

Visit the gallery tonight to learn more about our spectacular art collection.

> Chloe will be available to answer your questions.

6:30pm-8:30pm · Art Gallery, Deck 7

Princess Captain's Circle

Take advantage of your membership enjoy exclusive online benefits.

> Log on to the Circle Center Online at princess.com.



Salon Sampler

Choose 3 of the following: Foot & Ankle Massage, Frangipani Scalp Massage, Re-hydrating Facial, Lime & Ginger Hand Spa or Eye & Neck Collagen. Only \$79 Lotus Spa · Deck 14 Aft - Ext. #14626







Let Princess be your Consummate Host®

Basketball Shoot Out 2:30pm Sports Court, Deck 16 Aft

Panama Canal (Telly Awards Winner) 2:40pm

Channel 21, Stateroom TV

Special: True Caribbean Pirates 3:00pm (1hr. 15mins.) Channel 21, Stateroom TV

Clearing Miraflores Lock

(The above timing is approximate and is subject to change.)

3:30pm-Afternoon Tea

Bordeaux Dining Room, Deck 5 Midship 4:30pm 3:45pm Video Games@Sea: XBox Kinect Explorers Lounge, Deck 6 Aft

Modern Marvels: Panama Canal 4:15pm

(44mins.) Channel 21, Stateroom TV

Island Princess is scheduled to anchor off

in Fuerte Amador

(However our tender service will begin tomorrow at 7:15am.)

4:30pm Afternoon Trivia

Time to test that grey matter with the Cruise Staff.

Explorers Lounge, Deck 6 Aft

Enchanting Evening

5:00pm Friends of Dr. Bob & Bill W. Meeting

Wedding Chapel, Deck 7 Midship

\$5 Face Up BlackJack 5:00pm

The game where you get to see both the dealers cards before taking any decision. Casino, Deck 6 Midship

Destination Lecture: Gavin Macleod Biography 5:00pm-

10:00pm Channel 21, Stateroom TV

Last Chance To Bid, Fine Jewelry Silent Auction! 5:00pm-

5:30pm Bidding Concludes at 5:30pm. Jewelry Facets, Deck 6 Midship

5:30pm-Roast & Carving Buffet 9:00pm Horizon Court, Deck 14 Fwd

Evening Melodies with Magdalena 6:00pm-

8:45pm Atrium, Deck 5 Midship

6:00pm

møvies Concert: Genesis (1hr.) Lido Deck 14 energy return

6:00pm Chillax Relaxation Class

Aerobics Studio, Deck 14 Aft

Texas Hold'em Players Meet for a \$1/2 Cash Game 6:00pm

Only \$20 to buy in. Casino, Deck 6 Midship

6:15pm A Man, A Plan, A Canal - Panama (Documentary)

Documentary (57mins) Universe Lounge, Deck 6 Aft

SHOWTIME: Musical Comedy: Duncan Tuck (For those dinning late) 6:45pm

Princess Theater, Deck 7 Fwd

Name that Tune - 50's Song Trivia with DJ Love 6:45pm

Explorers Lounge, Deck 6 Aft

Classic Standards with Perry Phillips Trio 7:00pm-

Bayou Bar & Café, Deck 7 Aft Close

7:00pm

m:::VIes Starring: Justin Timberlake, Amanda Seyfried (PG-13 • 1hr. 50mins) Lido Deck 14 undar Megans

Ballroom Dance Date With DJ Love 7:15pm-

8:00pm Universe Lounge, Deck 6 Aft

Dance the Night Away with The De Rissio Quartet 7:30pm-

Wheelhouse Bar, Deck 7 Fwd 8:15pm

Name that Tune - 50's Song Trivia with DJ Love 8:00pm

Explorers Lounge, Deck 6 Aft

8:15pm A Man, A Plan, A Canal - Panama (Documentary)

Documentary (57mins) Universe Lounge, Deck 6 Aft

Dancing With Magnitude 8:30pm-9:15pm Explorers Lounge, Deck 6 Aft

Musical Comedy: Duncan Tuck 8:30pm SHOWTIME.

(For those dinning early)

Princess Theater, Deck 7 Fwd Texas Hold'em Players Meet for a \$1/2 Cash Game 9:00pm &

Only \$20 to buy in. Casino, Deck 6 Midship 11:00pm

Pianist Brad Stevens Entertains 9:00pm

Crooner's Bar, Deck 7 Midship Midnight

Dance the Night Away with The De Rissio Quartet 9:00pm-

Wheelhouse Bar, Deck 7 Fwd Late

Gift of the Gab

9:30pm Multimedia Trivia with Callie. Explorers Lounge, Deck 6 Aft

9:45pm In Time

Starring: Justin Timberlake, Amanda Seyfried energy reprin (PG-13 · 1hr. 50mins) Lido Deck 14

The Wake Show with Gavin and Neil 10:00pm-Channel 21, Stateroom TV Onwards

10:30pm- Dancing With Magnitude Midnight Explorers Lounge, Deck 6 Aft

Midnight- All Request Music Party With D.J. Love

Close Explorers Lounge, Deck 6 Aft

Photo & Video Gallery

Pre-order your "Ultimate Panama DVD Collection"

This 5 Disk set includes the popular 'Historic Canal'. Order yours today for **only \$55.96** Photo/Video Gallery • Deck 6

Internet Café

Share Your Panama Canal Passage

Send friends and family to www.Pancanal.com to watch your passage through the Panama Canal locks live! A webcam allows anyone to view the ship travelling through, so make sure you wave!

Atrium · Deck 8 Midship

PRINCESS CRUISES **PRESENTS**

Spotlight Showtime

Featuring:

Music & Comedy of

Duncan Tuck

"Country to Classical via Comedy"

6:45pm (For those dining late) 8:30pm (For those dining early)

(Final Repeat Performances)

Princess Theater, Deck 7 Fwd

Bayou Cafe & Steakhousesm

Spice up your day with a little jazz and some delicious Cajun & Creole cuisine.

\$20 per person cover charge applies. Reservations recommended.

5:30pm-10:30pm · Deck 7 Aft

Future Cruise Sales

Get an up to \$300 per stateroom onboard credit on your next cruise even if you haven't decided where to go next. Stop by the Future Cruise Sales office for details.

Atrium • Deck 5



Art Gallery - Deck 7, Midship

6:30pm-8:30pm · Art Director: Chloe Mahtani

Boutiques - Decks 6 Midship

9:00am-11:30pm · Boutiques Manager: Jonathan Turner

Facets Jewelry & Watches - Deck 6 Midship

9:00am-11:30pm

Princess Shopping Host: Bea Kessler • For Assistance Dial 5445

Casino - Deck 6

Full Casino opens approx. 5:00pm · Casino Manager: Milena Jimenez

Captain's Circle Membership Desk - Atrium Plaza, Deck 5

9:00am-12:00pm · Captain's Circle Host: Barbara Zanetti

Fresh Flowers - Deck 6 Midship

4:00pm-6:00pm · Florist: Neil Sagum

Future Cruise Sales - Atrium Lobby, Deck 5

10:00am to 12:00pm & 3:00pm to 6:00pm

Future Cruise Consultant: Natalie Zeppieri

Internet Café - Deck 8, Midship

9am-Noon, 1pm-3pm & 8pm-10pm · Internet Manager: Nikolay Nikolaev

Library - Deck 8 Midship

9:00am-10:00am & 2:00pm-3:00pm

Lotus Spa Health & Fitness Center - Lido Deck 14, Aft 6:00am-10:00pm

Lotus Spa & Beauty Salon - Lido Deck 14, Aft

8:00am-10:00pm · Spa Manager: Aretha Hunter

Medical Center - Deck 4 Midship

8:00am-10:00am & 4:30pm-6:30pm, For urgent medical attention, dial 911

Photography & Video Gallery - Deck 6 Midship

9:00am-3:00pm & 6:00pm-11:00pm · Photo-Video Manager: Jason Michael Kiefer

Sanctuary - Deck 14 Aft, Portside

8:00am-6:00pm

This "Pocket of Tranquility" has limited space available and is on a first come first serve basis. A nominal charge of \$10 for a half day or \$20 for a full day pass.

Shore Excursions Tour Desk - Atrium Lobby, Deck 5 Midship 9:00am - 12:00pm & 3:00pm-6:00pm · Shorex Manager: Michele Bosco

Youth & Teen Centers - Deck 12 Aft

9am-Noon, 1pm-3pm & 7pm-10pm - Youth/Teens Activities

3pm-7pm - Port Day Supervision

10pm-1am - Late Night Kidsitting (Pre-bookings Requested)

Dining Guide

	Location	Hours
Bordeaux Dining Room (Anytime)	Deck 5 Midship	7:30am-9:30am (Breakfast) Noon-1:30pm (Lunch) 3:30pm-4:30pm (Tea) 5:30pm-10pm (Anytime Dinner)
Provence Dining Room (Traditional)	Deck 6 Midship	Early Seating 5:30pm; Late Seating 7:45pm
Sabatini's*	Deck 7 Midship	5:30pm-10:30pm
Bayou Cafe & Steakhouse*	Deck 7 Midship	5:30pm-10:30pm
Pizzeria	Deck 14 Midship	11:00am-Midnight
lce Cream Bar	Deck 14 Midship	11:00am-11:00pm
The Grill	Deck 15 Midship	11:00am-11:00pm
Horizon Court	Deck 14 Forward	5:00am-11:30am (Breakfast) 11:30am-3:30pm (Lunch) 3:30pm-5:30pm (Light Snack) 5:30pm-Midnight (Dinner)

Bars, Clubs & Lounges - Signature Cocktail: Caribbean Cooler

	Location	Hours
La Patisserie	Deck 5 Midship	7:00am till 11:00pm
Explorers Lounge	Deck 6 Aft	5:00pm onwards
Crooners	Deck 7 Midship	10:00am onwards
Wheelhouse Bar	Deck 7 Forward	4:00pm onwards
Bayou Cafe	Deck 7 Aft	6:00pm onwards
Horizon Bar	Deck 14 Forward	6:00am till Midnight

'Additional charges apply. Actual meal times are subject to change. Once onboard and subject to availability, you may switch from Traditional Dining to Anytime Dining with 24 hours notice to the Maitre D'. The legal drinking age of 21 years is observed onboard and photo ID may be required. A 15% service charge is automatically added to all bar and wine bills.

Smoking Policy

For the enjoyment of the public lounges and facilities, indoor areas onboard Island Princess are non-smoking. Smoking is only permitted in designated sections of the Casino. For those passengers who would like to enjoy a cigar or pipe, Churchill's Cigar and Spirits lounge is located on Promenade deck 7. Smoking cigars or pipes outside of this lounge is not permitted. Outdoor smoking areas are clearly posted throughout the vessel. Smoking is not permitted in staterooms and balconies. Violations to this non-smoking policy will result in a \$250 fine for each occurrence, which will be charged to the passenger's stateroom account.

Toilet System/Vacuum System

Island Princess, as all modern cruise ships, is equipped with an EVAC toilet system that uses the vacuum pump principle. The system is very reliable, but the pipe work is much smaller than those ashore and is sensitive to foreign objects and large amounts of toilet paper. In order to avoid blockages and subsequent inconvenience to passengers, please place any foreign objects in the waste bins and sanitary bags provided.

Shore Excursions: Tour office hours: 9:00am - 12:00pm & 3:00pm to 6:00pm - Atrium Lobby, Deck 5

Tickets are selling fast! - Get priority when booking your tours through the 24-hour drop box. Simply complete a Tour Order Form with your name, stateroom number and signature. Before placing your form in the 24-hour Drop Box, check the Availability notice board — requests for sold out tours will be waitlisted in the order requests are received. Tickets will be

delivered directly to your stateroom. No need to wait in line!

Tours for Fuerte Amador, Puntarenas and Los Angeles are still available on a first-come, first-served basis.

Tour cancellations for Fuerte Amador close at 11:00am today,

Wednesday April 22.

No cancellations or exchanges after this time please.





incessPatter

escape completely.

Fuerte Amador Thu. May 3, 2012 · Island Princess · Tonight's dress: smart casual

Weather: Today's Forecast: Cloudy, rain - High: 27°C (81°F) Low: 24°C (75°F) - Sunrise 6:01am/Sunset 6:29pm Tomorrow's Forecast: Cloudy, rain - High: 27°C (81°F) Low: 23°C (73°F)

The Officer's Daily

Meet Senior Doctor Liesl Kohlmeyer



Born in Bloemfontein, the Judicial Capital of South Africa, Dr. Liesl Kohlmeyer earned her medical degree from the University of Pretoria. She later worked in several medical arenas, including a rural hospital along South Africa's east coast and a trauma unit in Johannesburg.

In 2005, Dr. Kohlmeyer was promoted to Senior Doctor on Tahitian Princess. She now travels the world in search of the best possible shopping ports.

Dr. Kohlmeyer currently resides in Pretoria, where each sunrise and sunset is the highlight of her day.

by Senior Doctor Liesl Kohlmeyer

I hope you're feeling at home on Island Princess. We're like a large family here on board. As your doctor, I'm here to take care of any medical issues that arise during our cruise. Please do not hesitate to visit us during the clinic hours or phone 911 at any time for urgent matters.

On board our ship, it's good to remember that with many people living in close quarters, it's worth taking extra precautions to avoid spreading any germs. That's why we suggest you regularly wash your hands with soap for at least 20 seconds and rinse them under running water. Remember to do this especially after using the restroom, after coughing or sneezing and before eating, drinking or smoking. It's also best to use your stateroom toilet instead of the public toilet facilities whenever possible.

While seasickness is surprisingly uncommon on board, if you're feeling at all sensitive to the ocean's waves, we recommend initially taking some of the over-the-counter treatments available in the boutiques. If you do not find relief from these treatments, we have a full range of prescription medications available in the Medical Center to help you fully enjoy your cruise vacation.

Your 2-day Panama Canal Experience gives you a full day at Fuerte Amador, the perfect jumping-off point for exploring Panama's natural and cultural wonders. Tour the ruins of Old Panama, founded in 1519. Cruise along Gatun Lake to a native Embera Indian village, where you'll be treated to a ceremonial dance. Soar above the Gamboa Rain Forest Resort and peer out over the jungle canopy or ride the historic transcontinental Panama Canal Railway, originally built in 1855. You can even go monkey watching in port!

No matter what you choose to do in Fuerte Amador, I wish you a happy and healthy day

For assistance shoreside, contact the Port

Edif. Frontenac, Locales 2-A Calle 50 y Esquina 54 Este Panama City - Republic of Panama Tel. 507 269 1613

Security Information: U.S. Consulate in Fuerte Amador is in Edificio 783 Avenida Demetrio Basilio Lakas Clayton, Panama City Republic of Panama

Tel: (507) 207-7000 • Panama Emergency Tel: 104

From the Navigator

Throughout today, Island Princess will lay at anchor off Puerto Amador, and provide a continuous tender service. Shortly before sunset this evening, we will weigh anchor, and make our way out of the anchorage, before setting a south-westerly course across the Gulf of Panama and on towards our next port.

Safety in Tenders

Today, we will be taking you ashore using the ship's tenders. For your own safety, please read the Tender Safety Notice at the head of the gangway and the Emergency Instructions Notice posted in the cab of each tender. There is No Smoking in the tenders. To avoid risk of injury, you must keep your hands and arms off the side of the tender as it comes alongside the ship or wharf. It is important that you follow the instructions given by the crew members and that you remain seated whilst in the tenders. Do not get in or out of the tenders until instructed to do so by the ship's staff.

7:15am - For Passengers with Independent Arrangements, Tender Tickets will be available in the Provence Dining Room, Deck 6. When you are ready to proceed ashore, please collect a tender ticket from the Cruise Staff and remain in the Provence Dining Room. Tender ticket numbers will be announced from there, and you will be escorted to the gangway for your own comfort and safety. Please do not collect a tender ticket until your complete party is ready to

proceed ashore.

Mark How will you escape completely°?







Refreshing Morning

The Wake Show with Gavin & Neil

Tune in to find out about the Fuerto Amador and 11:00am

tonight's entertainment. Channel 21, Stateroom TV

7:00am Fabulous Abs

Aerobics Studio, Deck 14 Aft

7:00am-Last Minute Essentials For Fuerte Amador

Crew's Sunscreen, insect repellent, rainjackets, etc. 9:00am

Atrium, Deck 5 Midship

Island Princess 7:15am Tender Service Begin to Fuerte Amador

For Passengers with Independent Arrangements, Tender Tickets will be available from 7:15am onwards in the Provence Dining Room, Deck 6. When you are ready to proceed ashore, please collect a tender ticket from the Cruise Staff and remain in the Provence Dining Room. Tender ticket numbers will be announced from there, and you will be escorted to the gangway for your own comfort and safety. Please do not collect a tender ticket until your complete party is ready to proceed ashore.

The Wake Show

7:30am Long & Lean Stretch

Aerobics Studio, Deck 14 Aft

Brain Waves Quiz 8:00am

Pick up your daily teasers. Library, Deck 8 Midship Onwards

Lido Deck 14 10:00am

Shuffleboard Available 9:00am-8:00pm It's yours for the day to "chuck your puck".

Sports Court, Deck 16

Table Tennis Competition

9:30am Lotus Pool, Deck 15 Midship

Hydrotech, Panama Canal

Under weeds 10:30am

Basketball Shootout With the Cruise Staff. Sports Court Deck 16

View from the Bridge 10:50am

mevies

Lido Deck 14 eless Archin

(Documentary 47mins.) Lido Deck 14

Panama Canal (Documentary) 11:00am (47mins.) Channel 21, Stateroom TV

Brunchtime Trivia Challenge 11:30am

The Cruise Staff ask the questions.

Explorers Lounge, Deck 6 Aft

Pictionary Challenge 11:45am

Join the Cruise Staff. Crooners Lounge, Deck 7 Midship

The Transformation of Golden Princess 11:50am

Channel 21, Stateroom TV

Relaxing Afternoon

Batwomen of Panama 12:15pm

(46mins.) Channel 21, Stateroom TV

Afternoon Movie: Cowboys & Aliens 1:00pm

Starring: Daniel Craig, Harrison Ford

(PG-13 · 1hr. 58mins.) Princess Theater, Deck 7 Fwd

Goofy Golf 1:00pm

With the Cruise Staff. Atrium Deck 5, Midship

Sharks 1:00pm

(42mins.) Channel 21, Stateroom TV

The Real Pirates of the Caribbean 1:45pm

(45mins.) Channel 21, Stateroom TV

Balderdash - The Amazing Bluffing Game 2:00pm

Join the Cruise Staff. Explorers Lounge, Deck 6 Aft

Showtime 2:30pm

(33mins.) Channel 21, Stateroom TV

The Artist 3:00pm movies णारीभा भू उद्यान

Starring: Jean Dujardin, Bérénice Bejo (PG-13 · 1hr. 41mins.) Lido Deck 14

Deep Sea Detectives: Blackbeards Mystery Ship 3:05pm

(45mins.) Channel 21, Stateroom TV

Board Games Get-Together (Unhosted) 3:15pm

Looking for a backgammon, scrabble, monopoly or other

game opponent? Come meet your fellow passengers.

Card Room, Deck 8 Midship

Shuffleboard Tournament 3:30pm

Join the Cruise Staff for this classic cruise ship game and

go for gold. Sports Deck 16 Aft

Afternoon Tea 3:30pm-

In a musical atmosphere. Bordeaux Dining Room, Deck 5 4:30pm

Movie: Charlie Chan in Panama 3:50pm

(1hr. 8mins.) Channel 21, Stateroom TV

9:00am-

10:00am

Water Stations

Before going ashore, chilled water and sodas will be available for purchase.

Enjoy your day in Fuerte Amador!

Princess Theater & Gangway Area

Princess Captain's Circle

Take advantage of your membership, enjoy exclusive online benefits.

> Log on to the Circle Center Online at princess.com.



Doug Funk

(Repeated Tomorrow at 8:00pm & 10:00pm)

10:00pm Movie: The Ides of March

Ryan Gosling, George Clooney (Rated R • 1hr. 41mins.) Princess Theater, Deck 7 Fwd

\$\$\$ Princess Casino

\$1/\$2 No-limit Texas Hold'em

Your chance to fold, bluff and raise your way to winning on our state-of-the-art PokerPro table.

Casino · Deck 6 Midship



20 - 20 - 20

Choose 3 of these 20-minute treatments: Mini Facial • Deep Tissue Lime & Ginger Hot Stone • Foot & Ankle Massage Frangipani Scalp Massage. Only \$109

Lotus Spa · Deck 14 Aft - Ext. #14626







Let Princess be your Consummate Host®

4:30pm Afternoon Trivia

The Cruise Staff ask the questions. Explorers Lounge, Deck 6 Aft

Enchanting Evening

Movie: Dolphin Tale

Starring: Morgan Freeman, Harry Connick Jr. (PG-13 · 1hr. 53mins.) Channel 21, Stateroom TV

Friends of Dr. Bob & Bill W. Meeting 5:00pm

Wheelhouse Museum, Deck 7 Fwd

Last Tender Leaves Shoreside! 5:30pm Island Princess sails for Puntarenas

shortly therafter

German Buffet 5:30pm-

Horizon Court, Deck 14 Forward 11:00pm

Sunset Sailaway from Fuerte Amador 5:30pm-

Join Magnitude on Lido Deck 14 Midship 6:30pm

Casual Portraits Tonight! 6:00pm-

10:00pm A fun and contemporary alternative to traditional

portraits. Deck 6 Midship

Chillax Relaxation Class 6:00pm

Aerobics Studio, Deck 14 Aft

Featured Artist Evening: Nechita 6:30pm-

Visit the Art Gallery this evening to view some of the

available onboard original and limited editions from this unique abstract genius. Art Gallery, Deck 7 Midship

Name that Motown Song Trivia with DJ Love 6:45pm Explorers Lounge, Deck 6 Aft

SHOWTIME: (For those dinning late) Production Show: On The Bayou

(Repeated Tomorrow at 8:30pm & 10:00pm)

Universe Lounge, Deck 6 Aft

Texas Hold'Em Players 7:00pm

Meet for a \$1/\$2 no limit cash game. Casino, Deck 6

Classic Standards with Perry Phillips Trio

Close Bayou Bar & Café, Deck 7 Aft

Starring: Jessica Parker, Greg Kinnear



6:45pm



I Dont Know How She does It

(PG-13 · 1hr. 30mins.) Lido Deck 14

Dance the Night Away with The De Rissio Quartet 7:30pm-

8:15pm Wheelhouse Bar, Deck 7 Fwd

SHOWTIME: Comedian: Doug Funk
Award winning comedian and improvisor 8:00pm

(Repeated Tomorrow at 8:00pm & 10:00pm)

Princess Theater, Deck 7 Fwd

Name that Motown Song Trivia with DJ Love 8:00pm

Explorers Lounge, Deck 6 Aft



SHOWTIME: Production Show: On The Bayou (For those dinning late) 8:30pm

(Repeated Tomorrow at 8:30pm & 10:00pm)

Universe Lounge, Deck 6 Aft

Ballroom Dance Music With DJ Love 8:45pm-

9:30pm Explorers Lounge, Deck 6 Aft

9:00pm & Texas Hold'Em Players

Meet for a \$1/\$2 no limit cash game. Casino, Deck 6 Dance the Night Away with The De Rissio Quartet

Midnight Wheelhouse Bar, Deck 7 Fwd

Liars Club Gameshow 9:30pm

Come along and see of which of our "fib tellers" is infact

telling the truth. Can you figure out? Come prove it. Hilarious gameshow action with the Cruise Staff.

Explorers Lounge, Deck 6 Aft

9:45pm

I Dont Know How She does It

Starring: Jessica Parker, Greg Kinnear (PG-13 · 1hr. 30mins.) Lido Deck 14

10:00pm- The Wake Show with Gavin & Neil

Onwards Channel 21, Stateroom TV

10:00pm The Ides of March

Starring: Ryan Gosling, George Clooney

(Rated R . 1hr. 41mins.) Princess Theater, Deck 7 Fwd

Live Music with Magnitude 10:15pm-

Midnight Explorers Lounge, Deck 6 Aft

Midnight- All Request Express With DJ Love

Explorers Lounge, Deck 6 Aft Late

Midnight Slot Machines and PokerPro are Open All Night

Casino Cashier opens at 10:00am. Casino, Deck 6

Digital Cameras & Binoculars

Tax-free savings plus, save up to 20% off MSRP

Check out the latest models from Nikon, Olympus, Panasonic and more. Stock up before Puntarenas.

Photo & Video Gallery • Deck 6

Internet Café

Information and Communication At Your Service

Send and Receive Emails News Headlines · Online Banking Check the Stock Market

Atrium · Deck 8 Midship



On The Bayou

Featuring

The Island Princess Singers and Dancers

Music by Peter Creasey & The Island Princess Orchestra

6:45pm (For those dining late)

8:30pm (For those dining early) (Repeated Tomorrow at 8:30pm & 10:00pm)

> Universe Lounge, Deck 6 Aft (No reservation of seats please)

Boutiques Onboard

Buy More & Save! Fragrance & Cosmetics Save an Extra 15%

with the purchase of any 3 100ML fragrances.

Sailing - 11:30pm · Essence Deck 6

Future Cruise Sales

Stop by the Future Cruise Sales office for information on reduced deposits and free shipboard credits on your next Princess cruise.

Atrium • Deck 5



Art Gallery - Deck 7, Midship

7:30pm-8:30pm · Art Director: Chloe Mahtani

Boutiques - Decks 6 Midship

Sailing-11:30pm · Boutiques Manager: Jonathan Turner

Facets Jewelry & Watches - Deck 6 Midship

Sailing-11:30pm • Princess Shopping Host: Bea Kessler • For Assistance Dial 5445

Casino - Deck 6

Full Casino Open at 5:00pm • Casino Manager: Milena Jimenez

Captain's Circle Membership Desk - Atrium Plaza, Deck 5

5:00pm-8:00pm · Captain's Circle Host: Barbara Cristina Zanetti

Cyber Golf Simulator - Deck 15 Midship

To book an appointment call 8403 during library hours. (Fees Apply)

Fresh Flowers - Deck 6 Midship

4:00pm-6:00pm (Deck 6 Midship) · Florist: Neil Sagum

Future Cruise Sales - Atrium Lobby, Deck 5

3:00pm-7:00pm · Future Cruise Consultant: Natalie Zeppieri

Internet Café - Deck 8, Midship

8am-10am, 4pm-6pm & 7:30pm-10:30pm • Internet Manager: Nikolay Nikolaev

Library - Deck 8 Midship

4:00pm-6:00pm

Lotus Spa Fitness Center - Lido Deck 14, Aft 6:00am-10:00pm

Lotus Spa & Beauty Salon - Lido Deck 14, Aft

8:00am-10:00pm · Spa Manager: Aretha Hunter

Medical Center - Deck 4 Midship

8:00am-10:00am & 4:30pm-6:30pm, For urgent medical attention, dial 911

Photography & Video Gallery - Deck 6 Midship

5:00pm-11:00pm · Photo-Video Manager: Jason Michael Kiefer

Sanctuary - Deck 14 Aft, Portside

8:00am-6:00pm

This "Pocket of Tranquility" has limited space available and is on a first come first serve basis. A nominal charge of \$10 for a half day or \$20 for a full day pass.

Shore Excursions Tour Desk - Atrium Lobby, Deck 5

5:30pm-7:00pm · Shorex Manager: Michele Bosco

Youth & Teen Centers - Deck 12 Aft

8am-5pm - Port Day Supervision

6pm-10pm - Youth/Teen Activities

10pm-1am - Late Night Kidsitting (Pre-bookings Requested)

Dining Guide

	Location	Hours
Bordeaux Dining Room (Anytime)	Deck 5 Midship	7:00am-9:00am (Breakfast) 3:30pm-4:30pm (Tea) 5:30pm-10pm (Anytime Dinner)
Provence Dining Room (Traditional)	Deck 6 Midship	Early Seating 5:30pm; Late Seating 7:45pm
Sabatini's*	Deck 7 Midship	5:30pm-10:30pm
Bayou Cafe & Steakhouse*	Deck 7 Midship	5:30pm-10:30pm
Pizzeria	Deck 14 Midship	11:00am-Midnight
Ice Cream Bar	Deck 14 Midship	11:00am-11:00pm
The Grill	Deck 15 Midship	11:00am-11:00pm
Horizon Court	Deck 14 Forward	5:00am-11:30am (Breakfast) 11:30am-3:30pm (Lunch) 3:30pm-5:30pm (Light Snack) 5:30pm-Midnight (Dinner)

Bars, Clubs & Lounges - Signature Cocktail: Ultimate Maitai

	Location	Hours
La Patisserie	Deck 5 Midship	6:30am till 11:00pm
Explorers Lounge	Deck 6 Aft	5:00pm onwards
Crooners	Deck 7 Midship	10:00am onwards
Wheelhouse Bar	Deck 7 Forward	4:00pm onwards
Bayou Cafe	Deck 7 Aft	6:00pm onwards
Horizon Bar	Deck 14 Forward	6:00am till Midnight

*Additional charges apply. Actual meal times are subject to change. Once onboard and subject to availability, you may switch from Traditional Dining to Anytime Dining with 24 hours notice to the Maitre D'. The legal drinking age of 21 years is observed onboard and photo ID may be required. A 15% service charge is automatically added to all bar and wine bills.

Security Screening

All passengers returning to the ship must pass through security screening. Objects containing metal such as mobile phones, cameras, binoculars, reading glass cases, large belt buckles, batteries, electrical devices, etc. will cause the walk through metal detector to alarm and delay entry onto the ship. Such items need to be placed into the trays provided before you pass through the metal detector. Passengers with, for example, surgical metal implants, large amounts of metal jewelry, metal shoe stays, etc. may need to undergo further screening, e.g. hand-held metal detector or "Pat Search."

Environmental Safety Notice

For the effective operation of the ship's sewage treatment plant, we kindly request passengers to refrain from disposing any unused shampoos or other types of liquids down the drain. Any containers with liquids should be disposed with the regular garbage collected by your stateroom steward. Thank you.

Shore Excursions: Tour office hours: 5:30pm to 7:00pm - Atrium Lobby, Deck 5

Please check your tour tickets for the meeting time and location of your tours. Tour Office staff will be available in the Princess Theatre from 7:00am until 8:30am for any last minute bookings or enquiries for Fuerte

Tour Meeting Information - For all those passengers participating on a morning departure of a Princess Organized Excursion meeting in the ship's lounges please be advised that you DO NOT need a tender

ticket to go ashore. We kindly ask you enter the meeting lounges with your entire party and tickets ready in hand. For those passengers participating on a Princess Organized Excursion meeting ashore in the afternoon, please allow at least 50 minutes to

proceed ashore on time for your tour. Bring your cruise card, photo ID and your tour ticket.

Tour cancellations for Puntarenas close at 11:00am tomorrow, 4th May.





Princess Patter

At Sea Fri. May 4, 2012 · Island Princess · Tonight's dress: Formal

Weather: Today's Forecast: Partly cloudy – High: 27°C (81°F) Low: 23°C (73°F) – Sunrise 6:08am/Sunset 6:41pm Tomorrow's Forecast: Cloudy, rain – High: 27°C (81°F) Low: 25°C (77°F)

The Officer's Daily Log

Meet The Art Director Chloe Mahtani



Chloe Mahtani was born in Kingston on the sunny island of Jamaica. While attending law school she yearned for adventure and ultimately decided to pursue a career as an Art Director at sea. She is truly passionate about art! Chloe's favorite Princess port of call thus far is Sorrento, Italy. "The restaurants are fantastic, the locals are friendly and the memories last a lifetime," she says.

When she's not onboard, Chloe can be found spear fishing, horseback riding and spending time with family and friends.

by Art Director Chloe Mahtani

Many would say the destinations we visit on our cruises are like works of art themselves.

Certainly the charms of our upcoming port

Puntarenas offer something to satisfy anyone's sense of aesthetics.

On our cruise, the opportunities for artistic appreciation aren't just onshore. We invite you to join us in the Explorers Lounge for our onboard art auctions. While sipping complimentary champagne, you'll see some of the most beautiful artwork produced in the last century. You'll learn more about its history. And if you choose, you can bid on a piece to add to your own collection.

We've arranged to make the artwork in our auction available to you at substantial savings. And bidding couldn't be easier. There's no registration required. If your bid succeeds, it will be recorded and charged to your shipboard account like any other shipboard purchase. We'll insure, package and ship your artwork to your home or office from our U.S. fulfillment center.

Great art, like the destinations we visit, can be a very effective way to escape completely®.

Time Change – Ship's clock will be set one hour back at 2:00am between Friday night, May 4th and Saturday morning, May 5th.

From the Navigator

After crossing the Gulf of Panama last night, we turned west to parallel the Panamanian coast, just 420 nautical miles north of the equator. Later this afternoon, we will alter to the north-west and continue paralleling the Central American coast towards Puntarenas.

Deck Loungers

As a courtesy to your fellow passengers please be advised that deck loungers must not be reserved and that towels and personal items will be removed by a Princess crewmember after a 15 minute period if the lounger has not been occupied.

Swimming Pools Notice

- No Lifeguards on duty.
- The area around the pool may be wet and slippery and caution should be used when moving in this area.
- All persons using the pool do so at their own risk.
- Diving, jumping and running in the pool area are absolutely prohibited.
- Please stay off all safety netting in and around the pool.
- Those persons in any form of diapers are not permitted in the swimming pools and whirlpool spas.
- Children must be supervised by an adult at all times.

Did You Know?

A total of five Princess ships were used during the run of the Love Boat television show.

Mark How will you escape completely??







Refreshing Morning

The Wake Show with Cruise Director Gavin & Neil

11:00am Channel 21, Stateroom TV

7:00am Fabulous Abs

Aerobics Studio, Deck 14 Aft

7:30am Long & Lean Stretch

Aerobics Studio, Deck 14 Aft

8:00am Spinning Class

Aerobics Studio, Deck 14 Aft (\$12 fee applies)

Brain Waves Quiz 8:00am

Pick up your daily teasers. Library, Deck 8 Midship Onwards

8:00am-9:00am ermen return

The Wake Show Lido Deck 14

9:00am-Holiday Store At Sea

Gifts for Only \$10.00 Watches, Jewelry, Evening Bags, Noon Ties & More, 3 Hours Only. Provence Dining Room, Deck 6

9.00am Yoga

Aerobics Studio, Deck 14 Aft (\$12 fee applies)

Zumba™ Al Fresco 9:15am

Join Laura for this fun and exciting dance class.

Please wear proper footwear. Lido, Deck 14

Table Tennis Competition 9:15am

Go for gold with the Cruise Staff.

Above Lotus Pool, Deck 15 Midship

Bridge Lecture 9:30am

With Lecturer Dolores. Bayou Cafe, Deck 7 Aft

Modern Marvels: Panama Canal 10:00am

Lido Deck 14 under greens

Body Sculpt Boot Camp #3 10:00am

Aerobics Studio, Deck 14 Aft (nominal fee)

Line Dancing Al Fresco 10:00am

With your Cruise Staff. Lido, Deck 14

Morning Trivia Challenge 10:15am

Join the Cruise Staff for another challenge.

Wheelhouse Bar, Deck 7 Fwd

Culinary Demonstration 10:15am

Our Galley & Dining staff host this fun event.

Universe Lounge, Deck 6 Aft

Service Club Get-Together 10:30am

Make-Up Cards will be available for this week. Library, Deck 8 Midship

\$60 Texas Hold'Em Tournament 10:30am

Followed by a \$1/2 no limit cash game.

Casino, Deck 6 Midship

10:30am **Princess Olympics Ring Toss**

Atrium, Deck 5 Midship

Special Interest Lecture: Puntarenas: The Cruiser's 10:45am

Backdoor to Costa Rica- This presentation highlights

many of the ecological, cultural and adventure tourism opportunities available to cruise ship guests

who plan to explore this amazing Central American country from the port-of-call of Puntarenas. With Guest

lecturer Kenneth Williams. Princess Theater, Deck 7 Fwd

10:45am



View From the Bridge Lido Deck 14

Ancient Mysteries: Lost City of Pirates 11:00am

(48mins.) Channel 21, Stateroom TV

Famous Emeralds 11:00am

Join James from Provenance Gems for an insight to

some of the most amous Emeralds in the world.

Wedding Chapel, Deck 7

Free Seminar: Burn Fat Faster 11:00am

Aerobics Studio, Deck 14 Aft

Margarita Demonstration 11:00am

Lido Pool, Deck 14

\$1400 Snowball Jackpot Bingo 11:15am

Could go in 49 numbers, plus 3 other cash prizes.

Cards available from 10:30am. Universe Lounge, Deck 6 Aft

Mexican Buffet is Served 11:30am-2:00pm Horizon Court, Deck 14 Fwd

11:30am-English-Style Pub Lunch Bayou Café, Deck 7 2:30pm

11:50am The Transformation of Golden Princess

(22mins.) Channel 21, Stateroom TV

Relaxing Afternoon

Closest to the Pin Golf Competition Noon

Join Adam of the Cruise Staff. Golf Simulator, Deck 15 Midship

Slot Tournament 12:30pm-

Champion wins up to \$500. Only \$20 to enter. Purchase 3:00pm

your tickets from cashiers. Casino, Deck 6 Midship

Batwomen of Panama 12:15pm

(46mins) Channel 21, Stateroom TV

Special Interest Lecture: 12:45pm

Nature's Fireworks Show: Volcanoes

From Hawaii to Iceland, how have volcanoes "shaped the

land"? With guest lecturer Gary Shahan.

Universe Lounge, Deck 6 Aft

Cocktail Melodies with Lady Hit Trio 12:45pm-

1:30pm Atrium, Deck 5 Midship

Afternoon Movie: The Iron Lady 1:00pm

Starring: Meryl Streep, Jim Broadbent

(PG-13 · 1hr. 45mins) Princess Theater Deck 7, Fwd

1:00pm Adams Longest Drive Competition

Calling all finalist that have made the cut to join Adam. Golf Simulator, Deck 15 Midship

Dolphins and Whales: Tribes of the Ocean 1:00pm (42mins.) Channel 21, Stateroom TV

Cool by the Pool with Magnitude

1:00pm-2:30pm Lido Deck 14 Midship

Ladies of the P.E.O. 1:00pm

Come and meet women helping women reach for the stars.

Crooners, Deck 7 Midship

1:30pm Extravaganza Art Auction

One hour only! Enter Early Bird Art Raffle to win!

12:30pm Preview, Explorers Lounge, Deck 6 Aft

Bridge Play 1:30pm-

1:45pm

3:30pm Lecturer Dolores. Sabatini's, Deck 7 Aft

Video Visits (Miami, Bahamas, Jamaica, Puerto Rico) 1:45pm

(1hr. 17mins.) Channel 21, Stateroom TV

Ballroom Blitz: Cha Cha With Callie, Universe Lounge, Deck 6 Aft

Fine Arts

Extravaganza Art Auction Today

Who said collecting fine art has to be expensive? One hour only. Fabulous Fine Art Raffle! Preview (12:30pm), Auction (1:30pm)

Explorers Lounge, Deck 6





Sample selected wines from our renowned cellar in a casual atmosphere for only \$9.50

3:00pm · Provence Dining Room, Deck 6







Let Princess be your Consummate Host®

2:00pm Shuffleboard Tournament

Join the Cruise Staff for this classic cruise ship game.

Sports Deck 16 Aft

2:00pm Designer Watch Event

Join Natalia & Bea to learn all about Tag Heuer,

Tissot, Philip Stein & More. Facets, Deck 6

GLBT Get Together 2:00pm

Crooners, Deck 7 Midship

Free Seminar: Relieving Back Pain & Walking In Comfort 2:00pm

Free Footprint Analysis for all who attend.

Aerobics Studio, Deck 14 Aft.

Restore Your Youthful Skin 2:00pm With your onboard Medi Spa Physician Dr Burgos. Wedding Chapel, Deck 7 Midship

Texas Hold'em Players 2:00pm

Meet for a \$1/\$2 No limit cash game. Casino, Deck 6

Teachers and Educators Get-Together 2:15pm

Crooners, Deck 7 Midship

Special Interest Lecture: The Musical Sounds 2:45pm

of the '50s - Return with us now to those thrilling sounds of yesteryear. Singing along is highly encouraged. By lecturer Michael Raick. Universe Lounge, Deck 6 Aft

Special: True Caribbean Pirates 3:00pm

(1hr. 16mins.) Channel 21, Stateroom TV

3:00pm Passenger Talent Show Sign Up & Rehearsal

If you can sing, dance or tell jokes come along and sign up for Thursday nights show. Wheelhouse Bar, Deck 7 Fwd

Princess Grapevine Wine Tasting 3:00pm

A unique opportunity to sample premium wines from our renowned cellars. (\$9.50 fee applies)

Provence Dining Room, Deck 6

3:00pm Princess Pop Choir - The Rehearsal - Join "Princess

Pop Choir" - the Island's version of "Glee" and "The Choir". Bring your voices and get ready to sing in a performance

at the end of the cruise. Bayou Cafe, Deck 7 Aft

3:15pm

Creativity@Sea: Box Making Join the Cruise Staff. Bayou Café, Deck 7 Aft

3:30pm-Afternoon Tea

In a musical atmosphere. 4:30pm

Bordeaux Dining Room, Deck 5 Midship

4:00pm

Aerobics Studio, Deck 14 Aft (\$12 fee applies)

ANZAC Get Together 4:00pm

Explorers Lounge, Deck 6 Aft

Modern Marvels: Panama Canal 4:15pm

(44mins) Channel 21, Stateroom TV

Afternoon Trivia Challenge 4:30pm

Join the Cruise Staff for another challenge.

Explorers Lounge, Deck 6 Aft

Enchanting Evening

5:00pm Friends of Bill W. Meeting

Wheelhouse Museum, Deck 7 Fwd

5:00pm-Formal Portraits Tonight! - Join your friendly Photo team 10:30pm in the Atrium to have your photos taken. No sitting fee! No

obligation to purchase! Atrium, Decks 5, 6 & 7 Midship

5:00pm-Cocktail Melodies

With Lady Hit Trio & Magdalena. Atrium, Deck 5 Midship

Destination Lecture - Puntarenas

Channel 21, Stateroom TV 10:00pm

Jewish Sabbath Service 5:15pm

Conducted by fellow passenger Rabbi Gideon Sorokin.

All amenities will be provided. Wedding Chapel, Deck 7

6:00pm No Smoking Night

The Casino is a no smoking area tonight. Casino Deck 6

Chillax Relaxation Class 6:00pm Aerobics Studio Deck 14 Aft

Name that Tune - 80's Song Trivia with DJ Love 6:45pm

Explorers Lounge, Deck 6 Aft

7:00pm-Jazz with the Perry Phillips Trio Bayou & Bar Café, Deck 7 Aft Close

Texas Hold'em Players 7:00pm &

Meet for a \$1/\$2 No limit cash game. Casino, Deck 6 11:00pm

7:00pm

7:30pm-

9:30pm

The Iron Lady Starring: Meryl Streep, Jim Broadbent (PG-13 · 1hr. 45mins.) Lido Deck 14

Ballroom Favorites With DJ Love Explorers Lounge, Deck 6 Aft

8:00pm 7:30pm-Piano Sounds of Magdalena 8:15pm Wheelhouse Bar, Deck 7 Fwd

Name that Tune - 80's Song Trivia with DJ Love 8:00pm

Explorers Lounge, Deck 6 Aft

8:00pm

Comedian: Doug Funk SHOWTIME: Award winning comedian and improvisor

(Final Repeat Performance) Princess Theater, Deck 7 Fwd

SHOWTIME: Production Show. (Final Repeat Performance) Production Show: On the Bayou 8:30pm

Universe Lounge, Deck 6 Aft 8:45pm-Dancing with Magnitude Explorers Lounge, Deck 6 Aft 9:15pm

Piano Entertainer Brad Stevens 9:00pm-

Onwards Crooners Bar, Deck 7

Dance The Night Away With The Derissio Quartet Wheelhouse Bar, Deck 7 Fwd 9:00pm-

Midnight

Princess Popstar Karaoke 9:30pm

Join the Cruise Staff. (Sign-up at 9:15pm)

Explorers Lounge, Deck 6 Aft

NBA Playoffs Los Angeles Lakers vs. Denver Nuggets

movies energy reliand

(Satellite permitting) Lido Deck 14

10:00pm-The Wake Show with Gavin & Neil Onwards

Channel 21, Stateroom TV

Production Show: On the Bayou 10:00pm SHOWTIME: (Final Repeat Performance)

Universe Lounge, Deck 6 Aft

10:00pm SHOWTIME: Comedian: Doug 1 cm.
Award winning comedian and improvisor

(Final Repeat Performance)

Princess Theater, Deck 7 Fwd

The Dancing Continues with Magnitude 10:15pm-

Explorer's Lounge, Deck 6 Aft Midnight

Music with DJ Love Midnight-

Explorers Lounge, Deck 6 Aft Close



Cosmetic Facial Treatments

Volumizing skin treatments, instant lip enhancement and non-surgical brow lift. All treatments FDA-approved. Free consultation with Dr. Alejandra, Spa Physician.

Lotus Spa • Deck 14 - Ext. #14626



Universe Lounge · Deck 6 Aft

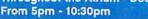
Photo & Video Gallery

Memories

Formal Portraits Tonight!

Choose from various locations and backdrops.

Throughout the Atrium • Decks 5, 6, 7





Art Gallery - Deck 7, Midship

7:30pm-8:30pm · Art Director: Chloe Mahtani

Boutiques - Decks 6 Midship

9:00am-11:30pm · Boutiques Manager: Jonathan Turner

Facets Jewelry & Watches - Deck 6 Midship

9:00am-11:30pm

Princess Shopping Host: Bea Kessler - For Assistance Dial 5445

Casino - Deck 6

Cash Desk 10:00am, Tables Noon · Casino Manager: Milena Jimenez

Captain's Circle Membership Desk - Atrium Plaza, Deck 5

9:00am-Noon · Captain's Circle Host: Barbara Cristina Zanetti

Cyber Golf Simulator - Deck 15 Midship

To book an appointment call 8403 during library hours - all sea days. (24 hrs notice required & Fees Apply)

Fresh Flowers - Deck 6 Midship

10:00am-Noon & 4:00pm-6:00pm (Deck 6 Midship) • Florist: Neil Sagum

Future Cruise Sales - Atrium Lobby, Deck 5

10:00am to 3:00pm · Future Cruise Consultant: Natalie Zeppieri

Internet Café - Deck 8, Midship

9am-Noon, 1pm-5pm & 7:30pm-10:30pm • Internet Manager: Nikolay Nikolaev

Library - Deck 8 Midship

9:00am-Noon & 3:00pm-5:00pm

Lotus Spa Health & Fitness Center - Lido Deck 14, Aft 6:00am-10:00pm

Lotus Spa & Beauty Salon - Lido Deck 14, Aft

8:00am-8:00pm · Spa Manager: Aretha Hunter

Medical Center - Deck 4 Midship

9:00am-11:00am & 4:30pm-6:30pm, For urgent medical attention, dial 911

Photography & Video Gallery - Deck 6 Midship

9:00am-3:00pm & 6:00pm-11:00pm

Photo-Video Manager: Jason Michael Kiefer

Sanctuary - Deck 14 Aft, Portside

8:00am-6:00pm

This "Pocket of Tranquility" has limited space available and is on a first come first serve basis. A nominal charge of \$10 for a half day or \$20 for a full day pass.

Shore Excursions Tour Desk – Atrium Lobby, Deck 5 Midship

9:00am-Noon & 4:00pm-6:00pm • Shorex Manager: Michele Bosco

Youth & Teen Centers - Deck 12 Aft

9am-Noon, 1pm-5pm & 6pm-10pm – Youth/ Teen Activities 10pm-1am – Late Night Kidsitting (Pre-bookings Requested)

Dining Guide

	Location	Hours
Bordeaux Dining Room (Anytime)	Deck 5 Midship	7:30am-9:30am (Breakfast); Noon-1:30pm (Lunch) 3:30pm-4:30pm (Tea) 5:30pm-10pm (Anytime Dinner)
Provence Dining Room (Traditional)	Deck 6 Midship	Early Seating 5:30pm; Late Seating 7:45pm
Sabatini's*	Deck 7 Midship	5:30pm-10:30pm
Bayou Cafe & Steakhouse*	Deck 7 Midship	5:30pm-10:30pm
Pizzeria	Deck 14 Midship	11:00am-Midnight
Ice Cream Bar	Deck 14 Midship	11:00am-11:00pm
The Grill	Deck 15 Midship	11:00am-11:00pm
Horizon Court	Deck 14 Forward	5:00am-11:30am (Breakfast) 11:30am-3:30pm (Lunch) 3:30pm-5:30pm (Light Snack) 5:30pm-Midnight (Dinner)

Bars, Clubs & Lounges - Signature Cocktail: Caipirinha

	Location	Hours
La Patisserie	Deck 5 Midship	7:00am till 11:00pm
Explorers Lounge	Deck 6 Aft	5:00pm onwards
Crooners	Deck 7 Midship	10:00am onwards
Wheelhouse Bar	Deck 7 Forward	4:00pm onwards
Bayou Cafe	Deck 7 Aft	6:00pm onwards
Horizon Bar	Deck 14 Forward	6:00am till Midnight

*Additional charges apply. Actual meal times are subject to change. Once onboard and subject to availability, you may switch from Traditional Dining to Anytime Dining with 24 hours notice to the Maitre D'. The legal drinking age of 21 years is observed onboard and photo ID may be required. A 15% service charge is automatically added to all bar and wine bills.



Fresh Flowers

Boutonnieres, corsages, and wristlets available for formal night.
Our onboard florist will create the perfect arrangement.

10am-Noon & 4pm-6pm

Deck 6 Midship

Princess Captain's Circle

We look forward to seeing you at our Members' Cocktail Party tonight.

Universe Lounge · Deck 6 Aft

Internet Café

Stay in touch from our onboard Internet Café or use the wireless service in your staterooms.

Atrium · Deck 8 Midship

Shore Excursions: Tour office hours: 9:00am-Noon & 4:00pm-6:00pm - Atrium Lobby, Deck 5

Tickets are selling fast! Get priority when booking your tours through the 24-hour drop box. Simply complete a Tour Order Form with your name, stateroom number and signature. Before placing your form in the 24-hour Drop Box, check the "Availability Board", which is located outside of the Tour Office —requests for sold out tours will be waitlisted in the order requests are received. Tickets will be delivered directly to your stateroom. No need to wait in line!

Tour cancellations for Puntarenas close at 11:00am today.

No cancellations or exchanges may be accepted after this time.

Your daily guide to life at sea



PrincessPatter

escape completely.

Puntarenas Sat. May 5, 2012 · Island Princess · Tonight's dress: smart casual

Weather: Today's Forecast: Cloudy, rain showers - High: 28°C (83°F) Low: 26°C (79°F) - Sunrise 5:20am/Sunset 5:51pm Tomorrow's Forecast: Cloudy- High: 27°C (81°F) Low: 25°C (77°F)

The Officer's Daily Log

Meet Executive Chef Mickaël Tocchetto



Executive Chef Mickaël Tocchetto was born in the Bordeaux region of France, where he often prepared luncheons with his family using the freshest locally-grown ingredients - some from his own backyard!

Certified at the prestigious culinary school in Nerac, France, Mickaël gained experience at fine dining hotels and restaurants throughout England, Australia, French Guyana, Nigeria and Canada. We are pleased that Michael has brought his extensive knowledge to sea with Princess!

When he's not onboard, Mickaël enjoys skiing and cooking for his family back home in Toronto, Canada.

by Executive Chef Mickaël Tocchetto

Enjoy your day in Puntarenas, where the Costa Rican rainforest is at your fingertips. Keep your eyes peeled for wildlife on a jungle river cruise at Guacalillo Estuary, where you'll likely spot a wide variety of colorful birds and a huge colony of crocodiles. Catch a bird's-eye view of the rainforest canopy as you soar over waterfalls. I also recommend a visit to Poas Volcano National Park, where you should be able to watch an active volcano as it periodically steams and

It's been my experience while sailing the world that the personality of a region comes through clearly in its cuisine. The distinctive flavors of Costa Rica are no exception. The national dish of Costa Rica is gallo pinto, or rice and black beans. For lunch, gallo pinto is served with meat and a salad, sometimes with fried plantains or tortillas on the side. All together, this dish is called casado. You can get a taste of this staple and other traditional fare during your visit to Puntarenas, as well as through the regional dishes we prepare from scratch during our

On the ship, my dedicated team of 194 crewmembers is always busy slicing and dicing. baking and cooking up a feast for the senses. It is my pleasure to ensure that each meal you enjoy on board is an experience to remember. Vacation is a time to relax and relish the good life, and we take pride in preparing fresh and flavorful cuisine with passion and care. Buon Appetito!

Security Information: U.S. Consulate in San Jose Calle 120 Avenida 0 Pavas, San Jose, Costa Rica Phone: 506 2519 2000 **Emergency Number: 911**

From the Navigator

During the early hours of the morning, Island Princess will enter 'Golfo De Nicoya', navigating between the numerous fishing boats that ply their trade in these waters. We will then board a local pilot who will guide us to our berth. Once Island Princess departs from Puntarenas, we will retrace our steps out of the 'Golfo de Nicoya' and then we will set various north-westerly courses towards Los Angeles.

Ship's Security Notice

In order to prevent unauthorized persons boarding the ship, you are required to carry your "Cruise Card" with you when going ashore. You will be asked to produce this at the gangway when you leave and return to the ship. Please ensure that you also have a Government-issued picture ID with you before leaving the ship as you may be required to show this at security checkpoints upon your return. Do not accept or bring onboard any parcels or packages from strangers. Before boarding, you may also be asked by our Security Staff to open parcels or handbags which you are carrying.

Most Traveled Passengers



We are proud to introduce our Most Traveled Passengers for this voyage, Mr & Mrs Amoruso,

from Florida, USA.

They have sailed 788 days with Princess Cruises, and we are pleased to have them as a valued members of the Princess Cruises Captain's Circle.

Congratulations to Mr. & Mrs Amoruso!

For assistance shoreside, contact Port Agent: Humberto Alvarez Paseo Colon y Av. 2 - Calle 26, San Jose, Costa Rica Telephone: 506 2284 9000







Refreshing Morning

5:00am- The Wake Show with Cruise Director Gavin & Neil

11:00am Channel 21, Stateroom TV

7:00am Island Princess is scheduled to arrive in

(approx.) Puntarenas, Costa Rica

7:00am Fabulous Abs

Aerobics Studio, Deck 14 Aft

7:30am- Last Minute Essentials for Puntarenas

9:30am Sunscreen, insect repellent, sundries, etc.

Atrium, Deck 5 Midship

7:30am Long & Lean Stretch

Aerobics Studio, Deck 14 Aft

8:00am Brain Waves Quiz

Onwards Pick up your daily teasers. Library, Deck 8 Midship

9:00am Table Tennis Competition

Go for gold with the Cruise Staff. Above Lotus Pool, Deck 15 Midship

9:00am-10:00am



The Wake Show Lido Deck 14

9:45am Crew Emergency Drills

At 9:45am today, alarms will sound and broadcasts will be made as the crew practices their Emergency duties. During this exercise limited passenger services will be provided. Be advised that part of the exercise involves checking passenger staterooms to ensure they have been evacuated. If you will be onboard during the drill and prefer not to be disturbed, please display the "Privacy Please" notice prior to the start of the drill. For the duration of the crew drill, we kindly request that passengers keep clear of the area outside of the Boat Deck.

10:00am



View from the Bridge Lido Deck 14

10:15am Board Games Get-Together (unhosted)

Looking for a backgammon, scrabble, monopoly or other game opponent? Come meet your fellow passengers.

Card Room, Deck 8 Midship

9:30pm 50's Rock N' Roll Party

Join the Cruise Staff & Magnitude for a musical trip back through time. With Surprises and games in store.

Universe Lounge • Deck 6 Aft

10:45am Brunchtime Trivia

Test your general knowledge with the Cruise Staff.

Wheelhouse Bar, Deck 7 Fwd

11:00am Video Visits (Miami, Bahamas, Jamaica, Puerto Rico)

(1hr. 17mins.) Channel 21, Stateroom TV

Relaxing Afternoon

12:15pm Basketball Shootout

Sports Court, Deck 16 Aft

12:16pm Ocean Wonderland

(40mins.) Channel 21, Stateroom TV

1:00pm Afternoon Movie: Midnight in Paris

Starring: Owen Wilson, Rachel McAdams

(PG-13 · 1hr. 35mins.) Princess Theater, Deck 7 Fwd

1:00pm Haunted Caribbean

(46mins.) Channel 21, Stateroom TV

1:00pm Taboo Challenge

The game of unspeakable fun, with the Cruise Staff.

Crooners Bar, Deck 7 Midship

1:50pm True Caribbean Pirates

(1hr 15mins.) Channel 21, Stateroom TV

2:00pm Nintendo Wii@Sea - Dance

With the Cruise Staff. Explorers Lounge, Deck 6 Aft

2:45pm Line Dancing Alfresco

Join the Cruise Staff for line dancing fun.

Poolside Deck 14

3:05pm Gavin Macleod Biography

(54mins.) Channel 21, Stateroom TV

3:30pm- Musical Afternoon Tea

4:30pm With music from our ships musicians.

Bordeaux Dining Room, Deck 5 Midship

4:00pm Free Foot Analysis - Your feet are your foundation! Learn how you can improve postural pain and problems with this

now you can improve postural pain and problems with this simple affordable solution. Aerobics Studio, Deck 14 Aft

4:00pm A Man, A Plan A Canal, Panama (Documentary)

(57mins.) Channel 21, Stateroom TV

4:00pm Shuffleboard Tournament

Join the Cruise Staff for this classic cruise game and go

for gold. Sports Deck 16 Aft

1

Water Stations

Before going ashore, chilled water and sodas will be available for purchase.

Enjoy your day in Puntarenas!

Princess Theater & Gangway Area

Future Cruise Sales

Place a \$100 per person deposit to receive FREE shipboard credits for your next Princess voyage — even if you haven't decided where to cruise next!

Atrium • Deck 5 Midship

Photo & Video Gallery

Pre-order your "Ultimate Panama DVD Collection"

This 5 Disk set includes the popular 'Historic Canal'. Order yours today

for only \$55.96

Photo & Video Gallery · Deck 6

Fashion Rings

Buy More & Save! Fabulous Fashion Rings

Buy 1 for \$19.99

Buy 2 for \$34.99

(Reg. \$24.99 each)

7:00pm-9:00pm · Facets, Deck 6



Salon Sampler

Choose 3 of the following: Foot & Ankle Massage, Frangipani Scalp Massage, Re-hydrating Facial, Lime & Ginger Hand Spa or Eye & Neck Collagen. Only \$79

Lotus Spa • Deck 14 Aft - Ext. #14626







Let Princess be your Consummate Host*

4:00pm Friends of Bill W. Meeting

Wedding Chapel, Deck 7 Midship

4:30pm Afternoon Trivia Challenge

Another "Mental Minefield" with the Cruise Staff

Explorers Lounge, Deck 6 Aft

Enchanting Evening

5:00pm Movie: Rio

Starring: Jesse Eisenberg, Anne Hathaway (Rated G • 1hr. 36mins.) Channel 21, Stateroom TV

5:30pm GLBT Get-Together

Crooners Bar, Deck 7 Midship

5:45pm WIES

Concert: Paul McCartney (58mins). Lido Deck 14

6:00pm Chillax Relaxation Class

Aerobics Studio, Deck 14 Aft

6:30pm All Passengers Aboard!

Island Princess sails for Los Angeles

shortly thereafter

6:45pm Name that Tune - 70's Song Trivia with DJ Love

Explorers Lounge, Deck 6 Aft

7:00pm- Classic Standards with Perry Phillips Trio

Close Bayou Bar & Café, Deck 7 Aft

Movie: Crazy, Stupid, Love Starring: Steve Carell, Ryan Gosling

(PG-13 · 1hr. 58mins). Lido Deck 14

7:30pm \$5 Face Up BlackJack

The game where you get to see both the dealers cards before taking any decision. Casino, Deck 6 Midship

7:30pm- Dance the Night Away with The De Rissio Quartet

8:15pm Wheelhouse Bar, Deck 7 Fwd

8:00pm Texas Hold'Em Players

Meet for a \$1/\$2 No Limit Cash Game. Casino, Deck 6

8:00pm Name that Tune - 70's Song Trivia with DJ Love

Explorers Lounge, Deck 6 Aft



8:00pm SHOWTIME: P

· Piano Entertainer: Stephen Kane

Princess Theater, Deck 7 Fwd

8:00pm SHOWTIME: Classical Concert

With Magdalena and the Lady Hit Trio

(Repeated Tomorrow at 6:45pm)

Universe Lounge, Deck 6 Aft

8:45pm- Ballroom Dance Date With DJ Love

9:30pm Explorers Lounge, Deck 6 Aft

9:00pm- Dance the Night Away with The De Rissio Quartet

Midnight Wheelhouse Bar, Deck 7 Fwd 9:30pm Princess Popstar Karaoke

Join the Cruise Staff. (Sign-up at 9:15pm)

Explorers Lounge, Deck 6 Aft

9:30pm 50's Rock N' Roll Party

Join the Cruise Staff & Magnitude for a musical trip back

through time. With Surprises and games in store.

Universe Lounge, Deck 6 Aft

9:30pm All Night Requests with Brad Stevens

Onwards Crooner's Bar, Deck 7 Midship

9:45pm Movie: C

Movie: Crazy, Stupid, Love Starring: Steve Carell, Ryan Gosling (PG-13 • 1hr. 58mins). Lido Deck 14

10:00pm (LICIA/TIME: Piano Entertainer: Stephen Kane

Princess Theater, Deck 7 Fwd

10:00pm- The Wake Show with Gavin & Neil

Onwards Channel 21, Stateroom TV

10:15pm- 50's Music Hour

11:15pm Explorers Lounge, Deck 6 Aft

11:00pm Texas Hold'Em Players

Meet for a \$1/\$2 No Limit Cash Game. Casino, Deck 6

11:15pm- Music With DJ Love

Close Explorers Lounge, Deck 6 Aft

Midnight Slot Machines and Texas Hold'Em Table

Open all night. Casino, Deck 6

Internet Café

Check your local & national news online!

Internet Café is open 24 hours a day. Wireless access also available.

Atrium · Deck 8 Midship

X Sabatini's

Enjoy authentic Italian specialties, now featuring a new à la carte menu with delectable additions.

A \$20 cover charge applies.

Buon Appetito!

5:30pm to 10:30pm · Deck 7 Midship



Spotlight Showtime

Featuring:

The Fantastic Flying Fingers of

Piano Entertainer

Stephen Kane

8:00pm & 10:00pm

(Tonight Only)

Princess Theater, Deck 7 Fwd

Bayou Cafe & Steakhouse^{sм}

Spice up your day with a little jazz and some delicious
Cajun & Creole cuisine.
\$20 per person cover charge applies.

Reservations recommended.

5:30pm-10:30pm · Deck 7 Midship

Special Laundry Promotion

Our laundry team will wash all items you can fit in your stateroom laundry bag for a flat fee of \$20. This offer is limited to one bag per passenger that is left with your Stateroom Steward today.

Locations, Hours & More



Art Gallery - Deck 7, Midship

7:30pm-8:30pm · Art Director: Chloe Mahtani

Boutiques - Decks 6 Midship

Sailing-11:30pm · Boutiques Manager: Jonathan Turner

Facets Jewelry & Watches - Deck 6 Midship

Sailing-11:30pm · Shopping Host: Bea Kessler · For Assistance Dial 5445

Casino - Deck 6

Opens approx. 30 minutes after sailing · Casino Manager: Milena Jimenez

Captain's Circle Membership Desk - Atrium Plaza, Deck 5

5:00pm-8:00pm · Captain's Circle Host: Barbara Zanetti

Cyber Golf Simulator - Deck 15 Midship

To book an appointment call 8403 during library hours. Fees Apply

Future Cruise Sales - Atrium Lobby, Deck 5

2:00pm-7:00pm · Future Cruise Consultant: Natalie Zeppieri

Internet Café - Deck 8, Midship

8am-10am, 4pm-6pm & 9:00pm-10:30pm

Internet Manager: Nikolay Nikolaev

Library - Deck 8 Midship

4:00pm-6:00pm

Lotus Spa Health & Fitness Center - Lido Deck 14, Aft 6:00am-10:00pm

Lotus Spa & Beauty Salon - Lido Deck 14, Aft

8:00am-10:00pm · Spa Manager: Aretha Hunter

Medical Center - Deck 4 Midship

8:00am-10:00am & 4:30pm-6:30pm, For urgent medical attention, dial 911

Photography & Video Gallery - Deck 6 Midship

4:30pm-11:00pm · Photo-Video Manager: Jason Michael Kiefer

Sanctuary - Deck 14 Aft, Portside

8:00am-6:00pm

This "Pocket of Tranquility" has limited space available and is on a first come first serve basis. A nominal charge of \$10 for a half day or \$20 for a full day pass.

Shore Excursions Tour Desk - Atrium Lobby, Deck 5 Midship

6:00pm-7:00pm · Shorex Manager: Michele Bosco

Youth & Teen Centers - Deck 12 Aft

8am-5pm - Port Day Supervision; 6pm-10pm - Youth/Teens Activities

10pm-1am - Late Night Kidsitting (Pre-bookings Requested)

Dining Guide

	Location	Hours
Bordeaux Dining Room (Anytime)	Deck 5 Midship	7:00am-9:00am (Breakfast) 3:30pm-4:30pm (Tea) 5:30pm-10pm (Anytime Dinner)
Provence Dining Room (Traditional)	Deck 6 Midship	Early Seating 5:30pm; Late Seating 7:45pm
Sabatini's*	Deck 7 Midship	6:00pm-11:00pm
Bayou Cafe & Steakhouse*	Deck 7 Midship	6:00pm-11:00pm
Pizzeria	Deck 14 Midship	11:00am-Midnight
Ice Cream Bar	Deck 14 Midship	11:00am-11:00pm
The Grill	Deck 15 Midship	11:00am-11:00pm
Horizon Court	Deck 14 Forward	5:00am-11:30am (Breakfast) 11:30am-3:30pm (Lunch) 3:30pm-5:30pm (Light Snack) 5:30pm-Midnight (Dinner)

Bars, Clubs & Lounges - Signature Cocktail: Raspberyy Fizz

	Location	Hours
La Patisserie	Deck 5 Midship	7:00am till 11:00pm
Explorers Lounge	Deck 6 Aft	5:00pm onwards
Crooners	Deck 7 Midship	10:00am onwards
Wheelhouse Bar	Deck 7 Forward	4:00pm onwards
Bayou Cafe	Deck 7 Aft	6:00pm onwards
Horizon Bar	Deck 14 Forward	6:00am till Midnight

*Additional charges apply. Actual meal times are subject to change. Once onboard and subject to availability, you may switch from Traditional Dining to Anytime Dining with 24 hours notice to the Maitre D'. The legal drinking age of 21 years is observed onboard and photo ID may be required. A 15% service charge is automatically added to all bar and wine bills.

General Safety and Security Guidelines While Ashore:

- Stay in the normal tourist areas and don't travel to out of the way places without a reputable guided tour.
- Always travel with a companion.
- Do not leave any of your belongings unattended in public areas.
- Be generally aware of people and activities around you.
- Do not accept packages from anyone you don't know personally.
- Keep a low profile dress and behave conservatively.
- Be careful in choosing places to eat and drink ashore.

Illegal Substance Warning

We wish to caution passengers that when ashore, drugs are available and frequently offered for sale. Please do not be coerced into purchasing these substances as in most cases you will be caught. Princess Cruises has a zero tolerance policy with regard to the unlawful possession of drugs and any passenger violating this policy will be immediately disembarked from the vessel. Local law enforcement agencies have become especially vigilant in their efforts to eradicate both drug abuse and trafficking and these have included subjecting passengers to a physical search on return to the ship. Should a passenger be disembarked for illegally possessing drugs, Princess is unable to offer any assistance in dealing with the local authorities or making homeward travel arrangements.

Shore Excursions: Tour office hours: 6:00pm to 7:00pm - Atrium Lobby, Deck 5

Tour Meeting Information - All passengers booked on an organized shore excursion today please refer to the Tour Ticket for the meeting time and location. In addition please remember to bring your cruise card, photo ID and your tour ticket.

Tour Office Staff will be present in the Princess Theatre & Universe Lounge for any last minute bookings for Puntarenas from 6:45am until 8:30am.

Important Notice - For passengers flying out of Los Angeles International Airport (LAX)

and in-transit to next voyage, we still have space left for tours in Los Angeles. To book for any of these tours simply complete a Tour Order form and place it in the 24-Hour Drop Box or come and see us today during our office hours.

Bookings for Los Angeles tours close at 11:00am on Thursday May 10th.



Your daily guide to life at sea



PrincessPatter

escape completely.

At Sea Sun. May 6, 2012 · Island Princess · Tonight's dress: smart casual

Weather: Today's Forecast: Cloudy – High: 27°C (81°F) Low: 25°C (77°F) – Sunrise 5:29am/Sunset 6:18pm Tomorrow's Forecast: Partly cloudy – High: 27°C (81°F) Low: 25°C (77°F)

The Officer's Daily Log

Meet Casino Manager Milena Jimenez



Milena Jimenez was born in Puerto Limon, Costa Rica. Surrounded there by travel magazines and books, she dreamed of one day visiting Europe.

Prior to coming aboard cruise ships (where she fell in love with her future husband at first sight!), Milena studied Tourism and Hotel Administration and worked as a Casino Dealer for nine years ashore. She's currently celebrating four years with Princess Cruises.

At home, Milena enjoys cooking new international dishes for her friends and family – much to their delight!

by Casino Manager Milena Jimenez

Monte Carlo. Las Vegas. Atlantic City.

Whether you're already familiar with trying your luck at games of chance, want to join a tournament, or you're just curious to see what it's all about, you'll feel right at home in the Princess Casino on board Island Princess.

If you enjoy blackjack, or "21," our tables play by Vegas rules, and if you relish the challenge of roulette, we offer the American version of one of Europe's oldest casino games. Our craps tables also let you take your best shot at becoming a high roller. For those who would like to try their hands at Texas Hold 'Em, our state-of-the-art PokerPro® table shuffles, deals, splits pots, and generates side pots instantly.

Away from the tables, bingo enthusiasts will enjoy the games that continue throughout our cruise. And our video poker, slots and novelty machines offer jackpot seekers a variety of ways to try their luck.

Hope to see you in the casino soon. And may good fortune be yours!

From the Navigator

Throughout today Island Princess will maintain her north-westerly course towards the port of Los Angeles, at an average speed of 19.0 knots. You may be curious about the devices which help keep the ship as steady as possible in rougher seas. These are our stabilizers. They detect when the ship is rolling, and the stabilizing mechanism then alters the angle of the fin through the water, counteracting the ships tendency to roll.

Deck Loungers

As a courtesy to your fellow passengers please be advised that deck loungers must not be saved and that towels and personal items will be removed by a Princess crewmember after a 15 minute period if the lounger has not been occupied.

Toilet System/Vacuum System

Island Princess, as all modern cruise ships, is equipped with an EVAC toilet system that uses the vacuum pump principle. The system is very reliable, but the pipe work is much smaller than those ashore and is sensitive to foreign objects and large amounts of toilet paper. In order to avoid blockages and subsequent inconvenience to passengers, please place any foreign objects in the waste bins and sanitary bags provided.

Did You Know?

The state of the art Movies Under the Stars screen is more than 300 square feet in size with a 69,000 watt sound system.

Romantic Quote of the Day

"What lies behind us, and what lies before us are tiny matters compared to what lies within us"

- Ralph Waldo Emerson

How will you escape completely?







Refreshing Morning

6:00am- The Wake Show with Cruise Director Gavin and Neil

11:00am Channel 21, Stateroom TV

7:00am Fabulous Abs

Aerobics Studio, Deck 14 Aft

7:30am Long & Lean Stretch

Aerobics Studio, Deck 14 Aft

8:00am Brain Waves Quiz

Onwards Pick up your daily teasers. Library, Deck 8 Midship

8:00am Spinning Class

Aerobics Studio, Deck 14 Aft (\$12 fee applies)
Interdenominational Church Service

8:45am Interdenominational Church Service
Conducted by Marcus and Callie, Universe Lounge, Deck 6

9:00am Yoqa

Aerobics Studio, Deck 14 Aft (\$12 fee applies)

9:00am-10:00am The Wake Show Lido Pool, Deck 14

9:30am Bridge Lecture

With Lecturer Dolores. Bayou Café, Deck 7 Aft

9:30am Shuffleboard Tournament

Join the Cruise Staff for this classic cruise ship game

Sports Deck 16 Aft

10:00am Special Interest Lecture: Teotihuacan to Tikal: The Great Ancient Cities of Central America

This presentation examines the culture of the Aztec, Olmec, Maya and other great, pre-contact aboriginal civilizations using images of meso-american ruins and artifacts from Belize, Honduras, Guatemala and Mexico...

With guest lecturer Kenneth Williams.

Princess Theater, Deck 7 Fwd

10:00am Middle S

Documentary:Hydrotech Panama Canal Lido Pool, Deck 14

10:00am Table Tennis: Doubles

Join the Cruise Staff and go for gold.

Above Lotus Pool, Deck 15

10:00am Trivia Challenge

Join the Cruise Staff. Explorers Lounge, Deck 6 Aft

10:00am Line Dancing

Join the Cruise Staff. Universe Lounge, Deck 6 Aft

10:30am Marzipan Demonstration

Atrium, Deck 5

10:50am Wiles

View From the Bridge Lido Pool, Deck 14

11:00am Ancient Mysteries: Lost City of Pirates

Channel 21, Stateroom TV

11:00am Free Seminar: Facelift in 45 minutes with Dr. Burgos

Wheelhouse Bar, Deck 7 Fwd

11:00am Detox for Health and Weight Loss

Aerobics Studio, Deck 14 Aft

11:15am Pictionary Challenge

With the Cruise Staff. Crooners Bar, Deck 7 Midship

11:15am Zultanite & Unveiling Event

This recently discovered color changing gemstone is taking world by storm, Join James for a special presentation and premier unveiling of the Exclusive Onboard Collection

Explorers, Deck 6 Aft

11:15am Chrome, Metal and Glass

Great Automobiles of the 20th Century

What is it about chrome, metal and glass that spurs love in our hearts?" With guest lecturer Michael Raick.

Princess Theater, Deck 7 Fwd

11:30am \$1500 Snowball Jackpot Bingo

Could go in 50 numbers, plus 3 other cash prizes. Cards available from 10:30am. Universe Lounge, Deck 6 Aft

11:30am- Sushi Station

2:00pm Horizon Court, Deck 14 Fwd

11:50am The Transformation of Golden Princess

Channel 21, Stateroom TV

Relaxing Afternoon

oon Singles & Solos Luncheon

Would you like company for lunch? Crooners Bar, Deck 7

12:15pm Bat Women of Panama

Channel 21, Stateroom TV

12:30pm- Blackjack Tournament

3:00pm Champion Wins \$500 Only \$20 to enter. Purchase your

tickets from Cashier, Casino, Deck 6 Midship

12:45pm- Piano Melodies with Magdalena

1:30pm Atrium, Deck 5 Midship

1:00pm Dolphin and Whales: Tribes of the Ocean

Channel 21, Stateroom TV

1:00pm Afternoon Movie: Albert Nobbs

Starring: Glenn Close, Antonia Campbell-Hughes (Rated R • 1hr. 53mins.) Princess Theater, Deck 7 Fwd

1:00pm- Poolside Melodies With Magnitude

2:00pm Poolside, Lido Pool, Deck 14

1:45pm Gavin Macleod Biography

Channel 21, Stateroom TV

2:00pm- Bridge Play

4:00pm Lecturer Dolores. Sabatini's, Deck 7 Aft

2:00pm Texas Hold'em Players

Meet for a \$1/\$2 No limit cash game. Casino, Deck 6

2:00pm Pilots & Aviators Get-together

Crooners Bar, Deck 7 Midship

2:00pm- Celebrate the arrival Of Zultanite

4:00pm Join James and Liz to celebrate with a glass of Champagne,

the arrival of the recently discovered Gemstone Zultanite.

Facets, Deck 6

2:00pm Water Volleyball: Fun in the Sun

Join the Cruise Staff. Lido Pool, Deck 14

2:15pm Goofy Golf Putting: Men vs. Women

With your Cruise Staff. Atrium, Deck 5 Midship

Fine Arts

VIP Evening Gallery Auction

Don't miss this very special evening event in the gallery. All premium works in the Art Collection will be available for auction!

7:00pm-8:00pm · Art Gallery, Deck 7





Ionithermie Super Detox

Lose up to 1-8 inches in just one session with Europe's leading detoxification treatment. Suitable for both men & women. Get the body you have always wanted! Only \$129

Lotus Spa · Deck 14 - Ext. #14626







Let Princess be your Consummate Host*

2:40pm Panama Canal (Telly Awards) Channel 21, Stateroom TV

3:00pm Princess Pop Choir - The Rehearsal

Join "Princess Pop Choir" - the Island's version of "Glee" and "The Choir". Bring your voices and get ready to sing

in a performance at the end of the cruise.

Bayou Café, Deck 7 Aft

3:00pm Basketball Shootout 3 on 3

Go for gold with the Cruise Staff. Center Court, Deck 16 Aft

3:00pm Special True Caribbean Pirates

(1hr. 15mins.) Channel 21, Stateroom TV

Afternoon Tea in a Musical Setting

3:30pm- Afternoon Tea in a Musical Se 4:30pm Bordeaux Dining Room, Deck 5

3:45pm Special Interest Lecture: Crossing The Pacific Lecture

Series: From Birds To Ships - How Did They Do It?

The largest body of water has always been a challenge to cross. From birds to people, let's see

how it's been done. With guest lecturer Gary Shahan.

Princess Theater, Deck 7

3:45pm Architects Get-Together

Crooners Bar, Deck 7 Midship

4:00pm Pilates

Aerobics Studio, Deck 14 Aft (\$12 fee applies)

4:00pm Friends of Dr. Bob & Bill W. Meeting

Wedding Chapel, Deck 7 Fwd

4:15pm \$1600 Snowball Jackpot Bingo

Could go in 50 numbers, plus 3 other cash prizes.

Cards available from 3:15pm. Universe Lounge, Deck 6 Aft

4:15pm Modern Marvels: Panama Canal

(44mins.) Channel 21, Stateroom TV

4:30pm Book Club: "The Confession" by John Grisham

Pick up a copy from the library and share in a discussion at the end of the cruise over tea. (limited copies available)

Library, Deck 8 Midship

4:30pm Afternoon Trivia

With the Cruise Staff. Explorers Lounge, Deck 6 Aft

Enchanting Evening

5:00pm



We Bought a Zoo

Starring: Matt Damon, Scarlett Johansson

(PG · 2hrs. 4mins.) Lido Deck 14

5:00pm- Movie: War Horse

10:00pm Starring: Jeremy Irvine, Peter Mullan

(PG-13 · 2hrs. 27 mins.) Channel 21, Stateroom TV

5:30pm- Pasta Station

11:00pm Horizon Court, Deck 14 6:00pm Chillax Relaxation Class

Aerobics Studio, Deck 14 Aft

6:00pm- Casual Portraits Tonight!

10:00pm A fun and contemporary alternative to traditional portraits.

Deck 6 Midship

6:45pm SHOWTIME: Classical Concert

With Magdalena and the Lady Hit Trio.

Universe Lounge, Deck 6 Aft

7:00pm- VIP Evening Gallery Auction 8:00pm Art Gallery, Deck 7 Midship

7:00pm- Classic Standards with Perry Phillips Trio

Close Bayou & Bar Café, Deck 7 Aft
7:00pm- Enjoy Relaxing Cocktail Music
8:30pm Explorers Lounge, Deck 6 Aft

7:00pm & Texas Hold'em Players

11:00pm Meet for a \$1/\$2 No limit cash game. Casino, Deck 6

7:15pm

7:30pm-

We Bought a Zoo

Starring: Matt Damon, Scarlett Johansson

(PG · 2hrs. 4mins.) Lido Deck 14

Dancing With Luciana De Rissio

8:15pm Wheelhouse Bar, Deck 7 Fwd

8:00pm SHOWTIME: Vocalist: Aaron Shaw

An Evening Romance with Tenor Aaron Shaw

(Princess Theater, Deck 7)

8:15pm- Ballroom Dance Date With Island Princess Orchestra

9:00pm Universe Lounge, Deck 6 Aft

8:30pm Name That Song Trivia with DJ Love

Explorers Lounge, Deck 6 Aft

9:00pm Brad Stevens Entertains at the Piano

Onwards Crooners Bar, Deck 7 Midship

9:00pm- Music and Dancing With Luciana De Rissio

Close Wheelhouse Bar, Deck 7 Fwd

9:30pm Jeopardized Trivia

Join the Cruise Directors Team for a chance to

win a Princess prize! Explorers Lounge, Deck 6 Aft

9:30pm SHOWTIME: Hypnotist: Michael John

Live from Las Vegas

(This Show will be repeated on 9th May)

Universe Lounge, Deck 6 Aft

9:30pm- Dancing Under the Stars With Magnitude

11:00pm Lido, Deck 14

10:00pm SHOWTIME: Vocalist: Aaron Shaw

An Evening of Romance with Tenor Aaron Shaw

(Princess Theater, Deck 7)

10:00pm The Wake Show,

Onwards Channel 21, Stateroom TV

10:30pm- 60's Music Hour

11:15pm Explorers Lounge, Deck 6 Aft
11:15pm Dancing Continues with DJ Love
Explorers Lounge, Deck 6 Aft

Midnight Slot Machines and Texs Hold'em table

Open all night. Casino, Deck 6

\$\$\$ Princess Casino

Blackjack Tournament

Join us for your chance to become a champion this cruise. Tickets are available now at the Casino Cashiers.

Casino · Deck 6 Midship



Michael John

Live from Las Vegas
(This Show will be repeated on 9th May)
9:30pm • Universe Lounge, Deck 6 Aft

Boutiques Onboard

Liquor Savings

Save an extra 10% off your tax- and duty-free purchase of any two or more bottles of liquor with your Passport to Value coupon.

9:00am-9:00pm · Calypso Cove, Deck 6

Locations, Hours & More



Art Gallery - Deck 7, Midship

7:30pm-8:30pm · Art Director: Chloe Mahtani

Boutiques - Decks 6 Midship

9:00am-9:00pm · Boutiques Manager: Jonathan Turner

Facets Jewelry & Watches - Deck 6 Midship

9:00am-9:00pm

Princess Shopping Host: Bea Kessler • For Assistance Dial 5445

Casino - Deck 6

Cash Desk 10:00am, Tables Noon · Casino Manager: Milena Jimenez

Captain's Circle Membership Desk - Atrium Plaza, Deck 5

9:00am-11:00am & 4:00-6:00pm · Captain's Circle Host: Barbara Zanetti

Cyber Golf Simulator - Deck 15 Midship

To book an appointment call 8403 during library hours - all sea days. (24 hrs notice required & Fees Apply)

Fresh Flowers - Deck 6 Midship

10:00am-Noon & 4:00pm-6:00pm (Deck 6 Midship) • Florist: Neil Sagum

Future Cruise Sales - Atrium Lobby, Deck 5 Midship

9:00am-12:00pm & 3:00pm-7:00pm · Future Cruise Consultant: Natalie Zeppieri

Internet Café - Deck 8, Midship

9am-Noon, 1pm-4pm & 7:30pm-10:30pm • Internet Manager: Nikolay Nikolaev

Library - Deck 8 Midship

9:00am-Noon & 3:00pm-5:00pm

Lotus Spa Health & Fitness Center - Lido Deck 14, Aft 6:00am-10:00pm

Lotus Spa & Beauty Salon - Lido Deck 14, Aft

8:00am-8:00pm · Spa Manager: Aretha Hunter

Medical Center - Deck 4 Midship

9:00am-11:00am & 4:30pm-6:30pm, For urgent medical attention, dial 911

Photography & Video Gallery - Deck 6 Midship

9:00am-11:00pm · Photo-Video Manager: Jason Michael Kiefer

Sanctuary - Deck 14 Aft, Portside

8:00am-6:00pm

This "Pocket of Tranquility" has limited space available and is on a first come first serve basis. A nominal charge of \$10 for a half day or \$20 for a full day pass.

Shore Excursions Tour Desk - Atrium Lobby, Deck 5 Midship 9:00am-Noon & 4:00pm-6:00pm · Shorex Manager: Michele Bosco

Youth & Teen Centers - Deck 12 Aft

9am-Noon, 1pm-5pm & 6pm-10pm - Youth/Teen Activities 10pm-1am - Late Night Kidsitting (Pre-bookings Requested)

Dining Guide

	Location	Hours
Bordeaux Dining Room (Anytime)	Deck 5 Midship	7:30am-9:30am (Breakfast); Noon-1:30pm (Lunch) 3:30pm-4:30pm (Tea) 5:30pm-10pm (Anytime Dinner)
Provence Dining Room (Traditional)	Deck 6 Midship	Early Seating 5:30pm; Late Seating 7:45pm
Sabatini's*	Deck 7 Midship	5:30pm-10:30pm
Bayou Cafe & Steakhouse*	Deck 7 Midship	5:30pm-10:30pm
Pizzeria	Deck 14 Midship	11:00am-Midnight
Ice Cream Bar	Deck 14 Midship	11:00am-11:00pm
The Grill	Deck 15 Midship	11:00am-11:00pm
Horizon Court	Deck 14 Forward	5:00am-11:30am (Breakfast) 11:30am-3:30pm (Lunch) 3:30pm-5:30pm (Light Snack) 5:30pm-Midnight (Dinner)

Bars, Clubs & Lounges - Signature Cocktail: Cool Runnings

	Location	Hours
La Patisserie	Deck 5 Midship	7:00am till 11:00pm
Explorers Lounge	Deck 6 Aft	5:00pm onwards
Crooners	Deck 7 Midship	10:00am onwards
Wheelhouse Bar	Deck 7 Forward	4:00pm onwards
Bayou Cafe	Deck 7 Aft	6:00pm onwards
Horizon Bar	Deck 14 Forward	6:00am till Midnight

*Additional charges apply. Actual meal times are subject to change. Once onboard and subject to availability, you may switch from Traditional Dining to Anytime Dining with 24 hours notice to the Maitre D'. The legal drinking age of 21 years is observed onboard and photo ID may be required. A 15% service charge is automatically added to all bar and wine bills.

Internet Café

Wi-Fi Available

Enjoy wireless Internet access right from your laptop or ours. See the Internet Café Manager for details and important instructions. Atrium • Deck 8 Midship

Photo & Video Gallery

Special Wall Print Offer

Great selection of size and framing options available.
Great for Portraits!

Photo & Video Gallery · Deck 6

Future Cruise Sales

New Ship — Royal Princess! Debuts June 2013!

Sail the new evolutionary Royal Princess! 3,600 guests, 141,000 tons. Cruise her inaugural season in Europe on a 7-day Iberia or 12-day Mediterranean cruise! Atrium • Deck 5

Shore Excursions: Tour office hours: 9:00am-Noon & 4:00pm-6:00pm - Atrium Lobby, Deck 5

Tours to passengers in-transit to next voyage are available for Los Angeles, San Francisco, Victoria and Vancouver.

Come and see us for details.

If you pre-registered for tours for next voyage 2214 from

Los Angeles to Vancouver please note that the tour tickets

for that voyage will be delivered to your Stateroom on Los Angeles day (afternoon).

Tour cancellations for Los Angeles close at 11:00am on May 10th.



Your daily guide to life at sea



PrincessPatter

escape completely°

At Sea Mon. May 7, 2012 · Island Princess · Tonight's dress: smart casual

Weather: Today's Forecast: Partly cloudy – High: 25°C (77°F) Low: 22°C (72°F) – Sunrise 5:55am/Sunset 6:54pm Tomorrow's Forecast: Partly cloudy – High: 26°C (79°F) Low: 24°C (75°F)

The Officer's Daily Log

Meet Customer Services Director Giancarlo Cappa



Giancarlo Cappa was born in the seaside town of San Remo, Italy. Growing up near the sea, it was only a matter of time before he would make a career out of traveling the world.

He joined the original Crown Princess as a Cadet Purser in 1991 and has since discovered his favorite destination: Bora Bora, French Polynesia.

When he's not at sea, Giancarlo spends time with his wife at their own in Tuscany, Italy.

He advises passengers to "sit back, relax and enjoy your next adventure."

by Customer Services Director Giancarlo Cappa

When you sail with Princess Cruises, you expect to escape completely, and as your Customer Services Director, it's my job to ensure that everything falls into place on board to make this happen!

On a daily basis, I am in charge of verifying that our renowned customer service and product quality standards meet your expectations. I'm also the designated Officer in charge of monitoring and resolving any unanticipated issues that might affect our passengers' cruise experience.

Your feedback is essential in helping us to provide you with a seamless, enjoyable and carefree experience. Therefore, I hope that you will come to me or visit our Passenger Services Desk with any questions or concerns you may have. We also kindly ask that you fill out our questionnaires regarding this cruise upon returning home, as it is important for us to know that we have succeeded in making this a vacation of a lifetime with warm, welcoming service and unforgettable memories.

Romantic Quote of the Day

"The best and most beautiful things in the world cannot be seen or even touched. They must be felt with the heart"

- Helen Keller

From the Navigator

Early in the morning Island Princess will cross Golfo de Tehuantepec. Then she will get closer to the Mexican coast which may be sighted in good visibility about 20 miles away on her starboard side.

Navigation Lights:

If you have been on the open decks at night, some of you may have noticed that all vessels at sea are displaying special coloured lights. These are navigation lights which must be displayed in accordance with the "International Regulations for Preventing Collisions at Sea".

Planet Princess

Any environmental concern you may have that cannot be addressed by the ship can be directed to our Environmental Operations Department via the Environmental Hotline or by e-mail. ENVIRONMENTAL COMPLIANCE HOTLINE, Dial CLEAN or 25326, 1-888-290-5105. https://www.carnivalcompliance.com.

Did You Know?

Did you know that the idea for Princess Cruises came about because there wasn't enough hotel space in Seattle during the 1962 World's Fair? Local businessman Stanley McDonald thought of a unique way to solve the problem, and in the process, he started a cruise line... and made history.

Mark How will you escape completely??







Refreshing Morning

The Wake Show with Cruise Director Gavin & Neil

Channel 21. Stateroom TV 11:00am

Fabulous Abs 7:00am

Aerobics Studio, Deck 14 Aft

Long & Lean Stretch 7:30am

Aerobics Studio, Deck 14 Aft

Spinning Class 8:00am

Aerobics Studio, Deck 14 Aft (\$12 fee applies)

Brain Waves Quiz 8:00am

Onwards Pick up your daily teasers. Library, Deck 8 Midship

9:00am

9:00am

Aerobics Studio, Deck 14 Aft (\$12 fee applies)

On Deck for the Cure Registration 9:00am-

Come along and register for this good cause. The Walk Noon

will be on May 8th. Library, Deck 8

mevies साराज्य सार्वामा The Wake Show Lido Pool, Deck 14

Table Tennis Tournament 9:00am

Go for gold with the Cruise Staff. Above Lotus Pool, Deck 15

Secrets of Reflections 9.00am -

Joseph & Scott your Princess Videographers will be hosting the 'Secrets of Reflections'. An indepth look on how the Reflections video is made, the equipment used, and will answer any other questions you might have.

Photo Gallery, Deck 6 Aft

Zumba™ 9:30am

It's new, fun and easy for all ages. Please wear proper footwear & bring water. Universe Lounge, Deck 6 Aft

Bridge Lecture 9:30am

Lecturer Dolores. Bayou Café, Deck 7 Aft

Special Interest Lecture: Creatures of the Air, Land 10:00am

and Water: Common Animals of Central America -This presentation is designed to familiarize passengers

with some of the common animals of the Caribbean Islands and Central America. With guest lecturer

Kenneth Williams. Princess Theater, Deck 7 Fwd

Go Smile - Dentist developed and clinically proven, free 10:00am

consult and Shade Analysis. Salon, Deck 14 Aft

Shuffleboard Tournament: Doubles 10:00am

Join the Cruise Staff for this classic cruise ship game.

Lido Pool, Deck 14

With the Cruise Staff. Explorers Lounge, Deck 6 Aft

Sports Deck 16 Aft, Deck 14 Aft Modern Marvels: Panama Canal

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Morning Trivia 10:30am

Pastry Demonstration 10:30am

moves

Atrium, Deck 5 Midship

10:45am

10:00am



View From the Bridge Lido Pool, Deck 14

Documentary: Hydrotech, Panama Canal 11:00am

Channel 21, Stateroom TV

Free Seminar: Bright Eyes Skin Specialist 11:00am

With Lulu. Wedding Chapel, Deck 7

Free Seminar: How to Increase Your Metabolism 11:00am

Aerobics Studio, Deck 14 Aft

Great TV Moments - Relive the Classics 11:15am

Relive TV like it was, entertaining and innocent. It will

take you back. Princess Theater, Deck 7 Fwd

Basketball Shootout 11:15am

Sports Court, Deck 16 Aft

\$1700 Snowball Jackpot Bingo 11:15am

Could go in 51 numbers, plus 3 other cash prizes. Cards

available from 10:15am. Universe Lounge, Deck 6 Aft

The Transformation of Golden Princess

Channel 21, Stateroom TV

Relaxing Afternoon

Bat Women of Panama 12:15pm

Channel 21, Stateroom TV

\$60 Texas Hold'Em Tournament 12:30pm

Followed by \$1/\$2 no limit cash game. Casino, Deck 6

Movie: A Smile as Big as the Moon 12:30pm

Starring: John Corbett, Jessy Schram

(NR · 1hr. 37mins) Universe Lounge, Deck 6 Aft

Atrium Melodies with Lady Hit Trio

Atrium, Deck 5 Midship 1:30pm

Poolside with Magnitude 1:00pm-

Lido Deck 14 Midship 2:00pm

Sharks 1:00pm

Channel 21, Stateroom TV

Pictionary Challenge 1:00pm

With the Cruise Staff. Wheelhouse Bar, Deck 7 Fwd

Free Seminar: How to loose inches in 1hour 1:00pm

Aerobics Studio, Deck 14 aft

Bridge Play 1:30pm-

Lecturer Dolores. Sabatini's, Deck 7 Aft 3:30pm

The Real Pirates of Caribbean 1:45pm

Channel 21, Stateroom TV

Birthstone and Celebration Event 1:30pm

Join Liz and Bea and learn all about the Gem that

Celebrates your Birthday or Special occasion.

Explorers Lounge, Deck 6 Aft

Armed Forces Get-Together 2:00pm

Crooners Bar, Deck 7 Midship

Free Seminar: Relieving Back Pain & Walking In Comfort 2:00pm

Free Footprint Analysis for all who attend.

Aerobics Studio, Deck 14 aft

Texas Hold'em Players 2:00pm

Meet for a \$1/\$2 no limit cash game. Casino, Deck 6

Ballroom Blitz: Merengue 2:30pm

Callie teaches this fun and easy dance to learn.

Universe Lounge, Deck 6 Aft

On Deck for the Cure

Join us in the fight against breast cancer by participating in a 5K noncompetitive walk around the ship's deck.

Details and a registration form can be found in your stateroom. Bring your completed form to the Passenger Services Desk.





Cosmetic Facial Treatments

Volumizing skin treatments, instant lip enhancement and non-surgical brow lift. All treatments FDA-approved. Free consultation with Dr. Alejandra Burgos, Spa Physician.

Lotus Spa • Deck 14 - Ext. #14626







Let Princess be your Consummate Host®

Golf Chipping in the Pool 2:30pm

With the Cruise Staff, Lido Deck 14 Midship

Showtime 2:30pm

Channel 21, Stateroom TV

Matinee Showtime 2:45pm SHOWTIME:

Starring: Piano Entertainer Stephen Kane and Tenor Aaron Shaw with The Island Princess

Orchestra. Princess Theater, Deck 7 Fwd

3:00pm mövles Movie: Dolphin Tale

Starring: Morgan Freeman

(PG-13 · 1hr. 52mins) Lido Pool, Deck 14

Champagne vs Sparkling Wine 3:00pm

A unique Champagne and Sparkling wine tasting with our Sommelier. Featuring premium French Champagne & Sparkling

Wine. \$25 per person. Provence Dining Room, Deck 6

Deep Sea Detectives 3:05pm

(1hr. 15mins.) Channel 21, Stateroom TV

Special Interest Lecture: Crossing The Pacific Lecture 3:15pm

Series: From Ships To Planes - How Did They Do It?

A continuation of the story, right up to the latest planes. With guest lecturer Gary Shahan.

Universe Lounge, Deck 6 Aft

Goofy Golf Putting 3:30pm Join the Cruise Staff. Atrium, Deck 5 Midship

Afternoon Tea 3:30pm-

Bordeaux Dining Room, Deck 5 Midship 4:30pm

4:00pm

Aerobics Studio, Deck 14 Aft (\$12 fee applies)

4:00pm Dr. Bob & Bill W. Meeting

Wedding Chapel, Deck 7 Midship

\$1800 Snowball Jackpot Bingo

Could go in 51 numbers, plus 3 other cash prizes. Cards

available from 3:15pm. Universe Lounge, Deck 6 Aft

Afternoon Trivia 4:15pm

Fun with the Cruise Staff. Explorers Lounge, Deck 6 Aft

Enchanting Evening

Evening Melodies with our Ship's Musicians 5:00pm-

Atrium, Deck 5 Midship 8:00pm

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Concert: Stevie Wonder: Live at Last mövies 5:00pm

(53mins) Lido Pool, Deck 14

GLBT Get-Together 5:15pm

Crooner's Bar, Deck 7 Midship

Dinner and Dance With The Perry Phillips Trio 6:00pm-

Horizon Court, Deck 14 9:00pm

Chillax Relaxation Class Aerobics Studio, Deck 14 Aft

Featured Artist: Pino 6:30pm-

Visit the gallery this evening to view our spectacular 8:30pm

collection of original and limited edition works of art by

the late Pino. Art Gallery, Deck 7 Midship

7:00pm under greens Sherlock Holmes: A Game of Shadows

Starring: Robert Downey Jr., Jude Law (PG-13 · 2hrs. 8mins.) Lido Deck 14

Cocktail Melodies with Magdalena 7:00pm-

Bayou & Bar Café, Deck 7 Aft Close

7:00pm & Texas Hold'em Players

Meet for a \$1/\$2 no limit cash game. Casino, Deck 6 11:00pm Dance the Night Away with The De Rissio Quartet 7:30pm-

Wheelhouse Bar, Deck 7 Fwd 8:15pm

Comedian: Kevin Jordan 8:00pm SHOWTIME:

Universe Lounge, Deck 6 Aft

(Repeated Tomorrow at 9:30pm)

Production Show: Motor City 8:00pm

A Musical tribute to all things Motown.

(Repeated Tomorrow at 8:00pm) Princess Theater, Deck 7 Fwd

Ballroom Dance Music With DJ Love

Explorers Lounge, Deck 6 Aft 9:15pm

Brad Stevens Entertains at the Piano 9:00pm-

Onwards Crooners Bar, Deck 7 Midship

Dance the Night Away with The De Rissio Quartet 9:00pm-

Midnight Wheelhouse Bar, Deck 7 Fwd

Country & Western Trivia 9:30pm

Join the cruise staff and test your knowledge of

country music. Explorers Lounge, Deck 6 Aft

9:45pm



Sherlock Holmes: A Game of Shadows Starring: Robert Downey Jr., Jude Law (PG-13 · 2hrs. 8mins.) Lido Deck 14

Country & Western Hoe-Down Party! 10:00pm

Join the Cruise Staff & Magnitude for a heel clicking, thigh slapping, toe tapping good time! Fun, games, line dancing, music & more! Explorers Lounge, Deck 6 Aft

10:00pm

Production Show: Motor City SHOWTIME:

A Musical tribute to all things Motown.

(Repeated Tomorrow at 8:00pm) Princess Theater, Deck 7 Fwd

10:00pm

Comedian: Kevin Jordan SHOWTIME: Universe Lounge, Deck 6 Aft

(Repeated tomorrow at 9:30pm)

10:00pm- The Wake Show with Gavin & Neil

Channel 21, Stateroom TV

Dancing With Magnitude 11:15pm-

Explorers Lounge, Deck 6 Aft Midnight

Dance the Night Away with DJ Love Midnight

Onwards Explorers Lounge, Deck 6 Aft

Slot Machines & Texas Hold'em Table

Are open all night. Casino, Deck 6 Midship

Boutiques Onboard

Majorica Pearls

Save an extra 15% Off any Majorica purchase of \$250 or more Find your Passport to Value coupon on page 15.

9:00am-9:00pm · Meridian Bay, Deck 6



Photo & Video Gallery

Pre-order your Ultimate Panama Collection Reflections DVD Only \$55.96 (Save over \$60)"

All footage shot this voyage Watch channel 41 for daily highlights

Photo & Video Gallery · Deck 6

Locations, Hours & More



Art Gallery - Deck 7, Midship

7:30pm-8:30pm · Art Director: Chloe Mahtani

Boutiques - Decks 6 Midship

9:00am to 9:00pm · Boutiques Manager: Jonathan Turner

Facets Jewelry & Watches - Deck 6 Midship

9:00am to 9:00pm

Princess Shopping Host: Bea Kessler • For Assistance Dial 5445

Casino - Deck 6

Cash Desk 10:00am, Tables Noon · Casino Manager: Milena Jimenez

Captain's Circle Membership Desk - Atrium Plaza, Deck 5

9:00am-11:00am & 4:00pm-6:00pm · Captain's Circle Host: Barbara Zanetti

Cyber Golf Simulator - Deck 15 Midship

To book an appointment call 8403 during library hours - all sea days. (24 hrs notice required & Fees Apply)

Fresh Flowers - Deck 6 Midship

10:00am-Noon & 4:00pm-6:00pm (Deck 6 Midship) • Florist: Neil Sagum

Future Cruise Sales - Atrium Lobby, Deck 5 Midship

9:00am-12:00pm & 3:00pm-7:00pm · Future Cruise Consultant: Natalie Zeppieri

Internet Café - Deck 8, Midship

9am-Noon, 1pm-4pm & 7:30pm-10:30pm

Internet Manager: Nikolay Nikolaev

Library - Deck 8 Midship

9:00am-Noon & 3:00pm-5:00pm

Lotus Spa Health & Fitness Center - Lido Deck 14, Aft 6:00am-10:00pm

Lotus Spa & Beauty Salon - Lido Deck 14, Aft

8:00am-8:00pm · Spa Manager: Aretha Hunter

Medical Center - Deck 4 Midship

9:00am-11:00am & 4:30pm-6:30pm, For urgent medical attention, dial 911

Photography & Video Gallery - Deck 6 Midship

9:00am-11:00pm · Photo-Video Manager: Jason Michael Kiefer

Sanctuary - Deck 14 Aft, Portside

8:00am-6:00pm

This "Pocket of Tranquility" has limited space available and is on a first come first serve basis. A nominal charge of \$10 for a half day or \$20 for a full day pass.

Shore Excursions Tour Desk - Atrium Lobby, Deck 5 Midship

9:00am-Noon & 4:00pm-6:00pm · Shorex Manager: Michele Bosco

Youth & Teen Centers - Deck 12 Aft

9am-Noon, 1pm-5pm & 6pm-10pm - Youth/Teen Activities 10pm-1am - Late Night Kidsitting (Pre-bookings Requested)

Dining Guide

	Location	Hours
Bordeaux Dining Room (Anytime)	Deck 5 Midship	7:30am-9:30am (Breakfast); Noon-1:30pm (Lunch) 3:30pm-4:30pm (Tea) 5:30pm-10pm (Anytime Dinner)
Provence Dining Room (Traditional)	Deck 6 Midship	Early Seating 5:30pm; Late Seating 7:45pm
Sabatini's*	Deck 7 Midship	5:30pm-10:30pm
Bayou Cafe & Steakhouse*	Deck 7 Midship	5:30pm-10:30pm
Pizzeria	Deck 14 Midship	11:00am-Midnight
Ice Cream Bar	Deck 14 Midship	11:00am-11:00pm
The Grill	Deck 15 Midship	11:00am-11:00pm
Horizon Court	Deck 14 Forward	5:00am-11:30am (Breakfast) 11:30am-3:30pm (Lunch) 3:30pm-5:30pm (Light Snack) 5:30pm-Midnight (Dinner)

Bars, Clubs & Lounges - Signature Cocktail: Three Citrus Rita

	Location	Hours
La Patisserie	Deck 5 Midship	7:00am till 11:00pm
Explorers Lounge	Deck 6 Aft	5:00pm onwards
Crooners	Deck 7 Midship	10:00am onwards
Wheelhouse Bar	Deck 7 Forward	4:00pm onwards
Bayou Cafe	Deck 7 Aft	6:00pm onwards
Horizon Bar	Deck 14 Forward	6:00am till Midnight

'Additional charges apply. Actual meal times are subject to change. Once onboard and subject to availability, you may switch from Traditional Dining to Anytime Dining with 24 hours notice to the Maitre D'. The legal drinking age of 21 years is observed onboard and photo ID may be required. A 15% service charge is automatically added to all bar and wine bills.

Internet Café

Need to check your email?

Stay in touch with family and friends, or check in on your favorite interests with 24-hour Internet access.

Atrium · Deck 8 Midship

Future Cruise Sales

Cruise the Exotics in 2014 with Princess!

South America, Asia & the Orient or the South Pacific. Plus add land packages to Machu Picchu, Great Wall of China & Taj Mahal.

Atrium • Deck 5

Coffee Card Package

Save 20% when you purchase a card from any of our bar locations. \$29 + 15% gratuity for 15 cappuccinos, espressos, lattes and mochas. Ask your server.

Shore Excursions: Tour office hours: 9:00am-Noon & 4:00pm-6:00pm - Atrium Lobby, Deck 5

Tours to passengers in-transit to next voyage are available for Los Angeles, San Francisco, Victoria and Vancouver.

Come and see us for details.

If you pre-registered for tours for next voyage 2214 from Los Angeles to Vancouver please note that the tour tickets for that voyage will be delivered to your Stateroom on Los Angeles day (afternoon).

Tour cancellations for Los Angeles close at 11:00am on May 10th.



Your daily guide to life at sea

PrincessPatter

escape completely.

At Sea Tue. May 8, 2012 · Island Princess · Tonight's dress: smart casual

Weather: Today's Forecast Partly cloudy – High: 28°C (83°F) Low: 25°C (77°F) – Sunrise 6:20am/Sunset 7:29pm Tomorrow's Forecast: Partly cloudy – High: 27°C (81°F) Low: 25°C (77°F)

The Officer's Daily Log

Meet Photo/Video Manager Jason Michael Kiefer



Born in Kitchener, Ontario. Canada, Jason Kiefer attended the prestigious photojournalism school Loyalist College before joining Princess Cruises in 2006. During his time with the cruise line. Jason has visited all seven continents and over 60 countries across the globe. Though he doesn't favor one port over another, he enjoys the incredible photo opportunities that stops in Southeast Asia afford. While on vacation, Jason often spends time backpacking the world - that is, when he's not strapping on his skates for ice hockey in the winter.

by Photo/Video Manager Jason Michael Kiefer

Between the excitement on board Island Princess and the fascinating sights at our upcoming ports of call, your voyage is sure to leave you with a lifetime of memories.

My staff of professional photographers and videographers and I are delighted to help capture the highlights of this cruise for you. We'll chronicle your memories at sea, including onboard events, ports and scenery. I invite you to visit our Photography & Video Gallery, where you can learn about the various products and services we have to offer.

Be sure take advantage of all our studio locations set up in the atrium each evening. All formal and casual portraits will be on display in the gallery on the following day. Please ask our staff about portrait packages, reprints, and canvas enlargements of your favorite photos!

And don't forget about the one-of-a-kind Reflections DVD, exclusively produced for this cruise, featuring onboard events and scenic footage. Highlights of this exclusive onboard production are shown on Channel 41.

If one picture is worth a thousand words, the sights and sounds you'll bring home from this voyage are worth volumes.

From the Navigator

In the morning Island Princess will pass by Punta San Telmo and throughout the day she will maintain her north-westerly course along the Pacific coast of Mexico.

Radar:

Amongst our vast array of electronic navigation equipment, perhaps the most important is Radar, An abbreviation of RAdio Direction And Range. We use it for detecting objects in our vicinity. The revolving antenna sends out pulses of radio waves, which then echo back if they strike anything. The time lapse between pulse' and 'echo' can be directly translated into distance of the object, and the bearing of the object is given by the direction the revolving antenna is pointing at the time of detection.

Public Health Reminder

To help maintain a healthy environment, please wash your hands frequently and thoroughly with soap for at least 20 seconds, and rinse them well. We strongly recommend that you follow this procedure each time you use the restroom, after coughing or sneezing and before eating, drinking or smoking. Avoid touching your mouth. We also encourage you to use your private toilet facilities and not the public toilet unless absolutely necessary.

Water and Energy Conservation

A growing number of our environmentally conscious passengers are choosing to conserve water and energy by refraining from unnecessarily leaving water running in their stateroom as well as refraining from leaving balcony and ship's side doors open. Join them and help Princess Cruises protect our environment. Thank you for your assistance.

Did You Know?

A total of five Princess ships were used during the run of the Love Boat television show.

Romantic Quote of the Day

If music be the food of love, play on.

- William Shakespeare

Mark How will you escape completely°?







Refreshing Morning

The Wake Show with Cruise Director Gavin & Neil

Channel 21, Stateroom TV 1:00am

Fabulous Abs

3:00am-

:00am

7:30am

3:00am

Noon

Noon

9:15am

10:00am

9:00am-

Aerobics Studio, Deck 14 Aft

Long & Lean Stretch

Aerobics Studio, Deck 14 Aft

Spinning Class

Aerobics Studio, Deck 14 Aft (\$12 fee applies)

Brain Waves Quiz

8:00am Onwards Pick up your daily teasers, Library, Deck 8 Midship

8:00am-9:00am under weters The Wake Show Lido Deck 14

Yoga 9:00am

Aerobics Studio, Deck 14 Aft (\$12 fee applies)

Holiday Store at Sea! Gifts for Only \$10.00 9:00am-Watches, Jewelry, Evening Bags, Ties & More, 3 Hours Only. Provence Dining Room, Deck 6

On Deck for the Cure Registration

Come along and register for this afternoon's walk.

Library, Deck 8 Midship **Table Tennis Competition**

Go for gold with the Cruise Staff.

Above Lotus Pool, Deck 15 Midship

Bridge Lecture 9:30am

With Lecturer Dolores. Bayou Cafe, Deck 7 Aft

Line Dancing 9:30am

With your Cruise Staff. Universe Lounge, Deck 6 Aft

Hydrotech, Panama Canal Documentary mevies under greens

Egg Drop challenge 10:00am

Join the Cruise Staff and collect your egg in preparation

for this eggciting event on the 10th May.

Crooners Bar, Deck 7 Midship

Morning Trivia Challenge 10:15am

Join the Cruise Staff for another challenge.

Universe Lounge, Deck 6 Aft

A Backstage Pass & Meet the Cast 10:15am

A behind-the-scenes look at the world of theater with Cruise Director Gavin, Production Manager Ian, Crews Company Performance Manager Laura and Music

Manager Peter. Princess Theater, Deck 7 Fwd

Ammolite & Tanzanite Event 10:30am

Join Liz and Bea for an informative talk on two of the rarest gems in the World, Enter to win an Ammoilite Pendant valued at \$250. Wheelhouse Bar, Deck 7 Fwd

Fruit & Vegetable Carving Demonstration 10:30am

Atrium, Deck 5 Midship

Princess Olympics Ring Toss 10:30am

Atrium, Deck 5 Midship

View From the Bridge 10:45am Lido Deck 14 energy return

Giant Chess 11:00am

With the Cruise Staff. Sports Deck 16

Ancient Mysteries: Lost City of Pirates 11:00am

(48mins.) Channel 21, Stateroom TV

Free Seminar: Burn Fat Faster

Aerobics Studio, Deck 14 Aft

Restore Your Youthful Skin

With your onboard Medi Spa Physician Dr Burgos.

Wedding Chapel, Deck 7 Midship \$1900 Snowball Jackpot Bingo

Could go in 52 numbers, plus 3 other cash prizes.

Cards available from 10:30am. Universe Lounge, Deck 6 Aft

English-Style Pub Lunch 11:30am-

Bayou Café, Deck 7 2:30pm

Special Interest Lecture: Volcanoes in The Backyard: 11:30am

Living On The Ring-of Fire

This presentation offers a geological explanation for the multitude of volcanoes and volcanic features such as mud pots, geysers and hotsprings that line

the Pacific Coast of Central America. With Guest lecturer Kenneth Williams. Princess Theater, Deck 7 Fwd

The Transformation of Golden Princess (22mins.) Channel 21, Stateroom TV

Relaxing Afternoon

\$60 Texas Hold'em Tournament

Followed by a \$1/2 no limit cash game.

Casino, Deck 6 Midship

Batwomen of Panama 12:15pm

(46mins) Channel 21, Stateroom TV

Cocktail Melodies with Lady Hit Trio 12:45pm-

Atrium, Deck 5 Midship 1:30pm

Afternoon Movie: Johnny English Reborn 12:45pm

Starring: Rowan Atkinson, Dominic West

(Rated PG • 1hr. 41mins) Princess Theater Deck 7, Fwd

Dolphins and Whales: Tribes of the Ocean 1:00pm

(42mins.) Channel 21, Stateroom TV

Cool by the Pool with Magnitude 1:00pm-

Lido Deck 14 Midship 2:30pm

Under \$700 Art Auction 1:30pm

One hour only! Enter Early Bird Art Raffle to win!

12:30pm Preview, Explorers Lounge, Deck 6 Aft

Bridge Play 1:30pm-

Lecturer Dolores. Sabatini's, Deck 7 Aft 3:30pm

Princess Pop Choir - The Rehearsal - Join "Princess 1:45pm

Pop Choir" - the Island's version of "Glee" and "The Choir". Bring your voices and get ready to sing in a performance

at the end of the cruise. Universe Lounge, Deck 6 Aft

Fine Arts

Under \$700 Art Auction Today

Who said collecting fine art has to be expensive? One hour only.
Fabulous Fine Art Raffle! Preview (12:30pm), Auction (1:30pm) Explorers Lounge, Deck 6

PRINCESS CRUISES PRESENTS Production Show Motor City Starring The Island Princess Singers & Dancers 8:00pm Princess Theater, Deck 7 Fwd

Future Cruise Sales

Get an up to \$300 per stateroom onboard credit on your next cruise even if you haven't decided where to go next. Stop by the Future Cruise Sales office for details.

Atrium • Deck 5







Let Princess be your Consummate Host®

1:45pm Gavin Macleod (Biography) Channel 21, Stateroom TV

On Deck For The Cure™ (The Walk) 2:00pm Show support today and wear pink! Non competitive 5KM walk starts in the Crooners Bar, Deck 7 Midship

Free Seminar: Relieving Back Pain & Walking In Comfort 2:00pm

Free Footprint Analysis for all who attend.

Aerobics Studio, Deck 14 Aft.

Texas Hold'em Players 2:00pm

Meet for a \$1/\$2 No limit cash game. Casino, Deck 6

Panama Canal (Telly Awards Winner) 2:40pm (1hr. 16mins.) Channel 21, Stateroom TV

Special Interest Lecture: Goin' To California Series:

From Coverd Wagons To Ford Mustangs -California has attracted adventure seekers since before the Gold Rush but how did they get there? A look at how people have gotten to the Golden State since the early days. With guest lecturer Gary Shahan.

Princess Theater, Deck 7 Fwd Special: True Caribbean Pirates (1hr. 16mins.) Channel 21, Stateroom TV

Afternoon Tea Dance 3:00pm-

3:00pm

With the Cruise Staff and the Island Princess Orchestra. 4:00pm

Universe Lounge, Deck 6 Aft

Creativity@Sea: Box Making 3:15pm

Join the Cruise Staff. Bayou Café, Deck 7 Aft

4:00pm Special Interest Lecture: The Space Shuttle, Space

Station, Hubble and other Awesome Space Telescopes - Where we have gone in space, and what we are seeing. An eye-opening presentation! By lecturer Michael Raick. Princess Theater, Deck 7 Fwd

4:00pm Concert: Bon Jovi Live in Chicago (54mins.) Lido Deck 14

under executs Friends of Dr. Bob & Bill W. 4:00pm

Wheelhouse Museum, Deck 7 Fwd Modern Marvels: Panama Canal 4:15pm

(44mins) Channel 21, Stateroom TV

\$2000 Snowball Jackpot Bingo 4:30pm

Could go in 52 numbers, plus 3 other cash prizes. Cards available from 3:30pm. Universe Lounge, Deck 6 Aft

4:30pm Afternoon Trivia Challenge

Join the Cruise Staff for another challenge.

Explorers Lounge, Deck 6 Aft

Enchanting Evening

5:00pm-Cocktail Melodies

With Lady Hit Trio & Magdalena. Atrium, Deck 5 Midship

Movie: Hugo 5:00pm-

10:00pm Starring: Ben Kingsley, Sacha Baron Cohen (Rated PG · 2hrs. 6mins.) Channel 21, Stateroom TV

Mongolian Buffet 5:30pm-

Horizon Court, Deck 14 11:00pm

Chillax Relaxation Class

Aerobics Studio, Deck 14 Aft

Movie: My Week With Marilyn 6:30pm Starring: Michelle Williams, Eddie Redmayne

(Rated R · 1hr. 39mins) Universe Lounge, Deck 6 Aft

XBOX Kinnect Dance 6:45pm

Join the Cruise Staff. Explorers Lounge, Deck 6 Aft

Jazz with the Perry Phillips Trio 7:00pm-Bayou & Bar Café, Deck 7 Aft Close

7:00pm & Texas Hold'em Players

Meet for a \$1/\$2 No limit cash game. Casino, Deck 6 11:00pm

7:00pm

The Help

Starring: Emma Stone, Viola Davis (PG-13 · 2hrs. 15mins.) Lido Deck 14

Ballroom Favorites With DJ Love 7:30pm-8:00pm Explorers Lounge, Deck 6 Aft Dancing With The Derissio Quartet 7:30pm-

Wheelhouse Bar, Deck 7 Fwd 8:15pm

SHOWTIME: Production Show: Motor City (Final Repeat Performance) 8:00pm

Princess Theater, Deck 7 Fwd

8:00pm **XBOX Kinnect Dance**

Join the Cruise Staff. Explorers Lounge, Deck 6 Aft

Dancing with Magnitude 8:45pm-9:15pm Explorers Lounge, Deck 6 Aft Piano Entertainer Brad Stevens 9:00pm-

Onwards Crooners Bar, Deck 7

9:00pm-Dance The Night Away With The Derissio Quartet

Midnight Wheelhouse Bar, Deck 7 Fwd

Comedian: Kevin Jordan 9:30pm SHOWTIME:

Universe Lounge, Deck 6 Aft (Final Repeat Performance)

The Help 9:45pm



Starring: Emma Stone, Viola Davis (PG-13 · 2hrs. 15mins.) Lido Deck 14

International Crew Show (Tonight Only) 9:45pm

> Join us as the ship's company showcase their talents! Cameras & video cameras are allowed (Rated PG-13) This show will be recorded and Televised later in the

Cruise on channel 21, Princess Theater, Deck 7 Fwd

10:00pm- The Wake Show with Gavin & Neil

Onwards Channel 21, Stateroom TV

10:15pm- The Dancing Continues with Magnitude

Midnight Explorer's Lounge, Deck 6 Aft

Movie: My Week With Marilyn

Starring: Michelle Williams, Eddie Redmayne

(Rated R · 1hr. 39mins) Universe Lounge, Deck 6 Aft

Midnight- Music with DJ Love

Explorers Lounge, Deck 6 Aft

Slot Machines and Texas Hold'em Table Midnight

Open all night. Casino, Deck 6



Your chance to win Spa Treatment!

Free Samples, Raffle drawing and lots of free give aways. Not to be missed!

12:00pm-2:00pm · Aerobic Studio · Deck 14 aft



Boutiques Onboard

Enter to Win! Citizen Quartz watch

With any purchase of Citizen and your Passport to Value coupon.

9:00am-9:00pm · Facets, Deck 6

Locations, Hours & More



Memories

Art Gallery - Deck 7, Midship

7:30pm-8:30pm · Art Director: Chloe Mahtani

Boutiques - Decks 6 Midship

9:00am-11:30pm · Boutiques Manager: Jonathan Turner

Facets Jewelry & Watches - Deck 6 Midship 9:00am-11:30pm

Princess Shopping Host: Bea Kessler – For Assistance Dial 5445

Casino - Deck 6

Cash Desk 10:00am, Tables Noon · Casino Manager: Milena Jimenez

Captain's Circle Membership Desk - Atrium Plaza, Deck 5 9:00am-11:00am & 4:00pm-6:00pm ·

Captain's Circle Host: Barbara Cristina Zanetti

Cyber Golf Simulator - Deck 15 Midship

To book an appointment call 8403 during library hours - all sea days. (24 hrs notice required & Fees Apply)

Fresh Flowers - Deck 6 Midship

10:00am-Noon & 4:00pm-6:00pm (Deck 6 Midship) • Florist: Neil Sagum

Future Cruise Sales - Atrium Lobby, Deck 5

9:00am-12:00pm & 3:00pm-6:00pm · Future Cruise Consultant: Natalie Zeppieri

Internet Café - Deck 8, Midship

9am-Noon, 1pm-5pm & 7:30pm-10:30pm • Internet Manager: Nikolay Nikolaev

Library - Deck 8 Midship

9:00am-Noon & 3:00pm-5:00pm

Lotus Spa Health & Fitness Center - Lido Deck 14, Aft 6:00am-10:00pm

Lotus Spa & Beauty Salon - Lido Deck 14, Aft

8:00am-8:00pm • Spa Manager: Aretha Hunter

Medical Center - Deck 4 Midship

9:00am-11:00am & 4:30pm-6:30pm, For urgent medical attention, dial 911

Photography & Video Gallery - Deck 6 Midship

10:00am-11:00pm · Photo-Video Manager: Jason Michael Kiefer

Sanctuary - Deck 14 Aft, Portside

8:00am-6:00pm

This "Pocket of Tranquility" has limited space available and is on a first come first serve basis. A nominal charge of \$10 for a half day or \$20 for a full day pass.

Shore Excursions Tour Desk – Atrium Lobby, Deck 5 Midship 9:00am-Noon & 4:00pm-6:00pm • Shorex Manager: Michele Bosco

Youth & Teen Centers - Deck 12 Aft

9am-Noon, 1pm-5pm & 6pm-10pm - Youth/ Teen Activities 10pm-1am - Late Night Kidsitting (Pre-bookings Requested)

Dinina Guide

	Location	Hours
Bordeaux Dining Room (Anytime)	Deck 5 Midship	7:30am-9:30am (Breakfast); Noon-1:30pm (Lunch) 3:30pm-4:30pm (Tea) 5:30pm-10pm (Anytime Dinner)
Provence Dining Room (Traditional)	Deck 6 Midship	Early Seating 5:30pm; Late Seating 7:45pm
Sabatini's*	Deck 7 Midship	5:30pm-10:30pm
Bayou Cafe & Steakhouse*	Deck 7 Midship	5:30pm-10:30pm
Pizzeria	Deck 14 Midship	11:00am-Midnight
Ice Cream Bar	Deck 14 Midship	11:00am-11:00pm
The Grill	Deck 15 Midship	11:00am-11:00pm
Horizon Court	Deck 14 Forward	5:00am-11:30am (Breakfast) 11:30am-3:30pm (Lunch) 3:30pm-5:30pm (Light Snack) 5:30pm-Midnight (Dinner)

Bars, Clubs & Lounges - Signature Cocktail: Paradise Punch

	Location	Hours	
La Patisserie	Deck 5 Midship	7:00am till 11:00pm	
Explorers Lounge	Deck 6 Aft	5:00pm onwards	
Crooners	Deck 7 Midship	10:00am onwards	
Wheelhouse Bar	Deck 7 Forward	4:00pm onwards	
Bayou Cafe	Deck 7 Aft	6:00pm onwards	
Horizon Bar	Deck 14 Forward	6:00am till Midnight	

*Additional charges apply. Actual meal times are subject to change. Once onboard and subject to availability, you may switch from Traditional Dining to Anytime Dining with 24 hours notice to the Maitre D'. The legal drinking age of 21 years is observed onboard and photo ID may be required. A 15% service charge is automatically added to all bar and wine bills.

Photo & Video Gallery

Casual Portraits Tonight!

A fun and contemporary alternative to traditional portraits.

Photo & Video Gallery · Deck 6



Fresh Flowers

Boutonnieres, corsages, and wristlets available for formal night.
Our ónboard florist will create the perfect arrangement.

10am-Noon - Atrium, Deck 5 4pm-6pm - Deck 6 Midship

Internet Café

Stay in touch from our onboard Internet Café or use the wireless service in your staterooms.

Atrium · Deck 8 Midship

Shore Excursions: Tour office hours: 9:00am-Noon & 4:00pm-6:00pm - Atrium Lobby, Deck 5

Tours to passengers in-transit to next voyage are available for Los Angeles, San Francisco, Victoria and Vancouver.

Come and see us for details.

If you pre-registered for tours for next voyage 2214 from Los Angeles to Vancouver please note that the tour tickets for that voyage will be delivered to your Stateroom on Los Angeles day (afternoon).

Tour cancellations for Los Angeles close at 11:00am on May 10th.



Your daily guide to life at sea



PrincessPatter

escape completely.

At Sea Wed. May 9, 2012 · Island Princess · Tonight's dress: Formal

Weather: Today's Forecast: Partly cloudy - High: 28°C (83°F) Low: 25°C (77°F) - Sunrise 6:40am/Sunset 8:34pm Tomorrow's Forecast: Partly cloudy - High: 27°C (81°F) Low: 25°C (77°F)

The Officer's Daily Log

Meet The Internet Cafe Manager Nikolay Nikolaev



Born in Dobrich, Bulgaria, Nikolay Nikolaev served in the Bulgarian Air Force before attending Cisco Academy, where he graduated from the computer networking program. He later found himself in London's Financial District where he worked as an Information Security consultant for major corporations. However, Nikolay's unstoppable desire to explore the world led him to cruise ships, where he continues to combine his passion and talents as an Internet Manager.

Nikolay feels truly blessed to meet new, exciting people while sailing across the globe with Princess.

by Internet Cafe Manager Nikolay Nikolaey

As we spend the day sailing onward towards Los Angeles, now is the perfect time to visit the Internet Café!

Discover new and exciting reasons to get away from the everyday by visiting our new blog at www.InspiredtoCruise.com, where Princess passengers share their intriguing stories about why they've cruised. From second honeymoons to much-needed breaks, your fellow passengers have a year's worth of reasons that will inspire you to escape completely again with Princess! You can also share your own cruise stories or watch a host of "Escape Inspiration" videos that reveal some of our crew members' favorite moments on board.

Read as many of our passengers' stories and watch as many of our videos as you'd like - viewing this site is free! Also complimentary to browse, princess.com offers a wealth of information on Princess itineraries, ships, shore excursions and more, answering all of your questions about cruises you'd like to take in the future.

With the purchase of an Internet package, you can even keep in touch with friends and family back home, email photos of your trip, and stay informed on your favorite websites.

The Internet Café is open 24 hours a day for your convenience, but any changes to our daily schedule will be noted in the Princess

I look forward to seeing you!

From the Navigator

In the morning Island Princess will reach Cabo Falso, the most southern tip of Baja California. During the day she will maintain her north-westerly heading along the coast. In the early evening Island Princess will pass 5 miles west of Uncle Sam Bank, consisting of two shallow patches with depth of the water about 5 meters.

Dress Code

During the day, sportswear and casual clothes are suggested. Guidelines from 5:30pm and throughout the evening are:

Formal: A Dinner Jacket or dark business suit for gentlemen and a full length evening gown, cocktail dress or trouser suit for ladies

Smart Casual: An open-neck shirt and slacks for gentlemen and a dress, skirt and blouse, or trouser suit outfit for ladies.

Please be reminded that shorts, tank tops & baseball caps are not permitted in the Dining Rooms, Bayou Café and Sabatini's during dining hours.

Luggage Tag Desk

Any passengers with questions regarding disembarkation, may do so at the Disembarkation Information Desk, in the Atrium Deck 5 Midship from 9:00am to Noon.

Did You Know?

Princess was the first cruise line where couples could be married at sea by the ship's captain.

Mark How will you escape completely°?







Refreshing Morning

The Wake Show with Cruise Director Gavin & Neil

Channel 21, Stateroom TV 11:00am

Fabulous Abs 7:00am

Aerobics Studio, Deck 14 Aft

Long & Lean Stretch 7:30am

Aerobics Studio, Deck 14 Aft

Spinning Class 8:00am

Aerobics Studio, Deck 14 Aft (\$12 fee applies)

Brain Waves Quiz 8:00am

Onwards Pick up your daily teasers. Library, Deck 8 Midship

Yoga 9:00am

Aerobics Studio, Deck 14 Aft (\$12 fee applies)

mëVies mer≍een 9:00am-10:00am

The Wake Show

Lido Deck 14

Zumba™ Al Fresco 9:15am

Join Laura for this fun and exciting dance class.

Please wear proper footwear. Lido, Deck 14

Bridge Lecture 9:30am

With Lecturer Dolores. Bayou Cafe, Deck 7 Aft

Modern Marvels: Panama Canal movies 10:00am

Lido Deck 14 eress Arepun

10:00am Free Seminar: 5 minute Make Over- California Sun Glow

A 5-in-1 make up you will love! Lotus Spa, Deck 14 Aft

10:15am Morning Trivia

Join the Cruise Staff for another challenge.

Explorers Lounge, Deck 6 Aft

Culinary Demonstration 10:15am

Join our Maitre'd Hotel Ignazio D'Agostino & Executive

Chef Michael Tocchetto as they host this fun event,

followed by a ship's galley tour.

Universe Lounge, Deck 6 Aft

10:30am \$60 Texas Hold'Em Tournament

Followed by a \$1/2 no limit cash game.

Casino, Deck 6 Midship

10:30am Princess Olympics Ring Toss

Atrium, Deck 5 Midship

10:45am Golf Putting: Doubles

Atrium, Deck 5 Midship

10:45am

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View From the Bridge

Lido Deck 14

Special Interest Lecture: The Marine World: 11:00am

Examining the Life of the Oceans - This presentation is designed to help passengers who go down to the sea or have a watchful eye aboard ship, identify some of the common organisms of Caribbean and Atlantic waters.

with guest lecturer Kenneth Williams.

Princess Theater, Deck 7 Fwd

Panama Canal (Documentary) 11:00am (48mins.) Channel 21, Stateroom TV

Free Seminar: Detox for Helath & Weight Loss 11:00am

Aerobics Studio, Deck 14 Aft

Free Seminar: Facial Rejuvenation 11:00am

Secret to a smoother skin by Dr. Alejandra Burgos.

Wheelhouse Bar, Deck 7 Fwd

11:15am \$2100 Snowball Jackpot Bingo

Could go in 53 numbers, plus 3 other cash prizes.

Cards available from 10:30am, Universe Lounge, Deck 6 Aft

The Transformation of Golden Princess

Channel 21, Stateroom TV

Relaxing Afternoon

Closest to the Pin Golf Competition Noon

With the Cruise Staff. Golf Simulator, Deck 15 Midship

Ladies of the P.E.O. Noon

Meet for lunch. Crooners, Deck 7 Midship

12:30pm-Blackjack Tournament

Champion wins up to \$500. Only \$20 to enter. Purchase

your tickets from cashiers. Casino, Deck 6 Midship

Batwomen of Panama 12:15pm

(46mins) Channel 21, Stateroom TV

Afternoon Movie: Footloose (2011) 12:30pm

Starring: Kenny Wormald, Julianne Hough

(PG-13 · 1hr. 54mins) Princess Theater Deck 7, Fwd

12:45pm Special Interest Lecture:

The History of Early Rock & Roll

A musical journey back to the early days of R&R. A musical and historical delight. With guest lecturer

Michael Raick. Universe Lounge, Deck 6 Aft

Music with Lady Hit Trio 12:45pm-1:30pm Atrium, Deck 5 Midship

Pilots & Aviators Get-Together 1:00pm

Crooners Bar, Deck 7 Midship

1:00pm Sharks

(42mins.) Channel 21, Stateroom TV

Cool by the Pool with DJ Love 1:00pm-

Lido Deck 14 Midship 2:00pm

Bridge Play 1:30pm-

Lecturer Dolores. Sabatini's, Deck 7 Aft 3:30pm

The Real Pirates of the Caribbean 1:45pm

(45mins.) Channel 21, Stateroom TV

5 Minute Makeover Demonstration 2:00pm

Join Mirelle and Corne Cosmetic Consultants for

the "Give us 5 minutes and we'll Show you fabulous"

Demonstration. Essence, Deck 6

Free Foot Analysis - Your feet are your foundation! 2:00pm

Learn how you can improve postural pain and problems with this simple affordable solution.

Aerobics Studio, Deck 14 Aft

Doctors and Nurses Get Together 2:00pm

Crooners, Deck 7 Midship

2:00pm Shuffleboard Tournament

Join the Cruise Staff for this classic cruise ship game.

Sports Deck 16 Aft

\$\$\$ Princess Casino

Blackjack Tournament Today

Join us for your chance to become a champion this cruise. Tickets available now at the Casino Cashier.

Casino · Deck 6 Midship

PRINCESS CRUISES PRESENTS **Production Show** Do You Wanna Dance Starring The Island Princess Singers & Dancers

8:00pm & 10:00pm

Princess Theater, Deck 7 Fwd

(Repeated Tomorrow at 9:30pm)

Boutiques Onboard

Diamonds & Exotic Gemstones Sale!

Save Up to 75% Off U.S. Suggested Retail 5-year guarantee

X:00am-X:00pm · Atrium, Deck 7







Let Princess be your Consummate Host®

Caribbean Treasures Event! Learn about the unique characteristics of Marahlago Larimar, Ammolite, Alexandrite & many more. Win a Marahlago Larimar Pendant! Explorers Lounge, Deck 6

Ballroom Blitz: Cha Cha 2:00pm With Callie. Universe Lounge, Deck 6 Aft

Scrapheap Challenge: The Ship Building Final 2:00pm

With the Cruise Staff, Lido Deck 14

Texas Hold'em Players 2:00pm

Meet for a \$1/\$2 no limit cash game. Casino, Deck 6

Nintendo Wii@Sea: Rock Star 3:00pm Explorer's Lounge, Deck 6 Aft

Special Interest Lecture: Get Your Kicks On Route 66 3:00pm Take a journey toward California before interstates and

shopping malls. The "Main Street of America beckons, with diners, chocolate malts, and cherry cokes!. With quest lecturer Gary Shahan. Princess Theater, Deck 7 Fwd

Passenger Talent Show Sign Up & Rehearsal 3:00pm

If you can sing, dance or tell jokes come along and sign up for tomorrow night show. Wheelhouse Bar, Deck 7 Fwd

New World Cabarnet Tasting Provence Dining Room, Deck 6

Deep Sea Detectives: Blackbeards Mystery Ship 3:05pm

(45mins) Channel 21, Stateroom TV

3:30pm-Afternoon Tea

4:30pm In a musical atmosphere.

Bordeaux Dining Room, Deck 5 Midship

Princess Pop Choir - The Rehearsal - Join "Princess Pop Choir" - the Island's version of "Glee" and "The Choir".

Bring your voices and get ready to sing in a performance at the end of the cruise. Universe Lounge, Deck 6 Aft

4:00pm

Aerobics Studio, Deck 14 Aft (\$12 fee applies)

Friends of Dr Bob & Bill W. Wheelhouse Museum, Deck 7 Fwd

Afternoon Trivia Challenge 4:30pm

Join the Cruise Staff for another challenge.

Explorers Lounge, Deck 6 Aft

Enchanting Evening

5:00pm- Formal Portraits Tonight! - Join your friendly Photo team 10:30pm in the Atrium to have your photos taken. No sitting fee! No obligation to purchase! Atrium, Decks 5, 6 & 7 Midship

NBA Basketball Playoffs 5:00pm

Miami Heat vs. New York Knicks (Satellite Permitting) Lido Deck 14

Cocktail Melodies

under mystelle

With Magdalena. Atrium, Deck 5 Midship 7:00pm

5:00pm- The International Crew Show 10:00pm Channel 21, Stateroom TV

No Smoking Night 6:00pm

The Casino is a no smoking area tonight. Casino Deck 6

6:00pm Chillax Relaxation Class

Aerobics Studio, Deck 14 Aft

Farewell Cocktail Party 7:00pm-

With the Senior Officers of the Island Princess. 7:45pm

(Those travelling beyond Los Angeles are also invited to

attend.) Atrium, Deck 5 Midship

7:00pm-Jazz with the Perry Phillips Trio Bayou & Bar Café, Deck 7 Aft Close

Texas Hold'em Players 7:00pm &

11:00pm Meet for a \$1/\$2 no limit cash game. Casino, Deck 6

Ballroom Favorites with DJ Love 7:00pm-Explorers Lounge, Deck 6 Aft 8:00pm Dancing with Magnitude 7:30pm-8:15pm Wheelhouse Bar, Deck 7 Fwd TV Theme Tune Trivia 8:00pm

With the Cruise Staff. Explorers Lounge, Deck 6 Aft

SHOWTIME: Production Show. 29 (Repeated Tomorrow at 9:30pm) Production Show: Do you Wanna Dance 8:00pm

Princess Theater, Deck 7 Fwd

SHOWTIME: Hypnous. In Las Vegas Hypnotist: Michael John 8:00pm

Universe Lounge, Deck 6 Aft

Ballroom Dancing With the Island Princess Orchestra 9:00pm-

Wheelhouse Bar, Deck 7 Fwd Midnight

9:00pm-Music and Martinis With Brad Stevens

11:00pm Crooners Bar, Deck 7 Midship

Sing it to Win It

9:45pm

Join the Cruise Staff, Explorers Lounge, Deck 6 Aft Choice

The Three Musketeers

(PG-13 · 1hr. 50mins.) Lido Deck 14 10:00pm- The Wake Show with Gavin & Neil

Channel 21, Stateroom TV Onwards

SHOWTIME: Production Show: Do you Wanna Dance (Repeated Tomorrow at 9:30pm) 10:00pm

Starring: Logan Lerman

Princess Theater, Deck 7 Fwd

SHOWTIME: Hypnotist: Michael John Live from Las Vegas 10:00pm

Universe Lounge, Deck 6 Aft

50's Music Hour 10:15pm-

Explorers Lounge, Deck 6 Aft 11:15pm

Smooth Groove - Relax to Sweet Sounds 11:00pm-

11:30pm Explorer's Lounge, Deck 6 Aft

Gavin's Grand Atrium Party 11:00pm-

Come Along and join your Cruise Director Gavin 11:45pm

the Cruise Staff, and music from Magnitude. The Balloon Drop will be at 11:30pm. Atrium, Decks 5, 6, 7, 8

11:15pm-Music with DJ Love Explorers Lounge, Deck 6 Aft

Midnight Slot Machines and Texas Hold'em Table

Open all night. Casino, Deck 6 Midship

The Lotus Spa

Le Therapie HydraLift Facial

This skin corrective facial uses gentle computerized stimuli to reduce the appearance of fine lines & wrinkles. Today only \$99

Lotus Spa • Deck 14 - Ext. #14626



Formal Portraits Tonight

Last Chance!

No sitting fee & no obligation to purchase. Seven specialty backgrounds to choose from!

Throughout the Atrium • Decks 5, 6, 7 From 5pm - 10:30pm

Locations, Hours & More



Art Gallery - Deck 7, Midship

7:30pm-8:30pm · Art Director: Chloe Mahtani

Boutiques - Decks 6 Midship

9:00am-9:00pm · Boutiques Manager: Jonathan Turner

Facets Jewelry & Watches - Deck 6 Midship

9:00am-9:00pm

Princess Shopping Host: Bea Kessler - For Assistance Dial 5445

Casino - Deck 6

Cash Desk 10:00am, Tables Noon · Casino Manager: Milena Jimenez

Captain's Circle Membership Desk - Atrium Plaza, Deck 5

9:00am-11:00am & 4:00pm-6:00pm · Captain's Circle Host: Barbara Zanetti

Cyber Golf Simulator - Deck 15 Midship

To book an appointment call 8403 during library hours - all sea days. (24 hrs notice required & Fees Apply)

Future Cruise Sales - Atrium Lobby, Deck 5

9:00am-Noon & 3:00pm-6:00pm · Future Cruise Consultant: Natalie Zeppieri

Internet Café - Deck 8, Midship

9am-Noon, 1pm-4pm & 7:30pm-10:30pm • Internet Manager: Nikolay Nikolaev

Library - Deck 8 Midship 9:00am-Noon & 3:00pm-5:00pm

Lotus Spa Health & Fitness Center - Lido Deck 14, Aft 6:00am-10:00pm

Lotus Spa & Beauty Salon - Lido Deck 14, Aft

8:00am-8:00pm · Spa Manager: Aretha Hunter

Medical Center - Deck 4 Midship

9:00am-11:00am & 4:30pm-6:30pm, For urgent medical attention, dial 911

Photography & Video Gallery - Deck 6 Midship

9:00am-3:00pm & 5:30pm-11:00pm · Photo-Video Manager: Jason Michael Kiefer

Sanctuary - Deck 14 Aft, Portside

8:00am-6:00pm

This "Pocket of Tranquility" has limited space available and is on a first come first serve basis. A nominal charge of \$10 for a half day or \$20 for a full day pass.

Shore Excursions Tour Desk – Atrium Lobby, Deck 5 Midship 9:00am-Noon & 4:00pm-6:00pm • Shorex Manager: Michele Bosco

Youth & Teen Centers - Deck 12 Aft

9am-Noon, 1pm-5pm & 6pm-10pm - Youth/ Teen Activities 10pm-1am - Late Night Kidsitting (Pre-bookings Requested)

Dining Guide

	Location	Hours
Bordeaux Dining Room (Anytime)	Deck 5 Midship	7:30am-9:30am (Breakfast); Noon-1:30pm (Lunch) 3:30pm-4:30pm (Tea) 5:30pm-10pm (Anytime Dinner)
Provence Dining Room (Traditional)	Deck 6 Midship	Early Seating 5:30pm; Late Seating 7:45pm
Sabatini's*	Deck 7 Midship	5:30pm-10:30pm
Bayou Cafe & Steakhouse*	Deck 7 Midship	5:30pm-10:30pm
Pizzeria	Deck 14 Midship	11:00am-Midnight
Ice Cream Bar	Deck 14 Midship	11:00am-11:00pm
The Grill	Deck 15 Midship	11:00am-11:00pm
Horizon Court	Deck 14 Forward	5:00am-11:30am (Breakfast) 11:30am-3:30pm (Lunch) 3:30pm-5:30pm (Light Snack) 5:30pm-Midnight (Dinner)

Bars, Clubs & Lounges - Signature Cocktail: Bahama Bay Breeze

	Location	Hours
La Patisserie	Deck 5 Midship	7:00am till 11:00pm
Explorers Lounge	Deck 6 Aft	5:00pm onwards
Crooners	Deck 7 Midship	10:00am onwards
Wheelhouse Bar	Deck 7 Forward	4:00pm onwards
Bayou Cafe	Deck 7 Aft	6:00pm onwards
Horizon Bar	Deck 14 Forward	6:00am till Midnight

*Additional charges apply. Actual meal times are subject to change. Once onboard and subject to availability, you may switch from Traditional Dining to Anytime Dining with 24 hours notice to the Maitre D'. The legal drinking age of 21 years is observed onboard and photo ID may be required. A 15% service charge is automatically added to all bar and wine bills.

Future Cruise Sales

Europe 2013

Incredible ships waiting to escort you to all the best ports in Europe! Featuring the Mediterranean, Greek Isles, Scandinavia/ Russia, Norway, British Isles and more!

Atrium • Deck 5

Princess Cruises Captain's Circle

Take advantage of your membership — enjoy exclusive online benefits.

Log on to the Circle Center Online at princess.com.

Internet Café

Stay in touch from our onboard Internet Café or use the wireless service in your staterooms.

Atrium · Deck 8 Midship

Shore Excursions: Tour office hours: 9:00am-Noon & 4:00pm-6:00pm - Atrium Lobby, Deck 5

Tours to passengers in-transit to next voyage are available for Los Angeles, San Francisco, Victoria and Vancouver.

Come and see us for details.

If you pre-registered for tours for next voyage 2214 from Los Angeles to Vancouver please note that the tour tickets

for that voyage will be delivered to your Stateroom on Los Angeles day (afternoon).

Tour cancellations for Los Angeles close at 11:00am on May 10th.

Los Angeles Tours Meeting Time And Venue

Please meet your tours on May 11th (Los Angeles) as follows:

Tour Lax-200A "Grauman's Theatre/Olvera/Farmer's Street" Princess Theatre, Promenade Deck 7 Forward, at 8:30am.

Tour Lax-290A "Scenic Drive"

Princess Theatre, Promenade Deck 7 Forward, at 8:30am.



Your daily guide to life at sea



PrincessPatter

escape completely.

At Sea Thu. May 10, 2012 · Island Princess · Tonight's dress: smart casual

Weather: Today's Forecast: Partly cloudy - High: 23°C (75°F) Low: 16°C (61°F) - Sunrise 6:41am/Sunset 7:06pm Tomorrow's Forecast: Partly cloudy - High: 23°C (73°F) Low: 15°C (59°F)

The Officer's Daily Log

Meet Circle Hostess Barbara Zanetti



Barbara Zanetti was born in Curitiba, the capital of Paraná in the South of Brazil. After earning her Master's in Psychology, she spent 10 years working in education, but soon yearned for something more. In 2008, Barbara joined Princess Cruises and has since visited over 40 different countries across the globe. She truly enjoys meeting new people and sharing unforgettable experiences ashore, like swimming in Israel's Back at home, Barbara spends

quality time with her family-

football!

indulging in Brazilian food and

by Captain's Circle Host Barbara Zanetti

On behalf of the entire Island Princess crew, I want to thank you for sailing with us. We appreciate the loyalty of our Princess Cruises Captain's Circle® members, and welcome all of our first-time cruisers to the Circle. You are now automatically eligible for member benefits and amenities on future cruises.

All of our members receive preferential pricing offers, our Princess Cruises Captain's Circle Magazine and more. Platinum members, those that have completed 5 cruises or 50 cruise days1, receive credit toward Internet packages², preferred check-in and other

And when you sail on your 16th cruise or 151st cruise day we are proud to recognize you as an Elite Member of the Circle, and you will be rewarded with the ultimate in benefits and privileged perks. 1 For details, just come by my desk on deck 5.

Already dreaming about your next cruise with Princess? Visit our weekly blog at www.50EssentialExperiences.com, to read personal stories from our destination experts that will help you add to your own travel bucket list. Stop by the Future Cruise Sales desk, and say hi to Natalie. Make a deposit toward a future cruise, even if you're unsure of where you want to travel next, and you'll receive a shipboard credit next time you sail with Princess.

Have a relaxing, wonderful last day at sea, and we hope to see you onboard again soon! And please let us know if you have any suggestions or comments - we'd love to hear

Legal: 'Members are eligible for a higher tier level on the next cruise following completion of necessary cruises and/or cruise days. Land portion of cruisetour does not apply. For use in the Internet Cafe or through Wireless Internet; subject to availability.

Time Change - Ship's clock will be set one hour back at 2:00am between Thursday night, May 10th and Friday morning, May 11th.

From the Navigator

In the morning Island Princess will pass the archipelago of Isla San Benito and Isla Cedros. Of volcanic origin, this area is home to one of the world's largest Salt deposits, and we often see bulk cargo ships come in and out of the area to transport the salt overseas. The lagoons to the east of the Islands were also home to hundreds of California grey whales in the early 20th century. Throughout the day Island Princess will maintain her north-westerly heading along the American Pacific coast towards the port of San Pedro, Los Angeles.

Check-Out & Stateroom Accounts

Register your credit card, if not already done online or at check-in, to avoid long lines and expedite the process of settling your account. If you have registered your credit card, your statement will be delivered to your stateroom early on Friday morning, May 11 and will act as your payment receipt. All other passengers should settle their accounts no later than 11:30pm today, Thursday, May 10 at the Passenger Services Desk.

We Value Your Opinion

When you return home, please look for an email from Princess Cruises that will give you the opportunity to let us know how we performed. The online survey will only take a few minutes of your time. On behalf of everyone in the Princess family, we thank you in advance for your participation, and we look forward to welcoming you back soon.

On Deck For The Cure

We would like to thank everyone who participated in our walk the other day. A grand total of \$650.00 was raised. Thank You!

Marie How will you escape completely[®]?



11:00am



Free Seminar: Go Home Looking Younger



Refreshing Morning

The Wake Show and Disembarkation Information

with Cruise Director Gavin & Neil 10:50am

Channel 21, Stateroom TV

Fabulous Abs 7:00am

Aerobics Studio, Deck 14 Aft

Long & Lean Stretch 7:30am

Aerobics Studio, Deck 14 Aft

8:00am Spinning Class

Aerobics Studio, Deck 14 Aft (\$12 fee applies)

Brain Waves Quiz 8:00am

Onwards Pick up your daily teasers. Library, Deck 8 Midship

Yoga 9:00am

Aerobics Studio, Deck 14 Aft (\$12 fee applies)

9:00am mevies entra la refinir

The Wakeshow with Gavin & Neil

Lido Deck 14

Diamonds & Exotic Gemstones Event! 9:00am-

Sale up to 75% Off. Facets, Deck 6 Midship 2:00pm

9:30am **Bridge Lecture**

With Lecturer Phyllis. Bayou Cafe, Deck 7 Aft

9:30am

Join Laura for another fun and exciting dance class. Please wear proper footwear. Universe Lounge, Deck 6 Aft

Onboard Outlet Sale Event 10:00am-

Save up to 75% Off the original retail, 3 Hours Only. 1:00pm

Provence Dining Room, Deck 6

10:00am under gracers Modern Marvels: Panama Canal

Lido Deck 14

Special Interest Lecture: Los Angeles: Entertainment

Capital of the World and So Much More!

Starting with L.A.'s port, San Pedro, the program examines this incredible City. With guest lecturer Kenneth Williams.

Princess Theater, Deck 7 Fwd

Table Tennis Tournament 10:00am

Join the Cruise Staff and go for gold.

Lotus Pool, Deck 15 Midship

Morning Trivia Join the Cruise Staff for a test of the ole' noggin.

Wheelhouse Bar, Deck 7 Fwd

Final Scavenger Hunt - The Return

For all those working all cruise-long on this hunt. Crooners Bar, Deck 7 Midship

\$100 Texas Hold'Em Tournament 10:30am

Followed by a \$1/\$2 No Limit Cash Game. Casino, Deck 6

10:45am mevies

10:30am

10:30am

View from the Bridge

Lido Deck 14

energy refine Video Visits (Miami, Bahamas, Jamaica, Puerto Rico) 10:50am

(1hr. 16mins.) Channel 21, Stateroom TV

Longest Drive Competition Finale 11:00am

The final challenge and medals ceremony. Golf Simulator, Deck 15 Midship

Free Seminar: Eat More to Weigh Less 11:00am Last chance to find out how!

Aerobics Studio, Deck 14 Aft

Wheelhouse Bar, Deck 7 Midship

Ice Carving Demonstration 11:00am

Join our artisan Elmer as he performs miracles with blocks of ice. Lido Poolside, Deck 14, Midship

Basketball Free Throw 11:00am With the Cruise Staff.

Sports Court, Deck 16 Aft

Special Interest Lecture: 11:30pm

The Fads and Culture of the '60s: Culture change culture shock. Our society changed as perhaps never before. Relive it, as it was. With guest lecturer Michael

Raick. Princess Theater, Deck 7 Fwd

Extravaganza Buffet

Horizon Court, Deck 14 Fwd (From 11:00am-Noon is for picture only) 2:00pm

British-Style Pub Lunch 11:30am-

Bayou Cafe, Deck 7 2:30pm

\$2200 Snowball Jackpot Bingo! 11:30am

Could go in 54 numbers, plus 3 other cash game prizes.

Tickets on sale from 10:30am. Universe Lounge, Deck 6 Aft

Relaxing Afternoon

Sharks 12:10pm

Channel 21, Stateroom TV

Ballroom Blitz: Waltz

With Callie. Universe Lounge, Deck 6 Aft

Slot Tournament 12:30pm-

Champion wins up to \$500. Grand Final at 3pm. 3:00pm

Casino, Deck 6 Midship

Special Interest Lecture: The Journey Continues -12:45pm

From Albuquerque to L.A., we complete the Route 66

experience. With guest lecturer Gary Shahan.

Princess Theater, Deck 7 Fwd

Afternoon Melodies with Lady Hit Trio 12:45pm-

Atrium, Deck 5 Midship 1:30pm

Free Seminar: Relieving Back Pain & Walking in Comfort 1:00pm

Free Footprint Analysis for all who attend.

Aerobics Studio, Deck 14 aft

The Real Pirates of the Caribbean 1:00pm

(45mins) Channel 21, Stateroom TV

Cool by the Pool Melodies with Magnitude 1:00pm-

2:00pm Lido, Deck 14

Navigation@Sea Presentation 1:15pm

History of navigation and the basics in cruise ship

operation. Universe Lounge, Deck 6 Aft

Nautical Chart Auction 1:30pm

The actual navigational chart for this voyage signed by the Captain will be auctioned. All proceeds benefit international charities. Explorers Lounge, Deck 6 Aft

Grand Finale Champagne Art Auction! 1:30pm

The absolute final opportunity to bid! 12:30pm Preview.

Explorers Lounge, Deck 6 Aft

True Caribbean Pirates 1:45pm

(1hr. 15mins) Channel 21, Stateroom TV

Afternoon Movie: War Horse 2:00pm

Starring: Jeremy Irvine, Peter Mullan

(PG -13 2hrs. 27mins.) Princess Theater, Deck 7 Fwd

Framed Portraits

Turn your vacation memories into art!

Choose from a variety of sizes and framing styles, professionally printed and shipped direct to your home. Visit the Photo & Video Gallery for details.

Photo & Video Gallery · Deck 6



Princess Theater, Deck 7 Fwd

(No reservation of seats please)



Last Day Special

Includes a 25-minute Massage & 25-minute Booster Facial with your choice of complimentary Hot Stones or Eye & Neck Collagen Treatment. All for only \$99

Lotus Spa · Deck 14 Aft - Ext. #14626







Let Princess be your Consummate Host®

2:00pm	Mr. Sexy Legs Competition We are looking for fun and energetic guys to show us their fabulous legs! Lido Deck 14		
2:00pm	Mr. Sexy Legs Competition		
2:00pm	Last Chance Event Join Liz and the facets team, who will give you any last information that you wish to know about beautiful Gemstones. Facets, Deck 6		
2:00pm	Texas Hold'em Players Meet for a \$1/\$2 no limit cash game. Casino, Deck 6		
2:30pm	Passenger Talent Show Sign Up & Rehearsal If you can sing, dance or tell jokes come along and sign up for Tonight's show. Universe Lounge, Deck 6 Aft		
2:30pm- 4:30pm 3:00pm	Bridge Play With Dolores. Sabatini's, Deck 7 Midship Final Pop Choir Rehearsal Universe Lounge, Deck 6 Aft		



3:00pm Showtime (33mins.) Channel 21, Stateroom TV Musical Afternoon Tea 3:30pm-

4:30pm Bordeaux Dining Room, Deck 5 Midship

Princess Book Club - "The Confession" by John Grisham 3:30pm Join fellow passengers for a discussion over tea.

Bordeaux Dining Room, Deck 5 Midship

The Transformation of Golden Princess 3:35pm Channel 21, Stateroom TV

Friends of Dr. Bob & Bill W. Meeting 4:00pm Wheelhouse Museum, Deck 7 Fwd

Pilates 4:00pm Aerobics Studio, Deck 14 Aft (\$12 fee applies)

Princess Olympics: Golf Putting 4:00pm Atrium, Deck 5 Midship

A Man, A Plan, A Canal 4:00pm Channel 21, Stateroom TV

Passport To Value Draw 4:10pm Win a \$150 credit towards your shipboard account. All stamped entries must be received by 2:00pm today. Must

be in attendance to win. Universe Lounge, Deck 6 Aft \$\$ Snowball Jackpot Bingo \$\$ \$2300 must go! Plus 3 other cash game prizes. Cards available all day. Second Chance Draw for Scratch Cards.

Universe Lounge, Deck 6 Aft Alphabet Trivia 4:30pm

Explorers Lounge, Deck 6 Aft

Enchanting Evening

4:15pm

Movie: Mission: Impossible - Ghost Protocol 5:00pm Starring: Tom Cruise, Jeremy Renner Onwards

(PG-13 · 2hrs. 13mins.) Channel 21, Stateroom TV

Farewell GLBT 5:00pm

Crooners, Deck 7 Midship

Chillax Relaxation Class 6:00pm

Aerobics Studio, Deck 14 Aft

Cocktail Melodies with Lady Hit Trio 6:00pm-

Atrium, Deck 5 8:45pm

XBOX Kinnect Dance 6:45pm

Join the Cruise Staff. Explorers Lounge, Deck 6 Aft

7:00pm m::VIES erse a refinit

8:15pm

Moneyball Starring: Brad Pitt, Jonah Hill (PG-13 · 2hrs. 13mins.) Lido Deck 14

7:00pm & Texas Hold'em Players

11:00pm Meet for a \$1/\$2 no limit cash game. Casino, Deck 6

7:00pm-Dinner Melodies with Perry Phillips Trio

Bayou Bar & Café, Deck 7 Aft Close

Dance the Night Away with The De Rissio Quartet 7:30pm-

Wheelhouse Bar, Deck 7 Fwd

8:00pm Passenger Talent Show

Come along and cheer on your fellow passengers.

Universe Lounge, Deck 6 Aft

8:00pm **XBOX Kinnect Dance**

Join the Cruise Staff. Explorers Lounge, Deck 6 Aft

Ballroom Dance Music With DJ Love 8:45pm-

9:15pm Explorers Lounge, Deck 6 Aft

Dance the Night Away with The De Rissio Quartet 9:00pm-

Wheelhouse Bar, Deck 7 Fwd

9:00pm Cocktail Melodies with our Pianist Magdalena

Onwards Crooners Bar, Deck 7 Midship Dancing With Magnitude

Explorers Lounge, Deck 6 Aft 10:00pm

Do You Wanna Dance

Princess Theater, Deck 7 Fwd

9:45pm

Moneyball Starring: Brad Pitt, Jonah Hill (PG-13 · 2hrs. 13mins.) Lido Deck 14

Princess Pop Choir - The Performance 9:45pm Come and support your fellow passengers.

Universe Lounge, Deck 6 Aft

Quick Fire Farewell Trivia 10:00pm

With the Cruise Staff. Explorers Lounge, Deck 6 Aft

The Wake Show with Cruise Director Gavin & Neil 10:00pm

Channel 21, Stateroom TV Onwards

So You Wanna Be a Rockstar!

Join Magnitude & the Cruise Staff and sing with the band! Try this version of Karaoke where you are the star! Explorers Lounge, Deck 6 Aft

Movie: Tinker Tailor Soldier Spy 11:00pm

Starring: Gary Oldman, Colin Firth

(Rated R · 2hrs. 10mins.) Princess Theater, Deck 7 Fwd

11:30pm-Music with DJ Love

Close Explorers Lounge, Deck 6 Aft

All Slot Players and Texas Hold'em Players 11:30pm

Please cash out your accounts before the casino closes at

approx. midnight. Casino, Deck 6 Midship

Boutiques Onboard

Onboard Outlet Sale

3 Hours Only

Save up to 75% off U.S. Suggested Retail Apparel, Souvenirs, Jewelry & much more

> 10:00am-1:00pm Provence Dining Room · Deck 6



Come along and cheer on your fellow passengers. 9:45pm · Universe Lounge · Deck 6 Aft

Auction (1:30pm), Preview (12:30pm) Explorers Lounge, Deck 6



Final Champagne Art Auction!

Fabulous Art Giveaways! The absolute last opportunity to bid on world class works of art at tremendous savings!

Locations, Hours & More



Art Gallery - Deck 7, Midship

5:00pm-6:30pm · Art Director: Chloe Mahtani

Boutiques - Decks 6 Midship

9:00am-9:00pm · Boutiques Manager: Jonathan Turner

Facets Jewelry & Watches - Deck 6 Midship

9:00am-9:00pm

Princess Shopping Host Bea Kessler • 10:00am-11:00am

Casino - Deck 6

Cash Desk - 10:00am · Tables - Noon Casino Manager: Milena Jimenez

Captain's Circle Membership Desk - Atrium Plaza, Deck 5

9:00am-11:00am & 4:00pm-6:00pm ·

Captain's Circle Hostess: Barbara Zanetti

Future Cruise Sales - Atrium Lobby, Deck 5

9:30am-12:30pm & 2:30pm-6:00pm · Future Cruise Consultant: Natalie Zeppieri

Internet Café - Deck 8, Midship

9am-Noon, 1pm-5pm & 7:30pm-10:30pm · Internet Manager: Nikolay Nikolaev

Library - Deck 8 Midship

9:00am-Noon & 4:00pm-6:00pm

Please return all library books by 6:00pm today.

Lotus Spa Health & Fitness Center – Lido Deck 14, Aft 6:00am-10:00pm

Lotus Spa & Beauty Salon - Lido Deck 14, Aft

8:00am-8:00pm · Spa Manager: Aretha Hunter

Medical Center - Deck 4 Midship

9:00am-11:00am & 4:30pm-6:30pm, For urgent medical attention, dial 911

Photography & Video Gallery - Deck 6 Midship

9:00am-11:00pm · Photo-Video Manager: Jason Michael Kiefer

Sanctuary - Deck 14 Aft, Portside

8:00am-6:00pm

This "Pocket of Tranquility" has limited space available and is on a first come first serve basis. A nominal charge of \$10 for a half day or \$20 for a full day pass.

Shore Excursions Tour Desk - Atrium Lobby, Deck 5 Midship

10:00am-Noon & 4:00pm-6:00pm · Shorex Manager: Michele Bosco

Youth & Teen Centers - Deck 12 Aft

9am-Noon, 1pm-5pm & 6pm-10pm - Youth/Teens Activities 10pm-1am - Late Night Kidsitting (Pre-bookings Requested)

Dining Guide

	Location	Hours
Bordeaux Dining Room (Anytime)	Deck 5 Midship	7:30am-9:30am (Breakfast); Noon-1:30pm (Lunch) 3:30pm-4:30pm (Tea) 5:30pm-10pm (Anytime Dinner)
Provence Dining Room (Traditional)	Deck 6 Midship	Early Seating 5:30pm; Late Seating 7:45pm
Sabatini's*	Deck 7 Midship	5:30pm-10:30pm
Bayou Cafe & Steakhouse*	Deck 7 Midship	5:30pm-10:30pm
Pizzeria	Deck 14 Midship	11:00am-Midnight
Ice Cream Bar	Deck 14 Midship	11:00am-11:00pm
The Grill	Deck 15 Midship	11:00am-11:00pm
Horizon Court	Deck 14 Forward	5:00am-11:30am (Breakfast) 11:30am-3:30pm (Lunch) 3:30pm-5:30pm (Light Snack) 5:30pm-Midnight (Dinner)

Bars, Clubs & Lounges - Signature Cocktail: Charlotte Amalie Iced Tea

	Location	Hours	
La Patisserie	Deck 5 Midship	7:00am till 11:00pm	
Explorers Lounge	Deck 6 Aft	5:00pm onwards	
Crooners	Deck 7 Midship	10:00am onwards	
Wheelhouse Bar	Deck 7 Forward	4:00pm onwards	
Bayou Cafe	Deck 7 Aft	6:00pm onwards	
Horizon Bar	Deck 14 Forward	6:00am till Midnight	

*Additional charges apply. Actual meal times are subject to change. Once onboard and subject to availability, you may switch from Traditional Dining to Anytime Dining with 24 hours notice to the Maitre D'. The legal drinking age of 21 years is observed onboard and photo ID may be required. A 15% service charge is automatically added to all bar and wine bills.

Princess Captain's Circle

Thank you once again for sailing with Princess.

Platinum and Elite Members, please join us at the Platinum Disembarkation Lounge tomorrow morning.

7:30am · Universe Lounge · Deck 6 Aft

Internet Café

Last Day Internet Access
15 mins for \$8.99

Time Plan can be used until you disembark the ship.
Check-in for your flight online!

Atrium · Deck 8

\$\$\$ Princess Casino

Slot Tournament Today

You just have to hit that button for your chance to win cash and prizes! Tickets available now at the Casino Cashier.

Casino · Deck 6 Midship

Shore Excursions:

Tour office hours: 10:00am-Noon & 4:00pm-6:00pm · Deck 5

Los Angeles Tours Meeting Time and Venue Please meet your tours on May 11th (Los Angeles) as follows: TOUR LAX-200A "Grauman's Theatre/Olvera/Farmer's Street" Princess Theatre, Promenade Deck 7 Forward, at 8:30am TOUR LAX-290A "Scenic Drive"

Princess Theatre, Promenade Deck 7 Forward, at 8:30am

Important Information: We wish to remind you that all shore excursion related account enquiries must be completed by 6:00pm this evening as the Tour Office will not be open the morning of arrival into Los Angeles.

Future Cruise Sales:

Office hours: 9:30am-12:30pm & 2:30pm-6:00pm • Atrium, Deck 5

Book a cruise or place a deposit while you're onboard and receive up to \$300 onboard credit per stateroom. Even if you're unsure of your future travel plans, simply make a reduced \$100 per person deposit, and take up to 4 years to decide. Stop by the Future Cruise Sales office for more information.



The Princess Cruises® Dining Experience

From elegant specialty restaurants to themed buffets on deck, our world-class chefs create freshly prepared cuisine from scratch using tantalizing ingredients to satisfy no matter the time of day or night.

Introducing the culinary celebrities of Island Princess*



Mickaël Tocchetto Executive Chef

Executive Chef Mickaël Tocchetto was born in Villeneuvesur-Lot, a quaint commune in the Bordeaux region of France. Its rich culinary history coupled with Mickaël's Italian heritage ensured an early passion for outstanding cuisine. His fondest childhood memories are of preparing large luncheons with his family using locally-grown ingredients - some from his very own backyard! These luncheons inspired his future career and taught him the value of cooking with only the freshest produce and seafood. Mickaël earned his culinary certification at the prestigious culinary school in Nerac, France, and spent the first years of his career gaining invaluable experience at several fine dining hotels and restaurants throughout England, Australia, French Guyana, Nigeria and Canada. Armed with a broad culinary repertoire and a strong desire to travel, Mickaël headed off to sea, sailing with several luxury cruise lines before joining Princess Cruises six years ago. When he's not living out his dreams in the galley, Mickaël enjoys traveling, skiing and cooking for his family back home in Toronto, Canada.



Ignazio D'Agostino Maitre D'Hotel

Ignazio was born and raised in the South of Italy on the Adriatic coast in a small village near the sea called Molfetta. He graduated in Bari at the Catering school, A.Perotti, a well-established and renowned culinary school in the south of Italy. After school for four years, he gained experience in Elba Island in a five-star le Acacie hotel where he worked his way up swiftly until attending Chef de Rang position in the Dining Room. In March 1984, Ignazio was introduced to Sitmar Cruises by a friend. True to spirit, he set himself a challenge by starting his carrier at sea in the position of Junior Waiter on board the Fair Sky, the actual Pacific Sky. In early 1988, Sitmar Cruises merged with Princess Cruises and since then he has sailed through the ranks on many Princess vessels. With his determination and dedication, he achieved his goal as Maitre d'hôtel on board the Coral Princess. Having explored the world, Ignazio's favorite itinerary is British Columbia and Alaska. For him, the panoramic beauty and splendor of these places intensifies the realization of protecting this pristine environment. Ignazio calls Italy home and spends his vacation time enjoying his wife Raffaella his daughter Rossana and his son Alessio. Just for the pleasure of his home life, taking his Shitzu Bella for walks in the misty morning air. His main hobby is going out with friends on his five- meter fishing boat.

Princess Cruises Recipes

Minestrone Soup

9 cups water

9 cups beef broth

1 48-ounce jar Ragú Hearty Pasta Sauce

4 cups thinly sliced carrots

2 cups finely chopped onion

1 1/2 cups chopped celery

2 tablespoons minced fresh parsley

1 tablespoon basil

2 small bay leaves

3 cups frozen peas

3 cups ditalini, cooked and drained

Grated Parmesan cheese

In a large saucepan, combine first 9 ingredients; simmer 40 minutes, stirring occasionally. Add peas and ditalini; simmer 10 minutes, or until vegetables are tender. Discard bay leaves. Serve soup with cheese.

Caesar Salad

17/8 pounds Romaine lettuce

Dressing

2 teaspoons Garlic paste

5 each Anchovy fillets

Salt, as needed

Black pepper, as needed, ground

2 fluid ounces Pasteurized eggs (whole or yolks)

2 fluid ounces Lemon juice, or as needed

5 fluid ounces Olive oil

5 fluid ounces Extra virgin olive oil

5 ounces Parmesan cheese (or as needed) grated

15 ounces Croutons

- Separate the romaine into leaves. Clean and dry thoroughly. Tear or cut into pieces of necessary. Hold refrigerated until ready to serve.
- To prepare each salad, mash about 1/8 teaspoon of garlic paste, 1/2 anchovy fillet, salt, and pepper into a paste. Add 2 teaspoons of egg and 1 teaspoon of lemon juice. Blend well. Add 1 tablespoon of each oil, whisking to form a thick dressing. Add 1 to 2 tablespoons of grated Parmesan and 3 ounces of the romaine. Toss until coated.
- 3. Serve on chilled plates. Garnish with 1 1/2 ounces of croutons.

Princess Cruises Recipes

Linguine Spinach Pesto

1 pound Spaghetti, Linguine, or Thin Spaghetti, uncooked 1 10-ounce package frozen spinach, thawed, well-drained 2 tablespoons vegetable oil

1/4 cup grated Parmesan cheese

2 tablespoons chopped parsley

2 cloves garlic

1/2 teaspoon salt

1/2 teaspoon dried basil

2 tablespoons butter or margarine

1/3 cup water

4 ounces crumbled Feta cheese

Prepare pasta according to package directions; drain. In blender or food processor, combine spinach, oil, Parmesan cheese, parsley, garlic, salt and basil. Blend at medium speed or process until finely chopped. Melt margarine in water. With blender or processor running, gradually pour in melted margarine mixture until blended. Toss with pasta. Sprinkle Feta on top and serve.

Cherry Tiramisu

1 cup Ricotta cheese
1 cup confectioners' sugar
1/4 cup sour cream
1/4 cup coffee liqueur
1 1/2 cups shortbread cookie crumbs (about 30 2-inch cookies)
1 21-ounce can cherry filling and topping
Grated chocolate for garnish (optional)
Fresh mint leaves for garnish (optional)

- Combine Ricotta cheese, confectioners' sugar, sour cream and coffee liqueur in a large mixing bowl; mix well. Set aside.
- 2. In the container of an electric blender or food processor, process cookies, in small batches, until finely crushed.
- 3. Remove 6 cherries from cherry filling; reserve for garnish.
- 4. To assemble dessert, spoon 2 tablespoons Ricotta cheese mixture into each of six (8-ounce) parfait glasses. Add 2 tablespoons cookie crumbs to each glass; top each with 2 tablespoons cherry filling. Repeat Ricotta, crumb and cherry layers. Finish each serving with an equal portion of the remaining Ricotta cheese mixture.
- 5. Garnish with reserved cherries, grated chocolate and mint leaves, if desired. Let chill 2 to 3 hours before serving.

Tasty tidbits

Under the supervision of the Executive Chef and Maître D'Hôtel, the following crew members prepare and serve all of the tasty cuisine onboard Island Princess:

From the galley

From the ganey	
Executive Sous Chef	×1
Administration Assistant	x1
Sous Chef	x4
Crew Chef	×1
Chief Butcher	x1
Chief Baker	x1
First Cooks	x14
First Pastry Chef	хЗ
Second Cook	x21
Second Pastry Chef	х3
Third Cook	x19
Third Pastry Chef	x2
Provision Master	x1
Ice Carver	x1
Assistant Cooks	x12
Galley Supervisor	×1
Asst. Galley Supervisor	×1
Dishwashers	x52
Assistant Butcher	x2
Assistant Baker	×1
Assistant Provision	x5
Galley Helper	x14

From the dining room

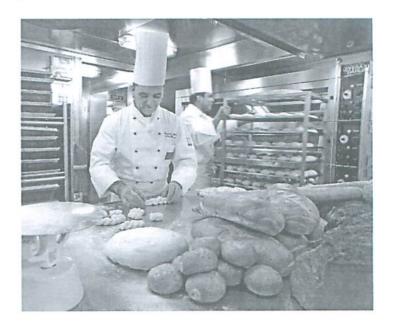
Asst. Maitre d'Hotel	x1
Head Waiter	x6
Buffet Supervisor	x8
Waiter	x70
Asst. Waiters	x30
Buffet Steward	x67

The flavors you crave

Every day, our dedicated team of chefs carefully prepares the authentic, flavorful food served in each of our elegant dining venues onboard.

Each dish is skillfully made from scratch, from our signature pastas to our homemade pizza to the bread and rolls that are baked fresh three times daily.

Whether you're tasting a crisp tossed salad or cutting into a juicy, tender steak, you can rest assured that every great-tasting meal has been created using only the freshest and highest quality ingredients, delivering mouthwatering flavors to your taste buds whenever you desire.



This adds up to a grand total of 515 crew members dedicated to providing you with an unforgettable onboard dining experience.

It has been a pleasure having you onboard with us and we look forward to sailing with you again soon.

Until then we wish you a Buon Appetito!



A VISIT TO

The Bridge of Island Princess is manned 24 hours per day, and is the operational centre of the ship. It is manned by highly trained and qualified Deck Officers on a four hours on, eight hours off basis. The watches are comprised of two Deck Officers and two Able Seaman. The Officer of the Watch is responsible to the Captain for the safe navigation of the ship, whilst the Able Seaman are responsible to the Officer for maintaining a continuous visual and audible lookout and taking the ship's helm when required. During busy periods (e.g. arrival and departure manoeuvering, bad weather, heavy traffic, etc.), the manning is supplemented by the Captain and Staff Captain.



THE BRIDGE

The Bridge is the location of the navigational and primary safety systems onboard the vessel. In this brochure, we want to give you an insight into the purpose of some of our equipment, the operation of the Bridge, and the work of the personnel who navigate your ship.

THE ENGINE ROOM

Island Princess operates using a Diesel electric propulsion system; two identical engines supplemented by a gas turbine each drive an electric alternator. These alternators produce electricity which is subsequently distributed around the vessel to run all the ship's systems: from the air-conditioning to the electric motors which drive the ship through the water. The engine room is manned, like the bridge, 24 hours a day by watch keeping engineers. The senior engineer sits in the control room on deck four and monitors the plant on the control screens while the junior is always around the engine room itself.

During the day and on arrivals and departures the team is supplemented by 'day working' engineers who are responsible for conducting maintenance on the plant but also maintain hotel services. All engineers are under the supervision of the Chief Technical Officer.

THE BRIDGE

Island Princess is one of a very modern fleet of Princess cruise ships, and like many of her sisters she is fitted with a German, SAM Elektronik, Integrated Bridge. This system takes information from the many sensors required: Compass, Speed Log, Satellite Navigation, Radar, Echo Sounder, Electronic Chart and Weather Station, integrating them



THE COMPASS

The ship's Compass is perhaps the most important piece of Bridge Equipment to the Deck Officer. There are three types of compasses onboard Island Princess: A Fibre Optic Gyrocompass (a totally digital compass with no moving parts), a Gyro Compass and the Magnetic Compass.

The Gyro Compasses are the ship's primary means of directional reference and are located in a room on the Bridge. They rely on the principles of gyroscopic inertia and precession in order to maintain a reference to True North. Several repeaters are available on the Bridge for the use of the watch-keepers.

The ship's Magnetic Compass is located on Deck 16 above the Bridge, and is used as a further backup against the Gyro Compasses. This Compass is <u>susceptible</u> to magnetic variation and deviation. All of the ship's Compasses are compared hourly, and their accuracy checked by celestial observation every four hours, where possible.

STEERING POSITION

We can steer the ship from the Bridge in either NACOS control, automatic or manual modes. Repeaters from



the Gyro and Magnetic Compasses are located on the steering console, situated on the centreline at the front of the Bridge. The Automatic Pilot is an adaptive unit, meaning that it is "intelligent" and learns how the weather is affecting the steering of the ship. It applies this "intelligence" to the amount of rudder that it uses. The manual wheel steering system uses electronic signals to the steering pumps, which in turn move the ship's twin rudders.

The Rudder Angle Indicator is located on the steering console as well as repeated around the bridge. This shows the angle of the rudder to the Bridge personnel at a glance. A Rate of Turn Indicator shows the rate at which the ship is turning during a manoeuvre. This is also located on the steering console and on other repeaters around the bridge.

FIRE SCREEN DOORS

Modern Cruise Ships are fitted with a series of Fire Doors throughout the accommodation and machinery areas. These doors separate the ship into Fire Zones, which run vertically through the vessel. Each zone can be closed from the Bridge in the event of a fire to limit the spread of the fire, and more importantly, the spread of smoke.

WATER TIGHT DOORS

Island Princess is divided into watertight compartments below deck 4 in order to contain flood water in the event that the hull is punctured. Watertight bulkheads (walls) divide the underwater sections of the ship transversely into 21 watertight compartments. Watertight Doors allow crew members to pass through these bulkheads and work the ship. In an emergency, the watertight doors can be closed from the Bridge within 60 seconds, or operated locally at the door. The doors are kept closed when the ship is in Potentially Hazardous Conditions, such as when she is close to the land, in heavy shipping traffic or in restricted visibility.

FIRE ALARMS

Island Princess is fitted with a passive smoke and fire detection system, using a system of smoke and heat detectors located throughout the vessel. In addition, manual fire alarm buttons are located throughout the ship. The fire alarms alert the Officer of the Watch on the Bridge. Upon receiving a fire alarm the Officer will monitor the alarm on an electronic display, which indicates the location of the alarm on an electronic plan of the relevant deck. This shows the exact location of the alarm, and would also indicate the direction of the spread of smoke in a real emergency. A status bar for each detector indicates the severity of the problem.

The ship is also fitted with a fully automatic, fixed pressure High Fog sprinkler system. This can be seen throughout the accommodation and public areas of the ship. The sprinkler heads activate automatically, and spread water in the form of a fine mist under high pressure over the affected area, extinguishing any fires. In the event of a sprinkler head activating, pumps start automatically in the Engine Room to supply extra water, and an alarm sounds on the Bridge to alert the Officer.

Island Princess has a specialist team dedicated to investigating such alarms. They will instigate further actions through communication with the Bridge should it be deemed necessary. The ship has dedicated fire fighting teams and a full Emergency Response Organization is on standby ready to spring into action.

SHIP SIDE VALVES

These valves can be closed in the event of hull damage, to prevent water travelling through the watertight bulk-heads via the ships pipe systems.

VENTILATION AND EMERGENCY STOPS

By activating the Ventilation Emergency Shutdown or Smoke Strategy, we can stop the supply fans to specified areas of the ship including individual cabins, thus controlling ventilation and restricting the air supply to a fire. There are also numerous dampers within the ventilation ducts, most of which are automatic and can be closed to restrict the air supply to a fire.

Emergency Stops are available to shut down the Main Engines and fuel supply systems from the Bridge.

All these controls and systems are brought together in the Safety Centre in what is called the SMS (Safety Management System). Much like the Integrated Bridge this is an integrated safety system giving easy control and graphical display.





SHIP'S PARTICULARS

OWNER: : Princess Cruises, Los Angeles

BUILDER: : Chantiers de L' Atlantique (St. Nazaire, France)

OFFICIAL NUMBER: : 733727 IMO NUMBER: : 9230402

PORT OF REGISTRY: : Hamilton, Bermuda

CALL SIGN: : ZCDG4

CLASSIFICATION SOCIETY: : Lloyd's Register, London

GROSS REGISTERED TONS: : 91627
NET REGISTERED TONS: : 53394

LENGTH: : 294.0m (964.31')

BREADTH: : 32.2m (105.6')

DRAUGHT: : 8.30m (27.22')

AIR DRAUGHT: : 53.7M (176.2')

DISPLACEMENT: : 49973 t
DEADWEIGHT: : 8311 t
SERVICE SPEED: : 24knots

PROPULSION TYPE: : Diesel Electric

ENGINE OUTPUT: : 1x 25000KW Gas Turbine

2x 16200KW Diesel Engine

ENGINE MANUFACTURE: 1x General Electric LM 2500+ Marine Gas Turbine

2x Wartsila V 16 Turbo Charged Marine Diesel Engine

ELECTRIC MOTORS: : Alstom 20MW

THRUSTERS: : 6x Rolls Royce 1720KW
PROPELLER: : Five Bladed Fixed Pitch

STEERING GEAR: : Rolls Royce Hydraulic Rotary Vane

RUDDERS: : 2x Independent Full-Balanced

PASSENGERS: : 2368 CREW: : 810





Dear: MR. & MRS. BROOKS

Please meet Maitre D'Hotel
Ignazio d'Agostino tomorrow
Sunday, April 29, 2012 at 10:15 a.m.

in the PROVENCE Dining Room Deck 6 for the Health and Safety Agreement

It is very important for us that you are agreeing with this policy.

Thank you very much.

Your Maitre d' Hotel,

Ignazio D'Agostino

Princess Cruises Public Health Department 23-Mar-10

Dear Passenger: MR. & MRS. BROOKS

Welcome to the Chef's Table. We are certain you will find it to be a unique anunforgettable dining experience.

In order to maintain a safe and hygienic environment for both passengers and crew, we kindly ask that you review the following public health and safety requirements that must be adhered to during your visit to the galley:

- Any passenger with gastrointestinal or respiratory illness or whose cabin mates or
 other close contacts have these illnesses, 48 hours prior to the event are strictly
 prohibited from participating in this event.
- Any passengers who feel sea sick or nauseated at the time of the galley tour, must not participate in the event.
- Any passengers with symptoms of illness, including but not limited to skin rashes
 or jaundice may not participate in the event.
- Passengers with any food allergies or intolerances or who have allergies that cause coughing or sneezing should refrain from participating in the event.
- To prevent the potential for spread of illness, all passengers are required to thoroughly wash their hands before entering and leaving the galley. Correct hand washing procedures will be demonstrated upon your arrival in the galley.
- Passengers are asked to refrain from touching any food items, surfaces and equipment during the galley tour.
- Passengers are asked to stay inside the reserved area at all times.
- Passengers must ensure that all clothing worn to the event is freshly laundered.
- No open toed shoes will be allowed in the galley.
- No shorts are permitted in the galley.
- Smoking is prohibited.

Thank you in advance for adhering to the above requirements.

Yours sincerely,

Executive Chef Michael Tocchetto Island Princess



Welcome aboard!

Welcome aboard Island Princess*!

We're delighted to host you onboard and hope you enjoy a relaxed, rejuvenating retreat. At Princess Cruises, we're committed to being the Consummate Host* and are here to help you with any questions or needs you might have during your voyage with us.

To ensure your stay is truly carefree, please take this opportunity to review the important onboard policies and procedures listed below. The officers and crew of Island Princess are looking forward to providing you with a memorable vacation, and helping you to escape completely!

Dining choices

Princess was the first cruise line to offer a choice of Traditional Dining or Anytime Dining,™ as well as Specialty restaurants and casual options. No matter which dining option you choose, you'll savor a variety of delectable cuisine, prepared using only the freshest ingredients.

Traditional dining. If you've opted for Traditional Dining, you'll dine in the beautiful Provence Dining Room each night, according to a pre-assigned seating arrangement. Enjoy award-winning Princess cuisine and attentive service provided by the same waiter each evening.

· First Seating - 5:30 pm

· Second Seating - 7:45 pm

Anytime Dining[™] If you've chosen Anytime Dining, you'll delight in a flexible, restaurant-style experience, enjoying the same fare as in Traditional Dining. Arrive when you like for dinner between 5:30 pm and 10:00 pm at the charming Bordeaux dining room. To make reservations, please call extension 3463.

Specialty dining. Princess offers several distinctive upscale dining options.

- Bayou Cafe and Steakhouse serves traditional Cajun and Creole cuisine in a contemporary New Orleans-inspired setting, with live jazz to set the mood.
- Sabatini's serves Italian fare authentically prepared in an idyllic setting reminiscent of a Tuscan villa.

Because they are a special treat, a cover charge will apply per person. Reservations are recommended for these popular restaurants, so please call extension 3463.

Casual dining. A variety of informal dining options are available throughout the ship. These include a top-of-the-ship buffet, pizzeria, burger & hot dog grill and more. And you can enjoy dining in the comfort of your stateroom—day or night—with 24-hour complimentary room service. No reservations are necessary.

Ultimate Balcony Dining. Enjoy an intimate meal on your balcony. Available at an additional charge, Ultimate Balcony Dining is available from 7:00 am to 11:00 am for breakfast and from 5:30 pm to 10:00 pm for dinner. Please refer to your stateroom portfolio for additional details.

Gratuities

During your cruise, regardless of which Princess ship you choose, you will meet staff who provide you with excellent service. Crew members often rotate to different vessels within the Princess fleet which helps to maintain our high standards on every ship. These dedicated workers reflect our philosophy that all crew on all ships are but one family who share in our success.

To simplify the tipping process for our passengers, a discretionary gratuity of \$12 per person for mini-suites and suites, and \$11.50 per passenger in all other stateroom per day (including children) will be automatically added to your shipboard account on a daily basis. This gratuity will be shared amongst those staff that help provide and support your cruise experience, including all wait staff, stateroom stewards, buffet stewards, and housekeeping staff across the fleet.

A 15% gratuity is added to bar charges and dining room wine accounts. This is shared amongst the beverage staff and their support staff. We know you will find these services onboard exemplary. (Casino dealers and Lotus Spa* personnel do not share in the Hotel & Dining charge as not all passengers utilize their services).

Smoking Policy

For the enjoyment of the public lounges and facilities, indoor areas onboard Island Princess are non-smoking. Smoking is only permitted in designated sections of the Casino. For those passengers who would like to enjoy a cigar or pipe, Churchill's Cigar and Spirits lounge is located on Promenade deck 7. Smoking cigars or pipes outside of this lounge is not permitted. Outdoor smoking areas are clearly posted throughout the vessel. Smoking is not permitted in staterooms and balconies. Violations to this non-smoking policy will result in a \$250 fine for each occurrence, which will be charged to the passenger's stateroom account.

Wake-up calls

To schedule a wake-up call: If placing your request prior to midnight, please touch the "wake up" button on your telephone and follow the voice prompts.

Bathrobes

An embroidered Princess bathrobe is available upon request from your stateroom steward. The robe will be provided for your comfort and convenience while onboard. Should you choose to keep this robe, a charge of \$45 will be applied to your account. If you wish to purchase additional new bathrobes, please visit the ship's boutique where they are available for \$45. Extra-luxurious terry cloth bathrobes are also available for \$90.

Pool towels

For your convenience, pool towels are provided. These are for your use onboard at the pool, in the spa, sauna or fitness center. Please return these towels to your stateroom. Freshly laundered towels will be provided every evening. Your steward will also be happy to supply additional towels upon request.

Lounging on deck / show lounge seats

As a courtesy to your fellow passengers, please refrain from reserving deck loungers (or show lounge seats). Any towels left on deck loungers unattended for over 30 minutes will be removed.

Hypodermic needles & syringes

Please contact your stateroom steward if you have a medical condition such as diabetes that requires the use of hypodermic needles or syringes. Your stateroom steward will provide a safe and proper waste receptacle.

Alcoholic Beverages

We kindly request that you do not bring alcoholic beverages (other than one bottle of wine or champagne per adult per voyage) onboard for consumption. Alcoholic beverages that are purchased duty-free from the vessel's boutiques or at ports of call will be collected for safekeeping and delivered to your stateroom on the last day of the voyage. A member of our security staff will be at the gangway to assist with the storage of your alcoholic beverage purchases.

Protecting the environment

In the interest of energy and resource conservation, your stateroom steward/stewardess has been instructed to turn off all lights during the day, and to draw the sheers when you are out of your room. This will help in keeping a comfortable temperature within your stateroom during the daytime and will benefit the environment by reducing energy consumption.

Once you return to your stateroom, please adjust the lighting to your liking and open the sheers if you wish to do so. If you would prefer your stateroom steward/stewardess to follow a different procedure to that detailed above, we would kindly ask you to instruct him/her accordingly.

Once again, welcome aboard! If there's anything we can do to further enhance your experience with Princess Cruises, please let us know.

Kindest regards,

Officers & Crew Island Princess





Princess Cruises and the On Deck for the Cure Foundation invite you to join us in the fight against breast cancer by participating in On Deck for the Cure™, a 5K non-competitive walk around the ship's deck that will raise money for the Susan G. Komen for the Cure foundation.

For nearly 25 years, Susan G. Komen for the Cure has been a global leader in the fight against breast cancer through its support of innovative research and community-based outreach programs. Working through a network of US and international affiliates and events like the Komen Race for the Cure®, Susan G. Komen for the Cure is fighting to eradicate breast cancer as a life-threatening disease by funding research grants and supporting education, screening and treatment projects around the world.

The On Deck for the Cure Foundation is a charitable organization that supports nonprofit organizations, including Susan G. Komen for the Cure. Please join us in supporting Susan G. Komen for the Cure by registering for On Deck for the Cure™!

What will I receive?

- · An opportunity to support the important work of Susan G. Komen for the Cure to eradicate breast cancer.
- An exclusive On Deck For The Cure™ baseball cap.
- · Refreshment party at the conclusion of your walk.

How do I sign up?

To register for On Deck for the Cure™, please complete the registration form at the bottom of this page and turn it in to the Front Office. Additional registration forms are available at the Front Office and at the event. Upon registering, each participant will be asked to sign a waiver of liability.

What is the cost of participating?

Each participant will contribute a minimum of \$15.00 to The On Deck for the Cure Foundation, which will transmit all walk proceeds to Susan G. Komen for the Cure. \$3.75 covers a portion of the program costs, including the baseball cap. Your donation will be posted to your onboard account. The On Deck for the Cure Foundation is a 501(c)(3) nonprofit corporation. We invite you to proudly wear your baseball cap around the ship to show your support for this worthy cause!



om N	Number	Contribution \$	(\$15.00 minimum per person)
_	I am registering to	support Susan G. Komen	n for the Cure and I plan to participate in the walk.
	The state of the s		. Komen for the Cure but I do NOT plan to walk. us in the cheering section and at the refreshment party)
	I know someone wh	no has been affected by b	breast cancer. I am participating in honor of:
			(Optional)
			Signature

Please charge my stateroom account. Upon registering, you will receive a baseball cap, (\$3.75 covers a portion of the program costs including the baseball cap). The remaining portion of your contributions may be tax-deductible to you as allowed by law. The On Deck for the Cure Foundation is a 501(c) (3) nonprofit corporation.



Informed Consent and Waiver of Liability Form

Informed consent/assumption of risks

I fully understand that my participation and the participation of any minor children under my care (the "Minor Children") in On Deck for the Cure™ (the "Walk"), will be absolutely at my own risk and peril and at the risk and peril of any Minor Children under my care. I fully understand that my consent to the provisions in this form is given in consideration of the acceptance of my registration and for being permitted to participate in the Walk.

I understand that I and any Minor Children under my care must follow all instructions for the Walk. I understand that the Walk may be physically strenuous and I confirm that I am, and any Minor Children under my care are, in good general health and I am, and any Minor Children under my care are, able to participate in the Walk. I understand that the administrators of the Walk ("Administrators") are entitled to cancel this form if it appears to them, or their representatives, that I or any Minor Children under my care are unfit in any way to participate in the Walk. The Administrators reserve the right to refuse participation to anyone for safety reasons.

I hereby agree to participate in the Walk and acknowledge that such participation has certain inherent risks associated with it and assume full responsibility for loss or injury to myself and, if applicable, any Minor Children under my care. If I am signing on behalf of my Minor Children, I hereby represent that I am at least twenty-five (25) years of age.

Release of liability, waiver of claim and agreement of indemnity

By signing this form, I, on behalf of myself and any Minor Children under my care, hereby covenant not to file suit against and agree to release and hold harmless Princess Cruises, The Susan G. Komen for the Cure Foundation, the owners and operators of the ship, and Princess Cruises, together with (as applicable) their affiliates, shareholders, employees, agents, contractors, servants, heirs, executors, administrators, insurers, investigators, adjusters, officers, directors and attorneys and the successors and assigns of all of the foregoing persons and entities (collectively, the "Releasees") from all claims, actions, costs, demands and expenses whatsoever with respect to death, injury, loss, damage or expenses to me or to my property or to any Minor Children under my care and their property or to other persons and their property however or whatever caused, including any claims of negligence arising out of my participation or the participation of any Minor Children under my care in the Walk.

I hereby agree to indemnify, defend and save harmless each of the Releasees, from and against any and all losses, damages, liabilities, claims, demands, causes of action, lawsuits and expenses, whether foreseeable or not, that I or any Minor Children under my care may incur, or that may be threatened against me or any Minor Children under my care, arising out of or in connection with our participation in the Walk, including, but not limited to, personal loss, injury, death, damage or any loss or injury to property.

If any Minor Child/Children under my care participate in the Walk, I further certify that I am the parent or legal guardian or that I have been authorized by the parent or legal guardian to sign this informed consent and waiver on behalf of the following Minor Children:

Please enter names of minor chi	ildren	
	form freely and voluntarily before in y accept the conditions of this form	curring any obligations to embark on the Walk. I have
Participant Name (print)	Participant Signature	Date





PASSENGER STATEROOM HEALTH ADVISORY

Dear Princess Passenger,

The health of our passengers and crew is of the utmost importance to us. Our system of robust policies and procedures has been designed to prevent the spread of infectious illnesses which include influenza and Norovirus, which is the most commonly reported gastrointestinal illness. These have been developed in conjunction with the United States Centers for Disease Control and Prevention (CDC). All Princess ships meet or exceed standards set forth by the US CDC Vessel Sanitation Program. Additionally, local port health authorities worldwide conduct regular unannounced public health inspections.

In order for you to stay healthy and prevent contracting and spreading illness during your cruise, I strongly encourage you to exercise the following measures:

- If you experience any respiratory symptoms of fever, chills, cough and sore throat,
 OR gastrointestinal symptoms of diarrhea or vomiting, please report these immediately to the Medical Center by dialling 911 from your stateroom.
- Wash your hands frequently and thoroughly with soap for at least 20 seconds and rinse them well under running water. Please do this as often as possible.
- · Use the alcohol hand gels after hand washing and always before eating in the buffet.
- Always cover your nose and mouth with a tissue when you cough or sneeze. Throw the
 tissue in a trash bin after you use it. If no tissues are immediately available, sneeze or
 cough into the top of your arm rather than your hands.

Thank you for taking the time to read this very important information. The success in controlling the introduction and spread of any illness on board relies heavily on the cooperation of you and your fellow passengers. We hope you understand that these recommendations have been provided in order to ensure that your cruise is as enjoyable as possible.

Yours faithfully,

Dr. Grant Tarling Chief Medical Officer

Internet Services



Internet Access is available onboard 24 hours a day. Personal assistance is available in the Internet Café during scheduled hours; please refer to the onboard daily program for Internet Café location and schedule.

How to Log In

Once you are in range of the Wireless signal, connect to the broadcasted network (Ex: Island-Princess). Once connected, open your browser and type any address (Ex: google.com); you will be directed to the Internet login page. Follow the on-screen instructions to login and access the Internet.

Don't forget to Log Out

Simply type LOGOUT.COM in your Browser's Address Bar to end your Internet session.

Internet Service Rates

Whether accessing the Internet via your own laptop computers or via the Internet Café computers, the same rates apply. All charges are posted directly to your onboard account. No credit is granted for unused Time Plan minutes.

- 500 minutes for \$179
- 250 minutes for \$99
- 150 minutes for \$79
- 100 minutes for \$59
- Pay as you go \$0.79/minute
- Printing \$0.50/page
- Activation fee \$3.95

Wireless Access Locations

Wireless service is available in most areas on the ship, including most suites.

For iPad/iPhone/iPod Users

In order for your iPad/iPhone/iPod to work properly on the ship you would need to come and see Internet Manager who will adjust the settings for you. If the settings are not adjusted your iPad/iPhone/iPod will be disconnecting you all the time randomly. This issue comes from the coding which is in all apple devices, but once the settings are changed it will work just like any other wifi device.

To change the settings yourself on your iPad/iPhone/iPod follow the below instructions:

- 1. Your iPad/iPhone/iPod will keep disconnecting you until you turn off "Autologin" in your settings:
 - a. Tap Settings > WiFi > Tap on (Ex: Island-Princess)
 - b. Tap on the blue arrow on the right of the network name. Make sure to only turn off Autologin.
 - c. Open Safari. In the address bar enter any address (Ex: google.com) and you will be redirected to the Login Page.
 - d. Make sure to have "Proxy" turned "Off".
- 2. If you can still not get connected to the (Ex: Island-Princess) you can try to renew your IP address:
- a. Tap Settings > WiFi and then tap to switch it off and then back on. This will automatically renew your IP address.
- b. If all the above did not help. Power down your iPad/iPhone/iPod and turn it on again. This should reset the settings and you could be able to follow the above steps and change the settings.

Internet Services



Using the Internet at Sea

Though cutting-edge satellite technology, the onboard Internet experience doesn't resemble the high-speed broadband Internet available on land. At home, to bring up a page, the data is sent via optical fibber to a local exchange located just around the corner from your house. At sea, the data is transmitted over the air from the ship to a satellite 22,000 miles above the Earth. The data then bounces down to an Earth routing station, where your request goes out to the world. The response takes the same 22,000-mile route back to bring you a newsfeed, web page or email you desire. The large distance may create a slight time delay we call latency; on the Internet, this delay may create a slower loading time for web pages, similar to voice delays on long distance calls.

Will the Connection Improve When in Port?

Internet services are provided via satellite regardless of whether the ship is at sea or in port. Please prepare for the same experience when the ship is docked or at sea.

Can't Send Email?

If you can receive but not send emails, Microsoft Outlook and other Mail client users may need to change the outgoing SMTP address to 172.31.0.2. VPN Access is limited. PPTP and IPSec type VPNs may not connect.

Window Users:

Each laptop is configured differently and some settings may need to be changed to facilitate connectivity.

Try these suggestions:

- 1. Double-click on the "Wireless Connection" icon on the bottom right corner of the screen.
 - a. Select (Ex: Island-Princess). Check the "Allow me to Connect" box, then click "Connect"
 - b. Open your web browser and try to go to any web page (Ex: google.com) and it would bring you up to the login screen.
 - c. For the first time users click on the "New User" box and fill in all the information. If you have already used the Internet on this cruise the click on the "Returning User" fill in the information.
- 2. If you are using a program different then windows system tools to connect to the wifi:
 - a. Go to the bottom right cornet and right click on your wireless program.
 - b. Search for available networks and once its found double click to connect or press the connect button.
 - c. Once connected save the profile so it will join the network automatically the next time.

What do I do if I have done everything as described here but still can't log in? If you get one of the messages below try the following steps:

- a) Account not found:
 - Check if you have typed your first and last name exactly as its written on your sail and sign card.
 Short names (Ex: Tim instead of Timothy) will not work.
 - Check if your cabin number is correct. It has to be in a following format: A123 (one letter for the deck and three numbers)
 - If you have two last names type them together without the space
- b) Wrong or incorrect Password:
 - Check if your date of birth has been entered correctly.
 - Your date of birth has to be entered in the US format and has to be two digits for the month two digits for the day and two digits for the year (Ex: 02/03/44)
- c) If I am Platinum/Elite or staying in one of Princess suites and it says I have 0 minutes:
 - Your complimentary minutes are still there. Just click on a Yes button to add additional minutes
 and it would offer your complimentary minutes on the next screen for \$0.00. You would need to
 check the box next to it and then press Purchase to connect.
 - If it offers to charge you after you pressed the Yes button and gives you options of a different time plans, come and see the Internet Manager for further assistance before you choose any plan.



Princess Cruises TAX & DUTY FREE Order Form Liquor and Tobacco

TAX AND DUTY FREE LIQUOR									
VODKA	Princess Retail	US Sugg Retail*	Specials	Quantity	RUM	Princess Retail	IIS Supp Datailet	Specials	Quantity
Absolut Blue Absolut Citron	\$ 14.95 \$ 14.95	\$ 27.00	2 for \$21.99		Bacardi 8 Bacardi Flavor Mini Gift Pack	\$ 22.95	\$ 30.00 Duty Free Exclusive		The latest and a
Absolut Pear Absolut Mango	\$ 14.95 \$ 14.95	\$ 27.00	2 for \$21.99		Bacardi Limon	\$ 13,95	\$ 25.00		
Absolut 100	\$ 25.95	\$ 36.00			Bacardi Superior (40 oz) Brugal	\$ 13.95 \$ 15.95		2 for \$19.99	
Absolut Berri Acai Absolut Glimmer	\$ 14.95 \$ 18.95		2 for \$21.99		Captain Morgan Cruzan Banana Rum	\$ 11.95 \$ 11.95		2 for \$40.00	1
Absolut Mini Flavor Pack Grey Goose	\$ 14.95 \$ 36.95	Duty Free Exclusive			Cruzan Coconut Rum	\$ 11.95	\$ 21.00		
Ketel 1 (Premium)	\$ 21.95	\$ 30.00			Cruzan Mango Rum Cruzan Pineapple Rum	\$ 11.95 \$ 11.95		2 for \$19.99 2 for \$19.99	
Stolichnaya Elite (Premium) by Stoli	\$ 10.95 \$ 47.95				Cruzan Rum Cruising Stick	\$ 12.95	Duty Free Exclusive		
Smirnoff Red	\$ 11.95	\$ 17.50	2 for \$19.99		Jamaican Appleton Rum VX Malibu Coconut Rum	\$ 19.95 \$ 12.95	\$ 40.00 \$ 19.00	2 for \$21.99	
Russian Standard Platinum	\$ 19.95 \$ 22.95				Mount Gay Eclipse Myers's Rum	\$ 14,95 \$ 15.95			
Smirnoff Twist - Citrus	\$ 11.95	\$ 17.50	2 for \$19.99		Parrot Bay Pyrat XO Reserve	\$ 15.95	\$ 24.00		
Smirnoff Twist - Vanilla	\$ 11.95	\$ 17.50	2 for \$19.99	•		\$ 29.95			
Smirnoff Twist - Rasberry	\$ 11.95	\$ 17.50	2 for \$19.99	•	Tortuga Gold Rum Tortuga Light Rum	\$ 10.95 \$ 10.95		2 for \$18.99 2 for \$18.99	1
					Tortuga Coconut Rum	\$ 10.95	\$ 24.00	2 for \$18.99	
					Tortuga Rum Cream	\$ 14.95	NEW		
LIQUEURS	Duty Free Price	US Sugg Retail**	Specials	Quantity	SCOTCH	Princess Retail	US Sugg Retail**	Specials	Quantity
Amaretto Di Saronno	\$ 25.95	\$ 34.00			Johnnie Walker Red	\$ 22.95	\$ 29.00		
Baileys Cointreau	\$ 21.95 \$ 28.95	\$ 39.00			Johnnie Walker Black Johnnie Walker 15 Years Malt	\$ 35.95 \$ 55.95			-
Drambuie Frangelico	\$ 32.95 \$ 23.95				Johnnie Walker Gold (750ml)	\$ 63.95	\$ 90.00		-
Grand Marnier	\$ 38.95	\$ 48.00	2 101 939.99		Johnnie Walker Blue (750ml) Johnnie Walker BlueElite Pack	\$ 189.95 \$ 174.95	\$ 255.00 New	\$144.99	
Kahlua Sambuca Romano	\$ 16.95 \$ 16.95				Chivas Regal Chivas Royal Salute (700ml)	\$ 30.95 \$ 106.95	\$ 39.00		
Sheridan Southern Comfort	\$ 26.95 \$ 17.95	Duty Free Exclusive			Dewars White Label (40 oz)	\$ 24.95	\$ 45.00		
Tia Maria	\$ 18.95				Dewars Signature Glenfiddich	\$ 135.95 \$ 34.95		\$124.99 2 for \$54.99	
	Princess				Macallan Select Oak	\$ 55.95		2 101 00 1.00	
WHISKEY & BOURBON	Retail	US Sugg Retail**	Specials	Quantity	COGNAC	Princess Retail	US Sugg Retail**	Specials	Quantity
Canadian Whiskey Jack Daniels	\$ 16.95 \$ 25.95		2 for \$24.99		Courvoisier VS 1 liter	\$ 38.95	\$ 49.00		
Jameson Irish Whiskey	\$ 21.95	\$ 39.00	2 for \$29.99		Courvoisier VSOP 1 liter Courvoisier XO 1 liter	\$ 44.95 \$ 129.95		2 for \$229.99	
Jim Beam Maker's Mark	\$ 14.95				Hennessy VS Hennessy Black	\$ 41,95 \$ 54,95	New New		
Seagram's 7 Seagram's Crown Royal	\$ 13.95 \$ 23.95		24						
Seagram's VO	\$ 12.95		2 for \$39.99		Remy Martin XO 700ml Remy Martin VSOP	\$ 108.95 \$ 47.95			
GIN	Princess Retail	US Sugg Retail**	Specials	Quantity	TEQUILA	Princess		Specials	Quantity
Beefeater	\$ 14.95	\$ 25.00			Cuervo 1800 (750ml)	Retail \$ 22.95			
Bombay Sapphire Gordons	\$ 21.95 \$ 12.95		2 for \$39.99		Jose Cuervo Gold Patron Silver (750ML)	\$ 17.95 \$ 40.95		2 for \$29.99	
Tanqueray	\$ 18.95	\$ 30.00	2 for \$29.99	1	Patron Anejo (750ml)	\$ 47.95	\$ 55.00		
LIQUOR PACKAGE	Princess		Specials	Quantity	Patron Reposado (750 ml)	\$ 46.95	\$ 60.00		
Padded leak-proof bag	\$ 1.75	US Sugg Retail** \$ 4.95	3 for \$4.50	Quantity			li li		
"Average US Suggested Price					* LAST OF STOCK. LIMITED QUANTITIES.				
		TA	X AND I	DUTY	FREE TOBACCO				
BENSON & HEDGES	Princess Retail	US Sugg Retail**	Specials	Quantity	MARLBORO	Princess	ue e	Specials	Quantity
B&H 100's Premium Box	\$ 31.95	\$ 69.00	2 for \$55.00		Marlboro Gold 100 Pack Box	Retail \$ 31.95		2 for \$55.00	Debits Mally
B&H 100's Deluxe Box B&H Menthol 100's Luxury Box	\$ 31.95		2 for \$55.00 2 for \$55.00		Marlboro Gold Pack Flip Top Box Marlboro 100's Flip Top Box	\$ 31.95 \$ 31.95	\$ 57.00	2 for \$55.00 2 for \$55.00	
VIRGINIA SLIMS	Princess		Specials	Quantity		Li anni		2 101 200.00	
Virginia Slims Gold Pack	Retail \$ 31.95	\$ 69.00	2 for \$55.00	Talebathide Co	Marlboro Gold Pack Flip Top 100 Box Marlboro Menthol Gold Pack Box	\$ 31.95 \$ 31.95		2 for \$55.00	
Virginia Slims Menthol Gold Pack	\$ 31.95		2 for \$55.00		Mariboro Jumbo	\$ 31.95		2 for \$55.00 2 for \$55.00	
Immedia .	Princess								
Imperial	Retail	US Sugg Retail**	Specials	Quantity	Marlboro Silver Pack Jumbo	\$ 31.95	Duty Free Exclusive	2 for \$55.00	
Golden Virginia Lambert & Butler Regular	\$ 32.95 \$ 32.95		2 for 39.99 2 for 39.99						
Dagal Vina Siza	6 20.05				MERIT	Princess		Specials	Ougatite
Regal King Size Superkings Regular	\$ 32.95 \$ 32.95		2 for 39.99 2 for 39.99		Merit Blue Pack	Retail \$ 31,95	US Sugg Retail** \$ 66.00		Quantity
PASSENGER NAME (please print)								2 101 \$33.00	
PASSENGER SIGNATURE	and the second					Save			
TATEROOM NUMBER				60% off S	uage	sted U.S. I	Retail		
TOTAL BOTTLES ORDERED				1000			Duty Free		2 44 1
TOTAL AMOUNT IN DOLLARS	m completed for	m to the Liquor Shop.			TUX	GIIG L	Jory Hee		TE E
All O	rders are subjec	t to Availability.			Princess Guarantee-We will Ma	atch the Publish	ned Price on any ident	dal item Found in	Port.
Orders will be delivered to 275/2012	your stateroom t	ne night prior to final	disembarkation.				Test 3-19-12 (SLAND - Panama Cana	
							and the same of th		



Aruba

Port Guide



Aruba at a glance

Founded: While native tribes from Venezuela flocked to Aruba as early as 1000 A.D., Europeans did not discover the island until 1499, with the explorations of Amerigo Vespucci and Alonso de Ojeda. After years of colonial rule, it was not until 1986 that Aruba became its own country, although it still remains a Dutch protectorate.

Region: Located in the southern Caribbean, Aruba is 20 miles long (69 square miles) and lies north of Venezuela and east of Colombia.

Population: 103,000 (est. 2009).

Climate: You can rely on the weather in Aruba to be warm, dry, and sunny. Due to a tropical marine climate, temperatures remain stable around a pleasant 82°F. It lies outside the hurricane belt.

Language: Dutch/Papiamento (local dialect)

Some useful words:

Yes.....Ja/Sí No.....Nee/Nò

PleaseAlstubliet/Fabor

Thank you Dank u/Danki

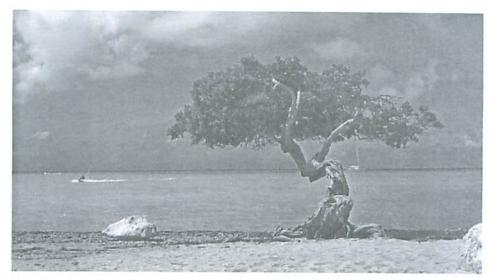
Excuse me Neem me niet kwalijk/èkskius

Currency: Aruban florin (\$1.78 florins = \$1.00 USD) The dollar is accepted everywhere, along with credit cards.

Local cuisine: Some of the best and most diverse in the Caribbean, the cuisine is mostly influenced by the Netherlands and other parts of Europe, South America, and the Caribbean itself. Try pan bati (a pancake-like bread) or keshi yena (a baked medley of Gouda cheese, spices, and meat with a heavy brown sauce). Popular seafood options include red snapper, mahi mahi and grouper.

Tipping: Suggested tipping is 15-20% for good service.

Explore Aruba with a Princess Shore Excursion. Visit the Tour Office for more information.



The divi-divi tree is a common sight, blown on its side by the trade winds.

The best of Aruba

Don't miss out on the top Points of Interest in this port — Book a Princess Excursion and experience them for yourself!

1 California Lighthouse

Perched on a high elevation and named after the "S.S. California," which sunk off the coast of Aruba, this lighthouse was built in 1910, and offers stunning views of the island and coastline.

Oranjestad

Oranjestad, Aruba's largest port, is also the island's capital and offers the best shopping experience on its main street. But is also known for its impressive Dutch Colonial architecture.

The Antilla Shipwreck

The 400-foot Antilla is one of the Caribbean's largest shipwrecks and also one of its most popular attractions. It was sunk during World War II and is home to many kinds of exotic sea life.

Matural Bridge

The Natural Bridge and Baby Natural Bridge are two stunning rock and coral formations. The Natural Bridge fell into the sea in 2005 but the smaller bridge remains a must-see island highlight.

5 Ayo and Casibari Rock Formations

These dramatic formations are shaped by boulders, some the size of small houses and weighing several tons. Arawak Indians would visit in order to hear incoming thunderstorms and draw on the rocks.

Arikok National Park

Aruba's National Park is home to spectacular cacti, flora and fauna that flourish in this desert-like environment. Along with the wind-swept dividivi trees, wild donkeys and iguanas also live here.

Beaches

Aruba is famous for gorgeous, palmtree lined white sandy beaches which are home to calm clear waters, making them perfect locations for swimming, snorkeling and sunbathing.

Butterfly Farm

Aruba's Butterfly Farm is home to hundreds of exotic butterflies who fly freely within large meshed enclosures. Witness all stages of their life cycle and with guidance, handle these tiny creatures.

Aruba

Known for its stunning beaches, Aruba impresses with treasures both in the sea and on land

With its unbeatable beaches and constant sunshine, it should come as no surprise that Aruba is the most visited island in the Dutch Caribbean.

In the capital of Oranjestad, enjoy the sight of Aruba's colorful markets and impressive Dutch colonial buildings, and find out why the capital has been described as "Holland meets Disney Fantasia." The town is known for its shopping, so make sure to fit in some retail therapy, but also take time to relax in peaceful Wilhelmina Park, with its tropical gardens and abundance of iguanas.

Afterward, drive through Frenchman's Pass, the legendary passage where 17th century invading French pirates were confronted by native indians. Moving on, visit the picturesque Alto Vista Chapel. This house of worship built by Domingo Antonio Silvestre in 1952 is where Spanish missionaries supposedly converted the island's Indians to Christianity.

Whether you are a family looking for a day of fun and adventure together or a couple seeking to escape the busy public beaches, De Palm Island offers something for everyone. Enjoy snorkeling, swimming, sunbathing, banana boat rides and a game of beach volleyball. Your unique 'passport' to the island also includes snorkeling equipment and lessons. Lounge chairs, freshwater showers, complimentary alcoholic beverages and soft drinks are provided, as is a Caribbean buffet lunch.

Stunning shores

Most of Aruba's visitors come seeking one thing: its legendary beaches. Palm Beach, with its white sand and blue water, has made countless magazine "best beaches of the world" lists. If you want to do more than just kick back and sunbathe, recreational options here also include sailing and fishing. Some of the hotels are separated from the beach by flowering gardens, which are striking with the bright colors of their lush vegetation, since the island is so dry.

In addition to Palm Beach, the Turquoise Coast (which runs along Aruba's western and southern beaches) is also home to the quieter Eagle Beach, further away from the hotel zone.

Tales below the sea

While Aruba's beaches are perhaps its biggest draw, various sights in the area paint a picture of the history of the surrounding waters. The California Lighthouse is named after the "S.S. California," which sank off the coast of Aruba in 1908, but the legacy lives on in this silent sentry. From the lighthouse, you will have plenty of time to admire stunning island views.

The "Antilla" sank during World War II and is one of the Caribbean's largest shipwrecks. It lies at a depth of 55 feet, and the parts of it that can readily be seen from the surface are often home to resting pelicans. The wreck attracts



Oranjestad has an excellent collection of shopping centers.

hundreds of breeds of striking tropical fish, while many parts of the ship are overgrown with sponges and other marine plants.

If you take the plunge in the "Atlantis" submarine, you will have the chance to view fascinating coral formations, a mysterious sunken airplane, or the newly sunken coaster "Morgenster" up close. You will also discover the many colorful fish that inhabit these waters.

Hidden inland gems

Aruba is known for its crystal blue waters and white-sand beaches, but you should also visit the island's "cunucu", or unspoiled countryside—perhaps on a nature walk. At Arikok National Park, view the fascinating flora and fauna of this desert-like environment, including wild donkeys, iguanas, cacti and the famous divi-divi trees. The dramatic Casibari Rock formations are a shrub-covered landscape shaped by boulders, some the size and weight of small houses.

Heading to the north coast, you will be able to explore one of Aruba's most popular sights, the sea-worn Natural Bridge that collapsed in 2005, and the still intact Baby Natural Bridge, an arch carved out of rock and coral. From there, you can head to the informative Ostrich Farm and learn about these amazing creatures. Wildlife lovers should also stop by the tropical gardens of the Butterfly Farm, where you can view hundreds of exotic butterflies flying freely within large meshed enclosures, and witness all stages of their life cycle.

While any trip to Aruba should naturally be spent on its spectacular beaches, make time to explore underwater and inland gems as well.

Did you know?

No construction zone

Aruba remains safe from overdevelopment, as a moratorium on new hotel construction in the past decade has limited new resorts from coming up.

Wild things

Arikok National Park makes up approximately 20% of Aruba's land, and is home to many species unique to the island, including the Aruban whiptail lizard, cat-eyed snake, and parakeet.

The party season

The highlight of Aruba's winter season is Carnival, which takes place in January and February. Revelers enjoy song and dance, parades, and costumes.

De Palm Island

Just a 5-minute boat ride from the mainland, this attraction features various water sports including helmet diving and snorkeling.

Take the Plunge

Stay dry when you board the "Atlantis" submarine. It's the real thing, diving about 100-feet.

Feathered friends

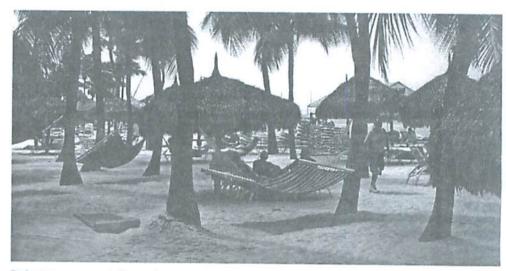
Aruba is home to ostriches! Animal lovers will enjoy a tour of one of the island's delightful ostrich farms, and those brave enough can even feed these fascinating, flightless birds.

Nature's guide

The island's trademark bent-over dividivi trees are a natural compass as they only ever point in a southwesterly direction due to the trade winds.

Titanic connection

The "S.S. California," the California Lighthouse's namesake, received distress signals from the ill-fated "Titanic" before it tragically sunk in 1912.



Relaxing amongst the palms

Practical Information

Shore Excursion departures:

Passengers will meet at a specific location. Please refer to your tour ticket and/or Princess Patter for the place and time. It's always recommended that you drink bottled water while in port.

Docking: Your Princess ship docks in the capital Oranjestad. No taxi is required to get to town. You can easily walk to nearby shops, casinos and restaurants.

How to get to town: The main shopping areas of Oranjestad are all within walking distance from the port.

Taxis: Taxis can be flagged down on the street that runs alongside the port.

Rates are regulated by the government. Vehicles are unmetered.

Note: Taxi drivers are known to refuse transporting those with wet bathing suits.

Beaches: Some of the Caribbean's best stretches of white sand are found along Eagle Beach and Palm Beach, less than 20 minutes from the pier. Both are always hopping in the hotel zone with bars and rental sports available. Moomba Beach is featured on the Beach Break Tour (AUA-280) and takes the hassle out of transportation.

Shopping: Best buys include fine crystal, leather goods and clothing. Monday through Saturday 9:00 am to 6:00 pm

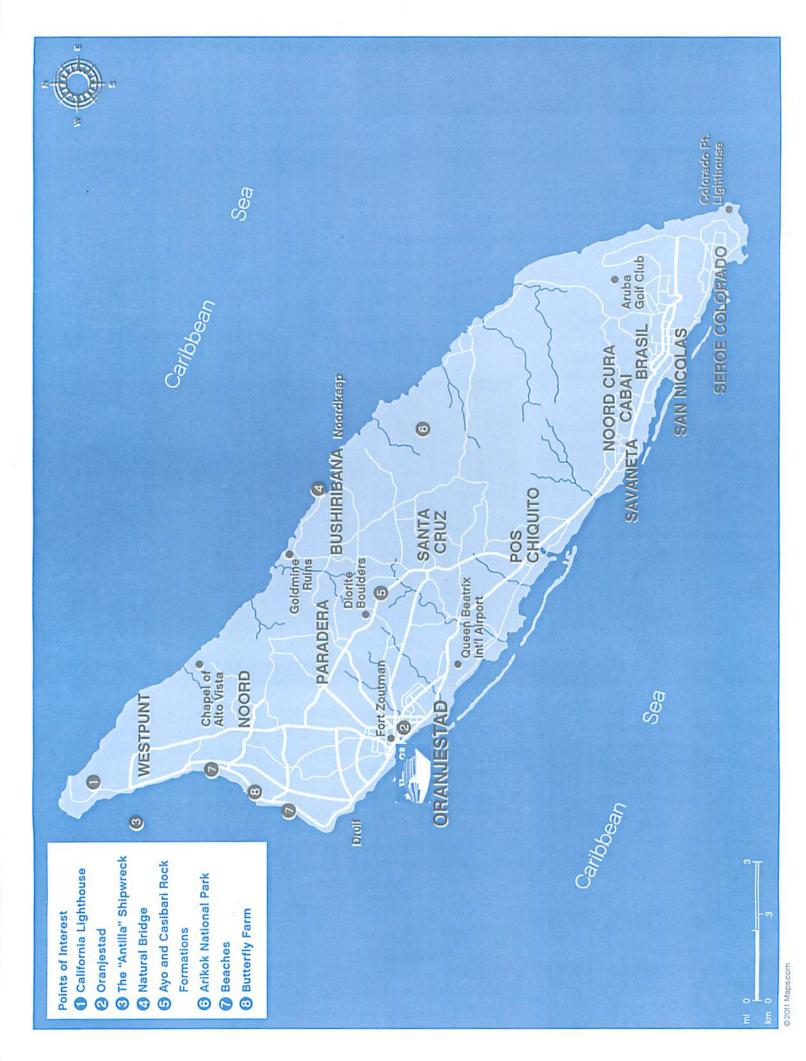
Banks: There are banks located in the Royal Plaza Mall. Hours are 8:00 am to 3:00 pm Monday to Friday.

Post Office: There is post office located in the Royal Plaza Mall. Hours are 8:00 am to 3:00 pm Monday to Friday.

Time Zone: Atlantic Standard time

Princess Cruises Agent: In case of an emergency while you are ashore, please contact:

Armada Port Agency (297) 593-1187



Shopping Spotlight



Your daily guide to onboard and in port shopping.

Aruba

From The Desk Of Your Princess Shopping Host



You've arrived in Aruba, where you will be greeted by colorful shore-front shops and fuzzy cacti juxtaposed with the pristine beaches. You can explore the famous

Natural Bridges, feast on Keshi Yena, an island specialty, or listen in as the locals speak English, Dutch, Spanish, and Papamiento, sometimes all in the same sentence.

Remember - this cruise Aruba will be your only chance for tax & duty free savings ashore, so be sure to make time to shop!

Featured Port Events

Diamonds International

Shopping Party 8:00am - 9:00am Today is the perfect day to make your diamond dreams come true. Upgrade your existing diamond or choose from 100s of stones and settings to create your dream piece. Shop with Bea at Aruba's biggest store for diamonds, jewelry, and watches. Drop by at any time to enter the raffle to win a designer diamond heart necklace. Ask for your FREE charm bracelet. Show your map before 10:00am to receive a dolphin charm for free.

Milano Diamond Gallery

Wine and Cheese Shopping Party 10:00am - 10:15am
Free Tiffany-style heart bracelet during the shopping party
Live raffle 10:15am –
Must be present to win
Visit the store and pick up your free Aruba lithograph.

Princess Shopping Host Desk Hours 7:30pm - 8:30pm Facets Boutique, Deck 6 Midship

What to See and Do Downtown

- 1) See your Princess Shopping Host on the gangway before heading ashore.
- 2) Remember to pick up money-saving VIP cards and coupons.
- 3) Walk through the cruise ship terminal and make a right on

L.G. Smith Boulevard for all the guaranteed stores, famous architecture, waterfront, bars, and restaurants.

Shopping Checklist

Find the best deals on the designer brands listed below at the guaranteed shops!

3		
Ammolite by Korite jewelry	Kabana jewelry	9
Balissima jewelry 6a 6b	Marahlago jewelry	1
Cafe Diamonds 10	Mark Henry Alexandrite	7
Crown of Light diamonds 1 3	Movado watches	3 15
DiVersa jewelry 6a 6b	Parazul handbags	2 5
Ernst Benz watches 3	Passion Cut diamonds	6a 6b
Fendi watches 3 23		the state of the s
Forevermark diamonds	Philip Stein watches	1 3 5 10
Fruitz watches 1 8 10	Raymond Weil watches	8 15
Gift Collection jewelry	Rebecca jewelry	3
Glam Rock watches	Roberto Coin jewelry	1 3 15
Hearts On Fire diamonds	Safi Kilima jewelry	1 2 3
Ivanka Trump jewelry 1 3	Seah watches	5
John Hardy jewelry 1 3 15	Unity Diamonds	7
See shopping map inside for corresponding store	e locations	

ass snapping map make for corresponding store location

Best Buys

Diamonds International

Tru Bleu Collection Pendant, Ring, or Earrings
for \$499 or Complete Set for \$1,399

Tanzanite International 2

Safi Kilima Ring, Pendant, and Earrings for \$499

Diamonds International Watch & Design 3
Philip Stein watches for \$505

Milano Diamond Gallery

2 Ct. Look Diamond Pendant in 14K Gold for \$899

Del Sol 11

SolizeTM Polarized Sunglasses for \$45 - Lifetime Guaranteed

Effy Jewelers 6a 6b

DiVersa Diamond Earrings for \$695

Pearl Gems 13

White Cultured Pearl Strand and Studs for \$69

Little Switzerland 15

Impulse Swarovski crystal key chains 2 for \$20

Noble Jewelers 9

Hearts On Fire Diamond Aruba pendant with Chain

Kay's Fine Jewelry 10

Tanzanite Set (Pendant, Ring, Earrings) for \$299

Colombian Emeralds International 8

Palm Tree Pendant in Emeralds, Diamonds, or Black Diamonds for \$499

Artistic Fine Jewelry 12

Sterling Silver Stud Earrings in Colored Semi Precious Stones for \$39

Diamante Jewels & Time 18
Diamond Studs for \$99









Diamonds International

Most Recommended Store in the Caribbean for your Diamonds

- · Official DTC Sightholder: Largest selection and savings on loose and set diamonds
- · Diamonds: Crown of Light, Forevermark, The 88 Cut, O Diamond, Lauren G Adams
- · Lifetime Diamond Upgrades: Trade in your diamond for a bigger, brighter diamond
- · Certified GIA/EGL Appraisals: Graduate gemologists and master jewelers on staff
- · Design Your Dream Piece of Jewelry: Select your diamond, choose the mounting

Tanzanite International

Most Recommended Store in the Caribbean for your Tanzanite

- · Tanzanite One Sightholder: Buy direct from the source at incredible prices
- Safi Kilima Designer Tanzanite: Kibo, Mawenzi, Shira and the new Mlima collection
- Incredible Selection: Thousands of loose tanzanite, ranging from 1 to over 100 carats
- · Authentic Tanzanite: Every stone comes with a certificate of authenticity
- Don't miss this opportunity to see their hottest Safi Kilima Couture collection

Diamonds International Watch & Design 3

Most Recommended Store in the Caribbean for your Designer Watches and Jewelry

- Designer Jewelry: Gift Collection, Ivanka Trump, John Hardy, Ammolite by Korlte, Roberto Coin, Asher Collection, Yvel, Marahlago larimar, Judith Ripka, Pianegonda, Charles Krypel, Rebecca
- Fine Timepieces: Hublot, Breitling, Bentley for Breitling, Bulova, Ebel, Movado, ESQ by Movado, Fendi, Philip Stein, Fruitz, Gucci, Hamilton, Longines, Ernst Benz, Baume & Mercier, Bertolucci
- · Breitling Showroom: Largest selection of Breitling and Breitling for Bentley

Hublot Boutique 4

See the New and Incredible Crown of Light Watch

- · Each watch combines traditional watch making with new age materials
- Cutting edge 21st Century timepieces for both men and women
- Hublot Crown of Light Watch and Hublot Big Bang Collection
- Each staff member is a Hublot trained expert

Diamonds International Collection 5

Designer Showroom at Duty-Free Prices

- Designers: Honora pearls, Caribbean Topaz, Marahlago larimar, Talexia, Baccio charms
- Great Value on Diamonds for Less: Get a 3ct look for a 1ct price
- · Parazul Shop in Shop: Featuring Parazul handbags and accessories

Effy Jewelers 55 65

Exclusive Retailers of DiVersa, Balissima and Passion Cut Diamonds

- DiVersa by Effy: Only changeable jewelry brand with a lifetime guarantee
- DiVersa's Quadra collection showcases 4 looks in 1 This is jewelry in motion
- · Balissima: Handcrafted yet affordable sterling silver and gold with gemstones
- Passion Cut Diamonds: Take the Passion Cut Challenge to see the difference
- · Ask how to start your gemstone collection for free

Milano Diamond Gallery 7

The Home of Big Looks for Less!

- Unity Collection: High quality diamond brand at affordable pricing for everyone
- Exceptional Specials: Diamond studs, tanzanite pendant,1 Ct. diamond pyramid ring
- Color your World: Try on exquisite natural fancy intense yellow diamonds
- From the Mines to Market: Luscious blue tanzanite, sapphires, emeralds and more
- · "Dreams within Reach": 22 Ct. "Look" Unity diamond tennis bracelet

Colombian Emeralds International 8

Member of Dufry Group, a Swiss Retailer with Over 1,160 Stores in 45 Countries

- Confidence: Over 40 years of valued global service offering a 90-day replacement guarantee and 'Best Price' promise
- Jewelry: Philippe Charriol, Scott Kay, DeLatori, Trollbeads, Lana Jewelry, Damiani
- · Watches: TAG Heuer, Raymond Weil, Fruitz, Bulova, Baume & Mercier, Longines
- · Tax-free, duty-free, and hassle-free shopping

Noble Jewelers 9

Noble Jewelers has some of the largest selections of Hearts On Fire diamond jewelry in the Caribbean. Other sought-after jewelry pieces include 14K and 18K gold fine jewelry, large selection of blue and white diamonds, and black and white diamond jewelry. Feast your eyes on emerald, ruby, sapphire and semiprecious jewelry.

Exclusive Retailer for the World's Most Perfectly Cut Diamond Hearts On Fire

- · One of the largest selections of Hearts on Fire in the Caribbean for the last 14 years
- Loose GIA/EGL Certified Diamonds: Choose from 500 contemporary settings.
- · Wide selection of blue diamond jewelry
- · Large selection of tanzanite jewelry and Kabana jewelry

Kay's Fine Jewelry 10

Luxury with a Family Touch

- · Diamonds: Fancy yellow, blue, pink, chocolate & black Largest selection of fancy colors
- · Large collection of settings: your diamond can be reset while you watch
- Designer Jewelry: Hidalgo & Trollbeads
- · Largest Selection of Gold Jewelry: Chains, bracelets, earrings and charms
- We have it all: Colored gemstones, Tanzanite, Rubies, Sapphires in every color, Alexandrite and Larimar

Del Sol III

World's Largest Color-Change Retailer; Gifts Guaranteed to Make You Say Wow!

- Just Add Sun!®: See all Del Sol products change vibrant colors outside in the sun
- New Color-Changing Apparel: New Sol Signature™ T-shirts and beach cover-ups
- New Solize™: New polarized sunglasses with lifetime guarantee even if you lose them
- · New Nail Polish and Hair Accessories: New styles, colors and options for every occasion

Artistic Fine Jewelry 12

Same Owners, Same Service since 1969

- · Skagen, Citizen Eco Drive, Festina and Chase-Durer watches
- · Lucky Stone and Australian Opal in silver and gold settings
- · Drip-dry tablecloths and other items with hand embroidery
- Nao by Lladro porcelain and Armani figurines; Free internet

Pearl Gems 13

Diamonds and Pearls

- Pearls: Large selection of all varieties of pearls; Custom stringing available
- Diamonds: Simon G., certified loose diamonds, fancy yellow, black, blue, champagne
- · Silver jewelry by Thomas Sabo, Chamilia, Honora, Chamilia, Rosato and Samuel B.
- · Bulova and Bulova Accutron watches

Jewelers Warehouse 14

The Island's Value Leader

- · Up to 50% off quality jewelry and fine watches
- All jewelry comes with a certified appraisal at time of purchase.
- · Diamonds, emeralds, rubies, sapphires, pearls, tanzanite, Italian gold jewelry
- · Fashion Watches: Seiko, Citizen, Guess and Wenger

Little Switzerland 15

Serving the Caribbean for Over 50 Years!

- · Featuring: Tiffany & Co. Boutique, Breitling Boutique and Omega Boutique
- TAG Heuer, Zenith, Citizen, Movado, Tissot, Rado, Baume & Mercier, Raymond Weil
- Roberto Coin, John Hardy, Marco Bicego, Ippolita, MCL, Miriam Salat, H. Stern, Swarovsk
- Impulse "LS for Less" Shop: Sterling silver, gemstone jewelry and gifts under \$50

Little Holland/ Piraña Joe 16

Linens and More Since 1925

- · Linens: Wide selection of doilies, runners, placemats and tablecloths
- · Piraña Joe: Colorful Caribbean themed T-Shirts and gifts
- · Souvenirs: Blue Delft, rum cakes and more

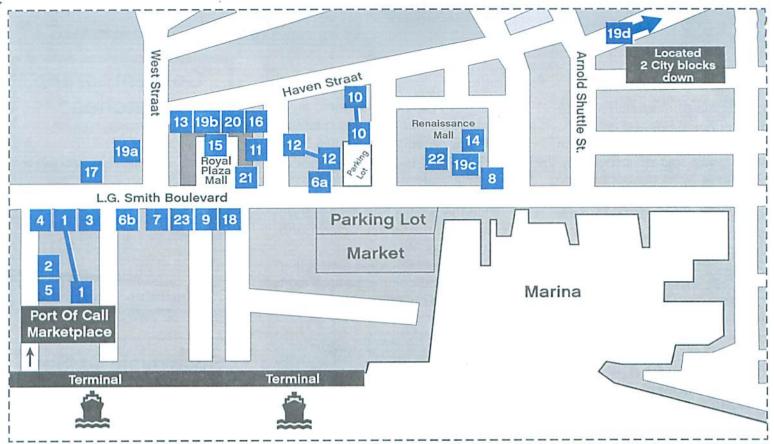
Touch of Gold 17

Renowned for Exceptional Quality, Good Value and Excellent Customer Service

- Diamonds: GIA and EGL certified loose diamonds, canary yellow and colored diamonds
- Fine Designer Jewelry: Hidalgo, Soho, Fope, Cede, Natalie K, Barry Kronen And Bloom
- Gernstones and Coins: Rubies, emeralds, sapphires, alexandrite, U.S. gold coins, shipwreck coins
- · Timepieces: Michel Herbelin and Wenger

Aruba





Diamante Jewels & Time 18

Exclusive Dealer for Endless Diamonds and Pandora

- Wide Range of Gemstones: Tanzanite, sapphires, emeralds, rubies
- Authorized retailer for Royal Star, certified laser inscribed diamonds and jewels
- · Brand Watches: Fendi, Citizen, Seiko, Skagen, Guess, GC watches
- GIA/EGL certified diamonds ranging from ½ carat and up

Dufry Duty-Free 19a 19b 19c 19d

A World of Shopping Guaranteed by Global Customer Service

- · Exclusive brands at unbeatable prices
- Largest variety of perfumes and cosmetics, alcohol, tobacco and confectionary
- In over 40 countries around the globe with over 1,100 shops and at over 140 airports and seaports
- · Dedicated to guaranteed satisfaction

La Casa Del Habano 20

- Cuban Cigar* Brands: Cohiba, Montecristo, Romero y Julieta, Partagas
- Walk In Humidor: Guaranteed freshness and authenticity for connoisseurs
- · Lighters, cutters, humidors and more accessories
- Please Note: United States Customs prohibits the entry of Cuban cigars into the United States

Swatch Kiosk 21

Swiss Made - Water Resistant - Shock Resistant

- Swatch features original fun and innovative designs.
- · Skin Collection: The thinnest plastic watch in the world
- Irony Collection: His/hers stainless steel and aluminum watches
- Flik Flak: Swiss learning/reading watches for children

Furla Boutique 22

Fine Italian Leather

- For Women: Handbags, wallets, beauty cases, pouches, belts, accessories
- · For Men: Handbags, wallets, crossover bags, satchels, laptop bags, belts
- · Closed on Sundays

Rams Bijoux Jewelers 🔯

Exclusive Dealer for Tolkowski Ideal Cut Diamonds

- · Hearts and Arrows diamonds by Tolkowski Ideal Cut Diamonds
- · Large selection of diamond jewelry with lifetime upgrades
- · Blue and rainbow sapphires, Honora pearls, emeralds and tanzanite
- · Watches: Guess, Sector, Roberto Cavalli, Moschino, DHC Swiss Army

Port Shopping Guarantee

Shop with confidence, knowing that all merchants on this map have been carefully selected and each offers a 60-day guarantee to cruise line guests.*

If a problem arises after your cruise but within 60 days of the purchase date, please contact the Customer Relations Department at Onboard Media. Shop with confidence, knowing that all merchants on this map have been carefully selected and each offers a 60-day quarantee to cruise line quests.

Onboard Media, Inc. I 1691 Michigan Ave. I Suite 600, Miami Beach, FL 33139 Phone: (305) 673-0400 I Toll Free: (800) 396-2999 I Fax: (305) 673-2741 E-mail: shoppingissues@onboard.com

Hours: Monday - Thursday, 9:00am - 6:00pm; Friday 9:00am - 5:30pm EST

* All participating merchants will repair or replace any unsatisfactory item, except for watches and excluding cases of buyer's negligence, buyer's remorse or lost or stolen merchandise. Watches and other branded merchandise will be repaired or replaced by the brand service centers. For purposes of determining quality and value of jewelly, only appraisals ofreplacement value for insurance purposes will be accepted. The appraisal must come from a gem laboratory or an independent graduate gemologist appraiser, not affiliated with jewelty retailing. Valuation comparisons of watches and other branded merchandise must be based on retail prices offered by authorized brand retailers. All returns must be authorized by the merchant. Please ask about individual store return policies before you buy. Merchandise must be inspected immediately by the purchaser upon receipt of items. All returns must be unspected immediately by the purchaser upon receipt of items. All returns actual carrat weight can be provided by participating merchants. The port shopping program is operated by Onboard Media. Inc., which stands behind all customer relations claims relating to the guarantee. Participating merchants have paid an advertising fee to Onboard Media. Inc. Service please contact the Port and Shopping Concierge onboard for immediate assistance.

Back Onboard Tonight

Sophia Fiori Collection

The Sophia Fiori collection is the number one promoted colored diamond brand in the Caribbean and Alaskan trades. Inspired by the blue Hope Diamond, Sophia Fiori introduced blue diamonds at the turn of the millennium, taking the iewelry industry by storm. Since then, blue diamonds are the most sought after colored diamonds in the world. The Sophia Fiori Collection is unmatched in value as well as its classic style with a modern twist. By importing diamonds straight from mines around the world and hand-setting each piece of jewelry, the products are manufactured at significant cost-saving which is passed onto the Passenger. The Sophia Fiori assortment includes earrings, bracelets, pendants, and rings. The Sophia Fiori collection consists of 70% blue diamonds and 30% clear diamonds set in 14k White and Yellow gold, and is comprised of three categories: Signature,

Designer Fashion, and Promo styles. Sophia Fiori has a lifetime guarantee from any defects in materials or workmanship under normal wear. The Signature collection is the most popular and advertised category within the Sophia Fiori brand, and consists of the Venus, Victoria, and Flower rings. All have interchangeable bands available in sapphire and color enhanced stones that can be purchased separately or as a set.

Featured Events:

Rum Tasting Event!

1:30pm • Wheelhouse Lounge •

Deck 7

Majestic Emeralds & Imperial Diopside Event Enter to Win FREE Jewelry.
2:30pm • Wheelhouse Lounge • Deck 7



Save Up To 40% Off

U.S. Suggested Retail

Sailing-11:30pm · Facets · Deck 6

Swarovski At Sea

Fine Austrian Crystal Gifts & Jewelry



- Save an Extra 10% Off \$150 or more
- Save an Extra 15% Off \$250 or more
- Save an Extra 20% Off \$450 or more

Sailing-11:30pm · Meridian Bay · Deck 6

Liquor Savings

Save an extra 10% off

your tax- and duty-free purchase of any two or more bottles of liquor with your Passport to Value coupon.

Calypso Cove · Deck 6

Boxed Watch Sets

Was \$60.00

Now \$19.99

3 Hours Only

2:00pm - 5:00pm Atrium • Deck 6





California Lighthouse

Top Points of Interest

Aruba

Shore Excursion Order Form

Name

Monday 30th April 2012

6 Ayo and Casibari Rock

an arch out of the island coral. View the collapsed original Natural Bridge. On your return

route you have the option of being dropped off in town for independent sightseeing or

shopping, time permitting. You are then responsible for your return to the ship.

Doc	k Times:	7:00am -	12:30pm
000		1.00dill	IL.OOPII

Passenger Information

Note: Tour sequence may vary. Feeding the

removed prior to feeding.

ostriches is permitted, but exercise caution. It is

recommended that jewelry and sunglasses be

Formations Oranjestad Deck/stateroom number___ Arikok National Park 1 The "Antilla' Shipwreck Signature **7** Beaches Matural Bridge Charge each person in stateroom separately? Yes Butterfly Farm Place form in the drop box at the tour desk on Deck 5. **Activity Levels** Badges Important notice: By signing this order form and/or participating in an activity, each participant agrees to be bound by all Princess Cruises Terms and MP (Most Popular Easy Conditions, which affect each participant's legal rights. Please carefully read the Princess Cruises Terms and Conditions below. Connoisseur Terms and Conditions: In selling shore excursions and other activities, Princess Moderate Cruises acts only as an agent for independent tour operators. Participation in KF < Kid-Friendly shore excursions shall be conclusive evidence of your acceptance of the Terms and Conditions set forth in the cruise ticket passage contract, the shore excursion Strenuous tour ticket and other documents, including the independent tour operator's own OBP (Off the Beaten Path Terms and Conditions, which expressly release Princess Cruises and the tour operator from any liability for participation and otherwise affect each participant's Wheelchair Access WHS World Heritage Site legal rights. PLEASE READ THESE DOCUMENTS PRIOR TO PARTICIPATING. Closing time for cancellations: Featured on 0 Apr. 29th, 2012, 11am Reflections DVD Sightseeing & City Tours Tour ID Depart Adult Child Island Highlights & Beach: AUA-100 MP Return 100A 7:30am 11:30am x \$59 x \$49 00000 Get an overview of Aruba's natural beauty! Board your air-conditioned transportation and drive through the Eagle and Palm Beach on your way to the scenic California Lighthouse for a panoramic view of the island. Your tour will then take you through the Note: Tour sequence may vary, but the beach stop heart of Aruba to the North coast where you will see the Fallen Natural bridge and the will always be last, in case of rough sea conditions, Baby Natural bridge. Next it is off to the Casibari Rock formations, where the landscape the beach stop may be cancelled with alternative is shaped by huge boulders the size of small houses. The last stop is at a beautiful stops offered. Wear a swimsuit and bring a towel and sunscreen. Beach chairs are available to rent beach for swimming or relaxing. at own expense. Restrooms are not available at the beach. Restrooms are available at the Natural Bridge ruins for 50 cents, a local custom. It is a 250 yard walk to the beach. California Lighthouse, Ostrich Farm & Shopping: AUA-230 Tour ID Child Depart Return Adult 230A 8:00am 0006 E 12:00pm ___x \$59 x \$49 Drive approximately 35 minutes to California Lighthouse through arid terrain home of cacti and divi-divi trees. Continue on to Casibari rock formations en route to an island ostrich farm. Tour the farm and get acquainted with these interesting, flightless birds. Your next stop is the beautiful Baby Natural Bridge where the relentless sea has carved

Butterfly Farm, Rock Formations & Shopping: AUA-235



Travel to the Butterfly Farm and step into a tropical garden teeming with butterflies. Observe the fascinating life cycle of the butterfly as your expert guide explains the butterfly's habits and the miracle of metamorphosis. Then travel past divi-divi trees en route to the Aruba Aloe Factory. Tour the factory and learn how aloe is grown, processed, and turned into skin-care products. Drive to the Ayo rock formation to explore the natural gardens that lie among the rocks and get a close-up look of the boulder drawings made by the island's original inhabitants. On your return you have the option of being dropped off in town for independent sightseeing or shopping, time permitting. You are then responsible for your return to the ship.

 Tour ID
 Depart
 Return
 Adult

 235A
 8:30am
 11:30am

Child

Note: Tour order may vary.

Nature & Wildlife

Scenic Cruise, Lighthouse & Rock Formations: AUA-600



Board your air-conditioned transportation for a tour to the California Lighthouse, the oldest lighthouse on the island. Then visit the picturesque Alto Vista Chapel where the Spanish missionaries are said to have converted the island's Indians into Christians. Then proceed to the Casibari rock formations, which seemed to have been scattered on the landscape to puzzle geologists and impress travelers. You will also board a comfortable, motorized tour boat named the "Sea Star." Relax with a complimentary rum or fruit punch as you cruise past the beautiful white-sand beaches and famous resorts along the western portion of the island. Throughout the cruise the guide will relate interesting information about Aruba's history and culture.

Tour ID	Depart	Return	Adult	Child
600A	8:30am	12:00pm	\$59	\$49
			COLL	

Glass Bottom Boat Cruise & Antilla Shipwreck: AUA-620



Transfer to Palm Beach and embark your glass bottom boat. Take in the scenic coastline as your captain makes his way just off shore to the famous wreck of the Antilla. The Antilla lies in 60 feet of water and portions of it break the surface. Proceed to a nearby reef and marvel at the variety of corals, sponges, and fish that make their home here. Return to Palm Beach and then transfer back to the ship.

Tour ID	Depart	Return	Adult	Child
620A	7:30am	9:30am	x \$39	x \$29
620B	9:30am	11:30am	x \$39	x \$29

Note: Visibility may be limited due to sea and weather conditions. This tour is not wheelchair accessible!

Semi Submarine, Shipwreck & Island Drive: AUA-655



This tour begins when you board the ferry "Stingray" at Pelican Pier, on one of Aruba's best beaches. After a 20-minute transfer, you'll board the semi-sub, this is a surface vessel that sits five feet below the waterline on a narrated tour of Aruba's underwater wonders. See the "Antilla," a German freighter sunk during World War II and one of the largest shipwrecks in the Caribbean. Afterwards, return to dry land to board your transportation and to travel to the California Lighthouse for views of Aruba's windward coast. Continue on to Casibari, where the landscape is formed by diorite boulders the size of small houses. Climb 80 rustic steps to the formation's summit for stunning views. Head to Aruba's rugged north coast and the Baby Natural Bridge, carved by the surf from solid coral and limestone. View the collapsed original Natural Bridge. Your route takes you past the ruins of a 19th-century gold mill at Boca Mahos and returns to Oranjestad. You may opt to be dropped off to explore the city, time permitting. You are then responsible for your return to the ship.

Tour ID	Depart	Return	Adult	Child
655A	7:30am	11:30am	x \$69	x \$59

Note: Climbing Casibari Rock Formations is optional. Time does not permit climbing the lighthouse. Tour order may vary.

Atlantis Submarine: AUA-670



The world's first submarine designed for underwater passenger excursions, the air-conditioned 'Atlantis' descends for approximately 50 minutes to depths of 90 to 120 feet. On your cruise "Atlantis" visits a mysterious sunken airplane or the retired coaster "Morgenster." See the colorful exotic fish, fascinating coral formations and unusual marine creatures that inhabit Aruba's waters from your viewing port as the experienced captain and crew point out the sights. After your voyage you receive a certificate as proof of your participation. Transfer to and from the sub site by ferry.

Tour ID	Depart	Return	Adult	Child
670A	9:00am	11:00am	x \$99	x \$79

Note: Due to safety regulations, the minimum height required to participate is 36 inches. The minimum age is 4 years old. Participants must negotiate 11 steep steps to get down into the sub.

Activities & Adventures

De Palm Island Beach, Water Park & Meal: AUA-280 KF





Take a brief bus transfer to the ferry landing. It is a short five-minute ride across the protected lagoon to the island. Upon arrival, receive a brief orientation to De Palm Island and its amenities including the Blue Parrotfish Water Park. Then enjoy approximately two and a half hours of free time to snorkel, sunbathe, swim, enjoy the water park and waterslides, or maybe even play a game of volleyball. Your Passport includes snorkeling equipment and lessons, the island's surrounding waters teem with tropical fish. Complimentary alcoholic beverages and soft drinks and a complete Caribbean buffet lunch are included. Lounge chairs and freshwater showers are provided for your convenience.

Tour ID	Depart	Return	Adult	Child
280A	7:30am	12:00pm	x \$69	x \$49

Note: Wear a swimsuit and bring a towel and sunscreen. Water Park opens from 10:00am. Snorkeling may close without prior notice subject to weather conditions.

California Lighthouse & Beach: AUA-285



Board your

Board your open-air banana bus for a short trip along Aruba's west coast. Before arriving at the beach, you will head to the California Lighthouse for a photo stop. Then head to MooMba Beach, an idyllic spot in the hotel zone of Palm Beach, for approximately three hours. A complimentary lounge chair is included. MooMba offers a full-service bar and restaurant, restrooms and changing facilities, outdoor fresh water showers, and souvenir shop.

Tour ID	Depart	Return	Adult	Child
285A	8:00am	12:00pm	x \$29	x \$19

Note: Wear a swimsuit and bring a towel and adequate sun protection. Beverages and food are available for purchase. Beach vendors offer chairs & umbrellas to rent. However, the yellow chairs provided at MoomBa Beach are complimentary.

Countryside Horse Back Ride: AUA-430



It's a short transfer to the horse ranch where you meet your guides and are assigned a horse. Saddle up and follow your guides into Aruba's cunucu, or countryside. See the famous windswept divi-divi trees and keep an eye out for iguanas and other local wildlife. Upon arrival at the beach, enjoy a refreshing beverage before riding back to the ranch and returning to the ship.

Tour ID	Depart	Return	Adult	Child
430A	8:30am	11:30am	x \$99	x \$99

Note: This most active excursion is suitable only for passengers in excellent physical condition. Minimum age required to participate is 10 years old. Maximum weight is 230lbs. Closed-toe shoes are required. Participants must wear a helmet. This tour does not include a ride into the ocean.

Arikok National Park Hike, Beach Swim: AUA-470



Board your air-conditioned transportation for the approximately 30-minute drive to the park. Upon arrival a park ranger will greet you and then act as your guide for the hike. Learn about the flora and fauna of this desert-like environment. After the hike cool off in the Caribbean Sea with a refreshing swim at a pretty beach. Water is provided throughout the tour.

Tour ID	Depart	Return	Adult	Child
470A	8:00am	11:30am	x \$49	x \$39

Note: This most active excursion is suitable only for passengers in excellent physical condition. Wear a swimsuit and comfortable walking shoes; bring a towel and adequate sun protection. Wildlife sightings, while common, are not guaranteed.

4WD Safari, Natural Bridge & Beach: AUA-500

0000 1

After a short bus transfer, board your assigned, topless 4WD vehicle and drive in caravan style following your guide off-road on the rough, dusty and bumpy roads to the Baby Natural Bridge, carved from solid limestone and coral by the waves of the Caribbean, the collapsed original Natural Bridge, the California Lighthouse, Casibari Rock Formations, Bushiribana goldmine ruins and the Alto Vista Chapel. Keep an eye out for island wildlife, including wild goats, donkeys, and iguanas. Stop at a beach for swimming and sunbathing.

Tour ID	Depart	Return	Adult	Child
500A	7:30am	12.00pm	x \$249	x \$249

Note: This tour is sold by the vehicle. Please book tour by vehicle and not per passenger. Each vehicle can accommodate up to four people. Vehicles have soft tops which can be removed upon request. All drivers must present a valid driver's license and be at least 18 years old. Not suitable for passengers with back or respiratory problems. Wildlife sightings, while common, are not guaranteed.

Snorkelling Cruise & Antilla Shipwreck: AUA-810

00



Enjoy a 3-hour snorkel cruise that gives you the chance to marvel at the beauty of Aruba's Coastline and the riches of underwater Aruba. The perfect combination of wind, sun and sailing makes this a fun and relaxing trip at the same time. After some smooth sailing, the first stop will be at Boca Catalina for some great reef snorkeling. As the depth will be around 15 feet, it is the perfect place to refresh or learn snorkeling skills. The second stop will be at the famous "Antilla" shipwreck. A remnant of World War II, the "Antilla" was scuttled by its own captain, to prevent it from being captured by the Dutch Marines. Today it lies on its side in 60 feet of water. Voted as one of the World's Top 10 Dive and Snorkel sites, seeing the largest shipwreck in the Caribbean will be an experience you won't forget. Your snorkeling adventure will be followed by a relaxing sail back to the cruise terminal with unlimited Rum Punch, juices and soda's accompanied by recorded music.

After your snorkel, enjoy a complimentary rum or fruit punch on your sail back.

Tour ID	Depart	Return	Adult	Child
810A	8:00am	11:30am	x \$49	x \$39

Note: Snorkeling equipment including snorkel vest, professional instruction and supervision is provided. Wear a swimsuit and bring a towel and adequate sun protection. A liability waiver is required to be completed prior to participating.

Important Information

RESTRICTIONS — Minimum age, height and weight restrictions apply on some tours. Guests 18 years and under cannot participate without a parent or guardian. A few operators may allow an unaccompanied minor on tour if a waiver is signed by the parent or guardian in the operator's presence. Check with the Tour Office to make arrangements.

PLEASE NOTE: All tours are sold on a non-refundable basis once bookings close (as above). However, we are able to book tours right up until the departure time assuming there is still space available. Please visit us at the Tour Desk or ashore for last-minute bookings. Departure and return times listed on this tour order form are approximate and subject to change without prior notice.

All tours operate rain or shine unless otherwise notified by the tour office.



Top Points of Interest

military engineering in South America. After a quick shopping spree at Las Bóvedas, once dungeons, now home to boutiques and tourist shops, you'll travel to the famed Old City. You'll stroll the narrow streets and cobblestone squares of this walled city to the 18th century Palacio de la Inquisición and San Pedro Claver Church. You'll cap your day off with shopping at the Pierno Gallo Shopping Center in the modern residential area of

Bocagrande.

Cartagena

Shore Excursion Order Form

Tuesday 1st May 2012

Dock Times: 9:00am - 3:00pm

Passenger Information

Note: Tour sequence may vary.

Old City G Cartagena's Cathedral 2 Las Murallas (i) Museo de Oro v Deck/stateroom number Arqueloquía Castillo de San Felipe de Signature Barajas Las Bóvedas Charge each person in stateroom separately? Yes Palacio de la Inquisicion B La Popa Monastery Place form in the drop box at the tour desk on Deck 5. **Activity Levels** Badges Important notice: By signing this order form and/or participating in an activity, each participant agrees to be bound by all Princess Cruises Terms and MP < Most Popular Easy Conditions, which affect each participant's legal rights. Please carefully read the Princess Cruises Terms and Conditions below. C Connoisseur Terms and Conditions: In selling shore excursions and other activities, Princess Moderate Cruises acts only as an agent for independent tour operators. Participation in KF Kid-Friendly shore excursions shall be conclusive evidence of your acceptance of the Terms and Conditions set forth in the cruise ticket passage contract, the shore excursion Strenuous tour ticket and other documents, including the independent tour operator's own OBP (Off the Beaten Path Terms and Conditions, which expressly release Princess Cruises and the tour operator from any liability for participation and otherwise affect each participant's Wheelchair Access WHS World Heritage Site legal rights. PLEASE READ THESE DOCUMENTS PRIOR TO PARTICIPATING. Closing time for cancellations: Featured on Shopping Reflections DVD Apr. 30th, 2012, 11am Sightseeing & City Tours Highlights of Cartagena, Fortress & Las Bovedas: CTG-100 WHS Tour ID Depart Return Adult Child 100A 9:30am 2:00pm x \$69 x \$49 00000 M MEX 100B 9:45am 2:15pm x \$69 x \$49 History unveils itself in this half-day tour. Your first stop is Castillo de San Felipe de 100C 10:00am 2:30pm x \$69 x \$49 Barajas (Fort of San Felipe), the most important work of Spanish military engineering in South America. Upon arriving at the magnificent fortress, you'll quickly see why Cartagena was the most impenetrable city of the Spanish Main. Las Bovedas, once dungeons, is now home to boutiques and tourist shops. After a quick shopping spree, you'll travel to the famed Old City, a walled city with narrow streets and Spanish Colonial buildings. You'll continue to the 18th century Palacio de la Inquisicion and the San Pedro Claver Sanctuary. You'll cap your day off with shopping at the Pierno Gallo Shopping Center in Note: There is a paved, fairly steep incline that must be negotiated to reach the interior of the fortress. A the modern residential area of Bocagrande. complimentary beverage is included in the tour. Old City & Inquisition Palace: CTG-110 WHS Tour ID Depart Return 110A 9:30am 1:00pm _x \$49 ___x \$39 0000 Get a revealing look at Cartagena's past. Photo opportunities abound at your first stop, Castillo de San Felipe de Barajas (Fort of San Felipe), the most important work of Spanish

Child Adult Scenic Drive of Cartagena, Las Bovedas & Shopping: CTG-115 WHS Tour ID Depart Return x \$39 x \$49 115A 10:00am 12:30pm 000E Note: This tour has been modified and does not Take a scenic drive through Cartagena. Snap a photo or two at Castillo de San Felipe include a brief folkloric show. de Barajas fortress, and sightsee around the Old City. You'll marvel at the well-tended Spanish Colonial buildings and age-old fortifications around every corner, as well as the old church domes, the clock tower, symbol of the city and the city ocean views. Your next destination is Las Bovedas for handicraft shopping. Just minutes away is the Navy Museum of the Caribbean, where you'll enjoy complimentary refreshments. You tour ends with a drive through the modern residential area of Bocagrande. Horse & Carriage Tour of Old City & Fortress : CTG-140 WHS OBP # of Carriages Depart Return Tour ID x \$139 per carriage 12:30pm 140A 9:30am Journey back in time as you wander the narrow streets of Cartagena in a horse-drawn carriage. Your guided tour starts with a photo stop at Castillo de San Felipe de Barajas Persons per carriage. fortress. Next you will pass Las Bovedas, once dungeons, now home to arts and crafts Note: This tour is sold by the carriage. Please book stalls. Proceed to Casa Rafael Nuñez where horse carriages are parked just outside the tour by carriage and not per passenger. Carriages Old City. Here, you'll board a horse carriage for an un-narrated ride lasting approximately are small in size and can accommodate up to four one hour. Traveling along the narrow streets of the Old City, you'll pass churches and people (two adults comfortably). Bring a hat and squares, and witness the Spanish colonial architecture for which the city is known. After wear sun protection as it can be hot in the city. the ride, you're free to walk on your own or shop. St. Pedro Claver Church, Gold Museum & Shopping : CTG-215 WHS Child Return Adult Tour ID Depart 9:30am 1:30pm x \$49 x \$39 215A 0000E Play the intrepid explorer during this four-hour guided tour of your historic port city of Cartagena via air-conditioned minibus. Enjoy a photo stop at the San Felipe Fortress built by the Spanish in the 17th century for protection against pirates while shipping gold out to Europe. Shop in Las Bovedas (The Dungeons) located in the famous Old City. This walled UNESCO World Heritage site initially built for military purposes is now filled with boutiques where you can purchase handicrafts. Tour the Gold Museum to marvel at the display of valuable pre-Colombian gold artifacts. Your next stop is the majestic San Pedro Claver Church, built in the 17th century, discover a plethora of exquisite statues and oldworld furnishings honoring the missionary Saint Peter Claver, the patron saint of slaves. You will then travel to the Pierino Gallo Shopping Mall which offers a stunning selection of handicrafts, leather and sparkling emeralds - Colombia's native gem. Child Harbor Cruise, Fortress & Shopping: CTG-600 WHS Return Adult Tour ID Depart 600A 9:45am 1:45pm x \$69 x \$49 00 M Note: Not suitable for wheelchairs or those with Witness the city's impressive defenses up close by land and by sea. This tour promises significant difficulties walking. Tour requires getting a unique perspective on days gone by. After a short ride to the dock, you'll board your in and out of the boat and climbing ramps to gain harbor boat for a scenic cruise through the Inner Bay. Your local interpretive guide will access to upper levels of San Felipe Fortress. point out fortifications best seen from the water. After the harbor cruise, you'll drive to the Pierino Gallo Shopping Center for a refreshment break and optional shopping. You'll continue to Castillo de San Felipe de Barajas for a contrasting view from land and a

Spanish Galleon Harbor Cruise: CTG-615

guided tour of this formidable castle.

OE

Cruise Cartagena's historic harbor aboard a replica of an old pirate ship. Your tour begins as you board a Spanish galleon boat at the pier, greeted by a host of pirates who offer you a cold beverage. Sit back and relax for approximately two hours as you cruise around the picturesque harbor, once the site of battles between the Spanish, pirates, and buccaneers. You'll view Castillo de San Felipe de Barajas (Fort San Felipe), the most imposing fortress ever built by any colonial power in the Americas. Several other important colonial buildings and the wall surrounding the "Old City" will also be within sight, Your tour concludes with a brief presentation of Colombian folkloric dances.

our ID	Depart	Return	Adult	Child
615A	9:45am	11:45am	x \$49	x \$39

Note: The walk from the ship's gangway to the boarding area for the tour boat is approximately 300 yards. Bring adequate sun protection.

Special Interests

Old City & Folkloric Show : CTG-200 WHS

00 1

Experience the sights and sounds of Cartagena. Your guided tour starts with a photo stop at Castillo de San Felipe de Barajas fortress. After a short drive, you'll arrive at the Old City. You'll marvel at the well-tended Spanish Colonial buildings and age-old fortifications around every corner, as well as the old church domes, the clock tower, symbol of the city and the city ocean views. You'll walk to San Francisco Javier gun battery for a photo stop, and make your way to San Pedro Claver Church. Next is the Heredia Theater for a folkloric show of music and dance, and a complimentary beverage. Your tour concludes with a shopping stop at Pierino Gallo Shopping Center, noted for its emerald stores, leather goods and coffee.

Tour ID	Depart	Return	Adult	Child	
200A	10:00am	2:00pm	x \$69	x \$49	

Note: For some arrivals, due to local bookings, the folkloric show is performed at Bellas Artes university in a beautiful colonial home instead of the traditional Heredia Theater.

Inquisition Palace, Las Bovedas & Shopping: CTG-325 WHS

460M

The Inquisition Palace and shopping are on your itinerary in this half-day tour. Your first stop is Las Bóvedas, once dungeons, now home to boutiques and tourist shops. Next, you'll visit the famed Old City, a walled city with narrow streets and well-tended Spanish Colonial buildings. You'll stroll to the 18th-century Palacio de la Inquisición, a fine example of colonial architecture, yet an eerie reminder of "dark" days gone by. You'll drive to the modern residential area of Bocagrande, a much-sought-after area with many hotels, shops, restaurants, nightclubs and art galleries. Shopping at Pierino Gallo Shopping Center, noted for its emerald stores, leather goods and coffee, is yours to enjoy, as is a photo opportunity at Castillo de San Felipe de Barajas (Fort San Felipe).

 Tour ID
 Depart
 Return
 Adult
 Child

 325A
 9:45am
 1:00pm
 ___x \$39
 ___x \$29

Note: Tour sequence may vary.

Old City Walking Tour, Las Bovedas & Shopping: CTG-380 WHS

00000 M

Your tour begins with a scenic drive to the Old City, passing old colonial buildings and houses with colorful balconies en route. A brief stop at Castillo de San Felipe de Barajas (Fort of San Felipe) allows for a myriad of photo opportunities. Your next stop is Las Bóvedas, once dungeons, now home to boutiques and tourist shops. After a quick shopping spree, your walking tour begins in the famed Old City. You'll marvel at the well-tended Spanish Colonial buildings and age-old Las Murallas (walls of the city). You'll stroll by the San Pedro Claver Church and through Plaza Bolívar, and cap your day off with a visit to the Modern Art Museum.

Tour ID	Depart	Return	Adult	Child
380A	9:30am	12:30pm	x \$39	x \$29

Note: Bring adequate sun protection.

Activities & Adventures

Mud Bath at El Totumo Volcano & Scenic Drive: CTG-495 WHS

008

Start with a scenic drive, then get "down and dirty" at El Totumo mud volcano. This half-day experience makes for a unique, refreshing outing. Your tour begins with a drive to Castillo de San Felipe de Barajas (Fort of San Felipe), where photo opportunities abound. Next, you'll drive through the Old City and the countryside to El Totumo mud volcano, said to have healing powers. After bathing in the mud, you'll climb out of the pit, scrape as much mud off as you can, and make your way to a nearby freshwater lake to clean up.

Tour ID	Depart	Return	Adult	Child	
495A	9:30am	1:30pm	x \$49	x \$39	

Note: To reach the top of the mud volcano, where the pool of mud is located, requires the negotiation of numerous steep steps. The temperature of the mud is not hot, but it is said that the mud has healing properties; however the truth of this statement is not proven. Wear a swimsuit; bring a towel and adequate sun protection.

Nature & Wildlife

Canoe Tour of Mangrove Tunnels & Old City Stroll: CTG-605 WHST

O M OBP

Nature, wildlife and the Old City come alive on this combination tour. Your tour begins with a scenic drive along the coastline to the rustic town of La Boquilla, the mangrove area located on the eastern side of Cartagena. Here, you'll board a traditional canoe and relax as the captain poles you through the mangrove tunnels and across a shallow lake. This area is rich with waterfowl, so be sure to look for the colorful mangrove crabs and local and season birds. Next, you'll return to the Old City and embark on a walking tour through the colonial town with your guide. Your next stop is Las Bóvedas, once dungeons, now home to boutiques and tourist shops. Shopping for handicrafts and works of art by local artisans is on the itinerary, as is Calle de los Estribos.

Tour ID	Depart	Return	Adult	Child
605A	10:00am	1:00pm	x \$59	x \$49

Note: Tour visits an authentic rustic fishing village where despite not being luxurious, the locals are eager to show their way of life. Due to the type of wood the canoes are made of it is normal to have some water inside. Wear comfortable footwear and bring adequate sun protection and a bottle of water. Wildlife sightings, while common, cannot be guaranteed.

Exploring On Your Own

Colonial City Explorer: CTG-298 WHS

00 1

Part guided, part on your own, this half-day tour gives you a bird's eye view of the Old City. Your tour begins as you board your transportation for a scenic, narrated drive to downtown Cartagena. Upon arriving, you'll be guided along a walk lined with monuments to the former leaders of Colombia. Once inside the walled city, you'll receive a brief overview and map, and guided through the main plaza, Plaza de la Aduana, to Simon Bolivar Square. For approximately two hours, you're free to explore the narrow streets, restored buildings, cafes and shops. Stop at a museum, enjoy a cup of Colombian coffee or stroll along Las Murallas (the walls around the city). After time on your own, you'll meet at the main city entrance where you will re-board your transportation for your return to the ship.

Tour ID	Depart	Return	Adult	Child
298A	9:30am	1:00pm	x \$39	x \$29

Note: Participants should be in good physical condition and be able to easily navigate narrow walkways and uneven pathways and terrain. This tour is not wheelchair accessible. Admission fees to the venues are not included.

Important Information

RESTRICTIONS — Minimum age, height and weight restrictions apply on some tours. Guests 18 years and under cannot participate without a parent or guardian. A few operators may allow an unaccompanied minor on tour if a waiver is signed by the parent or guardian in the operator's presence. Check with the Tour Office to make arrangements.

Child Prices are not available on all tours. Select tours offer children's prices for children under the age of 12 years. Toddlers aged 3 and younger sitting on a parent's lap (not occupying a seat), are not charged for most tours...

PLEASE NOTE: All tours are sold on a non-refundable basis once bookings close (as above). However, we are able to book tours right up until the departure time assuming there is still space available. Please visit us at the Tour Desk or ashore for last-minute bookings. Departure and return times listed on this tour order form are approximate and subject to change without prior notice.

All tours operate rain or shine unless otherwise notified by the tour office.



Cartagena

Port Guide



Founded: Established by the Spanish explorer Madrileño Don Pedro de Heredia in 1533.

Region: Located in the northwestern area of South American, Cartagena sits on the northern coast of Colombia and shares its borders with Venezuela, Brazil, Ecuador, Peru and Panama.

Population: 952,024 (est. 2010).

Climate: Situated so close to the equator, Colombia doesn't have seasons and maintains an average temperature of 82° F.

Language: Spanish.

Some useful words:

Yes.....Si
No....No
Please...Por favor
Thank you...Gracias
Excuse me...Perdón
Good day...Buenos Dias
Goodbye...Adios

Currency: Colombian peso, but the U.S. dollar is widely accepted.

Local cuisine: Try buñuelfffos, which are deep fried corn flour balls with cheese in the dough, and empanadas, made with potato and meat with a pouch-like yellow exterior – both are entirely different from their Mexican counterparts.

Tipping: In most restaurants, a 10% service charge is normally added to your bill.

Explore Cartagena with a Princess Shore Excursion. Visit the Tour Office for more information.



Old town Cartagena

The best of Cartagena

Don't miss out on the top Points of Interest in this port — Book a Princess Excursion and experience them for yourself!

1 Old City

The walled historic center of Cartagena is a UNESCO World Heritage site. Its winding streets lined with Spanish Colonial architecture display colorfully painted buildings, local bars and restaurants.

2 Las Murallas

Considered by many the most impressive city walls in the world, Las Murallas began construction after an attack by Sir Francis Drake at the end of the 16th century.

Castillo de San Felipe de Barajas

Majestically standing guard on a hillside overlooking the city and harbor is Castillo de San Felipe, a fortress built by the Spanish for protection against pirates while shipping gold out to Europe.

Palacio de la Inquisicion

Behind a charming, colonial facade, the palace museum displays instruments of torture from the Spanish Inquisition, pre-Columbian, colonial and independence-era art.

G Cartagena's Cathedral

The cathedral is one of the largest in a series of fortresses with a massive exterior and simple interior. Partially demolished by Sir Francis Drake's cannons, it was completed in 1602.

Museo de Oro y Arqueloguía

Gold and pottery collections of the Tayrona, Calima and Sinú people are on display, as well as panel exhibitions about the Atlantic coast cultures.

Las Bóvedas

Inside the Old City are Las Bóvedas, dungeons initially built for military purposes, now home to boutiques and tourist shops.

La Popa Monastery

The 400-year-old monastery, built on the foundations of a razed Indian temple, sits on a 500-foot hill and affords a panoramic view of the city. Inside, note a statue of the Virgin of Candelaria, credited with delivering the city from the ravages of disease and pirates.

Cartagena

Spanish colonial charms in South America

This vibrant city harbors a fascinating and colorful past, which can be seen along its cobblestone streets, in its Spanish colonial homes with woodbeamed balconies and stone towers, and its impressive salt-bleached stone walls. Your journey here will provide you with a significant link to the region's grand past.

Bounty of the sea

There have been a variety of indigenous peoples living along Cartagena's coastline from the pre-Columbian period including the Caribe warriors. With European expansion into the New World in the 15th century, it was just a matter of time before this coastal region would be discovered. In 1501, while mapping South America, Spanish conquistador Rodrigo de Bastidas sailed into the bay but it wasn't until 1533 that a permanent settlement was established by Don Pedro de Heredia, who named it Cartagena de Indias (pronounced Carta-hay-na).

The town grew rapidly as a shipping center for gold, silver and slaves between the Americas and Spain. Because of the rich cargos, Cartagena became a favorite target of pirates.

After more than 250 years as part of the Spanish Crown, Cartagena declared its independence in 1811, and today enjoys its reputation as a city so rich in history it's been declared a UNESCO World Heritage Site.

Pirates of the Spanish Main

Like many successful Spanish ports, Cartagena was a prime target for English and French pirates. One of the most notorious to venture into Cartagena's beautiful bay was Sir Francis Drake who attacked the city in 1586. After destroying one-quarter of its buildings, including the Cartagena Cathedral, he demanded a ransom – 107,000 Spanish Eight Reales, which, in today's dollars is around \$200 million.

The city recovered but after repeated attacks and severe looting by both British and French invaders Spain decided to pour all its resources (estimated to be around two trillion dollars) into constructing gigantic fortresses, which made Cartagena an impregnable stronghold.

Standing quard

In response to invaders, the Spaniards built huge stonewall fortifications around the city. Declared a UNESCO World Heritage Site for its "eminent example of the military architecture of the 16th, 17th and 18th centuries," Cartagena's fortresses are "the most extensive in the New World and the most complete." This area is comprised of three sections – the Centro, where most of the historic buildings are located; San



Castillo de San Felipe de Barajas

Diego, home to the city's merchant class, and La Matuna, the commercial and financial heart of the city.

In the city's Centro section, you'll find the magnificent fortress known as the Castle of San Felipe de Barajas. Built between 1536 and 1657, it stands as the largest Spanish fort ever built in the New World. A must-see is the tunnel system meant to facilitate supplies and the fortress's evacuation.

Testaments to good and evil

The Inquisition that had gripped Spain during the Middle Ages expanded to all Spanish colonies and territories including Colombia. While churches were built in Cartagena to bless the faithful, "courts" were erected to seek out, try and condemn anyone viewed as a heretic.

The Palacio de la Inquisición appears to be a charming multi-storied structure and the best example of 18th-century colonial Spanish architecture. But behind the ornate stone gateway is a history of misery and torture. During the colonial era, 800 people were condemned to death and executed for crimes of what the Church decreed were "magic, witchcraft and blasphemy." The museum inside displays instruments of torture, as well as pre-Columbia, colonial and independenceera art.

One of the most visited sites in the city is the La Popa Monastery. Sitting atop Cartagena's highest peak, the 17th – century monastery offers spectacular views. The adjoining chapel is dedicated to the Virgen de la Candelaria, the patron saint of Cartagena who is believed to have saved the city from disease and pirates.

Vivid reminders of Spain's hold on Cartagena are easily found around every corner of this city. But it's also a bustling city that, while, embracing its past, is eager to show you to its multi-faceted sides.

™ Did you know?

Precious fact

A whopping 95% of the world's emeralds come from Colombia.

How many countries?

South America has 13 countries.

From sea to shining sea

Colombia is the only South American country with coastlines on both the Pacific Ocean and Caribbean Sea.

What's in a name?

Citizens of Cartagena are called Cartageneros.

Tasty taters

Pre-Colombian civilizations cultivated about 200 varieties of potatoes and Cartageneros know how to prepare them hundreds of different and delicious ways. Two tasty preparations you may like are "papas saladas" (salted potatoes) and "papas chorriadas" (stewed potatoes).

Drink up

Agua de panela is a drink prepared with panela (dried cane juice), and mixed with cinnamon and cloves.

Colombia's national alcoholic beverage, aguardiente, tastes like anise. Around 12% of the world's coffee is produced in Colombia.

Floral fact

Columbia is the second largest fresh cut flower exporter in the world.

Manners matter

Colombians are very formal so be sure to always say "por favor" and "muchas gracias." Also, you may appear rude to Colombians if somebody calls you and you answer with just an "Huh?" The proper response is "Señora?" or "Señor?"

Avoid indicating a person's height by pointing your hand palm down; this gesture is reserved for animals or inanimate objects. If you must, use your palm facing sidewards with the bottom of the hand showing the height.

Eat up

The cuisine of Colombia is as diverse as the culture of Colombia, due to the influences from Spain, Italy and France along with American cuisine, Caribbean influences and the traditional style of the Native Americans.

Name game

The name Colombia was derived from Christopher Columbus. The name underwent few changes until finally, the name Republic of Colombia was adopted in 1886.

Sordid reminder

Cartagena was the center for slave trade during the colony era. Many slaves, after arriving from Africa, would be sold to work in the silver mines of Peru or Panama's sugar-cane plantations. Inside the main entrance of the Old City is the Plaza de los Coches, the original location of the slave market.

You don't say

Only Mexico and Spain have more Spanishspeaking citizens than Colombia.

Extreme ecosystems

Colombia is one of only 17 of the most biodiverse places on earth. The country not only encompasses the Andes Mountains but the Pacific and Caribbean coastlines, tropical grasslands and the Amazon rainforest.

Practical Information

Shore Excursions departures:

Passengers will meet at a specific location. Please refer to your tour ticket and/or the Princess Patter for the place and time. It's always recommended to drink bottled water while in port.

Docking: After a scenic and lengthy approach from the sea and harbor (same route as Sir Francis Drake traveled), your Princess ship docks in a secure, industrial dockyard. There is a modern cruise ship terminal located here, complete with a large souvenir shop, an interesting walk-through emerald exhibit, telephones, and refreshment kiosk.

How to Get to Town: Tour buses park right by the gangway. For independents, there is a complimentary shuttle (or you can safely walk) to the cruise terminal. From the terminal. a brigade of yellow taxis await. Varying degrees of English are spoken. The drive to the walled city takes about 10–15 minutes.

Taxis: Be specific about where you want to go. Confirm fare before departing.

Shopping: The dollar is accepted everywhere. There are two main areas to shop: The recommended stores are mostly located at Pierino Gallo Shopping Center in Bocagrande, the residential and newer part of the city. See an amzing selection of emeralds here. Las Bovedas is loaded with arts & crafts, housed in former jail cells of this historic structure.

Store Hours: Stores are open while ships are in port.

Banks: Hours vary by branch. HSBC Bank in the Old City is open 9:00 am to 12:30pm and 2:30 pm to 4:30pm Monday through Friday

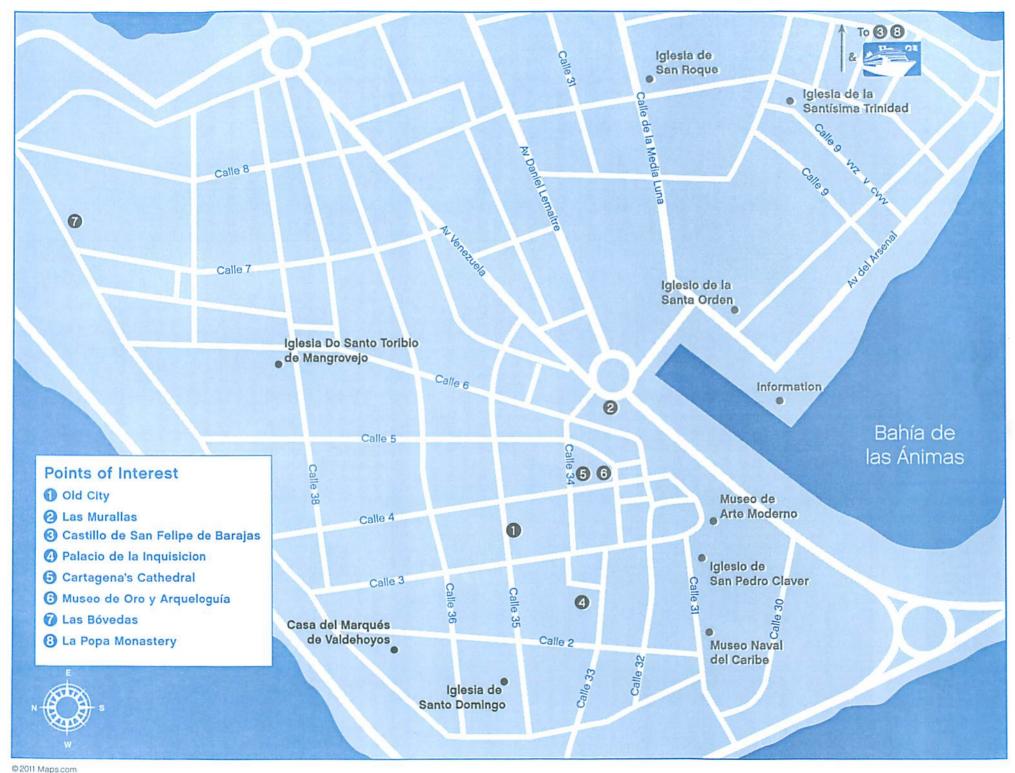
Post Office: Hours are Monday through Friday 9:00 am to 12:00 pm, and 2:00 pm to 4:00 pm.

Time Zone: Eastern Time Zone (UST-5).

Princess Cruises Port Agent:

In case of an emergency while you are ashore, please contact:

Caribbean Shipping Agency (57) 5 665-2785



Shopping Spotlight



Your daily guide to onboard and in port shopping.

Cartagena

From The Desk Of Your Princess Shopping Host



Along the charming cobbled streets of Cartagena's Old City are historic sites including the Cathedral de San Pedro Claver, the

Palace of the Inquisition and San
Felipe de Barajas Castle. You'll also
find a thriving nightlife, excellent
restaurants and interesting museums
all enclosed within the fortified walls.
Buy your love an emerald ring
(Cartagena is known for its duty-free
deals on the brilliant green stone) and
present it in one of many romantic
settings such as a small park or
quaint cafe.

Featured Port Events

Bea, your Princess Shopping Host, will be available at the shops of Pierno Gallo Plaza from 10:30am until 1:30pm. Look for her at the following stores at these times:

Adriana's Jewelry (located downstairs)

11:00am - 11:30am

Be sure to drop by and enter the raffle to win an emerald pendant.

Mr Emerald (located upstairs)

11:30am-12:00pm

See Bea for your VIP cards to guarantee the best price.

Princess Shopping Host
Desk Hours 7:30pm - 8:30pm
Facets Boutique, Deck 6 Midship

Getting around is as easy as 1, 2, 3

- 1) Visit your Princess Shopping Host on the gangway to collect your shopping coupons.
- From the ship, walk to Cartagena de Indias Cruise Ship Terminal to pick up a taxi.
 See Terminal map below for places not to be missed.
- Negotiate a taxi fare before departing. Old Town Cartagena is a 10 minute taxi ride, and
 Plerino Gallo Mall is approximately a 20 minute taxi ride.

Cartagena de Indias Cruise Ship Terminal



A. Emerald Gallery

B. Parrot Emporium

C. Juan Valdéz Coffee Shop

D. Snack bar

E. WiFi Zone

F. Colombia Shopping Village

Adriana's Jewelry
Emeralds International





JOYERIA CESAREO

PIERINO GALLO PLAZA 1ST LEVEL

ADRIANA'S JEWELRY 1

Visit Adriana's for a Real Emerald Experience

- Colombian emeralds, polished and rough emerald stones mounted in 18k gold and silver
- Purchases are fully guaranteed and duty free; United States Service
 Center available
- Pick up a Raffle Ticket for a Drawing: Emerald pendant
- Located on the 1st floor, main corner of Pierino Gallo Mall; 2nd shop at the terminal

EMERALD CENTER 20 25

18K Gold and Silver Jewelry Manufacturers

- · Family business running for more than 35 years
- · Wide selection of exquisite jewelry pieces to fit every budget
- · Certificate of guarantee available with every purchase

JOYERIA CESAREO 3

- Family tradition, jewelry business experience, contacts in the emerald business and amazing selection of emeralds from the most important mines
- All jewelry is manufactured in 18K gold
- Ask for Marzia Cesareo for the best advice on emerald designs and jewelry investments.

Port Shopping Guarantee

Shop with confidence, knowing that all merchants on this map have been carefully selected and each offers a 60-day guarantee to cruise line guests.

If a problem arises after your cruise but within 60 days of the purchase date, please contact the Customer Relations Department at Onboard Media. Shop with confidence, knowing that all merchants on this map have been carefully selected and each offers a 60-day guarantee to cruise line guests.

Onboard Media, Inc. I 1691 Michigan Ave. I Suite 600, Miami Beach, FL 33139 Phone: (800) 396-2999 I Fax: (305) 673-2741 I E-mail: shoppingissues@onboard.com

Hours: Monday - Thursday, 9:00am - 6:00pm; Friday 9:00am - 5:30pm EST

PIERINO GALLO PLAZA 2ND LEVEL

MISTER EMERALD 4

Makes Emerald Shopping "Pressure-Free"

- · Meet Mister Emerald, Lee Miles: Recognized expert with 30 years experience
- Affordable Unique Jewelry: Custom-cut emeralds mounted in his exclusive designs
- · One-year full guarantee; United States Service Center and phone number
- · Mister Emerald takes the discomfort out of "romancing that stone".

GREENFIRE EMERALDS 5

Greenfire, The World Famous Brand of the Emerald

- · Fine 18K gold jewelry, Muzo and Chivor emeralds; Silver jewelry with emeralds
- · No-pressure shopping; English-Spanish speaking staff; GIA gemologist
- Beverages, air conditioning, restrooms, telephones; United States service center
- 30-day guarantee; Credit cards accepted; At Pierino Gallo Plaza second floor

COFFEE AND... 6

Finest Selection of Premium Roast Coffees in Cartagena

- Wide assortment of roasts and flavored ground, whole beans, decaf, espresso, iced coffee
- Colombian chocolates, chocolate covered coffee beans, coffee candies, hot sauces and more
- T-shirts, jewelry, girl's hand-embroidered dresses, hand-rolled
 Colombian and Cuban cigars
- Handcrafts, pre-Colombian reproductions, Christmas decorations, magnets, beer, refreshments

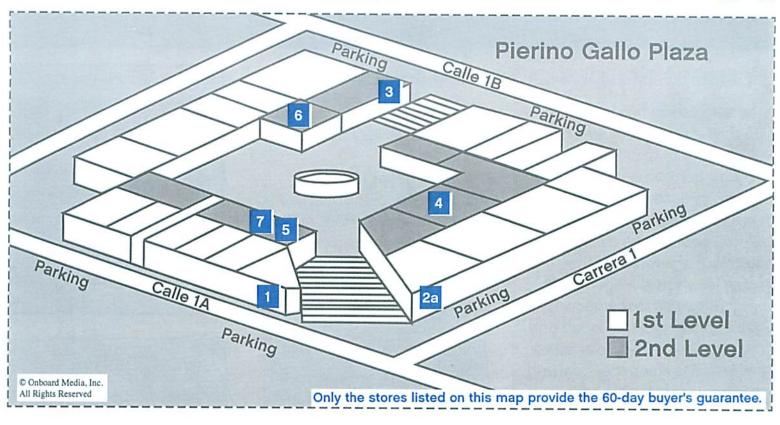
EXOTIC LEATHERS 7

- Natural Leather in All Colors: Exotic leather purses, belts, wallets, bags, key chains, eyeglasses, pen cases
- · Guaranteed with a customer service center in the United States
- · Located on the second floor of Pierino Gallo Plaza, next to Greenfire Emeralds

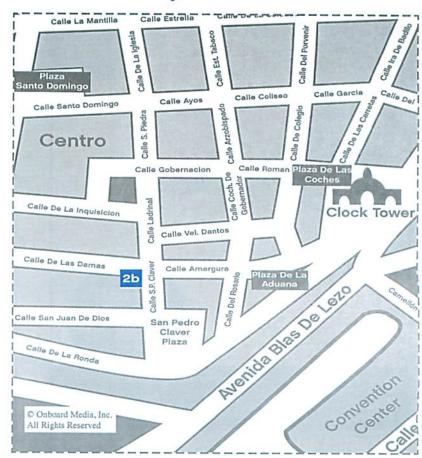
^{*}All participating merchants will repair or replace any unsatisfactory item, except for watches and excluding cases of buyer negligence, buyer's remorse or lost or stolen merchandise. Watches and other branded merchandise will be repaired or replaced by the brand service centers. For purposes of determining quality and value of jewelry, only appraisals ofreplacement value for insurance purposes will be accepted. The appraisal must come from a gem laboratory or an independent graduating gemologist appraiser, not affiliated with jewelry retailing. Valuation comparisons of watches and other branded merchandismust be based on retail prices offered by authorized brand retailers. All returns must be authorized by the merchant. Pleasias ask about individual store return policies before you buy. Merchandise must be inspected immediately by the purchaser upor receipt of items. All references to gemistone carat weight in printed material and/or verball promotions are approximate; actual carat weight can be provided by participating merchants. The port shopping program is operated by Onboard Media, including the provided of the pushing program is operated by Onboard Media, including the stands behind all customer relations claims relating to the guarantee. Participating merchants have paid an advertising fee to Onboard Media for inclusion in this program. If you become aware of a problem during your cruise, please contact the Port and Shopping Concierge onboard for immediate assistance.

Pierino Gallo Plaza





The Old City



Back Onboard Tonight

Princess Shopping Spotlight - Emeralds

The astonishing hue transfixed Dorothy and her companions upon their arrival in Emerald City, and this gemstone continues to sparkle radiantly in colors ranging from yellow-green to blue-green. Even Cleopatra was a fascinated believer in the magic of the emerald, which is judged for its vividness and transparency. The rare trapiche, typically found only in the mines of Colombia, is well known for its star pattern caused by carbon impurities, and is regarded as the highest standard for emeralds.

These precious stones are graded on the four C's: cut, color, clarity and crystal. When viewing with the naked eye, be aware that inclusions are common, due to the stone's non-crystal uniformity.

As a result, emeralds are more likely to be oval in shape, rather than faceted.

To discover more about this traditional May birthstone, see your Princess Shopping Host. After all, you wouldn't want to click your heels for home without the addition of these stones to your wardrobe!

Featured Events:

Fine Jewelry Silent Auction

Learn how to place your bid on our private collection of Fine Jewelry.

Sailing - 11:30pm • Facets Boutique • Deck 6

Elizabeth Arden Event Join Mireille, Elizabeth Arden Consultant and enter to win a free gift with purchase of Elizabeth Arden products.

Sailing - 11:30pm • Essence Boutique • Deck 6

Win \$150 Onboard Credit

Redeem any 4 offers
in the Passport to Value
booklet to be
eligible to win.
See staff
for further details
of this exciting program.

INCH OF GOLD & SILVER

Starting at \$0.99 per inch

Save an Extra 15% Off

your purchase of 30" or more.

Lifetime Guarantee

3:00pm-5:30pm • Atrium • Deck 6

Runway at Sea Fashion Show

Join us for the Runway at Sea Fashion Show to get a sneak peek of our latest collection.

3:45pm • Universe Lounge, Deck 6 Aft Enter to win a featured item!

Fine Jewelry Silent Auction

Diamonds, Rubies, Sapphires and More!

Sailing-11:30pm · Facets, Deck 6





Top Points of Interest

Fuerte Amador

Shore Excursion Order Form

Thursday 3rd May 2012

Top Points	of Interest		Pass	enger	Informat	ion	
Panama Viejo / Casco Viejo	5 Embera Indian Village	Name					
2 Canal Locks	3 Reprosa & Museum	Deck/statero	om numl	oer			
3 Panama Canal Transit	Panama Canal Railway	Signature					
Cruise Gatun Lake	3 Aerial Tram and Soberania	Charge each	person in	statero	om separa	tely?	Yes
Activity Levels	Badges	Place form in					
Easy	MP Most Popular	each participant Conditions, which	agrees to affect each	be bound participan	l by all Prin t's legal rights	cess Cruises	s Terms and
M Moderate	Connoisseur	Princess Cruises Terms and Conditions below. Terms and Conditions: In selling shore excursions and other activities, Prin Cruises acts only as an agent for independent tour operators. Participation shore excursions shall be conclusive evidence of your acceptance of the Teand Conditions set forth in the cruise ticket passage contract, the shore excurt our ticket and other documents, including the independent tour operator's Terms and Conditions, which expressly release Princess Cruises and the operator from any liability for participation and otherwise affect each participation.					
	KF Kid-Friendly				of the Terms		
S Strenuous	OBP Off the Beaten Path				perator's own		
Wheelchair Access	WHS World Heritage Site				h participant's		
Meal Snack	Shopping Audio	Featured on Reflections DVD		Closin			ellations 112, 11am
	Sightseeing	g & City Tours					
Scenic Drive & Walking Tour	r of 'Old Panama City': PA6-1	00 MP WHS	Tour ID	Depart	Return	Adult	Child
1 M			100A	8:30am	12:30pm	x \$69	x \$49
that highlights the country's glorious is where the main city originally stoc buccaneer Sir Henry Morgan in 1671 of the structures, and the old cather buildings remaining. A photo opport be missed. Then, visit charming Cas Wander through the French Plaza, p for superlative view of Panama City.	significance of ancient Panama on a se beginnings and tragic past. La Viejond until destroyed by a band of pirate. An architectural richness is still evid dral is considered one of the most stunity at the National Theater of Panasco Antiguo, an old colonial city foun shotograph the monuments and clim Stroll by Cathedral Square to admired dential House and the golden altar inches.	o (Old Panama) es under dent in many triking of all ama should not ded in 1673. b the walkway e the cathedral's	100B	1:00pm	5:00pm	x \$69	x \$49

At Anchor: 8:00am - 6:00pm

Miraflores Locks & Old Canal Zone Scenic Drive: PA6-115

Notes: The Santo Domingo Church may not always be accessible to view the Golden



Enjoy an in-depth view of the Panama Canal and the United States military bases that once occupied the area. Board your transportation for a short drive along the Amador Causeway to the Miraflores Locks. The Miraflores Locks, located on the Pacific side of the Panama Canal, have two chambers. View a brief film at the visitor's station and take in the views from the balconies, which make ideal vantage points for photo taking. Reboard your transportation for a scenic drive through Fort Clayton, the Army base that once housed the Southern Command Headquarters, Experience a unique opportunity to see how the U.S. Army troops lived during their stay in Panama. Your tour takes you past the City of Knowledge and through portions of Albrook Air Force Base. See the tender dock and pass by the community of Balboa, the main area where workers and important buildings were located during the canal's construction.

Notes: Ship sightings in the locks are not guaranteed. A bottle of water is provided.

Tour ID	Depart	Return	Adult	Child	
115A	8:30am	12:30pm	x \$59	x \$39	
115B	1:00pm	5:00pm	x \$59	x \$39	

Sightseeing & City Tours (Con't)

Panama Canal Railway (Dome Car): PA6-170





This ultimate Panama Canal experience combines two of the area's most renowned sights. Travel the hemisphere's first transcontinental railroad, built in 1855, and see the canal in style from a deluxe, domed railway car. The Panama Canal Railway is one of the great train rides of the world. Along with its colorful history, the railroad follows a picturesque path across the Isthmus of Panama. Portions of the line flanks the Panama Canal, passing through lush rainforests, cruising alongside the Canal's locks, continuing through the historic Gaillard Cut, and gliding over slender causeways in Gatun Lake.

Notes: There are no pre-assigned seats. The train operates in one direction; bus transportation is substituted for the return trip. Tour sequence may vary. Ship sightings are not guaranteed. The Observation Car has a glass dome viewing area. Includes approx. 2.5hrs during which only the bus' restrooms will be available.

Tour ID Depart 170A 9:00am

Return 2:30pm Adult

\$189 \$149 SOLD OUT

Child

Panama Canal Railway: PA6-175





This ultimate Panama Canal experience combines two of the area's most renowned sights. Travel the hemisphere's first transcontinental railroad, built in 1855, and see the canal from a renovated train car. The Panama Canal Railway is one of the great train rides of the world. Along with its colorful history, the railroad follows a picturesque path across the Isthmus of Panama. Portions of the line flanks the Panama Canal, passing through lush rainforests, cruising alongside the Canal's locks, continuing through the historic Gaillard Cut, and gliding over slender causeways in Gatun Lake.

Notes: There are no pre-assigned seats. The train operates in one direction; bus transportation is substituted for the return trip. Tour sequence may vary. Ship sightings are not guaranteed. Includes approx. 2.5hrs during which only the bus' restrooms will be available.

Tour ID	Depart	Return	Adult	Child
175A	9:00am	2:30pm	x \$149	x \$99

Nature & Wildlife

Panama's Rainforest Aerial Tram: PA6-350 MPC OBPC





The lush Gamboa Rainforest comes to life as you soar over the treetops in a unique aerial tram ride. The Swiss-engineered tram traverses a mile-long tract of Humid Forest that lies within the Gamboa Rainforest boundaries. Ascending 280 feet, over half a mile, it ends atop a hill where an observation tower offers superlative views. A nature guide accompanies you on you ride among the treetops, and shares information and history about the area as you take in the vast richness of the forest and the abundance of wildlife that calls the rainforest home. When you reach the top station, an optional short walk brings you to the observation tower. From here, breathtaking views of the Canal and the Chagres River as well as the town of Gamboa and the surrounding 55,000 acres of the forested Soberania National Park can be seen.

Notes: Wear loose, comfortable clothing and sturdy walking shoes. Bring a hat, rain gear, camera and binoculars. Wildlife sightings, while common, cannot be guaranteed.

Tour ID	Depart	Return	Adult	Child
350A	8:30am	12:30pm	x \$109	x \$89
350C	1:00pm	5:00pm	x \$109	x \$89

Authentic Embera Indian Village: PA6-398 OBP MP







Travel by dugout canoe deep into the heart of Chagres National Park, home of the Embera Indian Village. A delightful one-hour voyage through the lush rainforest scenery is a wonderful opportunity to get acquainted with your surroundings and to admire the local flora and fauna. When your canoe reaches the Embera Village, the Tribe Chief will come out to greet you. A traditional performance of song and dance welcomes you and immediately displays the warm and inviting nature of the Embera people. Interaction with the natives is encouraged and is a wonderful way to learn firsthand about their culture. Make sure to browse the shopping area, where exquisite handmade goods are displayed and sold. Before you depart, delight in a light meal of fresh fish and fried plantains provided by the Indians. Re-board the canoe for a trip down the river to your waiting transportation.

Notes: Wildlife sightings are not guaranteed. Embarking and disembarking dugout canoes requires dexterity and flexibility. The landing is a rudimentary put-in point with no handrails or steps. Reaching the village requires climbing an incline; a handrail is available and a guide assists passengers. The Embera people wear minimal clothing; women do not cover their breasts. The Embera have beautiful and unique handmade souvenirs for sale. Please bring small bills. Facilities throughout the tour are very basic; at the Embera Village only latrines are available.

Tour ID	Depart	Return	Adult	Child
398A	8:30am	2:30pm	x \$99	x \$79

Nature & Wildlife (Con't)

Monkey & Wildlife Nature Cruise on Gatun Lake: PA6-610



Board your air-conditioned transportation and drive to the Gamboa Rainforest Resort located at the mouth of the Chagres River. Here, you'll meet your tour boat for a cruise through the canal and the labyrinth of jungle-covered islands located in Gatun Lake. Your naturist guide will orient you to the area, discuss the flora and fauna, and help you to spot the animals. The main attraction is of course Monkey Island and the adorable creatures that inhabit the area. Listen for the loud call of the Howler Monkey and delight in the friendly white-faced capuchin monkeys, the most likely to greet you. Your guide may coax them out with a piece of fruit. The area teems with wildlife so keep your camera ready to capture all the wildlife action. On your return to the dock, you'll pass the Panama Canal at water level. This intimate view of the Gatun Lake canal system is something only a small boat experience can provide.

Notes: Wildlife sightings, while common, are not guaranteed as this is not a zoo. Bring adequate sun protection. Binoculars and a camera with telephoto lens are recommended.

Tour ID	Depart	Return	Adult	Child
610A	8:30am	1:30pm	x \$99	x \$79
610B	12:00pm	5:30pm	x \$99	x \$79

Activities & Adventures

Gatun Lake Cruise & locks: PA6-600







Leave your ship and head to the shores of Gatun Lake. Board your tour boat for a one-hour-and-30-minute eco-cruise on Gatun Lake. Gatun Lake is a large artificial lake situated in the Republic of Panama; it forms a major part of the Panama Canal, carrying ships during their transit across the Isthmus of Panama. Glide past lush rainforest to a secluded region of the lake and witness first-hand the splendor and excitement of the jungle. Exotic birds, monkeys, sloths, iguanas, and crocodiles are just a few of the animals that you may see in their native surroundings. The Panama Canal rainforests span 50,000 acres of pristine jungle, hosting an incredible 105 species of mammals, 525 species of birds and 124 species of reptiles and amphibians. After exploring the lake, board your air-conditioned transportation and head to the Gatun Locks. Spend approximately one hour observing the locks in operation. Your guide explains the engineering feat required to move ships over a continental divide that separates two oceans.

Notes: This tour is not recommended for passengers with physical disabilities. Involves 78 steps to access the upper level of the observation deck; there are no steps to access the lower level. Ship sightings in the locks and wildlife sightings on the eco-cruise, while common, cannot be guaranteed. Tour sequence may vary. A snack and bottled water is provided.

Tour ID	Depart	Return	Adult	Child
600A	9:00am	Ca	ncel	ed

Panama Canal and Locks Transit by Boat: PA6-615 MPK







Thrill to an intimate perspective of the Panama Canal on a small watercraft excursion that includes lunch. Sail to the enormous Miraflores Locks, the first system encountered by ships when they enter from the Pacific side. When your boat is inside, you will have the awesome experience of being raised 56 feet. Once the gates open, continue into Miraflores Lake and proceed to the Pedro Miguel Locks. This time you are raised 28 feet to enter Gatun Lake, one of the largest manmade lakes in the word. Your ferry then crosses the Continental Divide and travels the Gaillard Cut, the most challenging section of the canal to build. This artificial valley is one of the greatest engineering feats of all time. The water portion of the tour concludes at the headquarters of the Panama Canal dredging division in Gamboa, home to some of the largest floating cranes in the world.

Note: Time on the boat is approximately 4 hours. Rest rooms are not wheelchair accessible. A traditional buffet is served during the voyage. The type of boat used depends on the number of participants and may not necessarily be as pictured.

Tour ID	Depart	Return	Adult	Child
615A	8:30am	2:30pm	x \$129	x \$99

Special Interests

Reprosa & Old Panama Museum: PA6-205 WHS





Delve into the cultural beauty of Panama on this guided tour celebrating its ancient past and artisan traditions. Peruse the ruins of Old Panama, which was founded in 1519 and then destroyed by pirates. Experience the architectural diversity of the ruins of churches, colonial palaces, bridges, and military buildings. Visit the Old Panama Museum, newly erected to highlight archeological finds of the pre-Hispanic and Colonial era. The museum has a lovely collection of artifacts, paintings, and photos to enhance your appreciation of Old Panama. Next, visit Panama's renowned handicraft boutique and showroom, Reprosa. Since 1975 Reprosa has been dedicated to the promotion of Panama's history, cultural traditions, ecological beauty, and ethnic diversity. So exquisite is the detailed work that the shop was exclusively commissioned to reproduce pre-Columbian artifacts from the National Museum of Anthropology. Tour the workshop and visit the spectacular showroom with beautiful jewelry priced for every budget.

Notes: Tour sequence may vary. There are approximately a dozen steps to climb to reach a catwalk which overlooks the workshop area. This tour is not wheelchair accessible.

Tour ID	Depart	Return	Adult	Child
205A	8:30am	12:30pm	x \$59	x \$49

Important Information

RESTRICTIONS - Minimum age, height and weight restrictions apply on some tours. Guests 18 years and under cannot participate without a parent or quardian. A few operators may allow an unaccompanied minor on tour if a waiver is signed by the parent or guardian in the operator's presence. Check with the Tour Office to make arrangements.

Child Prices are not available on all tours. Select tours offer children's prices for children under the age of 12 years. Toddlers aged 3 and younger sitting on a parent's lap (not occupying a seat), are not charged for most tours.

PLEASE NOTE: All tours are sold on a non-refundable basis once bookings close (as above). However, we are able to book tours right up until the departure time assuming there is still space available. Please visit us at the Tour Desk or ashore for last-minute bookings. Departure and return times listed on this tour order form are approximate and subject to change without prior notice.

IIMPORTANT: Tours meeting onboard the ship are set approximately 45mins prior to tour departure time to accommodate the tender process.



Fuerte Amador

Port Guide



Founded: August 15, 1519, by the Spanish conquistador Pedro Arias de Avila.

Region: Fuerte Amador is an artificial Peninsula jutting into the Pacific that connects three small islands to the mainland. It is separated from Panama City by Ancon Hill.

Population (Panama City and Amador): 880,691 (est. 2010) Panama City. Metro area is approximately 1.2 million.

Climate: Situated just a few degrees above the equator, Panama's temperatures vary little from month to month. A tropical climate, Panama experiences daytime temperatures from 80° to 90° F. The rainy season occurs April through December, but showers are often followed by sunshine.

Language: Spanish, although English is a strong second language.

Some useful words:

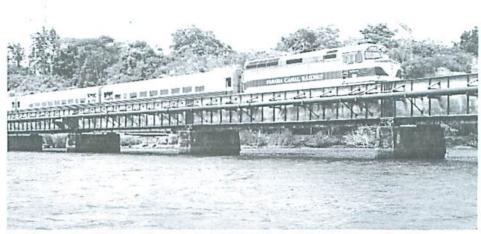
Yes	Sí
No	.No
Please	Por Favor
Thank you	
Excuse me	Perdón
Good day	Buenos dias

Currency: U.S. dollar.

Local cuisine: A true melting pot, everything from French and Italian to Chinese and Middle Eastern is available, and Panama's location makes it the perfect place to enjoy seafood from both the Atlantic and the Pacific Oceans.

Tipping: Suggested tipping is 15-20% for good service.

Explore Panama with a Princess Shore Excursion. Visit the Tour Office for more information.



The Panama Canal Railway takes you on a scenic ride along the canal across the isthmus.

The best of Fuerte Amador

Don't miss out on the top Points of Interest in this port — Book a Princess Excursion and experience them for yourself!

1 Panama Viejo / Casco Viejo

Central America's historic and cultural roots are celebrated and displayed in Panama's oldest settlements, where exceptional museums, archeological ruins, and Colonial streets, churches, and monuments tell the story of the city's tragic past.

2 Canal Locks

On the Atlantic side, the three chambers of the Gatun Locks raise ships 87 feet above sea level, while the Miraflores Locks transfer 26 million gallons of water in under seven minutes at its Pacific end.

Panama Canal transit

Experience the thrill of canal transit and the intricacy of the lock's system firsthand as your vessel is lifted over 85 feet above sea level, from one body of water to the next.

(A) Cruise Gatun Lake

A jungle boat excursion through the dense rainforest highlights the abundance of exotic wildlife and breathtaking scenery found along this vital waterway, a key component of the Panama Canal's intricate system.

6 Embera Indian Village

Experience traditional Embera hospitality when you are invited into a world of ancient ritual, native culture, and timeless wonder.

Watch a ceremonial dance routine, explore the unspoiled grounds, and marvel at the exquisite handmade crafts.

(6) Reprosa and Museum

Panama's ancient civilizations, cultural traditions and natural treasures come to life in gold and silver. See how the pre-Hispanic masterpieces are made by the same method as the ancient goldsmiths. So exquisite is the detailed work that the shop was exclusively commissioned to reproduce pre-Columbian artifacts from the National Museum of Anthropology.

Panama Canal Railway

Ride the world's first transcontinental railway. Luxurious passenger accommodations afford travelers a one-of-a-kind opportunity to experience Panama's rainforest setting along the historic route originally built in 1855 during the heyday of the California gold rush.

3 Aerial Tram and Soberania National Park

Nestled within the vast Soberania National Park, an aerial tram soars over the Gamboa rainforest, a jungle paradise and complex ecological system that showcases some of the most spectacular vegetation and wildlife in the world.

Fuerte Amador

Unlock the secrets of Panama's historic region

Situated on the Pacific entrance to the Panama Canal, Fuerte Amador is a beautiful, man-made peninsula connecting four small islands. Restaurants and shops adorn its marina, and a sparkling skyline beckons you to lively Panama City. Steeped in culture, history and ecological wonders, the region is a joy to explore and truly embodies the spirit and ingenuity of its world-famous masterpiece – the Panama Canal.

Discover the canal

A must-see destination on every traveler's list, the Panama Canal opened in 1914, fulfilling a dream 400 years in the making. The 51-mile route cuts through sheer granite and dense jungle, creating a vital trade route linking the Atlantic and Pacific Oceans. More than 1 million ships have traveled through the canal's intricate lock system, one of the most challenging engineering projects ever undertaken.

The Miraflores Locks are the first system encountered on the Pacific side of the canal, the largest and tallest due to the fluctuation in the Pacific Ocean tides. Here, boats rise over 56 feet in a mere seven minutes, and more than 26 million gallons of water are transferred during the process.

The Pedro Miguel Locks, also observable from the Pacific side, have a single flight. Vessels are buoyed 28 feet, enabling them to gain entry to spectacular Gatun Lake. Surrounded by abundant flora and fauna, this man-made lake is one of the largest in the world and a key part of the Panama Canal's ecosystem. Gatun Locks on the Atlantic side feature three steps raising or lowering ships 85 feet.

Explore in style

An eco-cruise along tranquil Gatun Lake takes you through verdant islands that are home to an abundance of wildlife and the famed Monkey Island, named for its playful inhabitants. The two species most often seen are the howler monkey and the capuchin monkey, equally adorable and mischievous.

Extraordinary scenery flanks the Panama Canal, and thrilling views can be captured aboard the historic Panama Canal Railroad. Originally built in 1855, it was the first transcontinental railroad ever constructed. It follows a picturesque path across the Isthmus of Panama, past the canal's locks, magnificent Gaillard Cut, and the slender causeways in Gatun Lake.

Prefer a bird's eye view of this incredible landscape? Climb aboard an aerial tram ride that takes you 280 feet above the rainforest floor. A naturalist accompanies guests on this scenic journey, and a stop at the observation tower affords splendid views of Soberania National Park.



Panama Canal locks

Established in 1980, Soberania National Park borders much of the eastern side of the canal. Home to 105 species of mammals and over 525 different species of birds, the Camino de Cruces that crosses through the park is an actual road that the Spanish used to transport gold overland from the Pacific to their ships in the Caribbean.

Stroll through history

It was on Panamanian soil that Spain founded its first city on solid ground. Panama la Vieja (Old Panama) grew rapidly from its establishment in 1519. It maintained a position as chief post of the Pacific, and through it passed treasures from the mines of Peru and the pearl fisheries in the Bay of Panama. Although the city survived a series of devastating fires, it was ultimately destroyed by pirates lead by buccaneer Sir Henry Morgan.

Casco Viejo replaced the city in the same year, and although the location had changed, it preserved the original street plan. The architecture is an unusual mixture of Spanish, French and early American styles, and the Colonial-era center is a UNESCO World Heritage Site. This charming district is home to several monuments and museums and is wisely protected by a sea wall erected to guard against pirate attacks. A stroll atop this wall affords breathtaking Pacific Ocean views.

Cultural expression

To really experience the origins of Panama, travel further back in time and into the jungles of Chagres, where a traditional Embera Indian Village waits to be discovered. The Embera are an indigenous tribe, and daily life here is much as it was centuries ago. Tribal members welcome you to their authentic homes, and proudly display their original handicrafts.

Panama City uniquely blends natural splendor and a strong cultural history with one of the greatest man-made marvels of concrete and steel. Yet this diverging heritage produces adventure, excitement and beauty to those who visit its shores.

™ Did you know?

Building blocks

The most expansive man-made project ever undertaken was the construction of the Panama Canal. It took more than 34 years to complete and cost the lives of over 25,000 people, who died from either tropical diseases or landslides.

Looking back

This port actually existed once before, but was destroyed hastily in 1671 when the newer city of Casco Antiguo was built (a UNESCO World Heritage Site today).

Get lost

In Panama City, most of the residential streets either have no name or three different ones! Some say this is the reason that Panama City never developed a postal delivery system. Residents have post office boxes, called apartados.

Mark your calendar

The anniversary of the opening of the Panama Canal on August 15, 1914, coincides with the anniversary of the founding of Old Panama on August 15, 1519.

Hats off

The Panama hat isn't made in Panama at all. It originated in Ecuador but was worn by the balding Ferdinand de Lesseps during the building of the canal. They were then imported from Ecuador to be used by the thousands of canal workers to protect them from the intense tropical sun.

Colorful canvas

The Canal Administration Building was built in 1914. Four magnificent murals depicting the heroism exhibited during the building of the canal surround its beautiful glass cupola. They were painted by William B. Van Ingen, who also did murals for the U.S. Mint in Philadelphia and the Library of Congress in Washington.

Sno-Cone

Panamanians love snow cones, known as raspadors. Vendors scrape shavings of ice into a cone and add a dash of fruit flavors and a squirt of condensed milk or honey. Refreshing!

First transit

The cargo ship *Ancon* was the first vessel to pass through the Panama Canal on August 15, 1914. By using the canal, 7,800 miles is cut off a journey from New York to San Francisco.

Souvenir shopping

Replicas of huacas, traditional objects made before the arrival of the Spanish, convey spiritual meaning and are popular mementos from Panama. They can be purchased in various materials from clay to gold.

Tweet!

Pipeline Road is a superstar among the Audubon Society. In just one day in 1996, 525 species of birds were recorded!

Tropical studies

What began as a small field station in the Panama Canal Zone in 1923 has developed into The Smithsonian Tropical Research Institution, one of the leading research centers in the world specializing in biological diversity and visited by 1,000 scientists from around the world each year.

Practical Information

Shore Excursion departures: Passengers will meet at a specific location. Please refer to your tour ticket and/or the Princess Patter for the place and time. It's always recommended that you drink bottled water while in port.

Going Ashore: This is an anchorage port. Passengers are tendered ashore to the Amador Marina, which offers a pleasant collection of shops and restaurants. This is a popular destination for anyone visiting Panama City. Panama City is clearly visible across the bay.

How to get to town: Fuerte Amador is a self-contained community. Panama City is about a 20 minute taxi ride.

Taxis: Available at the Amador Marina

Beaches: There are no beaches nearby.

Shopping: There is shopping available at the Amador Marina. The mola is a popular souvenir of Panama, which is colorful

embroidery and part of the traditional dress of Kuna Indian women.

Banks: Panama is the largest international banking center next to Switzerland.
All banks are open at least until 3:00 pm. Wearing shorts or flip/flops is not permitted in some banks.

Post Office: Hours are 7:00 am to 5:45 pm Monday through Friday. Saturday hours are 7:00 am to 4:45 pm.

Time Zone: Central Standard Time

Princess Cruises Port Agent: In case of an emergency while you are in port, contact:

Norton Lilly International (Panama), S.A. (507) 269-1613 (507) 431-4515 (after hours)







Puntarenas

Port Guide



Founded: Costa Rica was discovered by Christopher Columbus in 1502 on his fourth and final voyage to the New World.

Region: Located south of Nicaragua and north of Panama, bordering the Caribbean Sea and the Pacific Ocean.

Population: The Puntarenas peninsula has about 14,000 people (est. 2011).

Climate: Costa Rica enjoys an average temperature of 82° F. September and October are the wettest months of the year while January through March are the driest months.

Language: Spanish

Some useful words:

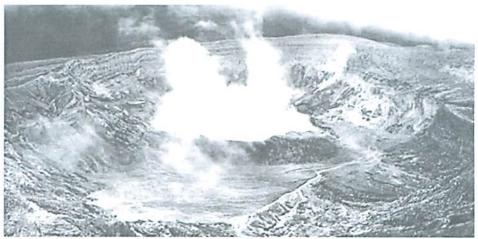
Yes	Si
No	
Please	Por favor
Thank you	Gracias
Excuse me	Perdón
Good day	Buenos Dias
Goodbye	Adios

Currency: Costa Rican Colon (CRC), but the U.S. dollar is widely accepted.

Local cuisine: Try the national dish of Costa Rica, which is "gallo pinto," rice and beans fried together with onions, peppers, cilantro and more.

Tipping: A 10% service charge is automatically added to your restaurant bill plus an additional 13% sales tax; however, if service is exceptional you can leave an extra 5%.

Explore Costa Rica with a Princess Shore Excursion. Visit the Tour Office for more information.



Poás Volcano Center

The best of Puntarenas

Don't miss out on the top Points of Interest near this port — Book a Princess Excursion and experience them for yourself!

1 San Jose & National Theater

Costa Rica's vibrant capital city is home to the Gold Museum, the spectacular Metropolitan Cathedral, the historic National Museum (the scene of fighting during the 1948 civil war), and the National Theater, considered to be the country's most beautiful building.

River Cruises

Costa Rica's river cruises glide through the tropical mangroves where crocodiles, lizards and waterfowl roam, but the Corobici River is a prime waterway for a laid-back river raft float.

Coffee Plantation

Coffee production has always played a key role in the country's history and is important for the economy. Tour a sprawling plantation to discover how coffee is produced, from bean to cup.

Poás Volcano

The Poás Volcano, Costa Rica's natural wonder, sits at 8,880 feet above sea level. It is one of the few active craters in the Americas, and is famed for its geyser-like eruptions of gas and ash.

(3) Sarchi

Sarchi, a friendly rural village, is famous for its talented local artists who paint and decorate traditional oxcarts in intricate, vivid designs. It is also home to the largest oxcart in the world.

6 Costa Rica Rainforest

From the misty treetops of the Monteverde Cloud Forest to the brilliantly-colored scarlet macaws who call Carara National Park their home, Costa Rica's lush rainforests are full of intrigue.

Arenal Volcano/Thermal Springs

Set near glorious Lake Arenal, this incredible volcano is one of the ten most active volcanoes in the world, and is also famous for its natural mineral hot springs and exuberant vegetation.

Rainforest Aerial Tram

Costa Rica's incredible Rainforest Aerial Tram offers an intimate ride above the treetops and past numerous waterfalls while a knowledgeable naturalist guide points out highlights along the way.

Puntarenas

Tropical beauty

The capital and most populous city of Puntarenas province, the city of Puntarenas itself is a relaxing destination brimming with local fl avor. And yet, beyond the city's immediate borders lies a world of lush rainforests, endangered species and exciting outdoor adventures just waiting for you.

Coffee is king

Discovered by Columbus in 1502 and named "Rich Coast" on his fourth and final voyage to the New World, Costa Rica never lived up to the promise of gold or other riches like its neighboring Spanish colonies. Puntarenas remained a sleepy village until coffee production in the late 18th century transformed the Costa Rican economy. By the 1850's, coffee had surpassed cacao, tobacco and sugar as the country's number one export and Puntarenas' port became a thriving business.

After gaining its independence from Spain in 1821, the country was plunged into a civil war, followed by consistent political stability. Compared to many of its Latin American neighbors, Costa Rica has enjoyed almost six decades of peace.

High flying sports

A great way to grab a bird's-eye-view of the rainforest is from the treetops. Whether you prefer to zip, glide, hike or ride, there are many excursions that will get your heart pumping.

At the Rainforest Adventure Park, you can glide past giant trees, hanging gardens and waterfalls from the comfort of an open-air gondola.

For those who enjoy zipping through the treetops, there are zipline canopy tours at Mahogany Park. This private reserve boasts Costa Rica's last remaining mahogany trees, as well as monkeys, lush vegetation and colorful birds. Want to connect with nature at a slower pace? About 150 scarlet macaws nest and feed throughout the reserve and are easily spotted. The park is also home to white tail deer, armadillos and crocodiles.

Look carefully and you may catch a glimpse of one of these beautiful and endangered parrots. One of the most spectacular sights is witnessing these colorful creatures flying through the sky around dawn and dusk on their way to and from the wet forest and the mangrove swamps where they roost each evening.

Cool clouds and hot rocks

A world above Puntarenas and out in the remote jungle are some of Costa's Rica's most fascinating and natural treasures.

Located in the Central Highlands of Costa Rica, close to San



A friendly Costa Rican rainforest inhabitant, as seen along the Tarcoles River.

Jose, sits the imposing Poás Volcano. Rising over 8,800 feet, Poás hovers in a dense cloud forest. On clear days, the views of the Pacific and Atlantic coasts are breathtaking. Although the last major eruption was in 1910, the volcano remains steadily active with smoldering sulfuric pools and geysers exploding into the air, some reaching up as high as 820 feet.

Arenal is Costa Rica's best-known volcano and for the past fifty years, it was the country's most active. After nearly 400 of years of inactivity, Arenal erupted in 1968 and buried a five square mile area in rocks, lava and ash and in 2010, it entered into a resting phase. Thanks to geothermal activity beneath Arenal, the area surrounding the volcano is home to a number of hot springs.

Ever wonder what it feels like to ride among the clouds? Then a train ride through Monteverde Cloud Forest Reserve is a must-see. Rising almost 5,000 feet, the Reserve is enveloped within a grey mist around the upper canopy of the forest. With 118 inches of rain annually, the Reserve is a wonderland of beautiful orchids, lush ferns, meandering vines, and plush mosses. The brilliant green and red Quetzal are just one among 400 species of birds that call this bucolic setting home.

With miles of untamed jungle, volcanoes, cloud forests, jaw-dropping scenery and natural phenomena ahead of you, it's little wonder that the tropical beauty of Costa Rica will capture your imagination and steal your heart.

Shopping Spotlight



Your daily guide to onboard and in port shopping.

Puntarenas

From The Desk Of Your Princess Shopping Host



Costa Rica is a land of great variety: Majestic mountains rainforests and whitesand coastlines all share space here. The rainforests of Villa

Blanca and the Carara Biolgical
Reserve offer thrilling views of wildlife
such as howler monkeys and
hummingbirds. Don't leave Puntarenas
without a supply of the rich, aromatic
coffee for which Costa Rica is
so famous. The easiest way to take
home the taste of Costa Rica is to have
Cafe Britt shipped directly to your
home. Pick up an order form from
Passenger Services and return to Bea
before the end of the cruise.

Happy shopping! Bea Kessler

Princess Shopping Host Watch Channel 39 Facets Boutique, Deck 6 Midship

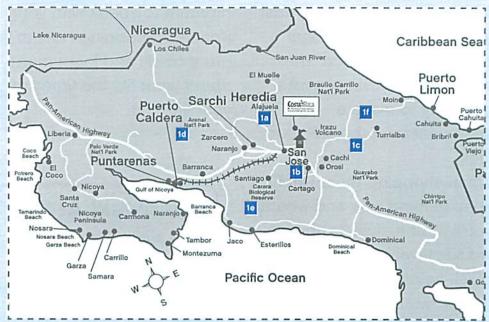
Port Shopping Guarantee

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If a problem arises after your cruise but within 60 days of the purchase date, please contact the Customer Relations Department at Onboard Media. Shop with confidence, knowing that all merchants on this map have been carefully selected and each offers a 60-day guarantee to cruise line guests.

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Costa Rica





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Café Britt Plantation 1a

International Airport 15

Rain Forest Aerial Tram (Atlantic) 10

Tabacon Hotel 1d

Rain Forest Aerial Tram (Pacific) 10

La Paz Waterfall Gardens

* All participating merchants will repair or replace any unsatisfactory item, except for watches and excluding cases of buyer's negligence, buyer's remorse or lost or stolen merchandise. Watches and other branded merchandise will be repaired or replaced by the brand service centers. For purposes of determining quality and value of jewelry, only appraisals ofreplacement value for insurance purposes will be accepted. The appraisal must come from a gem laboratory or an independent graduate gemologist appraiser, not affiliated with jewelry retailing. Valuation comparisons of watches and other branded merchandise must be based on retail prices offered by authorized brand retailers. All returns must be authorized by the merchant. Please ask about individual store return policies before you buy. Merchandise must be inspected immediately by the purchaser upon receipt of items. All references to gemstone carat weight in printed material and/or verbal promotions are approximate; actual carat weight can be provided by participating merchants. The port shopping program is operated by Onboard Media, Inc., which stands behind all customer relations claims relating to the guarantee. Participating merchants have paid an advertising fee to Onboard Media for inclusion in this program. If you become aware of a problem during your cruise, please contact the Port and Shopping Concierge onboard for immediate assistance.

Back Onboard Tonight

Watches

The Island Princess is the perfect place to explore a new adornment for your wrist in the form of a functional and stylish timepiece. The wristwatch is a simple yet bold way to make a statement or complete your look.

When shopping for a watch, keep in mind how and where you'll wear it. Just as you wouldn't wear sneakers to a black-tie affair, neither would a sport watch fit at a wedding. With a wardrobe of watches, you're prepared for any event, whether it's a dinner date or a business

meeting.

Craftsmanship is key. Take a moment to speak with your Princess Shopping Host to find great deals and learn more about what fits the times of your life.

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- Save an Extra 15% Off \$250 or more
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Save an extra 10% off

any Crislu cubic zirconia purchase of \$150 or more with your Passport to Value coupon

Meridian Bay · Deck 6

Did you know?

Hot stuff

Costa Rica is home to a great number of volcanoes – there are more than 121 volcanic formations and six of them are active. The Poás Volcano has the second widest crater in the world (nearly one mile in diameter).

Crazy for caffeine

Costa Rica became the first Central American country to grow and export coffee and bananas.

Park pride

At 11,600 acres, Carara National Park is 14 times larger than New York's Central Park.

Ever-lasting parrots

The Scarlet Macaw can live up to 50 years in captivity, although a more typical lifespan is 30 to 40 years.

Size doesn't matter

At a little over 19,729 square miles, Costa Rica is slightly smaller than West Virginia.

Age-old mystery

The greatest of the Costa Rican pre-Columbian mysteries comes from the southern part of Puntarenas province, near the towns of Palmar Norte and Palmar Sur, where hundreds of large stone spheres have been found. The largest of these granite boulders measures a little over eight feet in diameter and weighs 28,600 pounds. Many, however, are not much larger than bowling balls. How these nearly perfectly spherical stones were shaped with such precision is still a matter of speculation, as well as to why and how they were used by the region's indigenous inhabitants.

Namesake

Costa Ricans refer to themselves as "ticos" (males) or "ticas" (females).

For the birds

The Guacalillo Estuary and the Tárcoles River on the Central Pacific Coast has one of the world's largest crocodile colonies, as well as the richest Mangrove Forest on the mid-Pacific Coast, and the most important conservation area for the Scarlet Macaw in the country. Bird watchers will not want to miss the more than 200 species that live in the Guacalillo Mangrove Swamp.

National pride

The guanacaste evergreen is Costa Rica's national tree.

As a tribute to its powerful and melodious call, the clay-colored robin called the

yigüirro is the national bird.

The cattleya skinner, one of the most common orchids is the national flower.

A diverse history

Originally, coffee was brought here by oxcarts for export via a trail through the mountains. It is a traditional fishing village developing for the future. The pier opened in 1998. The town features a collection of businesses primarily for the locals. Away from the port, the region's unspoiled beauty emerges.



Enjoy a ride on the Rainforest Aerial Tram.

Practical Information

Shore Excursion departures: Passengers will meet at a specific location. Please refer to your tour ticket and/or Princess Patter for the place and time. It's always recommended that you drink bottled water while in port.

Docking: Your Princess ship docks at the main pier in Puntarenas.

How to Get to Town: Walk to town. There is a free tram-type shuttle operating from the gangway to the start of the pier in town. The city of San Jose is about 70 miles from Puntarenas. It is recommended to take the ship's tour.

Taxis: A small supply of taxis are available at the pier. Taxis are expensive. Agree on the fare before departing.

Shopping: There are numerous art & crafts stands along the waterfront in town near the pier. For incredible handicraft work, a visit to the artisan town of Sarchi reveals wonderful oxcarts available in every size. Store hours are normally 8:00 am to 6:00 pm Monday through Friday.

Banks: Most banks are open 9:00 am to 3:00 pm Monday through Friday.

Post Office: The post office is open from

8:00 am to 11:30 am and 1:00 pm to 4:00 pm, Monday through Friday.

Time Zone: Central Standard Time

Princess Cruises Port Agent: In case of an emergency while you are ashore, please contact:

Humberto Alvarez (506) 2284-9000 (506) 2228-1783 (after hours)





Puntarenas, Costa Rica

Shore Excursion Order Form

Saturday 5th May 2012

Dock Times: 7:00am - 7:00pm

Top Points of Interest Passenger Information 1 San Jose & National G Sarchi Name Theatre 6 Costa Rica Rainforest Deck/stateroom number___ River Cruises Arenal Volcano/Springs Signature _ Coffee Plantation Rainforest Aerial Tram Charge each person in stateroom separately? Yes Poas Volcano Place form in the drop box at the tour desk on Deck 5. **Activity Levels** Badges Important notice: By signing this order form and/or participating in an activity, each participant agrees to be bound by all Princess Cruises Terms and MP Most Popular Easy Conditions, which affect each participant's legal rights. Please carefully read the Princess Cruises Terms and Conditions below. C Connoisseur Terms and Conditions: In selling shore excursions and other activities, Princess Moderate Cruises acts only as an agent for independent tour operators. Participation in shore excursions shall be conclusive evidence of your acceptance of the Terms KF < Kid-Friendly and Conditions set forth in the cruise ticket passage contract, the shore excursion Strenuous tour ticket and other documents, including the independent tour operator's own OBP (Off the Beaten Path Terms and Conditions, which expressly release Princess Cruises and the tour operator from any liability for participation and otherwise affect each participant's Wheelchair Access World Heritage Site legal rights. PLEASE READ THESE DOCUMENTS PRIOR TO PARTICIPATING. Closing time for cancellations: Featured on Shopping Audio May. 4th, 2012, 11:00am Reflections DVD Nature & Wildlife Rainforest Aerial Tram, Tarcoles River & Lunch MPC Tour ID Depart Return Adult Child 105A 8:00am 6:00pm ___x \$179 x \$129 Your thrilling outdoor adventure begins with an air-conditioned bus ride through the gorgeous Costa Rican countryside before arriving at the Rainforest Aerial Tram. Here, you will board an open-air gondola and meet your English-speaking guide, who will narrate this incredible, silent glide along the top of the canopy. Your rainforest experience also includes a winding guided hike through lush trails deep and a visit to the medicinal plant garden, past a snake exhibit. Savor a delicious Costa Rican-style lunch and browse the Note: Tour sequence may vary. Wildlife sightings, while rainforest souvenir shop before transferring to a boat on the Tarcoles River, which sits common, are not guaranteed. There are 8 passengers plus at the Guacalillo Estuary. Noted for its mangrove forests, the estuary is also home to hummingbirds, herons, egrets, pelicans and one of the largest crocodile's colonies in a guide in each gondola. Wear comfortable, closed-toe walking shoes and bring adequate sun protection Central America. Enjoy a delicious fresh fruit buffet as well as complimentary soft drinks before the scenic drive back to port Rainforest Aerial Tram, Nature Walk & Lunch Tour ID Depart Adult Child Return 68 = 202A 9:00am 4:00pm x \$149 x \$99 After arriving at the Pacific Aerial Tram, enjoy a thrilling gondola ride that skims the lush rainforest canopy. Your bilingual naturalist guide will talk you through the ride that takes you over part of this amazing 222-acre conservation park. Enjoy the lush landscape, giant trees, hanging gardens, waterfalls and panoramic ocean views. Look out for Scarlet Macaws and other wildlife. After your tram ride, you may take an optional guided nature walk through the park to visit the Serpentarium, the many brightly-colored tropical flowers in the Heliconias Gallery and medicinal plant garden. Savor a traditional Costa Rican buffet lunch, typically consisting of green salad, rice, beans, steamed vegetables grilled chicken and sweet 202B 9:30am 4:30pm x \$149 Note: Wear comfortable, closed-toe walking shoes and consisting of green salad, rice, beans, steamed vegetables, grilled chicken and sweet plantains, served at the park's restaurant. Browse the aerial tram gift shop before boarding the bus for the scenic journey through more exquisite countryside back to port. bring adequate sun protection. Cameras and binoculars are highly recommended. Scarlet Macaw Sanctuary, Boat Tour & Country Drive Tour ID Depart Return Adult Child 235A 7:30am 12:00pm x \$99 x \$79 A delightful half-day eco-tour awaits, as you first drive to a local marina where you will 235B 1:00pm 5:30pm x \$99 x \$79 board a boat for a thrilling cruise through the mangroves. Your expert guide will point out the many species of waterfowl and crocodiles that love to rest on the river bank. Then

enjoy a drive through the pretty sugarcane fields as you make your way to the breath-taking bird sanctuary. Here, you will discover that the Scarlet Macaw, one of the most endangered species in the tropics, has found a safe place to live and breed. Wander through the picturesque gardens and discover the many other birds that live here. Then enjoy a complimentary fruit snack, comprising of many local exotic fruits including

mango, before the scenic drive back to the ship.

Note: Bring adequate sun protection.

Poas Volcano, Sarchi, Country Drive & Lunch OBP





This day-long tour is an adventure to remember, starting with a scenic drive through the delightfully exquisite Costa Rican countryside. Poás Volcano National Park is one of the most popular excursions in the northern Central Valley and it's easy to see why - the volcano is a magnificent natural wonder with a unique character of its own. Sitting at 8,500 feet above sea level, it's one of the few active craters in the Americas and is famed for its geyser-like eruptions of gas and ash. Tour the informative visitor's center with your expert guide before enjoying lunch at a local restaurant, where you will be able to sample many delicious regional dishes. Then stop at Sarchi, a delightful village famous for its production of brightly-colored, hand-painted oxcarts. Peruse the gift shop here before heading back to port.

Tour ID	Depart	Return	Adult	Child
3204	8:15am	4:45nm	y \$99	y \$79

Note: Due to the volcano altitude of 8,300 feet, this tour is not recommended for persons with heart conditions. The drive to Poas Volcano is approximately 25 to 3 hours with a restroom break along the way. Due to weather conditions, the crater may not always be visible. Wear comfortable clothes and sturdy walking shoes; bring a sweater, rain poncho and long pants as it gets cold up on the volcano.

Carara National Park, Country Drive & Lunch CC





Armed with walking shoes, insect repellent and your camera, this exhilarating excursion to Costa Rica's Carara National Park starts with a scenic drive through vibrant countryside. On arrival you will be greeted by your naturalist guide, who will lead your highly active walk along one of the park's two trails, where you may catch sight of the endangered Scarlet Macaw. As you wander through the vegetation, you may also spot parakeets, hummingbirds and woodpeckers, as well as deer, capuchin monkeys and three-toed sloths. At the end of your walk, browse the gift shop before climbing back onto the bus for the drive to Villa Caletas. This unique hill-top resort is inspired by tropical Victorian architecture, and peppered with palm trees, tropical plants and waterfalls. Soak up the gorgeous Pacific views, while you savor a delicious sit-down, three-course lunch before the enjoyable ride back to port.

Tour ID	Depart	Return	Adult	Child
360A	9:00am	3:45pm	x \$199	x \$149

Note: Wildlife sightings, while common, cannot be guaranteed. Wear comfortable closed-toe walking shoes and bring rain gear, a hat or visor, binoculars, a camera, bottled water, sunscreen and insect repellent. Guests are required to stay with the guide during the visit to Carara at all times and not touch any animals or plants as they may be hazardous.

Rainforest Sky Walk, Pura Vida Gardens & Lunch





The day begins with a scenic drive to the Tropical Forest Sky Walk where you will meet your English-speaking naturalist guide, who will be on hand to point out the forest flora and fauna on your canopy hike. Starting with a short walk, you will arrive at the first of three suspended cable bridges; each bridge stretches between 270 and 330 feet and all skim the top of the spectacular rainforest up to 126 feet above the ground. Take in the stunning panoramic views, including the ocean in the distance, as you meander through incredible forest walkways. You may see several species of birds, monkeys, butterflies and other mammals. Then enjoy a traditional lunch at the Pura Vida Gardens, which are bordered by one of the tallest waterfalls in the country. Browse the gift shop before heading back to port

Tour ID	Depart	Return	Adult	Child
365A	8:30am	4:30pm	x \$129	x \$99

Note: Wildlife sightings, while common, are not guaranteed Passengers should be in moderate or better physical condition. Wear sturdy walking shoes and bring a light raincoat and Sunscreen Tour may operate in reverse.

Scenic Train Ride & River Cruise





Discover another side to Costa Rica on this fun train excursion, along the historic Pacific Railroad that was once used to transport the country's coffee harvests. Your guided train ride, aboard a newly restored car, will take you past incredible rural scenery. Large picture windows allow you to experience the beauty of the countryside. At Ceiba, a region famous for its mangoes and oranges, transfer to a motor coach and head to the stunning Tarcoles River, Board a covered river boat for your journey through the mangroves. These shores are home to a large crocodile colony; some of them are three meters long and may be seen resting on the banks. Your guide may also point out iguanas, lizards and storks, which are often seen looking for food. Enjoy a tropical fruit snack at the private boat station, and then browse the gift shop before heading back to port.

Tour ID	Depart	Return	Adult	Child
600A	7:30am	12:45pm	x \$89	x \$69
600B	12:45pm	6:00pm	x \$89	x \$69

Note: Tour sequence may vary. Wear comfortable clothing & bring adequate sun protection. Train is very rustic and portions of the road is unpaved.

Monteverde Cloud Forest, Train Ride & Lunch







Young and old will enjoy this gentle vintage train ride through the Monteverde Cloud Forest, a nature reserve that boasts more than 3,000 species of animals and plants. This railway line was specifically designed to make the trip inside the jungle an enjoyable and safe one. Two beautiful trains, each with three coaches, are mini replicas of the original locomotives used in the western United States in the mid-1800s. The first part of the train ride takes you over four bridges and up to a rustic railway station that doubles as a spectacular lookout point. Then, decide whether or not to do the optional hike along the forest trail, where during the months of November through May, it's possible to see Monteverde's most majestic bird, the Resplendent Quetzal. Enjoy a delicious home-made buffet lunch, and then browse the gift shop before heading back to Puntarenas port.

Note:	Rus ride	to the	Train Forest	Station is	approximatel	v 2 Shre
14016.	Dus Hae	IO LITE	Hall I Olest	Ottationis	appioximater	y 2.01113.

Tour ID	Depart	Return	Adult	Child
605A	8:15am	4:45pm	x \$99	x \$79

Note: Tour duration may increase from 8 to 9 hour to account for local traffic or weather conditions. Bring a rain poncho, insect repellent, and sweater as the weather gets cool in the mountain elevations. Wear comfortable closedtoe shoes and long pants. Wildlife sightings, while common, cannot be guaranteed. Participants who do not wish to take the optional nature walk may wait comfortably in the cafeteria at the lookout point. There are no steps on the trail All The Facilities Are Equipped With Ramps. The Optional Trails Are Not Wheelchair Accessible.

Eco-Jungle River Cruise







This unique tour, expertly narrated by a local guide, is an absolute must for birdwatchers. conservationists and nature lovers. It starts with a scenic drive to the mouth of the Tarcoles River, located near the Carara Biological Reserve, where you will board your river boat for a two-hour cruise along the Guacalillo Estuary. This particular mangrove is home to the endangered Scarlet Macaw, and while these exotic birds spend most of the day in the forest, they also roost in the mangroves. You may also see hummingbirds, herons, egrets, ospreys, pelicans, pelicans, and storks. The mangrove is also home to crocodiles. lizards and iguanas, which are often seen foraging along the shore. After the cruise, upon arrival at the boat station, you will then enjoy a lively marimba concert and delicious buffet of fresh fruit, including coconut, watermelon and pineapple before heading back to your ship.

Tour ID	Depart	Return	Adult	Child
610A	1:00pm	6:00pm	x \$69	x \$49

Note: Wildlife sightings, while common, are not guaranteed Your route to the estuary travels rough roads.

Sightseeing & City Tours

San Jose, National Theatre, Sarchi & Lunch







Head up the Pan American Highway, journeying through the small towns of San Ramon and Naranjo, before stopping at Sarchi, home of Costa Rica's colorful native art. It was at this village more than a century ago, that local artists began decorating their traditional oxcarts in intricate, vivid designs. You will be able to see today's artists at work and browse the gift shop. Call in at Grecia's metal church which is made entirely of prefabricated red steel plates then enjoy a traditional Costa Rican lunch buffet at Valle del Sol, a private colonial estate. Resuming your scenic drive around San Jose, view the Metropolitan Cathedral, the National Museum and the National Theater, considered the most beautiful building in the country. Your return journey includes a drive though San Jose's exclusive Rohrmoser district, La Sabana Park and the famed Opera House, including a brief photo-stop at the National Museum.

Tour ID Depart Return Adult Child 100A 5:00pm 8:00am x \$99 x \$79

Note: The drive between Puntarenas and San Jose is approximately two hours. Tour sequence may vary to avoid overcrowding. On Sunday arrivals when the National Theater is closed and access is not permitted, the Gold Museum is substituted. This museum is home to more than 2,600 gold artifacts, as well as a collection of rare coins and bills. No flash allowed at the theater or the museum. Please, bring a light sweater as it may get cold on the bus. There is a staircase at the theater's foyer.

Coffee Plantation, Botanical Garden & Lunch







Your full day begins when you are greeted at the port by your knowledgeable guide, who will provide you with fascinating information regarding Costa Rica's culture and history, while the bus winds through picturesque countryside to Palmares. Here you will visit a 19th century church that has been partially built from crushed eggshells. Then it's on to the amazing Doka estate and coffee plantation where you will learn about the coffeemaking process. You'll be guided by a "campesino" or Spanish farmer before enjoying a traditional Costa Rican buffet lunch at the estate's La Cajuela restaurant. Visit the souvenir shop for special coffee products, before journeying to La Garita, a magnificent botanical garden. View the endangered Scarlet Macaw, plus blue & gold macaws and cockatoos as well as amazing species of orchids and many other exotic flowers, before heading back to port.

Tour ID	Depart	Return	Adult	Child
107A	8:30am	4:30pm	x \$99	x \$79

Note: Tour sequence may vary.

Scenic Drive, Cultural Show & Shopping





Starting from the moment you board your air-conditioned bus and head east to Esparza, you will be captivated by this beautiful country on this short bus tour. Your guide will introduce you to Esparza, a town that boasts a central park, plaza and church. You will be greeted in style by local dancers wearing traditional dress, who will enthrall you with a lively dance performance. Afterwards, purchase hand-crafted souvenirs from the market. Moving on to the fruit market at Orotina, meet the locals and sample their delicious wares including caimitos (star apples), cashew fruits, mangos and zapotes, a sweet, tropical fruit that has an orange flesh. Aside from the thrilling stops, the wonder of this trip comes from what you see as you travel through the countryside. Pass by cantaloupe and watermelon plantations and homes that feature 'living fences' crafted out of the most beautiful plants and trees.

Tour ID	Depart	Return	Adult	Child
110A	8:00am	11:15am	x \$39	x \$29
110B	1:00pm	4:15pm	x \$39	x \$29

Note: Tour sequence may vary. Participants must be able to negotiate 2 to 3 steps up into the transportation. Please wear light clothing, good walking shoes, a hat and bring some bottled water.

A limited amount of space may be available to wheelchair confined passengers - for details see Tour Office

Activities & Adventures

66\$ X	611\$ x	mq24:3	ms08:7	A36S
CHILD	HubA	Return	Depart	Tour ID

charge for lost keys registration which must be returned. There is a \$50.00 from time to time. Guests are given a locker key upon periods of time. Guests must change pool temperatures is not recommended to stay inside the hot pools for long camera, bottled water, sunscreen and insect repellent. It walking shoes and bring rain gear, a hat, binoculars, a clouds. Bring a swimsuit and a towel. Wear comfortable Note: Occasionally Arenal Volcano is partially obscured by

Arenal Volcano, Hot Springs, Butterfly Farm & Lunch

with a restroom break along the way. restaurants overlooking the volcano. The drive to Arenal Volcano is approximately 3 hours under a tumbling, hot waterfall, before savoring a delicious lunch, served in one of the that are filled with hot sulphur water. Experience a unique natural massage while sitting hot springs at Tabacon Resort and luxuriate in one or more of the many different pools and exuberant surrounding vegetation you will have time to take photos. Then enjoy the Volcano, one of the ten most active volcances in the world. A must-see for its perfect tip Then climb back on to the bus for the pretty journey to the imposing yet serene Arenal stop is at conservation town San Ramon, home to many former Costa Rican presidents. One of the most interesting and educational excursions possible in Costa Rica, the first

Original Canopy Zip-Line & Country Drive

species of birds and mammals. After you have channeled your inner Tarzan, head back to the bus for the return journey back to the ship. But what a day to remember! sightings are common and your guides will be on hand to point out the many different platforms (nine in the trees and one on the ground), and nine horizontal traverses. Wildlife Tour ® is located in a stunning jungle area and the flying trail consists of ten observation and be fitted with a harness for your super-fun zip line adventure. The Original Canopy remaining mahogany trees, where you will receive an orientation from your expert guides, pulleys. Head to Mahogany Park, a private reserve that boasts some of Costa Rica's last shot as you whizz through the awe-inspiring forest canopy suspend by wires and The Original Canopy Tour @ is a truly unique experience, and the perfect adrenaline S 0

Corobici River-Raft Float, Scenic Drive & Lunch

the gift shop for souvenirs before heading back to Puntarenas. lizards. After your float, savor a delicious traditional lunch at a local restaurant, then browse from the nearby Palo Verde National Park, plus otters, monkeys, anteaters, iguanas and that you will see a variety of birds including kingfishers, cormorants and boat-billed herons paddling down river as your guide points out the flora and fauna. There's a good chance a river orientation and safety briefing. You will then spend the next two hours floating and Arriving at the put-in point on the Rio Corobici, your experienced guide will provide you with Highway to the breath-taking Guanacaste Province, named after Costa Rica's national tree. Corobici River on a gentle, family-friendly rafting adventure. Journey along the Pan American This delightful day-long excursion will enthrall young and old, as you discover the beautiful

Special Interests

6E\$ X	69\$ x	mq24:3	mqdl:Si	AOIS
CPIIQ	flubA	Return	Depart	Tour ID

sightings, while common, are not guaranteed.

pair of shoes, and a towel--you will get wet. Wildlife

during the raft trip. Bring a change of clothes, an additional

a liability waiver and release. Safety vests must be worn

participate is 8 years old. All passengers must complete

in good physical condition. The minimum age required to

Note: This active excursion is suitable only for passengers

closed-toe shoes. Bring insect repellent and sun screen in in good physical condition. Wear comfortable clothes and

Note: This most active excursion is suitable only for passengers

3:00pm

R:00pm

mq00:1

12:00pm

Return

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601\$ X

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SOLD OUT

SOLD OUT

SOLD OUT

CHILD

CHILD

mq00:4

Return

Wildlife sightings, while common, are not guaranteed. per participant is 270 pounds. A bottle of water is provided. at all times during the traverses. The maximum weight limit a small backpack or fanny pack. Your hands must be free

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Depart

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MEUE:

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Tour ID

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Tour ID

insect repellent a hat, binoculars, a camera, bottled water, sunscreen and Note: Wear comfortable walking shoes and bring rain gear,

Coffee Plantation, Sarchi & Country Drive

will experience how the villagers used to live, and then browse their gift shop. The route cleaning and peeling process before visiting an authentic Costa Rican home where you to observe the different stages of the coffee plant during its first year. Learn about the stage of their gourmet coffee production. The tour begins with a nursery demonstration comprises 640 acres of prime coffee plantation and a team of guides will show you every Santo coffee plantation you will be struck by its size and natural beauty. The farm the highlands of Naranjo, an area famous for its coffee production. Entering the Espiritu countryside, passing a variety of landscapes including lush forests before arriving at This educational and fun guided half-day excursion starts with a bus ride through rustic E 9 0

home includes a stop at Sarchi, a quaint town famous for its hand-painted oxcarts.

Important Information

CHILD TICKETS — Please note that Child rates are available on some tours. Child is considered between 4 to 12 years old (inclusive).

presence. Check with the Tour Office to make arrangements. parent or guardian. A few operators may allow an unaccompanied minor on tour if a waiver is signed by the parent or guardian in the operator's RESTRICTIONS — Minimum age, height and weight restrictions apply on some tours. Guests 18 years and under cannot participate without a

times listed on this tour order form are approximate and subject to change without prior notice. departure time assuming there is still space available. Please visit us at the Tour Desk or ashore for last-minute bookings. Departure and return PLEASE NOTE: All tours are sold on a non-refundable basis once bookings close (as above). However, we are able to book tours right up until the

All tours operate rain or shine unless otherwise notified by the tour office



Los Angeles

Shore Excursion Order Form

Friday 11th, May 2012

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Top Points of Interest

- 1 Hollywood Boulevard
- @ Grauman's Chinese Theater
- O Universal Studios
- Olvera Street

Activity Levels



Easy



Moderate



Strenuous



Wheelchair Access

6	Disney	Concert	Hall	/Music
	Center			

- 6 Hollywood Bowl
- Rodeo Drive/Beverly Hills
- Santa Monica Pier

Badges



Most Popular



Connoisseur



Kid-Friendly



Off the Beaten Path



World Heritage Site

Passenger Information

Deck/stateroom number

Signature

Charge each person in stateroom separately?

Yes

Place form in the drop box at the tour desk on Deck 5.

Important notice: By signing this order form and/or participating in an activity, each participant agrees to be bound by all Princess Cruises Terms and Conditions, which affect each participant's legal rights. Please carefully read the Princess Cruises Terms and Conditions below.

Terms and Conditions: In selling shore excursions and other activities, Princess Cruises acts only as an agent for independent tour operators. Participation in shore excursions shall be conclusive evidence of your acceptance of the Terms and Conditions set forth in the cruise ticket passage contract, the shore excursion tour ticket and other documents, including the independent tour operator's own-Terms and Conditions, which expressly release Princess Cruises and the tour operator from any liability for participation and otherwise affect each participant's legal rights. PLEASE READ THESE DOCUMENTS PRIOR TO PARTICIPATING.















Closing time for cancellations: May 10th, 2012, 11am

Activities & Adventures

Grauman's Chinese Theatre, Olvera Street & the Farmer's Market: LAX-200A (For in-transit passengers)

20000M

Take in views of the Museum of Natural History, the Los Angeles Coliseum and the University of Southern California. Enjoy a photo stop downtown to see the architecturally stunning stainless steel Disney Concert Hall. Explore Olvera Street, the birthplace of Los Angeles. Visit the iconic Hollywood Bowl, an amphitheater carved into a hillside. Drive along the famed Sunset Strip and the popular, neon-lit Hollywood Boulevard. Stop at the world-famous Grauman's Chinese Theatre featuring over 200 Hollywood celebrity handprints, footprints, and autographs in concrete. Stroll along Hollywood Boulevard's Walk of Fame featuring over 2500 stars recognizing entertainment figures. Shop and dine at L.A.'s classic Farmer's Market. On the way back to your Princess ship, drive along Rodeo Drive, the glamorous shopping district that is home to over 100 world-renowned boutiques and hotels. This tour concludes back to the ship.

Tour ID	Depart	Return	Adult	Child
200A	9:00am	2:30pm	x \$49	x \$4

Scenic Drive: LAX-290A (For in-transit passengers)

0006





Delve into the history and glamour of Los Angeles during this day, guided tour via airconditioned motorcoach. Drive downtown to see the Civic Center and the Music Center. Journey past Olvera Street, a colorful Mexican-style village that was the birthplace of Los Angeles in 1781. Travel along bustling Hollywood Boulevard and visit Grauman's Chinese Theatre to view stars' hand and footprints in the concrete. Stroll along the Walk of Fame featuring 2,500 stars honoring Hollywood's brightest entertainers. Shop and dine at Hollywood and Highland, a massive entertainment complex that is the site of The Kodak Theater, home to the Academy Awards. Cruise down the hip Sunset Strip - renowned for restaurants and nightclubs that are playgrounds for the rich and famous. Journey along Rodeo Drive, the glamorous shopping district featuring over 100 world-renowned boutiques and hotels. This tour concludes back to the ship.

Tour ID	Depart	Return	Adult	Child
290A	9:00am	1:00pm	x \$49	x \$49

Special Notes: Tour order may vary.

Activities & Adventures Grauman's Chinese Theatre, Olvera Street & the Farmer's Market: Tour ID Depart Return Adult Child LAX-200B (For flights after 6:00pm) 200B 9:00am 2:30pm ___ x \$49 ___x \$49 20000 M Take in views of the Museum of Natural History, the Los Angeles Coliseum and the University of Southern California. Enjoy a photo stop downtown to see the architecturally stunning stainless steel Disney Concert Hall. Explore Olvera Street, the birthplace of Los Angeles. Visit the iconic Hollywood Bowl, an amphitheater carved into a hillside. Drive along the famed Sunset Strip and the popular, neon-lit Hollywood Boulevard. Stop at the world-famous Grauman's Chinese Theatre featuring over 200 Hollywood celebrity handprints, footprints, and autographs in concrete. Stroll along Hollywood Boulevard's Walk of Fame featuring over 2500 stars recognizing entertainment figures. Shop and dine at L.A.'s classic Farmer's Market. On the way back to your Princess ship, drive along Rodeo Drive, the glamorous shopping district that is home to over 100 world-renowned boutiques and hotels. This tour concludes at the airport (LAX). Scenic Drive: LAX-290B Tour ID Adult Child Depart Return (For flights after 4:00pm) 290B 9:00am 1:00pm x \$49 x \$49 00000 Special Notes: Tour order may vary. Delve into the history and glamour of Los Angeles during this day, guided tour via airconditioned motorcoach. Drive downtown to see the Civic Center and the Music Center. Journey past Olvera Street, a colorful Mexican-style village that was the birthplace of Los Angeles in 1781. Travel along bustling Hollywood Boulevard and visit Grauman's Chinese Theatre to view stars' hand and footprints in the concrete. Stroll along the Walk of Fame featuring 2,500 stars honoring Hollywood's brightest entertainers. Shop and dine at Hollywood and Highland, a massive entertainment complex that is the site of The Kodak Theater, home to the Academy Awards. Cruise down the hip Sunset Strip - renowned for restaurants and nightclubs that are playgrounds for the rich and famous. Journey along Rodeo Drive, the glamorous shopping district featuring over 100 world-renowned boutiques and hotels. This tour concludes at the airport (LAX). MY FLIGHT DETAILS FLIGHT NUMBER _____ AIRLINE DEPARTURE TIME DESTINATION OF FIRST FLIGHT_

IMPORTANT: tours with airport drop-off need a minimum of 30 passengers to operate.

Important Information

RESTRICTIONS — Minimum age, height and weight restrictions apply on some tours. Guests 18 years and under cannot participate without a parent or guardian. A few operators may allow an unaccompanied minor on tour if a waiver is signed by the parent or guardian in the operator's presence. Check with the Tour Office to make arrangements.

PLEASE NOTE: All tours are sold on a non-refundable basis once bookings close (as above). However, we are able to book tours right up until the departure time assuming there is still space available. Please visit us at the Tour Desk or ashore for last-minute bookings. Departure and return times listed on this tour order form are approximate and subject to change without prior notice.

All tours operate rain or shine unless otherwise notified by the tour office



For your convenience we have professional florists on board, offering a wide range of fresh flowers for any occasion.

- Corsages
- Boutonnieres
- Rose Arrangements
 Bouquets
- Exotic Tropical Arrangements
- · All-Occasion Bouquets
- · and more.....

If you wish to place an order, please fill out the order form on the reverse side and hand it to the Passenger Services Desk in the Main Atrium Lobby.

Fresh Flowers Order Form

Charge toStateroom No		Deliver to		
		Stateroom No. or Table No		
		Date		
Gre				
R	oses			
	Single Flowers		\$7.00	
	Three Roses in a Vase		\$19.00	
	Rose Arrangement (Six Roses)		\$35.00	
C	orsage & Boutonnieres	5		
	Carnation Corsage		\$17.00	
	Carnation Boutonniere		\$12.00	
	Rose Corsage		\$19.00	
	Rose Boutonniere		\$15.00	
	Rose Wristlet		\$19.00	
	Orchid Corsage		\$23.00	
	Orchid Boutonniere		\$19.00	
	Orchid Wristlet		\$19.00	
В	ouquets			
	Personal Choice Arrangement		\$49.00	
	Princess Arrangement		\$39.00	
	Princess Rose Bouquet		\$59.00	
	Carnation Bouquet		\$35.00	
	Anniversary Arrangement		\$59.00	
	Birthday Arrangement		\$59.00	
	Holiday Arrangement		\$55.00	
	Mixed Tropical Arrangements		\$55.00	
	Assorted Lily Arrangement		\$45.00	

Mini-Bar

As part of a warm welcome to our special Suite and Elite passengers, we have provided a complimentary set-up of your mini-bar. For your enjoyment, select from miniature bottles of Courvoisier VS, Beefeater Gin, Skyy Vodka and Dewar's Scotch Whisky, as well as Dos Equis Beer. You'll also find non-alcoholic drinks, including Sprite, tonic water, bottled water and Perrier.

If you would like to have the mini-bar refilled (nominal charge applies), kindly indicate your selection below, sign and either call Room Service or contact your Stateroom Steward.

Item Description	Price	Qty	Total
Courvoisier V.S. (50ml miniature bottle)	\$6.25		
Beefeater Gin (50ml miniature bottle)	\$4.95		
Skyy Vodka (50ml miniature bottle)	\$4.95		
Dewar's Scotch Whisky (50ml miniature bottle)	\$4.95		
Dos Equis Beer	\$4.95		
Tonic Water (12oz can/bottle)	\$1.95		
Coca Cola (12oz can)	\$1.95		
Sprite (12oz can)	\$1.95		
Bottled water (0.5 Liter)	\$2.00		
Perrier (11oz bottle)	\$2.65		
		Total:	

For your convenience, a 15% service charge will be added to your order.

Suite Number:	Signature:	
Passenger Name		

Wishing you a wonderful cruise!

PRINCESS CRUISES

